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JB MDL hosts 'Beast of the East,' thrills community

By 2nd Lt. Alexis McGee

Joint Base-McGuire-Dix-Lakehurst Public Affairs

Tutus, kilts, Disney characters, and business suits were just a small assortment of costumes at this year's Fifth Annual Joint Base McGuire-Dix-Lakehurst "Beast of the East" Mud Run Sept. 8 at Doughboy Field here.

Participants came from across the Northeast to test their mettle on the 10K mud-run course.

The 2,500 runners faced more than the distance challenge during this physically-demanding event. Running enthusiasts tackled 23 obstacles in which they low-crawled, jumped, balanced, climbed, trudged and even swam their way through.

"This year's event was tougher than last year," said Heather Scott, a fitness instructor from Red Bank, N.J.

The first group of runners was scheduled to lace up their sneakers and hit the road at 9 a.m. but Mother Nature had alternative plans. The skies opened up, providing perhaps an additional effort to ensure the mud run did not become a dirt run and rain poured over JB MDL and its surrounding areas. Runners shuffled from the starting area to Doughboy Gym to wait out the one-hour delay.

Like clockwork the sun made its appearance at 10 a.m., just in time for the race to begin.

Runners took off from the start line in heats of 300 making their way through the first seven obstacles before reaching what many deemed their favorite obstacle, Slide for Life.

Slide for Life featured a blue tarp laid over a 50-foot-tall hill that runners slid down to make their way to the sandy pit at the bottom.

"The slide was the best part because it's intense and high speed," said Justin Colon after making his way through the Lejeune Crawl. Colon is a native of Ewing, N.J.

Volunteers who were stationed along the course not only passed out water, directed runners and provided safety tips, but also provided encouragement along the way.

"Get on your hands and knees and stay close to your belly to pull yourself through," said Staff Sgt. Lorris Wilson, Marine Aircraft Group 49 company gunnery sergeant who supervised the Lejeune Crawl.

"I'm a martial arts instructor so I know it's important to motivate them through," he said.

Be it encouragement, safety or supervision, the volunteers abounded at the event. Race Director Mark Smith credited the joint base volunteers for making this event a success.

"One of the best parts of the events was having the last two volunteers walk up to me and ask what else they could do," said Smith, 87th Force Support Squadron Lakehurst fitness director. "They were picking up garbage when the race was over and everybody



Participants help each other climb over a wall Sept. 8 as part of the Be All You Can Be obstacle course at the Joint Base McGuire-Dix-Lakehurst "Beast of the East" Mud Run. The event was much more than a run for the 2,500 runners who raced through JB MDL and braved 23 obstacles. (U.S. Air Force photo by 2nd Lt. Alexis McGee/Released)

NEWSNOTES

Dates and times are subject to change. Check with the event coordinator prior to the event.

Voting Information

There are only 53 days until the Nov. 6 general election. Voters can register for absentee ballots for the 2012 general election in fewer than ten minutes by visiting fvap.gov. Call 754-VOTE or email jbmld@us.af.mil for more information.

Active-Shooter Exercise Tip

When an active shooter is outside in the open, seek cover and concealment. If possible hide behind something capable of stopping a bullet, such as a brick wall or the engine block of a car. If it's safe, run, but do not run in a straight line. Use a zigzag pattern. If running or hiding is not an option, play dead and as a last option, fight and use any object to disable the shooter. The exercise is set for Sept. 20. Call 754-1396 for more information.

JB MDL Inaugural Sand Volleyball Tournament

The Company Grade Officer's Council and Dorm Council have collaborated to hold a sand volleyball tournament scheduled for 10 a.m. Sept. 15 at the sand volleyball courts on Joint Base McGuire-Dix-Lakehurst. The cost is \$20 per team in advance and \$25 per team on the day of the event. Contact 754-9685 for more information.

Arts and Crafts Photography Class

The 87th Force Support Squadron is set to host a photography class from noon to 3 p.m. Saturdays from Sept. 15 to Oct. 13 at the Arts and Crafts Center. Call 562-5691 for more information. The fee is \$60 per student.

ASA-Dix Career Workshop

The Army Support Activity-Dix Education Center is set to host a Career Workshop from 11:30 a.m. to 1 p.m. Sept. 20 at Bldg. 5403. The topics will include: the importance of using social media for job prospecting; best practices for writing résumés and cover sheets and the value of technology skillsets in today's 21st century workforce. The workshop is free to all Department of Defense ID holders. Call 562-5001 for more information and to reserve a seat.

PASS - The Student Portfolio

Parent Advocates for Students and Schools is scheduled to host "The Student Portfolio" event from 7 to 8 p.m. Sept. 20 at the Dix Youth Center 1279 Locust. The event will educate parents on how to track their children's school records online. Students are welcome to attend. Preregistration is required. Call 562-2767 (Dix), 754-3154 (McGuire) or (732) 323-1248 (Lakehurst) for more information.

2012 JB MDL Air Force Ball

The Joint Base McGuire-Dix-Lakehurst Air Force Ball is scheduled for 6 p.m. Sept. 28 at the Westin Princeton. The entire JB MDL community is welcome to attend the ball and celebrate the 65th anniversary of the United States Air Force and the 20th anniversary of Air Mobility Command. Call 754-8931/4797 for more information.

ASA Retiree Appreciation Day

Army Support Activity-Dix is set to host their Annual Retiree Appreciation Day at 10 a.m. Sept. 29 at the Timmermann Center. Registration begins at 8 a.m. to allow time for retirees to visit the federal, state and local agencies that will be present to provide information on their services. Call 562-2666 for more information.

Take Back Drugs Day

"Take Back Drugs Day" is scheduled from 10 a.m. to 2 p.m. Sept. 29 in the Exchange front lobby. Old, expired or unneeded medication will be collected in an effort to deter prescription drug abuse. No questions asked. No needles will be accepted. Liquid medication must have a secure-lid. Law enforcement and prevention staff will be available to answer questions. Call 562-4011 for more information.

Armed Force Freedom Run

An Armed Forces Freedom Run is scheduled for Oct. 13 at Burlington County Fairground, located at Rte. 206 and Jacksonville-Jobstown Rd., Springfield, N.J. Contact info@armedforcesfreedomrun.com or visit www.armedforcesfreedomrun.com for more information.

NCO Academy ASA-Dix 5K and One-mile Trail Race

The NCO Academy ASA-Dix is scheduled to host a 5K and one-mile trail race Oct. 6. The one mile race is scheduled to begin at 8:20 a.m. and the 5K is scheduled to begin at 8:30 a.m. Oct. 6. The race location is outside the Route 68 gate leading into ASA-Dix and is open to all. Call (910) 723-3412 for more information.

Tops in Blue

Tops in Blue is scheduled to perform at Joint Base McGuire-Dix-Lakehurst at 7 p.m. Oct. 25 at the Timmermann Center. The group is celebrating 55 years of world-class entertainment.

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Hats off to the officers of the 174th

By Capt. Antonia Greene
174th Infantry Brigade

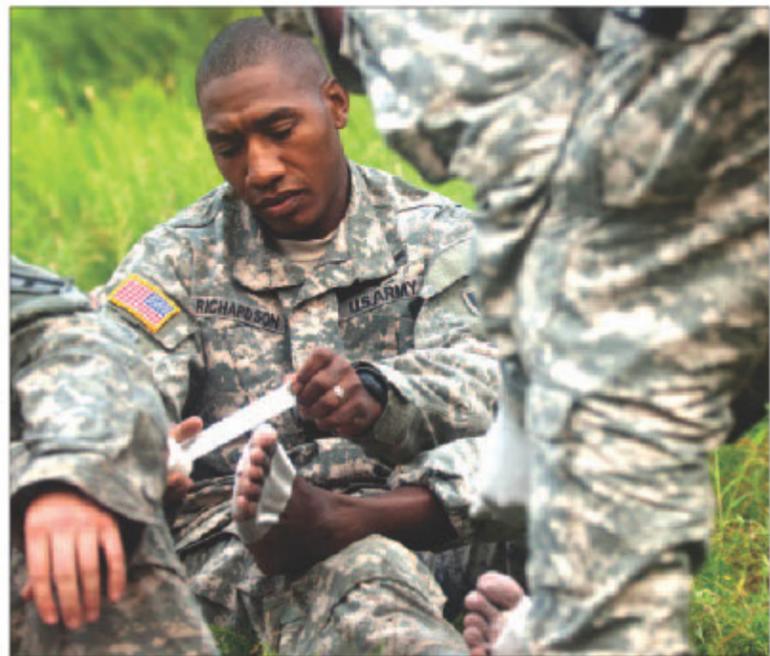
The 174th Infantry Brigade conducted its inaugural Best Officer Competition at the end of August on the Dix Ranges.

The 48-hour, non-stop event kicked off with a 6 p.m. ruck-sack inventory ensuring all participants were carrying the same prescribed load, approximately sixty pounds. The officers then had the opportunity to review weapons systems and other information they may be tested on in the hours ahead. The officers began at 3:30 a.m. with a physical-fitness challenge consisting of push ups, sit ups, chin ups and a five-mile run followed by a water-survival test.

The Patriot officers then conducted an M-9 pistol stress fire, followed by a ruck march to the M-240 machine gun range and another four-mile ruck march to the combatives fight house with fewer than 20 minutes to get changed, repack and eat something. The officers fought two against two in assigned buddy teams in a hand-to-hand grappling-competition bracket before picking up their rucks again to march to the next station for weapons assembly. Given a closed box with parts for four weapons systems officers had to choose which parts went together. Downtime consisted of weapons cleaning, and field hygiene.

The competition continued after four hours of rest with a written test at 1 a.m. on Army principles, unit concepts and current events. A land navigation written test and night-into-day

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Capt. Jason Richardson, 1st Battalion, 314th Infantry Regiment, conducts self-aid on his feet after completing the 3.4 mile mud run and obstacle course, part of the 174th Infantry Brigade Best Officer Competition, Aug 24. (U.S. Army photo by Sgt. 1st Class Patrick Compton/Released)

MRAP

Vehicle rollovers remain a serious concern for units deployed overseas. The U.S. military had 618 tactical vehicle rollovers in Afghanistan between January 2009 and July 2012, resulting in 23 fatalities and 501 injuries. According to statistics compiled by United States Central Command.



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Selective re-enlistment

The Navy announced updates to the Selective Re-enlistment Bonus award plan, Sept. 8.

The intent of the Selective Reenlistment Bonus is to incentivize Sailors with critical skills and experience to stay in the Navy.



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Defenders on the line

Bagram Air Field's population represents a true "melting pot" of the ongoing international effort to support stability in Afghanistan including Airmen from Joint Base McGuire-Dix-Lakehurst.



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Weekend Weather

Today
High 81/Low 59
Sunny



Saturday
High 76/Low 53
Sunny



Sunday
High 74/Low 55
Sunny



Sexual-assault crimes last lifetime for all involved

By Col. Tom Posch
Air Force Legal Operations Agency

JOINT BASE ANDREWS, Md. — "I knew the minute our eyes met that she was the 'one.' We exchanged numbers and set up a date. It was planned to perfection. She was the 'one.' And then she Googled me ... and told me never to contact her again. That's life as a registered sex offender. My face, my name, my address ... for the world to see: Sex Offender."

This is a very likely future for an Airman convicted of sexual assault. I know.

I've both prosecuted and represented Airmen charged in "blue-on-blue" crimes and all manners of sexual assaults since 1994. It happens that my memory of 9/11 comprised witnessing the attack on America and tragic loss of life on the news ... as I prepared my dress blues for the arraignment and trial of a client charged in the rape of a fellow Airman.

I've spent the better part of 18 years advising commanders, prosecuting cases and representing Airmen charged with violating the Uniform Code of Military Justice. Currently, I am the chief appellate defense attorney in the Air Force. I lead a team of lawyers who defend Airmen after they've been convicted at a court-martial. It's our duty, as required by Article 70 of the UCMJ, to represent these Airmen, search for legal error in their cases and advocate for their convictions to be overturned and their sentences set aside or reduced. This includes Airmen convicted of sexual assault, which I sadly say remains a large percentage of our docket.

As a matter of professional responsibility, it makes no difference to us whether or not our clients claim to be innocent or guilty — our duty is to defend both equally well — yes, even when they've confessed and pled guilty.

In plain speak, the Air Force is not our client, convicted Airmen are.

If you're concerned that my duties are in conflict with sexual assault prevention, don't be. In fact, the first thought I'll share with you is that there are not two sides to this problem. Yes, sides are taken in the courtroom, but nobody is "for" sexual assault or "against" accountability. "Zero tolerance" and potentially severe consequences for those who violate the law have been part of Air Force culture for many years. Accountability is the norm and not the exception. I see it every day at work and have for many years in different duties and settings.

Airmen convicted of a sexual offense face lifelong consequences. If the possibility of trial, conviction, jail and a punitive discharge don't dissuade, consider the story at the beginning of this article. There's a high probability convicted Airmen will carry the label of "registered sex offender" for the rest of their lives. Sex offender registration allows federal and state law enforcement officers to monitor the location and activities of convicted sex offenders.

Airmen convicted of sexual assault at a court-martial are required to register in the state where they live, work or attend school. Some states even require the offender to notify the registry if they are going on vacation to a different state. State law may bar the offender from living or

working near places children frequent, such as a school, library, day-care center or park if the crime involved minors.

Registration laws don't differentiate well between different types or degrees of sexual crimes, and some don't even try. Every state keeps a public registry of sex offenders. Many jurisdictions make this information available via a website or phone app and may include the offender's full name, photograph and address.

These laws are designed as public-safety measures rather than additional punishment, but they can carry with them a substantial loss of freedom and liberty. Airmen often find it difficult to find a home or a job after serving their sentences, and sex-offender registration also impacts the registrant's freedom of association with families, friends and loved ones. What may not have been that big of a deal at age 19, can drastically alter your way of life when you're in your thirties and married with children. The consequences of a sexual assault conviction go far beyond the immediate sentence.

I share this perspective because prevention is better than prosecution. It's my hope that knowledge of the consequences may deter Airmen from a poor choice and a lifetime of regret. A sexual-assault conviction is often just the beginning of a life of diminished freedom. Understanding the consequences today, may avert the sad outcome of this destructive crime and help our fellow Airmen before they fail or realize too late that such illegal conduct has lasting ramifications beyond the possibility of conviction, confinement and a punitive discharge. It's important Airmen

Deployments part of every Airman's life

By Lt. Col. John Glassell
6th Maintenance Group
deputy commander

MACDILL AIR FORCE BASE, Fla. — Deployments are a part of every Airman's life, from the day they in-process at their first duty station until the day they leave the Air Force. At one point or another, virtually every Airman is on, returning from or preparing for a deployment. I joined the ranks of these deployed Airmen in 2011.

I deployed to an organization that impacts the day-to-day operations in the area of responsibility in August 2011. This organization, Air Force Central Command, was to be my home for the next six months where I would act as the director of logistics forward staff.

The logistics forward staff is the deployed arm of the AFCENT logistics staff. They work with the AFCENT logistics staff at Shaw Air Force Base, S.C., to coordinate the Air Force logistics operations for the area of responsibility. Their staff consisted of Airmen from every logistics function, from air transportation and logistics planners to aircraft maintenance and vehicle operations.

Day-to-day tasks ranged from coordinating supply parts and repair actions for broken aircraft, ensuring the correct type and amount of munitions, to working with units to shut down operations and move out of Iraq. The people on the logistics forward staff were the experts who coordinated with both in-theater units and home station units.

The most interesting thing about the deployment wasn't the mission, but rather the people. Unlike most Airmen who deploy as part of a unit or team, these 25 folks deployed individually from bases around the world. Most did not know each other or the personnel they would be working with — until they arrived. Two or three of these positions swapped out every month as deployments ended. The new "experts" received only a basic base orientation, a few days of turnover and then, without many people noticing, picked up where their predecessors left off without interruption or loss of production. Problems got solved, issues were resolved and the war effort continued without missing a beat.

While deployed with those Airmen, I watched them grow

— increasing their personal knowledge, expanding professional skills and gaining confidence while performing jobs essential to the success of the mission.

The air transportation career field is made up of several areas which include passenger service, cargo processing and load planning. I had the privilege of working with a technical sergeant who had a strong background in passenger service, but limited cargo-processing experience. She not only had expanded her cargo processing skills, but she became such a valuable asset to the team by the end of her rotation, she was requested by-name to attend planning meetings. She went from being unfamiliar with cargo processing to one of the "go-to" experts and gained invaluable career experience in the six short months of her deployment. Would she have gotten the same experience at home station? Possibly, but not at the same pace as she experienced during her deployment.

Being an aircraft maintenance officer and former C-130 crew chief, in my opinion, the U.S. Air Force has the finest maintainers in the world. During this deployment I watched

an aircraft mechanic with an extensive background in F-15s and F-16s coordinate the parts and repairs for a C-130 aircraft involved in a mid-air collision. This "fighter" guy was fixing a "heavy" aircraft and learned the C-130 lingo well enough to communicate from the repair team to the depot engineers. Over the course of four months, the aircraft went from a heavily damaged aircraft sitting at a forward operating base to flying home safely. Additional repairs were needed once it arrived at its home station, but the important part was that it was going home under its own power. No sooner had this aircraft recovery been completed when this mechanic started to lay the ground work for another, larger and more complicated aircraft recovery that would have to be completed by his successor.

These are just two examples of how well-trained Airmen rose to a challenge and evolved as part of the AFCENT logistics forward staff. It was a privilege to work alongside them. They are the quiet experts. Few know who they are or where they are located, but everyone relies on their expertise and support.

VR-52 Taskmasters disestablish



Rear Admiral Bryan P. Cutchen, Commander, Navy Reserve Forces Command, speaks at the VR-52 disestablishment ceremony Sept. 9 at Bldg. 3370 here. VR-52 is one of 15 Navy VR squadrons and one of four C-9B Skytrain logistics aircraft units comprising active-duty and reserve members who provide around-the-clock responsive, flexible and rapidly deployable logistics support required to sustain combat operations at sea. VR-52 had been a member of the joint base since March 2011. (U.S. Navy courtesy photo/Released)

There's no time like the present

By Lt. Col. Jackie Breeden
22nd Airlift Squadron commander

TRAVIS AIR FORCE BASE, Calif. — Time is a very, very precious thing. It is a limited and valuable resource. Time "flies by" when you are having fun, it is "of the essence" when you have something that needs to be done and it often "marches on" despite our best efforts to manage the pace of daily activities. Need proof? There are a mere 22 days left to take advantage of use-or-lose leave. Finally, the mad scramble to finalize fiscal year 2012 purchases while simultaneously closing out unit budgets has resource advisors and commanders alike in a tizzy.

We should focus on ways to value the time we do have, making the most of those minutes that aren't wholly occupied by our schedules or pending deadlines instead of focusing on the passage of time or a lack of it being available. Have you watched the sunrise or a sunset? Have you taken the time to pause and think about those serving on deployment as a C-5 Galaxy, C-17 Globemaster III or KC-10 Extender has flown overhead? Have you silently thanked those who didn't return from deployment when the national anthem played as you drove off the installation? Have you stopped lately to help someone without being asked or simply taken the time to put the smile on the face of a family member, friend or coworker? If not, why not?

These may seem like trivial things and you may be thinking they don't require much effort or time to do — and you would be right. But that doesn't mean they are not important and worth the minuscule time required to act. You strengthen not only your mental well-being but also the relationships you have with others by taking the time to appreciate, and when able, being involved in the activities around you. Time is a resource and once it is gone it can't be recovered. Likewise, opportunities to enjoy life and have an impact on others are similarly lost if not taken when presented.

Eleanor Roosevelt's quote says it best, "Yesterday is history. Tomorrow is a mystery. Today is a gift, that's why they call it the present."

Do more than manage your time, make the most of it.

COMMANDER'S ACTION LINE



Col. John Wood
Commander, Joint Base
McGuire-Dix-Lakehurst and
87th Air Base Wing

The Joint Base Commander's Action Line is an integral part of the base feedback network. Base personnel are urged to use the proper chain of command first to address their concerns.

If you are not satisfied with the response from your chain of command, or you are unable to resolve the problem or concern, please call 754-3247 or e-mail 87abw.actionline@mcguire.af.mil. Action lines may be made anonymously, however it is recommended you leave your name and number in case more information is needed to address your concern.



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www.jointbasemdl.af.mil



MRAP driver's revamp training at JB MDL

By Staff Sgt. Nicole Dykstra
72nd Operations Brigade
Public Affairs

Vehicle rollovers remain a serious concern for units deployed overseas. The U.S. military had 618 tactical vehicle rollovers in Afghanistan between January 2009 and July 2012, resulting in 23 fatalities and 501 injuries according to statistics compiled by United States Central Command.

First Army leaders, as the validation authority for all reserve component Soldiers deploying around the world, decided to tackle this problem.

"We received feedback from CENTCOM that service members need additional training before going downrange and driving these vehicles in combat," said Robert Oseles, plans and operations specialist with the 72nd Operations Brigade, First Army Division East, at Joint Base McGuire-Dix-Lakehurst, N.J.

Service members mobilizing through JB MDL now complete an improved, comprehensive mine resistant ambush protected vehicle driver's training program, including additional time behind the wheel and a newly-created obstacle course. First Army Division East leaders designed the program to increase driver proficiency and promote safety.

"The purpose of the revamped driver's training is to enhance the driver's skill in operating an MRAP and to reduce the potential for rollovers and resultant injuries and loss of life," he said.

Oseles headed up an MRAP Working Group at JB MDL. "Gen. John Allen, the commander of U.S. Forces in Afghanistan, stated that we cannot have these kinds of casualties— from rollovers," said Col. Michael Shrouf, brigade commander. "Informed drivers, knowledgeable vehicle commanders and engaged leadership will be the first line of defense. The development of the MRAP driver's course is aimed at producing those types of service members."

The current five-day training replaces a three-day model that focused on instruction and familiarization of the MRAP all-terrain vehicle and the MAX Pro, two common MRAP vehicles. Students going through the new training will still receive classroom instruction and basic vehicle familiarization, but will now spend more time behind the wheel and will have to negotiate an obstacle course in both day and nighttime.

The obstacle course features an array of terrain features deploying service members might encounter overseas, including concrete barrier serpentine, potholes large enough to swallow a tire, narrow passages through shipping containers to simulate an urban environment, uneven slopes, and steep inclines.

"I've had driver's training before on different vehicles, but this obstacle course was much different," said Staff Sgt. Matt Hammerle, a team leader in the 361st Tactical Psychological Operations Company. "It is obvious this training will promote safety, because, having gone through it, I have a better understanding of the vehicle's capabilities. This will allow us to maximize the vehicle's potential and safely accomplish our mission."

Students will also drive the vehicle through a smoke-filled trail to simulate a battlefield obscuring and will face high curbs and an 18-inch vertical wall.

"Driving an MRAP in soft terrain is particularly difficult because of the vehicle's weight and high center of gravity," said Mr. Makham Budhoo, 72nd Ops BDE safety manager. "Making abrupt maneuvers could cause the MRAP to rollover, so it is important to have experience driving in these conditions so you are aware of the dangers."

Students negotiating the course are under the constant supervision of a master driver, who rides in the vehicle and provides feedback. Speed



A master driver in the 174th Infantry Brigade carefully steers a Mine Resistant Ambush Protected vehicle over the uneven log obstacle at the revamped driver's training course, July 13 here. The obstacle is meant to enhance a driver's understanding of the handling characteristics of the MRAP, resulting in greater confidence and a decrease in rollover accidents. (U.S. Army photo by Staff Sgt. Nicole Dykstra/Released)

and safety are carefully controlled, said Sgt. 1st Class Gerard Murray, noncommissioned officer-in-charge of MRAP training in the 174th Training Support Brigade.

"One of the biggest considerations for the students is learning how to communicate with everyone in the vehicle," he said. "As the driver, you have limited visibility just by nature of how the vehicle is constructed. You need to be able to trust the other guys in the vehicle to be your extra eyes. Our master drivers try to show them how important that communication is."

The planning and development of the obstacle course and the

improved training model began last October, said Oseles. Representatives from both brigades, as well as the installation safety office and range control, met several times each month to discuss the specific requirements for the new training and to formulate a plan for implementation. JB MDL contractors began construction in June, and the obstacle course was validated by the master drivers in the 174th in July. The first group of student drivers navigated the obstacles in August.

Students receive a certificate of training to certify that they have met

See MRAP, Page 12

Navy adjusts selective reenlistment bonus plan to retain skilled Sailors

By From Chief of Naval Personnel
Public Affairs

WASHINGTON — Navy administration message 143/12 details 100 skill/zone combinations. This update includes various changes to the skills: three reductions, one elimination, ten award-level increases and 11 additions to the list.

"The SRB program provides a retention incentive to our top-performing Sailors with critical skills needed in the fleet," said Rear Adm. Tony Kurta, director, military personnel plans and policy. "We will continue to monitor our bonus programs

to maximize retention behavior in our most critical skills within the constraints of our budget."

Sailors should consult NAVADMIN 273/12 to determine their SRB eligibility and award level. The increased award levels are effective immediately and decreased levels are effective 30 days from the release of the NAVADMIN.

This update also announces the upcoming change to annual SRB installment payments from October to the anniversary month of reenlistment date. This policy change will take effect for all Sailors reenlisting for SRB on

See SAILORS, Page 12

AF ends 'critical days of summer' with strong finish

By Natalie Eslinger
Air Force Safety Center Public Affairs

KIRTLAND AIR FORCE BASE, N.M. — The Air Force 2012 Critical Days of Summer campaign ended Sept. 4 with zero fatalities for the Labor Day weekend for the first time in five years.

"We at the Safety Center always have a 'Quest for Zero' mission," said Bill Parsons, Air Force Chief of Ground Safety. "It is, and always should be, our pursuit. Even if we suffer an always-tragic fatality, we strive to prevent another from happening and we must continue to be aware of the risks associated

with off-duty choices and to be the best wingmen possible."

Parsons attributes the fatality-free holiday weekend to summer safety campaigns and the contributions of the Airman-to-Airman Safety Advisory Council members.

"That program allows Airmen ages 17 to 26 to address their peers in commander's calls and safety briefings to share their personal safety lessons so others may be persuaded to make solid risk-management decisions," Parsons said.

Though the Air Force had no fatalities over the Labor Day weekend and zero on-duty fatalities, 16 Airmen died in off-duty

mishaps during the 15-week CDS campaign; two of those involved alcohol.

Nine of the mishaps involved motorcycles. The other seven included sports and recreation, privately-owned motor vehicles and mishaps occurring at home according to safety reports. The Air Force has lost a total of 44 Airmen in off-duty mishaps so far this fiscal year.

Air Force Safety Center officials remind all Airmen that most mishaps and fatalities are preventable and that every Airman lost impacts many lives, including family, friends and colleagues.

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514th SFS Airman contributes to defenders

By Tech. Sgt. Shawn McCowan
455th Air Expeditionary Wing

BAGRAM AIR FIELD, Afghanistan — Bagram Air Field's population represents a true melting pot of the ongoing international effort to support stability in Afghanistan including personnel from Joint Base McGuire-Dix-Lakehurst. Service members from America's four major military branches, service members from several NATO member nations, civilians and even Afghans, all work together toward the common goal: ensure the nation remains free and secure.

The thousands of men and women from around the world who call BAF their temporary home depend on an effective security force to keep them safe. Bagram's safety rests in the capable arms of U.S. Air Force security forces teams deployed from active duty, reserve and Air National Guard units from all over the world.

Both leadership and security forces individuals agree that the current team is ready for the trials their job may bring, even with a challenging and complex mission.

Lt. Col. Thomas Sherman, 55th Expeditionary Security Forces Squadron commander and Bagram Defense Force commander, says the plan for this blended band of defenders has been in the works for years, but is being executed today.

"This operation is a great actualization of the ideals that began with Operation Safeside in Vietnam in the 1960s," said Sherman. Enemy forces cannot touch us in the air. We have an incredible amount of air superiority. Our adversaries realized they need to get those birds while they were in the nest. Having Air Force defenders responsible for that is the best way we can accomplish that mission. We have Air Force defenders working in an integrated base concept both from the source to the perimeter and throughout the Bagram security

zone. Air Force defenders ensure Bagram Air Field is protected."

He credits their effectiveness to the professionalism of the diverse team of defenders who work for him, from personnel management to the newest patrol member.

"We have an incredible mix of everything from America's sons and daughters, coalition and allied forces, and even contractors," said Sherman. "We have new airmen and experienced personnel, combat veterans to first-timers and the great integration of the guard, reserve, and active duty components. The way we structured this is absolutely seamless. As our defenders arrive on the ground, we're compartmentalizing them into mission sets."

Sherman believes his current team at Bagram is the best he's known. Looking back at his years leading security forces both deployed and stateside.

"I've had the pleasure in my career to work with the Guard, Reserve, and Active Duty through a variety of mission sets, said Sherman. I have to admit, this has probably been integration I've seen in 17 years of doing this job."

Integration as seamless as this may reflect great planning and great management, but Sherman says it starts with positive and dedicated individuals, all willing to step into harm's way in one of the most dangerous places on earth.

Airman 1st Class Kory Caldwell, native of Dayton, Ohio, is deployed from the Ohio Air National Guard's 179th Airlift Wing. He spends his days standing guard at one of Bagram's many entry control points. He echoed the positive attitude Sherman refers to.

"As a little kid, I saw camo and guns and I just thought it was cool," said Caldwell. "Then as I get older, I knew I wanted to do something for my country. Now I can see it means more than that. If we weren't here, people back

home couldn't do what they do."

He was also quick to point out that individuals from varied backgrounds at units all over the U.S. seamlessly work together.

"I feel very integrated here," said Caldwell. "You sometimes hear stories about Active duty, Guard and Reserve ... but it actually works very well here. Everyone meshes together very well, side by side, and it works for everyone."

Another oversight responsibility the blended base security team performs is that of the advanced designated marksman. Staff Sgt. James Neace, from Moody Air Force Base, is one of those ADM airmen, who specialize in keeping a watchful eye on potential threats from afar. He takes his duty to protect those he cares about seriously.

"I grew up with playing with guns, hunting, things like that," said Neace. "This is one of those career fields that allowed me to keep doing the things I love to do. Now we come here and represent our country, while both keeping this [threat] away from home and helping our brothers and sisters. It's like a family out here."

Some of the local populace work on Bagram during the day, which is why Senior Airman Ryan Rucker, deployed from the 514th Security Forces Squadron at Joint Base McGuire-Dix-Lakehurst, monitors one of Bagram's special security measures; an array of X-Ray scanners used to protect Bagram. Rucker and his active duty co-workers make sure any type of contraband, weapons or any unauthorized items are discovered before workers enter the base.

The Teaneck, N.J., native, regularly works with active duty. His team also coordinates with an Afghan counterpart if anything looks suspicious. Rucker said he appreciates the opportunity to work side-by-side with Afghans and active duty Airmen.

"We get all different types of backgrounds out here," said

Rucker. "I like knowing that active duty and reservists can work together. We all get along with no issues. Back home I do my job one weekend out of the month, but I have to know my job as proficiently as an active duty airman does. Once we get into this environment, we all have the same training, and do the same jobs."

Some of the Defenders' responsibilities reach outside the wire. "Mike" teams regularly patrol the local area around Bagram. Many of their missions appear to be closer to community relations than the perceived traditional base defense. These missions

protect the Bagram family in a different way; by building positive relations with Afghans who live near the base.

A security mission like "Mike" teams was a perfect fit for Senior Airman Arsenio De la Cruz. The Corona, Calif., native, says he wanted to experience new things on a different side of the world away from what he called the "secluded to the world" he knew back home.

"Being deployed in Afghanistan, I've gotten to witness a different side of life" said De la Cruz. "Outside here, they didn't get to grow up with what I grew

up with ... it's a real eye-opener. I didn't really expect to see that coming here."

De la Cruz said he's happy to bring his individual strengths and personality to the team.

"It's like playing a sport," he said. "You're coming together, meeting new people and finding your weaknesses and strengths. You pull together and work it all out. I've never thought that since I'm in a different unit I'm better than anyone else. We're all the same here, and involved in all in

See DEFENDERS, Page 15

Civilians recognized for 40 years of service



Joseph Busacca began his 40-year career as an enlisted Air Force member in 1972. He entered civil service in 1976 after four years of military service and worked as an entry-level mailroom clerk with the Veteran Administration in North Port, N.Y. He transferred to the Army Corps of Engineers in 1978 where he worked as a pipefitter. He relocated to New Jersey in 1981 where he began his career as a plumber with the 438th Civil Engineer Squadron Housing Maintenance Flight. He transitioned to the heating career field and worked as a pipefitter until 1993. His position was converted to a boiler plant operator so he relocated to the 305th CES Central Heat Plant. He has been employed as a heating, ventilation and air conditioning mechanic in the grade of WG-10 with the 87th CES since 1999. Harold R. Martinez-Nazario served as a chemical entry team member in the Army from 1965 to 1967 and then as a mortar crewman from 1974 to 1984. He began his tenure with the installation in 1985 as a monitor and operator for SPORTS. He moved to the inmate grounds as a monitor in 2004. (U.S. Air Force courtesy photo/Released)

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Remembering America's Heroes

This year marks the 11th Anniversary of 9/11. Since that fateful day, teams of heroes have fought and died for our freedom. All so we could continue to express our thoughts, share our beliefs and live our lives.

We owe them our eternal gratitude.

Together we are one nation, one voice, one unwavering spirit. We remember and honor our heroes everywhere.

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Personnel experts clarify 'Who May Apply' for AF civilian jobs

By Air Force Personnel Center

Air Force Personnel Center — Cracking the code of Air Force civilian job announcements can be as easy as understanding the specific appointment eligibilities, the "key" that allows individuals to be considered for various Air Force civilian jobs.

Ensuring applicants and hiring officials understand the most frequently used hiring terms will benefit the Air Force and applicants as officials continue to bring federal employment opportunities to thousands of U.S. citizens in the upcoming years.

Hiring appointment authorities provide agencies with the legal means to bring individuals onto the civilian rolls, via a new appointment, transfer or reinstatement.

Why should managers care about appointment authorities and eligibility requirements for each? Hiring or selecting officials are asked to select the appointment authorities they would like to include in their job announcement. The appointment authorities are identified on the Request for Personnel Action, or RPA, checklist, which their Civilian Personnel Section then submits to the Air Force Personnel Center or servicing Operating Location. The RPA and RPA Checklist, with the selected authorities, are used to create a job announcement. Subsequently, the appointment authorities (along with qualification requirements) are used to create a pool of candidates for the hiring official.

Why should applicants care about appointment authorities and eligibility requirements for each? Knowing the various appointment authorities can help increase an applicant's chance of being considered for federal employment. In order to be referred for consideration, among other requirements, potential applicants must be eligible for one or more of the appointment authorities identified in the job announcement.

What is the difference between "Public" and "Candidates with Status?" Job announcements that list "Public" in the "Who May Apply" line are open to anyone who is a United States citizen. Job announcements that list "Status Candidate" in the "Who May Apply" line indicate that the applicant must meet certain criteria, or "status." An individual is considered to have "status" when they qualify for one or more appointment eligibilities.

How does an applicant know if a vacancy is being advertised using one of the appointment authorities they may be eligible for? There are variations on how a government agency lists the appointment authorities used for each job announcement. For positions announced by AFPC, applicants can check the appointment authorities being used in each job announcement by reviewing the "qualifications and evaluations" section in the USAJOBS announcement. Meeting the requirements of a particular appointment authority does not guarantee a federal job. However, by understanding the various appointment authorities an applicant will better understand their particular eligibility for federal employment.

What if I'm a current Air Force civilian? Current Air Force civilians should refer to AFPC public Web site for instructions on applying for vacancies. If applying for positions at Goodfellow AFB, Texas, Osan Air Base, Korea, or United States Air Forces in Europe, applicants must apply through USAJOBS and submit a resume for consideration. These bases are participating in a test pilot for a Single Staffing Tool for internal and external recruitment.

How does the Air Force verify eligibility? Applicants must submit the required supporting documentation in accordance with the instructions provided in the particular job announcement. Appointment authorities have specific requirements and will therefore require different supporting documents.

Frequently used hiring authorities include the following:

- Current Permanent DoD Employees (excluding Air Force): Individual must be currently employed with the Department of Defense as a civil service employee.

- Executive Order 13473 (Appointment of Certain Military Spouses): Three groups of spouses are eligible to apply for federal employment using this appointment authority:

- 1) The spouse of a member of the Armed Forces who has been issued orders for a PCS.

- Spouse must be indicated on the PCS orders.
- Must have been married on, or prior to, the date of the service member's orders.

- Must relocate with the service member to the new duty station.
- Noncompetitive appointment is limited to the geographic area as specified in the PCS orders (in certain circumstances, this can be waived if no Federal agency exists in the geographical area)

- May receive only one noncompetitive appointment under this authority per PCS.

- 2) The spouse of a member of the Armed Forces who retired with a disability rating at the time of retirement of 100 percent; or retired or separated from the Armed Forces and has a disability rating of 100 percent from the Department of Veterans Affairs.

- No limit on the number of appointments under this authority
- Not restricted to a geographical location.

- 3) The un-remarried widow or widower of a member of the Armed Forces killed while in active duty status.

- No limit on the number of appointments under this authority.
- Not restricted to a geographical location.

This authority applies only to positions being filled in the competitive service.

Spouses are eligible for a noncompetitive appointment under this authority:

- for a maximum of two years from the date of the service members' permanent change of station
- from the date of documentation verifying the armed forces member is 100 percent disabled; or
- from the date of documentation verifying the armed forces member was killed while on active duty.

As of Sept. 30, 2011, the two-year time limit will only apply to spouses of a member of the Armed Forces who has been issued orders for a PCS. There will no longer be a two-year time limit on this appointing authority for spouses of a member of the Armed Forces who retired with a disability rating at the time of retirement of 100 percent or un-remarried widows or widowers of a member of the Armed Forces killed while in active duty status.

- Executive Order 12721 (Appointment of Certain Former Overseas Employees): Enables certain eligible family members to be considered for employment once they return to the U.S. from an overseas assignment. A family member is an unmarried child under the age of 23 or a spouse. Applicant must have completed 52 weeks of service

See CIVILIAN, Page 15

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Legal office releases justice files

By Joint Base McGuire-Dix-Lakehurst
Legal Office

The Air Force processed one court-martial, one non-judicial punishment action and five administrative discharge actions during August.

Punishment for the same or similar offenses may differ depending on the nature of the offense(s), the record of the service member and the level of prejudice to good order and discipline.

Staff Sgt. Carlos A. Santos Jr., 87th Security Forces Squadron, pled not guilty Aug. 8 to one charge and two specifications of wrongfully selling military property under Article 108, Uniform Code of Military Justice. Santos was accused of selling government issued lasers on eBay.com. Santos elected to be tried by officer members. He was found not guilty Aug. 9 of the charge and specifications.

Article 15 Actions

A senior airman received a reduction to the grade of airman first class and a reprimand for failing to mail controlled communication security equipment via registered mail.

A senior airman received a reduction to the grade of airman first class, 30 days extra duty and a reprimand for misusing his Government Travel Card.

An airman first class received a reduction to the grade of airman basic, suspended forfeiture of \$745 pay per month for two months and a reprimand for possessing Spice, a controlled substance.

An airman first class received a suspended reduction to the grade of airman, suspended forfeiture of \$377 pay, 14 days extra duty and a reprimand for failing to report to work on time.

Administrative Discharges

A staff sergeant was discharged with an honorable discharge for conditions that interfere with military service: personality disorder.

A staff sergeant was discharged with an honorable discharge for unsatisfactory performance: failure to meet minimum fitness standards. The individual failed four fitness assessments in a 21-month period.

A senior airman was discharged with an under honorable conditions (general) discharge for misconduct: minor disciplinary infractions. The misconduct included reporting late for duty on multiple occasions, failing to maintain dorm standards, violations of AFI 36-2903, Dress and Appearance, failing to pay a debt and dereliction in the performance of duties.

An airman first class was discharged with an honorable discharge for unsatisfactory performance: failure to meet minimum fitness standards. The individual failed five fitness assessments in a 17-month period.

An airman first class was discharged with an under honorable conditions (general) discharge for misconduct: drug abuse. The individual wrongfully distributed Percocet, a Schedule II controlled substance.

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Mud + Run = J

Command Sgt. Maj. Steven Whittaker, Army Support Activity-Dix command sergeant major, and his wife, Shonda, cool off a mud run participant Sept. 8 during the Joint Base McGuire-Dix-Lakehurst "Beast of the East" Mud Run here. Joint base community members volunteered their time to pass out water, direct runners and provide safety tips and encouragement along the way. (U.S. Air Force photo by 2nd Lt. Alexis McGee/Released)

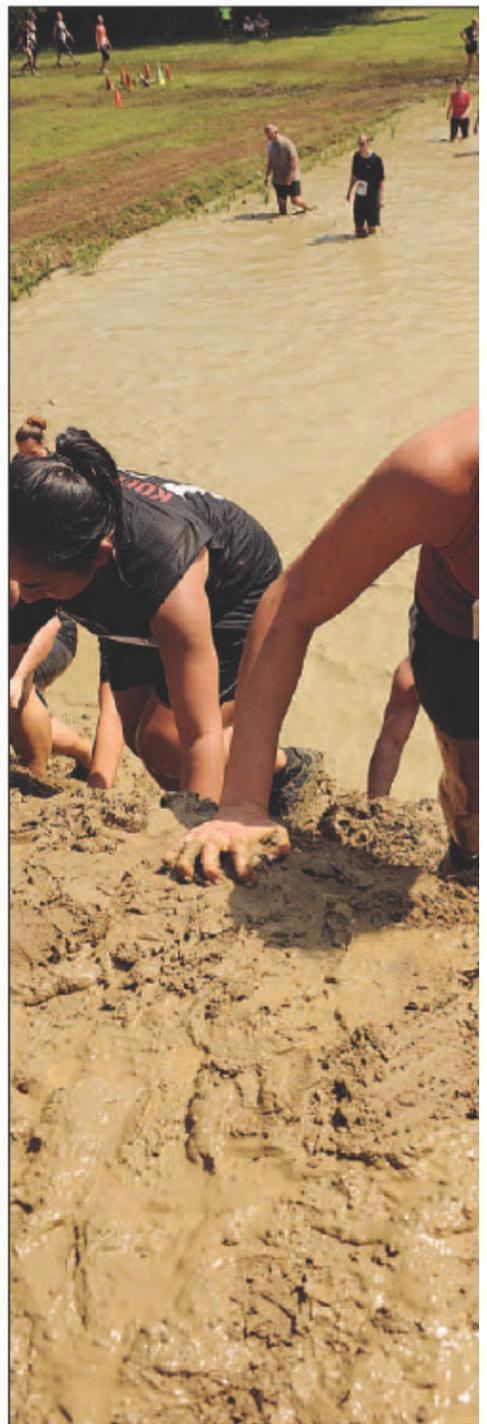


Two participants smile for the camera as they run toward Dix-Lakehurst's "Beast of the East" Mud Run here. The "Confidence Course" in which they would climb monkey bars to the next obstacle. (U.S. Air Force photo by 2nd Lt. Alexis McGee/Released)



Mud run participants shimmy two-by-two under humvees Sept. 8 at the "Humvee Crawl" obstacle during the Joint Base McGuire-Dix-Lakehurst "Beast of the East" Mud Run. Participants came from all over the Northeast to try their hands at the 10K mud run through the installation. (U.S. Air Force photo by Airman 1st Class Ryan Throneberry/Released)

A mud run participant rinses off as he reaches the final leg of the Joint Base McGuire-Dix-Lakehurst "Beast of the East" Mud Run Sept. 8 here. This sprinkler, along with a shower truck, allowed runners to clean off the mud before returning home after their adventures. (U.S. Air Force photo by 2nd Lt. David J. Murphy/Released)



Alex Bailey, a Medford, N.J., native, summits the 20-foot to McGuire-Dix-Lakehurst "Beast of the East" Mud Run. This Air Force photo by Airman 1st Class Ryan Throneberry/Released



Runners dart off the starting line Sept. 8 at the Joint Base McGuire-Dix-Lakehurst "Beast of the East" Mud Run at Doughboy Field. Runners dressed in a variety of costumes for the event, some even had teams dedicated to a particular theme. (U.S. Air Force photo by 2nd Lt. David J. Murphy/Released)

Joint Base Fun



Following the next set of obstacles Sept. 8 at Joint Base McGuire-Dix-Lakehurst, two runners were on their way to the "Be All You Can Be" obstacle course, balance on rolling logs and scale walls before running through a mud pit. (U.S. Air Force photo by 2nd Lt. Alexis McGee/Released)



Above: A mud run participant wades through a swamp at the "Marsh Madness" obstacle Sept. 8 during the Joint Base McGuire-Dix-Lakehurst "Beast of the East" Mud Run here. Running enthusiasts tackled 23 obstacles in which they low-crawled, jumped, balanced, climbed, trudged and even swam their way through. (U.S. Air Force photo by Angel Lopez/Released)



Following the "Mud Mountain" obstacle Sept. 8 during the Joint Base McGuire-Dix-Lakehurst "Beast of the East" Mud Run, Bailey is Bailey's second time participating in the mud run. (U.S. Air Force photo by 2nd Lt. David J. Murphy/Released)



Left: A mud run participant hoists a fellow runner on his shoulders to help her tackle the monkey bars Sept. 8 here. The monkey bars were part of the "Be All You Can Be" obstacle course the participants attempted as part of the Fifth Annual "Beast of the East" Mud Run. (U.S. Air Force photo by 2nd Lt. Alexis McGee/Released)



A mud run participant trudges through a mud pit at the "Climb over wall" obstacle Sept. 8 during the Joint Base McGuire-Dix-Lakehurst "Beast of the East" Mud Run here. This was the 23rd and final obstacle of the fifth annual mud run. (U.S. Air Force photo by 2nd Lt. David J. Murphy/Released)

Active shooter exercise preparation

Joint Base McGuire-Dix-Lakehurst is scheduled to host an active shooter exercise Sept. 20.

ACTIVE SHOOTER INCIDENT

The incident will be a dynamic situation evolving rapidly and demands immediate response from law enforcement.

The first actions by patrolmen arriving on scene will be take aggressive action to find and stop the shooter. All rescue efforts will be delayed until the danger is mitigated or eliminated.

IMMEDIATE DANGER



If you are in immediate danger during a shooting incident, **ESCAPE** from the scene or **HIDE OUT**.

During **ESCAPE**, plan your route, leave your belongings behind and exit with your hands visible. This will help Security Forces personnel may mistake you for the shooter.



SHOOTING INCIDENT THREAT AID

SHOOTING INCIDENT

IMMEDIATE DANGER

ESCAPE or HIDE OUT

CALL 9-1-1

- Caller's Location
- Number of Shooters
- Types of Weapons
- Shooter Location and Direction of Travel
- Shooter Description

SECURE self & location

SHELTER in place

MITIGATE lock doors, turn off lights, limit movements

ACCOUNT for personnel and report

WAIT for response forces and instructions

WARNING SIGNS

Someone may need help if:

- Their behavior is unusually aggressive, odd or scary
- They make threats of violence or retribution (serious or joking)
- They are distraught or show signs of suicide
- They are overheard making comments of planned/intended violence
- There is a gang/cult ideation
- They fight or perform acts of violence on the installation
- Presence of weapons (guns, knives, suspicious objects)

As a LAST RESORT ... TAKE ACTION

If you find yourself in a life or death situation, take action. Attempt to incapacitate or act with physical aggression and throw items at the active shooter.



DHS active-shooter tips

By U.S. Department of Homeland Security
The officers who initially respond to active-shooter calls are not there to treat or pick up injured people. Their goal is to stop the shooter.

A law enforcement member's purpose is to stop the active shooter as soon as possible. Officers will proceed directly to the area from which the last shots were heard.

What to expect when law enforcement teams arrive:
• Officers will arrive in teams of two or four.
• Officers will be armed with handguns and may have rifles or shotgun.

Officers may use pepper spray to control a perpetrator.
• Officers may shout commands and may push individuals to the ground for their safety.

The following is a list of how people should react when law enforcement arrives.

- People should:
- remain calm and follow the officers' instructions.
 - put down any items in their hands (i.e. bags, jackets).
 - immediately raise their hands and spread their fingers.
 - keep their hands visible at all times.
 - avoid making quick movements toward officers or attempting to hold on to them for safety.
 - avoid pointing, screaming and/or yelling.
 - do not stop to ask officers for help or direction when evacuating, just proceed in the direction from which

officers are entering the area or building.

The following is a list of information people should provide to law enforcement or 911 operator:

Bystanders should tell a law enforcement officer:

- the location of the active shooter;
- number of shooters, if more than one;
- physical description of shooter(s);
- number and type of weapons involved;
- number of potential victims at the location.

The first officers to arrive at the scene will not stop to help injured persons. Expect rescue teams to comprise of additional officers and emergency medical personnel who will likely follow the initial officers. These rescue teams will treat and relocate any victims. They may also call upon able-bodied individuals to assist in removing the wounded from the area.

Once bystanders have reached a safe location or an assembly point, they will likely be held in that area by law enforcement until the situation is under control and all witnesses have been identified and questioned. Bystanders should not leave the area until law enforcement authorities have instructed you to do so.

Joint Base McGuire-Dix-Lakehurst
Active Shooter Pocket Card

PROFILE OF AN ACTIVE SHOOTER
An **ACTIVE SHOOTER** is an individual actively engaged in killing or attempting to kill people in a confined and populated area typically through the use of firearms.

CHARACTERISTICS OF AN ACTIVE SHOOTER SITUATION

- Victims are selected at random
- The event is unpredictable and evolves quickly
- Law enforcement is usually required to end an active shooter event

PREPARE FOR AN ACTIVE SHOOTER SITUATION

- Be aware of your environment and any possible dangers
- Take note of the two nearest exits in any facility you visit
- Review steps and practice them
- Encourage and participate in drills in your area

TELL LAW ENFORCEMENT

- Location of active shooter
- Number of shooters
- Physical description of shooters
- Number and type of weapons held by shooters
- Number of potential victims at the location

CALL 9-1-1 WHEN IT IS SAFE TO DO SO
87TH SECURITY FORCES SQUADRON
MCGUIRE-DIX (609) 562-6301
LAKEHURST (732) 323-4000

HOW TO REACT IF AN ACTIVE SHOOTER IS IN YOUR AREA:

RUN

- Have an escape route and plan in mind
- Leave your belongings behind
- Keep your hands visible

HIDE

- Hide in an area out of the shooter's view
- Block entry to your hiding place, lock doors and windows
- Silence sound-making devices (TVs, Phones, Radios, etc.)

TAKE ACTION

- As a last resort when your life is in immediate danger
- Attempt to disable the shooter
- Act with physical aggression/throw items at active shooter

HOW TO REACT WHEN OUTSIDE A BUILDING:

- Get to area where you can hide from view and not be trapped
- Remain silent and still
- Take action against shooter if your life is in immediate danger

HOW TO REACT WHEN LAW ENFORCEMENT ARRIVES:

- Remain calm and follow instructions
- Put down any items in your hands (i.e. bags, jackets, etc.)
- Raise hands and spread fingers
- Keep hands visible at all times
- Avoid quick movements toward police such as holding on to them for safety
- Do not stop to ask police for help or directions when evacuating



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Joint Base Intramural Sports Standings

Intramural Wallyball JB McGuire-Dix

Team	Win	Loss	PCT
373rd TRS	7	0	1.000
314th RCS	4	3	0.571
305th MXS	2	3	0.400
AMCTES	2	3	0.400
305th APS	1	5	0.167
605th AMXS	0	2	0.000

PCT = Winning Percentage

Game Schedule
 Week 6
 Sept 17 4 p.m. 305th MXS vs. 305th APS
 5 p.m. AMCTES vs. 373rd TRS
 Sept 19 4 p.m. 305th APS vs. 373rd TRS
 5 p.m. AMCTES vs. 314th RCS
 All games are played at McGuire Racquetball Court

Intramural Flag Football JB McGuire-Dix

Team	Win	Loss	PCT
305th MXS Cobras	2	0	1.000
1st TB	2	0	1.000
Wildcats	2	0	1.000
87th CES	1	0	1.000
108th WG	1	0	1.000
6th AS	1	0	1.000
305th MXS PMEL 1	1	0.500	
621st CRW	1	1	0.500
87th LRS	1	1	0.500
305th OSS	0	0	0.000
87th FSS/ 87th CS 0	0	0	0.000
174th INF BDE	0	0	0.000

605th AMXS	0	0	0.000
87th SFS	0	1	0.000
MAG 49	0	1	0.000
1st/ 307th	0	1	0.000
305th APS	0	1	0.000
NCOA	0	1	0.000
87th MDG	0	1	0.000
VR-64	0	1	0.000
EC	0	1	0.000
87th ABW/87th CPTS	0	1	0.000

PCT = Winning Percentage

Game Schedule
 Week 2
 Sept 17
 5:30 p.m. #1 108th WG vs. NCOA
 #2 EC vs. 305th MXS Cobras
 6:30 p.m. #1 1st/ 307th vs. 87th ABW/87th CPTS
 #2 621st CRW vs. 87th CES
 7:30 p.m. #1 87th LRS vs. VR-64
 #2 305th OSS vs. 1st TB
 Sept 18
 5:30 p.m. #1 EC vs. VR-64
 #2 87th ABW/87th CPTS vs. 6th AS
 6:30 p.m. #1 87th FSS/ 87th CS vs. Wildcats
 #2 87th SFS vs. MAG 49
 7:30 p.m. #1 87th MDG vs. 605th AMXS
 #2 305th MXS PMEL vs. 174th INF BDE
 Sept 19
 5:30 p.m. #1 87th MDG vs. 87th SFS

6:30 p.m. #1 #2 MAG 49 vs. 305th MXS PMEL
 1st TB vs. 305th MXS Cobras
 7:30 p.m. #1 #2 305th APS vs. 605th AMXS
 174th INF BDE vs. 1st/ 307th
 #2 87th FSS/ 87th CS vs. 108th WG

Sept 20
 5:30 p.m. #1 305th MXS PMEL vs. 108th WG
 #2 EC vs. NCOA
 6:30 p.m. #1 305th OSS vs. Wildcats
 #2 VR-64 vs. 305th APS
 7:30 p.m. #1 1st/ 307th vs. 87th SFS
 #2 6th AS vs. 87th CES

All games are played on either Griffith FH #1 or FH#2 field

Lakehurst Flag Football

Team	Win	Loss	PCT
AUTOBOTS	0	0	0.000
The Decepticons	0	0	0.000
Thunder Chickens	0	0	0.000
Titans	0	0	0.000
Unarmed Forces	0	0	0.000

PCT = Winning Percentage

Game Schedule
 Week 1
 Sept 17 Thunder Chickens vs. Unarmed Forces
 Sept 18 Titans vs. The Decepticons
 Sept 19 The Decepticons vs. AUTOBOTS
 Sept 20 Unarmed Forces vs. Titans
 Sept 21 MAKE UP DAY
 All games played 11:30 a.m. at Lakehurst Sports Complex Football Field
 Current as of Sept. 12

MRAP

Continued from Page 3

the training requirements upon completion of the five days. Unit commanders are responsible for issuing of driver's licenses, per Army Regulation 600-55, said Oseles.

Confident drivers armed with the necessary skills to safely operate the vehicle over unfamiliar terrain in a combat environment should be the main take-away from the training, said Budhoo.

"We want each driver to leave here with knowledge and appreciation of the unique characteristics of the MRAP," he said. "Experience gained here will allow the drivers to be better prepared to safely handle unexpected situations downrange."

Sailors

Continued from Page 3

after Oct. 1. Sailors reenlisting in December for example, will receive their initial SRB payment upon reenlistment, and all subsequent installment payments annually in December until the full bonus amount has been reached. Sailors under current SRB contracts, as well as those reenlisting prior to Oct. 1, will continue to receive anniversary payments annually in October until the full bonus amount has been reached.

NAVADMIN 273/12 temporarily lifts the restriction preventing Sailors with fiscal year 2013 end of active obligated service dates from reenlisting for SRB in FY12. All FY13 EAOS Sailors, regardless of SRB tier, are encouraged to apply for SRB and reenlist on, or before

Sept. 30. Sailors electing this temporary early reenlistment option must be otherwise eligible for SRB and have a valid Perform to Serve quota prior to their selected reenlistment date.

Eligible Sailors desiring SRB reenlistment are encouraged to work with their command career counselors, command master chiefs and chain of command to discuss timing of reenlistment and procedures well before their EAOS.

Sailors can read the complete list of SRB award levels and policy at www.public.navy.mil/bupers-npc/career/enlistedcareeradmin/pages/srb.aspx. Visit www.navy.mil, www.facebook.com/usnavy, www.twitter.com/usnavy for more information. Visit www.navy.mil/local/cnp/ for more news from Chief of Naval Personnel.

Army, Air Force teams up for fuels training

Army Staff Sgt. Ryan Neely, 373rd Quartermaster Bat. Det. 1, tests fuel for contamination inside the 87th Logistics Readiness Squadron fuels lab. The 373rd came to the 87th LRS to train before deploying to southeast Asia. (U.S. Air Force courtesy photo/Released)



CLASSIFIED

Troops to Teachers
 Interested in Teaching?
 The Troops to Teachers Program (TTT) can assist with your pursuit to become a public school teacher. Certification, job placement and financial assistance may be available if you meet the program requirements.

Visit one of the below TTT information sessions to learn more about the program and how you can become a teacher in the state of your choice!

Sept 18, 3201 Maryland Ave. - AGS Center Fort Dix, 9:30 a.m.
 Sept 24, Joint Family & Military Support Ctr Rt 206 S Bordentown, NJ, 9 - 3 p.m.

To register and to learn more, please contact us at: ttt@de.state.nj.us

Real Estate Rentals

Townhouses
 MT. LAUREL Newly renovated 2BR, 1 1/2 BA w/ a/c \$1050mo+utilities. Avail soon. No pets. 609-654-6752

Apts. For Rent
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ALL UTILITIES INCLUDED
 (Special New Sept 30th only) Secure Site, Carport, In-Unit Laundry \$45-425-0380

Browns Mills: Bi-level 2 BR 1 BA, state of the art kitchen fenced yard, 6 acres. Call 609-654-6711

BURLINGTON CITY Well maintained 3 BR, lat fr car. Hardwood floors, washer & dryer, fenced yard, \$675/mo. + utilities. Call 609-266-2580

BURLINGTON TWP Garden Type - Starting at \$900 Call: 958-415-2000

PEMBERTON UNIVERSITY PARK APTS. 1 & 2 BR starting at \$650. 609-674-9236

Riverside 1 BR, heated water included, well maintained, near transportation, \$650mo + 1% security. 609-266-2580

Rooms For Rent
 Browns Mills-Furnished 1BR Efficiency, some w/laundry. ALL utilities included. 609-266-2580

Homes For Rent
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Columbus: Newly renovated single family home. 2 BR, washer, dryer, yard, off street parking. No pets \$1300mo. + 1% security. 609-266-2580, 609-590-4402

MOORESTOWN, TWP Well furnished, 1BR, 1 BA, off street parking, center of town. No pets, no smokers. Move in today. 609-266-2580

Real Estate Rentals

Homes For Rent
 Mt. Laurel Bancroft Woods, 3 BR, fenced yard detached car, close to schools & major hwy. \$1500. 958-415-2000

RIVERSIDE 1 BR, 1 BA, Full Bath, Fenced Yard, Detached Garage, Close to Riverview. \$1050. 656-713-8511

Vincennes 2BR, LR, EIK, FRI, air, call-de-sec. Lat yard, washer/dryer, 1 house from lake. \$1300mo + 1% mo security. Military & senior discounts. 609-261-2272

WESTAMPTON 4 Terraced PRICE REDUCTION \$1550+ carter fee. 3BR, 1 1/2 BA, new carpeting, a/c, AC. 609-914-1987

Office Rentals
 WILLINGBORO, NJ Vacant office space, 1300+ sq. ft. 5 rooms, 1 storage area 1/4 sq. ft. Formerly family physician's office. Avail for any kind of office. Ready-to-go. For showings 609-922-1518 or call 315-69-1099.

Pets & Supplies

Pets For Sale
 SHELTY PUPS Male/female, ready for homes now! Call 609-726-7954.

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Autos Wanted
 WC BUY Junk Cars, Trucks, Buses & Forklifts-to \$30K. Free Towing & Call 609-590-2225.

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NEWSNOTES

Driver Improvement Class

The 87th Air Base Wing Safety Office in coordination with the American Association of Retired People is set to host a Driver Improvement Class from 8:30 a.m. to 3 p.m. at the Timmermann Center. The classes are scheduled for Nov. 5, 8, 13, 14, 15, 27, 28 and 29. The class sizes are limited to 25 participants per day and are free to Department of Defense ID card holders. Call 754-7233 or (732) 323-2525 for more information or to register.

JB MDL Thrift Shops

McGuire
The McGuire Officers' Spouses' Club Thrift Shop is open from 10 a.m. to 2 p.m. Wednesdays through Fridays and the first Saturday of each month. The shop accepts gently used donations. The MOSC Thrift Shop accepts consignments from 10 a.m. to noon Wednesdays through Fridays. Proceeds benefit JB MDL, local, and national organizations. Volunteers are welcome. The MOSC Thrift Shop is located at 3446 Brody Road. Call 754-2368 for more information.

Dix
Regular Thrift Shop Hours are Tuesdays and Thursdays from 10 a.m. to 2 p.m.; the first and third Saturdays of the month from 10 a.m. to 2 p.m.; and the first Wednesday of each month from 3 to 7 p.m. Consignments are accepted from 10 a.m. to 12:30 p.m. Tuesdays and Thursdays. Donations can be dropped off during business hours or placed in the shed after hours.

The shop is looking for volunteers. High school students can accumulate community service hours by volunteering. Proceeds help fund scholarships sponsored by the Dix Spouses' and Civilians' Club.

Email fortdixthrift@gmail.com for details or suggestions on how the shop can better serve the JB MDL community. The Dix Thrift Shop is located next to the museum on Pennsylvania Ave.

Lakehurst
The Navy Marine Corps Relief Society Thrift Store is open every Tuesday, Wednesday and Saturday 9 a.m. to noon and Thursday 1 to 5 p.m. in Bldg. 158. The sales income received from thrift shops is returned to the Sailors, Marines and their families in the form of emergency financial relief services. Donations after hours may be placed in the donation locker located by the front door. Opportunities are available for volunteers to sort merchandise, arrange displays and work as cashiers. Call (732) 323-2362 or visit for more information.

87 LRS Customer Service and Equipment Accountability Service

Individuals with inquiries regarding supply customer service, stock control and overpricing program assistance should call 754-3306. Walk-in hours are 9 a.m. to 3 p.m. Monday through Friday at Bldg. 1757, Room 166. Call 754-5154/4454 for supply parts issue requests/aircraft parts store requests. Call 754-2678/4010 for the equipment accountability office and custodian's assistance. Visit www.drms.dla.mil for DRMO procedures.

Motorcycle Course Registration

JB MDL motorcycle course registration is now open. Register at militarysafepmv.com. A participant's status in a class is not confirmed until he or she receives a confirmation email. Call 562-3082 for more information.

Neighborhood Community Watch Meetings

The joint base community is set to hold a meeting for the neighborhood community watch program from 7 to 8 p.m. every second

Tuesday of the month in Falcon Courts North. The meeting is intended to inform community members on how they can help protect the community by taking part in neighborhood watches and patrols. Call 723-6563 for more information.

The Attic

The Attic is open Mondays, Wednesdays and Fridays from 10 a.m. to 2 p.m. as well as Tuesdays and Thursdays from 5 to 8 p.m. Donations are accepted during normal hours of operation. The Attic staff asks no one leave donations outside of the building. Call 754-8703 for more information.

Voter Registration

The Human Resources-Military Office is offering voter registration assistance to joint base community members. The voting office will provide on-the-spot automated registration and absentee ballot request forms for all who require it. The office is located in the customer service section at 5418 Delaware Ave. Call 562-2746 for more information.

Firehouse Movie Night

A movie night is scheduled for 8 p.m. every second Friday of the month at The Airmen's Firehouse. This event is open to all E-1s through E-4s. Free popcorn and beverages will be available. Call 754-2233 for more information.

87th MDG Training Hours

The 87th Medical Group will close for readiness training at noon the first Thursday of each month.

Joint Base McGuire-Dix-Lakehurst Chapels

Chapel Locations

- McGuire Chapel – 2503 East Arnold Avenue
- North Chapel – 3827 School House Road
- Dix Chapel – 5240 New Jersey Avenue
- Soldier's Chapel – 5950 Church Street
- Cathedral of the Air – 264 Hope Chapel Road, Lakehurst N.J. 08527

Worship Hours

Catholic

- Monday through Thursday – 11:35 a.m. McGuire Chapel
- Saturday – 5 p.m. McGuire Chapel
- Sunday – 10:30 a.m. Dix Chapel

Protestant

- Sunday – 9 a.m. Traditional - Dix Chapel
- Sunday – 9:45 a.m. Contemporary - North Chapel
- Sunday – 11 a.m. Liturgical - Cathedral of the Air
- Sunday – 11:30 a.m. Gospel - McGuire Chapel

Army Support Activity

- Sunday – 7:30 a.m. LDS - Dix Chapel
- Sunday – 7:30 a.m. Catholic - Dix Chapel
- Sunday – 7:30 a.m. Protestant - Soldier's Chapel

For programs, faith groups, or special language needs not listed, please contact the Chapel at 609-754-4673.

Contacting A Chaplain

When should I call a Chaplain?

Chaplains are available for spiritual, relationship and grief counseling. They provide worship services, baptisms, weddings and memorials.

Your conversation with a chaplain can not be disclosed without your permission. No exceptions.

To speak with a Chaplain during duty hours (Monday through Friday 7:30 a.m. – 4:30 p.m., call 609-754-HOPE (4673).

For assistance after duty hours call the command post at 609-754-3935 or 3936.



Glorifying God, Serving Warfighters, Pursuing Excellence for the Joint Base

BOX BLUES



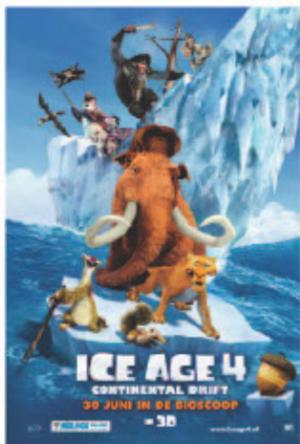
JB MDL Base Theater Movie Schedule



Tonight:
The Bourne Legacy
(PG-13) 7 p.m.

Saturday:
Ice Age:
Continental Drift
(PG) 2 p.m.
End of Watch
(free admission)
(PG-13) 7 p.m.

Sunday:
No showing



Defenders

Continued from Page 6

the same mission. We all work it out just fine with each other."

De la Cruz said he'll take home memories of his deployment experiences and grow from them. "I learned to not take things for granted," he said. "This makes you feel proud to be serving your country and making a change in everyone's life, even if it's just giving a child some food or candy. It's all about being grateful for what you have."

Base protection continues along the fence line once the sun sets over Afghanistan. Airman 1st Class Kirsten Hamilton, a Waverly, N.Y., native, is a member of a perimeter response team. Hamilton, deployed from Altus AFB, and her co-workers ensure outside threats remain clear of the base fence line. This can cause anxiety for Hamilton and her team is when unfamiliar vehicles approaching Bagram's entry gates. She says she understands the importance of her job, and that makes it worth the tension.

"This can be stressful, but I like it because I know everyone is able to sleep because of what I do," said Hamilton. "It feels like I'm actually doing something with my life."

One of Hamilton's co-workers is Staff Sgt. Elijah Langhorne, a perimeter response team leader from Leesville, La. Although his job is centered on protecting people on base, he finds his dealings with those outside Bagram even more satisfying.

"I think interaction with the locals, both positive and negative, is the most rewarding aspect this job," said Langhorne. "We see locals asking for our help, dealing with mines, insurgents

... things like that. It's nice to see the positives happen, because it lets us know we're making a difference. Seeing locals respecting us for us coming here, recognizing that we're trying to help. We're not trying to be a disruptive force here, even though we're completely alien to their lifestyle and what they have around them."

Langhorne says his greatest personal reward comes from an overall understanding of what his diverse blend of "defenders" contribute to the big picture in their own lives, and the lives of those in Afghanistan and back home.

"I feel justified in what I do every single day," he said. "Not just because of what's outside the fence, but because of who we're protecting inside the fence. Seeing the effect on the local population, it's nice to know I'm not just protecting Americans. We're also making a difference for the people around us. I try to live up to the standards my dad set. Being a man, living with integrity. Trying to take pride in doing a good job even if no one notices. Every single day we have a good day, when nothing happens, and everyone I'm responsible for goes home safely, I get that gratification."

Langhorne admits that not every day is a good day in his job, but he knows how to keep it all in perspective.

"The low parts help you appreciate the high parts," he said. "There are a lot of both. But either way, right now I can't think of anything else I'd rather be doing."

His thoughts seemed to echo those of the rest of his squadron; something one might expect when a team comes together as successfully as the defenders have.

Mud run

Continued from Page 1

else was gone and they still asked how else they could assist. That moment really showed me selfless service, which is the strength of all our military organizations. It was quite a humbling moment to have two of these volunteers who had already given so much of their time ask what more they could do."

The mud run was open to

service members and community members alike, giving adrenaline enthusiasts an inside glimpse to the joint base.

"This event is a great way to celebrate our military traditions on base and have esprit de corps for our service members of all branches," said Col. John Wood, JB MDL commander. "It's also a great way to open the base to the community to show them what the military does and the kind of training they do every day. It gives the community members a chance to see our obstacle course

and military equipment, which is great for both us and the community members."

The official date for next year's mud run has not been finalized, but many of the race participants encourage other runners to join in on the fun next year.

"This is a mud run you really have to do," said Chief Master Sgt. Terrance Green, JB MDL command chief. "This is one of those must-do bucket list items for people anywhere in the area."

Officers

Continued from Page 1

four-point course followed. The Patriot officers tested the Joint Base McGuire-Dix-Lakehurst Mud Run course followed by a traditional obstacle course. The events continued on for hours consisting of grenade ranges, tire flips, casualty pulls and a buddy run to name a few.

"You can see a lot about someone in 48 hours - put them through 17 different events: academics, soldier skills, physical challenges - to see the character of a person, not just if they can find a point in the dark, but how they react to that," remarked Col. Craig A. Osborne, commander, 174th Infantry Brigade, about what he observed.

Osborne reiterated the four primary goals for the competition: first challenge them mentally and physically to push them beyond their self-imposed limits; assess them comparatively to their peers using a point system, enhance teamwork amongst officers in the brigade; and enhance esprit de corps among the officers and the noncommissioned officers who ran the competition.

"No one quit; I was happy with how everyone competed and I was most concerned to see if they had heart and if they would just continue on," said Osborne. "We had combat arms and combat support officers finish in the top 10."

"I once heard, 'nothing builds greater units than great victories or shared hardships,'" Osborne continued. "There's a sense of pride in having accomplished that with the brigade competition."

Recipe Roundtable

Got a favorite recipe that's a time-saving miracle, a gourmet masterpiece or just really yummy? E-mail the recipe and a photo to the Air, Land & Sea Times staff at 87.abw.pa@us.af.mil to share it with the joint base community. Be sure to include "Recipe Roundtable" in the subject line.

Easy Fish Tacos

- Ingredients:**
- 1/4 cup sour cream
 - 2 tablespoons freshly squeezed lime juice
 - salt and pepper to taste
 - 1 jalapeno (cut in half)
 - 2 1/2 cups red cabbage (shredded)
 - 4 onions (diced)
 - 2 tablespoons extra virgin olive oil
 - 1 pound tilapia fillet strips
 - 8 flour tortillas
 - fresh cilantro for garnish



Instructions:

1. In a bowl, combine together the lime juice and sour cream, then add in salt and pepper and season to taste.
 2. Divide mixture in half, setting aside one half for later.
 3. Dice half of the pepper and set aside.
 4. In the same bowl with the sour cream mixture, add in all of the cabbage, onion, and remaining pepper. Mix well.
 5. In a pan over medium heat, place olive oil and half of the pepper.
 6. Season fish to taste and fry the strips in the pan until golden, about five minutes.
 7. Remove pepper.
 8. Warm tortillas before serving.
- Recipes found at freerecipes.org.

Civilian

Continued from Page 7

in an appropriated fund position performed under a local hire appointment overseas. Applicants must have been a family member at the time they met the overseas service requirement, but do not need to be a family member at the time of noncompetitive appointment in the U.S.

• **Reinstatement:** A former career/career-conditional federal civil service employee. A career-conditional employee must have completed three years of substantially continuous service before becoming a career employee. In addition, a former career conditional federal service employee with veteran's preference has lifetime reinstatement eligibility.

• **Transfer:** Permanent federal civil service employee serving in a non-DOD position who is a current career or career-conditional employee.

• **Veteran Authorities:** Individuals must have served in the military; be able to produce proof of service and disability (DD Form 214 and VA Disability Rating), and meet one or more of the Veteran categories to be eligible to apply:

- o 30% Disabled Veterans: current or former military member with a service-connected disability of 30 percent or more.
- o Veterans Employment Opportunity Act of 1998 (VEOA): Veterans who are preference eligible OR separated after three or more years of continuous active service performed under honorable conditions.

Veterans' Recruitment Appointment (VRA): Disabled veterans; or veterans who served on active duty in the Armed Forces during a war, or in a campaign or expedition for which a campaign badge has been authorized; or veterans who, while serving on active duty in the Armed Forces, participated in a United States military operation for which an Armed Forces Service Medal was awarded; or recently separated veterans. Veterans claiming eligibility on the basis of service in a campaign or expedition for which a medal was awarded must be in receipt of the campaign badge or medal. In addition to meeting the criteria above, eligible veterans must have been separated under honorable

conditions; that is the individual must have received either an honorable or general discharge.

The law defines recently-separated veteran as any veteran during the three year period beginning on the date of discharge or release from active duty. This appointment authority can only be used in announcements for GS-11 (or equivalent) and below.

Other hiring authorities that managers and applicants should be familiar with:

• **Delegated Examining Authority:** All announcements open to "public" in "Who May Apply" use this authority. An applicant need only be a United States citizen and 18 years of age, or a high school graduate 16 years old or older to apply. This authority allows individuals without "status" to be considered for a civilian position. Veteran's preference rules apply under this authority. (For more information, go to Delegated Examining Authority OPM's DEU Handbook)

• **Interagency Career Transition Assistance Plan (ICTAP):** ICTAP covers displaced non-Department of Defense (DoD) employees who are seeking employment in other Federal agencies. Individuals are eligible for selection priority under ICTAP if they were separated from a career or career-conditional position by reduction in force or because the employee declined a geographic relocation to a position in a different local commuting area.

• **Employment of People with Disabilities/Schedule A Appointment:** Any applicant is considered disabled if they have a physical or mental impairment that substantially limits one or more major life activities. To be eligible for noncompetitive, Schedule A appointments, a person must meet the definition for being disabled. The person must have a severe physical, cognitive, or emotional disability; have a history of having such disability; or be perceived as having such disability. In addition, the person must obtain a certification letter from a State Vocational Rehabilitation Office or the Department of Veterans Affairs to be eligible for appointment under these special authorities.

For more information on hiring authorities, visit www.afpc.randolph.af.mil/afcivilianjobs/needtoknow.asp and OPM's Laws, Regulations and Other Guidance or call the 24-hour Air Force Total Force Service Center at (800) 525-0102.

Get to know JB MDL!

Can you guess what this week's close-up photo is? Submit your guess online at www.facebook.com/jbmdl. Don't forget to check back next week when the full-size photo is revealed!



Give yourself a pat on the back if you guessed what this week's close up photo was. It is the lower windshield of the UH-1 Iroquois, or Huey, static display on Dix.