

# AIR, LAND & SEA TIMES

PUBLISHED FOR THE JOINT BASE MCGUIRE-DIX-LAKEHURST, N.J. COMMUNITY

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## NEWSNOTES

\*\*\*Dates and times are subject to change. Check with the event coordinator prior to the event.\*\*\*

### WFRC Closure

The Warfighter and Family Readiness Centers at all locations on Joint Base McGuire-Dix-Lakehurst are scheduled to be closed today for training. Call 754-3154 for more information.

### Voting Information

There are only 46 days until the Nov. 6 general election. Voters can register for absentee ballots for the 2012 general election in fewer than ten minutes by visiting fvap.gov. Call 754-VOTE or email jbmld@us.af.mil for more information.

### Oktoberfest 2012

The 87th Force Support Squadron is set to host the annual Oktoberfest 2012 at Tommy B's Community Activities Center at 4:30 p.m. today. The event features authentic German food, music and various other activities for JB MDL families, friends and employees. Call 754-2830 or 754-2396 for more information.

### Transition Assistance Program

The Warfighter Family Readiness Center is set to host a four-day Transition Assistance Program seminar from 8:30 a.m. to 4:30 p.m. Sept. 25 through 28 at Bldg. 3011. Call 754-3154 for more information. Pre-registration is required.

### MilPDS Briefing

The Military Personnel Section will be conducting briefings Sept. 26 at 9 a.m. and 2 p.m. to discuss the Air Force Personnel Operations Agency upgrade and migration of the Military Personnel Data System to the Defense Information Systems Agency Defense Enterprise Computing Center. The current version of MilPDS is no longer a supportable platform and is therefore being upgraded to a new version. The upgrade is expected to take approximately 23 days. During that time, MilPDS will not be accessible. Several essential personnel and pay systems, education and training systems, and transactional applications will be impacted during the downtime because they rely on data in MilPDS. The purpose of the briefing is to announce the processes for handling actions before, during and after the upgrade while MilPDS is not available. The intent is to ensure continued personnel support to all Airmen and timely update of all records in MilPDS, especially critical pay actions. MPS will brief what programs will be affected and time-frames to get personnel actions updated before MilPDS goes down. For more information call 754-5783.

### Community Newcomers' Orientation

The Warfighter Family Readiness Center is set to host a community newcomers' orientation from 9 a.m. to noon Sept. 26 at Bldg. 3011. The orientation includes a narrated bus tour of McGuire and Dix 87th Force Support Squadron facilities. Free child care is available upon request. Call 754-3154 or 562-2767 for further information. Pre-registration is required.

### International Spouses' Group

The Warfighter Family Readiness Center is set to host an International Spouses' Group Hispanic Heritage celebration from 11:45 a.m. to 2 p.m. Sept. 28 at Bldg. 3811. Call 562-2767 for more information. Pre-registration is required.

### 2012 JB MDL Air Force Ball

The Joint Base McGuire-Dix-Lakehurst Air Force Ball is scheduled for 6 p.m. Sept. 28 at the Westin Princeton. The entire JB MDL community is welcome to attend the ball and celebrate the 65th anniversary of the United States Air Force and the 20th anniversary of Air Mobility Command. Call 754-8931 /4797 for more information.

### ASA Retiree Appreciation Day

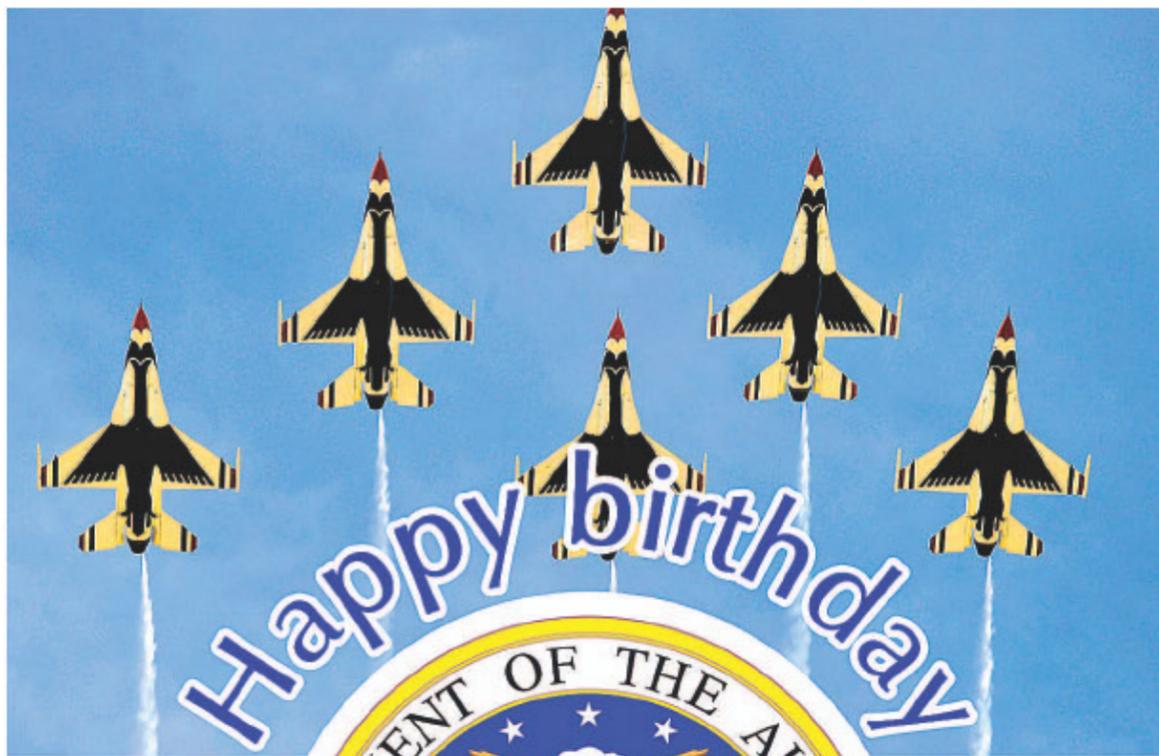
Army Support Activity-Dix is set to host their Annual Retiree Appreciation Day at 10 a.m. Sept. 29 at the Timmermann Center. Registration begins at 8 a.m. to allow time for retirees to visit the federal, state and local agencies that will be present to provide information on their services. Call 562-2666 for more information.

### Take Back Drugs Day

'Take Back Drugs Day' is scheduled from 10 a.m. to 2 p.m. Sept. 29 in the Exchange front lobby. Old, expired or unneeded medication will be collected in an effort to deter prescription drug abuse. No questions asked. No needles will be accepted. Liquid medication must have a secure lid. Law enforcement and prevention staff will be available to answer questions. Call 562-4011 for more information.

**2012 Combined Federal Campaign Kick-off**  
The 2012 Combined Federal Campaign Kick-off ceremony is scheduled for 8:30 a.m. Oct. 2 at Tommy B's Community Activities Center.

See more NEWSNOTES on Page 10



## Air Force birthday

Secretary of the Air Force Michael Donley, Air Force Chief of Staff Gen. Mark A. Welsh III and Chief Master Sgt. of the Air Force James Roy issued the following message to the Airmen of the United States Air Force:



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## Navy chiefs pinning ceremony

Six chief petty officer selectees assumed their title as chief Sept. 14 during the chief pinning ceremony at the Lakehurst Fitness and Sports Center here.



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## Leadership development

By the time the students in today's Command and General Staff College Intermediate Level Education class are leading the Army, the Army of 2020 will already be here, said Joseph Westphal, under secretary of the Army Sept. 7.



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## The Weekend Weather

**Today**  
High 77/Low 58  
Partly Sunny



**Saturday**  
High 82/Low 60  
Sunny



**Sunday**  
High 70/Low 48  
Storms



## Leaders issue Air Force birthday message

Air Force News Service

WASHINGTON — Secretary of the Air Force Michael Donley, Air Force Chief of Staff Gen. Mark A. Welsh III and Chief Master Sgt. of the Air Force James Roy issued the following message to the Airmen of the United States Air Force:

As we celebrate the United States Air Force's 65th birthday, we salute all of the dedicated Airmen who serve or have served in our Nation's youngest and most innovative service.

Throughout our proud history, the Air Force has embraced the technology that continues to revolutionize our capabilities in air, space and cyberspace. We owe an enormous debt to the ground-breaking visionaries and engineering pioneers who brought the technology of flight to life and to the professional strategists and tacticians who imagined the military possibilities of these new technologies and propelled the science, theory and application forward.

While our service enjoys an unbreakable connection to

state-of-the-art technology, we must never forget that everything we do depends on our people, the living engine of our Air Force. Today, more than ever, the Air Force can take pride that our service culture promotes and benefits from the know-how, determination, and commitment of a diverse group of men and women who embody our Core Values — Integrity First, Service Before Self, and Excellence In All We Do — while pursuing adaptive and innovative solutions for our nation's security.

Every day, our Airmen have an opportunity to add a bright new chapter to the Air Force story by serving our nation in the world's finest air force. The challenges confronting our country are great; but our active duty, guard, reserve and civilian Airmen have never failed to answer our nation's call. Working together in common purpose as one Air Force, we will keep America secure today and for all the years to come.

Happy birthday, Air Force! Aim high ... fly-fight-win!

## JCS: 'We are not elected to serve'

By Gen. Martin Dempsey  
Chairman, Joint Chiefs of Staff

WASHINGTON — I talk about the importance of "trust" at every opportunity. Trust is the cornerstone of our profession. It binds us with those we serve—the American people and the elected officials who represent them. This trust relationship cannot be taken for granted. We must continually earn and re-earn it every day.

One way we earn this trust is by avoiding partisan activities. I wrote about this in a recent Joint Force Quarterly article. We must understand why our military as a profession embraces political

neutrality as a core value. We show fidelity to the Constitution every day by embracing this foundational principle. We are not elected to serve; rather, we elect to serve.

Of course, we are all entitled to our private and personal opinions. And, I know we all take our obligations as citizens seriously. No uniformed member should ever feel constrained in their well-earned right to vote.

The uniform, however, brings its own obligations. All those who actively wear the uniform should be familiar with the regulations that guide political activity. The lines between the professional, personal and virtual are blurring. Now more than ever, we have to be exceptionally

thoughtful about what we say and how we say it.

In my judgment, we must continue to be thoughtful about how our actions and opinions reflect on the profession beyond active service. Former and retired service members, especially generals and admirals, are connected to military service for life. When the title or uniform is used for partisan purposes, it can erode the trust relationship. We must all be conscious of this, or we risk adversely affecting the very profession to which we dedicated most of our adult lives.

I welcome your thoughts on this topic. To gain additional perspective, I recommend a speech given in May 2006 by retired Air Force Gen. Charles G. Boyd, at Air University.

## Air Force core values should extend into personal lives

By Lt. Col. Thomas J. O'Connell Jr.  
4th Airlift Squadron commander

JOINT BASE LEWIS-MCCHORD, Wash. — The Air Force core values of integrity first, service before self and excellence in all we do provide excellent guideposts on how to conduct our professional military lives. Because they are so closely associated with the Air Force, their application often stops there. In actuality, they are great guides for our personal lives as well.

This perceived limitation was shown to me a few weeks ago when I had the honor and privilege to address the Julius A. Kolb Airman Leadership School Class 12-F. During the discussion I used a quote from Abraham Lincoln, "Whatever you are, be a good one."

The majority of those in the room were not only Airmen, but leaders of Airmen. My point was to challenge the recent graduates, who are now leaders of Airmen, to be good ones. The message was not unique; in fact it is encapsulated in our core value of excellence in all we do.

Afterward, I was approached by Airmen, civilians and retirees who said they really liked the "whatever you are, be a good one" part of the talk. In

particular, one Airman who had separated from the Air Force was worried about how she would adjust to being a full-time mother.

She said Lincoln's quote inspired her to be a better mom. Whereas before she was driven to be the best Airman she could be, now she would redirect that energy at being the best mother she could be.

The theme of excellence was obviously not new to her, but by discussing it in its earlier form by Lincoln, the message actually resonated with a larger audience.

While the opportunity to bring Lincoln's words to the audience was rewarding, it highlighted to me that the core values' concepts have become so closely associated with the Air Force that somehow people perceive them as a "military thing" when their usefulness is much wider.

So, if you're an Airman, I encourage you to continue to live and internalize the core values. If you're a retiree, a spouse or a civilian, I encourage you to do the same, but if Lincoln's words have more resonance, then use them instead.

"Whatever you are, be a good one!"

## 10 leadership tips from 'The Bear'

By Lt. Col. Paul Sturges  
22nd Maintenance Group deputy commander

MCCONNELL AIR FORCE BASE, Kan. — Since 1971 I've been able to attend nearly one football game a year at the University of Alabama with my father and brother.

As an impressionable 4-year-old, I even had the opportunity to meet legendary coach Paul "Bear" Bryant while signing copies of his autobiography.

In his book, he described the leadership philosophies he employed to win six national championships. These tips are as applicable to our duties as Airmen as they are to the gridiron.

10. "I'll never give up on a player regardless of his ability as long as he never gives up on himself. In time he will develop." God did not create us all equal in ability. A leader will realize some Airmen will take longer to develop than others; however, Airmen also need to exhibit a willingness to do so.

9. "Set goals — high goals for you and your organization. When your organization has a goal to shoot for, you create teamwork, people working for a common good." Many successful organizations are those whose goals are visible and clearly understandable. Leaders are to ensure the team understands the importance of achieving these goals.

8. "If you whoop and holler all the time, the players just get used to it." Your people watch how you react to adversity. There is a time and place for wall-to-wall counseling; however, if it's commonplace in an organization, it will quickly lose its effectiveness.

7. "If your assistant coaches aren't smarter than you are, then you don't need them!" Gen. George Patton put it this way, "Never tell people how to do things. Tell them what to do and they will surprise you with their ingenuity."

6. "What matters is not the size of the dog in the fight, but of the fight in the dog." Often, the best suggestions a leader will hear come from the bottom, not the top, of the organizational chart.

5. "It's not the will to win that matters — everyone has that. It's the will to prepare to win that matters." Whether it be in combat, a unit compliance inspection or an intramural game, we should all want to win. In the end, the ones who "train like they fight" and commit to preparing for the battle will end up as winners.

4. "Tough times don't last, but tough people do." We all are going to get "sacked" a few times but the important thing is to get up off the turf to battle again.

3. "Be aware of 'yes' men. Generally, they are losers. Surround yourself with winners. Never

forget — people win." Leaders should encourage feedback from their subordinates. Nearly every successful leader has a story of when a subordinate pulled them aside to give them some constructive criticism.

2. When asked why he wasn't wearing his signature hound's tooth checkered hat at the Superdome for his frequent Sugar Bowl appearances, he responded "My Momma taught me not to wear a hat inside." The Air Force has very clear and understandable rules, regulations and technical orders. Follow them.

1. After being asked why no Alabama player (at the time) has ever won a Heisman Trophy, he responded, "At Alabama, our players don't win Heisman Trophies. Our teams win national championships." The Air Force refers to this as "Service before self."

Think about what influences your leadership. It is important to know this about yourself, as it forms one's beliefs, values, ethics and how you treat others.

Taking an inward look can help extend your outward influences with the goal of continually learning to be a better leader.

## POW/MIA ceremony honors fallen, lost

(Retire) Capt. Ralph Galati, retired Air Force pilot and former Hanoi Hilton prisoner of war, stands during the playing of tapes as Pfc. Kevin Graney salutes at the POW/MIA remembrance ceremony at Lakehurst's Hangar 1 Sept. 12. Galati was forced to eject over North Vietnam and was taken as a prisoner of war on Feb. 16, 1972. He recounted his experiences of being held captive for 406 days until his release on March 28, 1973. Attendees were invited to place roses in remembrance of the lost after the wreath presentation. (U.S. Air Force photo by Russ Messeroli/Released)



## COMMANDER'S ACTION LINE



Col. John Wood  
Commander, Joint Base  
McGuire-Dix-Lakehurst and  
87th Air Base Wing

The Joint Base Commander's Action Line is an integral part of the base feedback network. Base personnel are urged to use the proper chain of command first to address their concerns.

If you are not satisfied with the response from your chain of command, or you are unable to resolve the problem or concern, please call 754-3247 or e-mail 87abw.actionline@mcguire.af.mil.

Action lines may be made anonymously, however it is recommended you leave your name and number in case more information is needed to address your concern.

  
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# JB MDL gains new Navy chiefs

By Airman 1st Class Ryan Throneberry  
Joint Base McGuire-Dix-Lakehurst Public Affairs

Six chief petty officer selectees assumed their title as chief Sept. 14 during the chief pinning ceremony at the Lakehurst Fitness and Sports Center here.

"This was one of the best days of my life," said Chief Petty Officer Patrick McKay, 87th Security Force Squadron Lakehurst detachment chief master at arms. "I have been in the Navy for 11 years now and I have finally earned the rank of chief. I couldn't be happier to put on the uniform."

The ceremony started when the chief selectees marched to the front of the stage, singing "Anchors Aweigh." The participants stopped in formation after reaching the front to await their anchors. The selectees were pinned with a gold fouled anchor by family members or friends and their chief combination cover was placed on their head by a fellow chief. The gold fouled anchor, an anchor wrapped in a chain, represents the struggles and tribulations a senior leader will face.

"I intend to bring a new-found sense of dedication



to my job and my Sailors," said McKay. "As a chief, it is my duty to provide leadership to the enlisted force; a duty I am ready to fulfill."

The time-honored naval tradition of the chief's pinning dates back to 1893, when the chief petty officer pay grade was created. CPOs don the khaki uniforms of Navy leaders, only worn by officers and senior noncommissioned officers, acting as senior leadership to enlisted Sailors and also are subject-matter experts in their fields.

The newly-pinned Sailors were among thousands in the Navy who also joined what many consider to be one of the world's most exclusive communities.

Chief Petty Officer Patrick McKay, 87th Security Force Squadron Lakehurst detachment chief master at arms, gets piped aboard after being pinned with chief's gold fouled anchor Sept. 14 during the chief pinning ceremony at the Lakehurst Fitness and Sports Center here. The time-honored naval tradition of the chief's pinning dates back to 1893, when the chief petty officer pay grade was created. (U.S. Air Force photo by Russ Meseroll/Released)

## 87th SFS military working dog handler share 'tails' at reunion

By 2nd Lt. David J. Murphy  
Joint Base McGuire-Dix-Lakehurst Public Affairs

A Joint Base McGuire-Dix-Lakehurst military working dog handler spoke to and interacted with handlers from the 50's and 60's during the Bitburg Air Force Base military working dog handlers' reunion Sept. 8 at a Holiday Inn in Philadelphia's historic district.

Staff Sgt. Benjamin Eisenhart, a 87th Security Forces Squadron military working dog handler, was invited to speak to former Air Force military working dog handlers from Bitburg AFB at a Philadelphia Holiday Inn.

"The thing I've learned the most and what I've seen first-hand tonight, is that real K-9 handling at its core has not changed at all," said Eisenhart. "Handling is very simple. It's about the dogs, the methods and the way we train. Things might change, but in the end it's about the dogs."

Eisenhart also brought his military working dog, a German shepherd named Lucky, to demonstrate obedience techniques.

The Bitburghandler's primary mission involved guarding missile sites and aircraft during the Cold War; today's military working dogs are dual certified in both patrol and detection, said Eisenhart.

"One of the most surprising things I learned tonight was that in the past, the dogs were trained first and then assigned to an Airman who had no previous experience," said Eisenhart. "The handlers received training later as opposed to today where we are trained with the dogs."

The Bitburghandler said they were surprised to learn their modern-day counterparts switch dogs frequently due to mission requirements. Dog handlers in the past would only change dogs if their assigned dog was sick or had died, said event organizer Richard Reitz.

"I came out of this event with a real sense of K-9 brotherhood, just from a different generation," said Eisenhart. "I got a real feeling for comradeship and a real connection to members of the career field. I think it's really important to carry on their experiences through our career field because sentry dog handling is extinct and we don't have the same interaction with them today."

Jim Yarsevich, Ed York and Ray York began the Bitburg group in 2003 by first reaching out to the dog handlers they remembered working with from 1957 through 1968. They compiled a list of 120 former handlers using social networking and contacted 70. Their first reunion took place in 2004 at then Lackland AFB, now known as Joint Base San Antonio, home of the Military Working Dog Basic Handler Course and the Detector Dog Handler Course, said Yarsevich.

Previous year's reunion locations include Washington D.C., Tucson Ariz., and Nellis AFB. The group is next set to meet in Minnesota, said Reitz.

Go to [www.36thapk-9.8m.com](http://www.36thapk-9.8m.com) for more information about the group.



Staff Sgt. Benjamin Eisenhart, a 87th Security Forces Squadron military working dog handler, reviews an album of photos and documents compiled by Bitburg Air Force Base MWD handlers while former handlers, Tom Farrick (left) and Richard Novack (right), look on during a reunion Sept. 8 in Philadelphia. The Bitburg AFB MWD handler's reunion occurs every two years and the next one will take place in Minnesota. (U.S. Air Force photo by 2nd Lt. David J. Murphy/Released)

## 87th SFS implements new hotline to prevent crime

By 2nd Lt. Alexis McGee  
Joint Base McGuire-Dix-Lakehurst Public Affairs

Joint Base McGuire-Dix-Lakehurst security forces members are providing the joint-base community with another option to help prevent crime.

The 87th Security Forces Squadron recently introduced a crime prevention hotline, 754-COPS, through which community members can report concerns of suspicious activity.

"Our overarching-crime prevention program includes DARE, The National Citizens' Crime Prevention Campaign with McGruff the Crime Dog, military working dogs, selective enforcement and the neighborhood watch," said Tech. Sgt. Antone Baillie, 87th SFS NCO in charge of police services. "The hotline is the newest element we added to the program."

This program encourages service members, families and the entire JB MDL community to join law enforcement in crime-prevention efforts.

"The hotline is important because preventing crime is more than a single focus or effort," said Baillie. "Effective crime deterrence requires interaction among all base community members."

Concerned community members can call the hotline for issues such as bullying, suspicious activity, possession of weapons and use or sale of illegal drugs or threatening acts, but should continue to use 911 to report crimes in progress or other emergency situations.

"If people witness crimes like robberies or domestic abuse, they should always call 911," said Baillie. "People should use this new hotline if they are reluctant to become involved with security forces who have witness questionable behavior or want to report a crime and wish to remain

anonymous. If community members see someone in their neighborhood acting questionably or prowling, for instance, but the individual isn't necessarily committing a crime, the community member should call the hotline."

The service enables community members to voice concerns directly to law enforcement.

"This hotline provides an additional avenue for the community to share suspicions with law enforcement," said Baillie. "We are trying to use this program to get residents involved. Our squadron only has a certain number of cops and we can't be everywhere; the more the community is involved, the better."

Calls made to the hotline are confidential which can provide a sense of comfort to some community members when they are reporting suspicious behavior.

"We are aware people may call in anonymously, but the more information we have, the better," said Staff Sgt. Ashley Taylor, 87th SFS confinement NCO. "People are often hesitant to call 911. This hotline gives them the opportunity to voice their concerns before a crime is committed or a situation escalates."

The 87th SFS also recommends community members take it upon themselves to be smart in crime prevention.

"We recommend the joint base community lock their car doors and secure their windows," said Baillie. "People should also lock anything of value including sheds, garages and their homes prior to leaving the premises."



### The time has come to get Healthy!

The Health and Wellness Center offers numerous weight-loss and healthy-eating classes to get you in the best shape of your life. Call 754-2462 for more information.

[www.jointbasemdl.af.mil](http://www.jointbasemdl.af.mil)

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49 Jacobstown/Ameytown Rd., Wrightstown, NJ 08562  
Tel: 609-758-8007/Website [www.jbccchurch.org](http://www.jbccchurch.org)

JBC Meeting Schedule	
<b>Sunday</b>	
Worship	10:00 AM
Sunday School	9:00 AM
Youth Groups	5:30 PM
<b>Wednesday</b>	
AWANA	7:00 PM
Prayer Meeting	7:00 PM

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# Army Reserve, U.S. Tennis Association partner to benefit soldiers, families

By Staff Sgt. Shawn Morris  
99th Regional Support Command

FLUSHING, N.Y. – Arthur Ashe is best known for his performance on the court as a once top-ranked tennis player in the world and off the court as a civil-rights activist, but few realize he served his country as a Reserve Officer Training Corps graduate and Army lieutenant in the 1960s.

Representatives from the US Tennis Association and military leaders from all branches of service discussed current and future support for Ashe's comrades-in-arms during this year's US Open, at the stadium that bears his name.

Maj. Gen. Glenn J. Lesniak, U.S. Army Reserve Command, deputy commanding general for support, met with U.S. Tennis Association leadership Sept. 5 to share ideas for the future partnership between the Army Reserve and USTA.

"It's a great opportunity for both the USTA and the Army Reserve to have a collaboration around this sport," Lesniak said. "It's a win-win: generating interest in tennis while helping out our military families using this venue."

Lesniak and Tim Richardson, USTA military outreach consultant, discussed various ideas on

how to best support Army Reserve Soldiers and family members through opportunities related to tennis. The pair shared a common vision on how to best achieve their goals though no formal agreements were reached.

"We want to provide a supportive network of caring individuals for the reservist and his or her family; to provide the emotional support and family togetherness opportunities; and to remove barriers to playing the lifelong sport of tennis," explained Richardson. "We're looking to understand the wants and needs of reservists and their family members – it's about what works for the Army Reserve and we're still learning that."

"There are a couple benefits here," Lesniak explained. "On the family side, getting military youth involved in tennis at a younger age where they may have otherwise not been exposed to the game, allow the children to go out there and learn to play the game the right way."

"On the soldier side," he continued, "I think it's a great opportunity to get families together in a healthy activity like a local tennis club, so they have more time together with their families and their battle buddies."

The USTA can offer benefits to Army Reserve

soldiers and families including: more than 1,500 community tennis networks across the country that can help engage and integrate soldiers and their families; free recreational coaches' workshops for installations; free 10-and-under memberships for military children; gifts and grants for improvements to military tennis facilities; and USTA tennis professionals and volunteers who can provide tennis therapy clinics and camps for wounded soldiers.

The USTA's military Outreach Program's primary line of effort has been helping wounded warriors. The organization hosted Wounded Warrior tennis programs in 2011 at six locations nationwide that impacted nearly 1,000 service members.

A dozen wounded warriors were honored during this year's US Open, as part of Military Appreciation Day Aug. 3. Army Spec. Ryan McIntosh, is one of those honored heroes. He served as a ball person during the tournament despite losing his right leg in Afghanistan.

"Linking up the USTA with our Employer Partnership Initiative, now known as the Hero 2 Hired program, provides an opportunity to have a viable partnership, whether it's full-time or part-time jobs in the future, similar to what we saw today with

Ryan," Lesniak said.

"The other good link-up would be with our family programs, because that gives us access to families through the Yellow Ribbon Reintegration Program, through local units' family programs and through installations because they have morale and welfare activities and may have tennis courts we can use to foster this interest," he added.

The USTA has several years of history supporting the military as a whole though it is just beginning its formal relationship with the Army Reserve. The USTA offered a wide range of support to the military in 2011 to include hosting 13 predeployment Yellow Ribbon tennis carnivals in six states that impacted approximately 10,000 service members and families; donating 300 tennis-equipment kits to deployed service members; adopting more than 100 deployed units and providing them with care packages; and hosting five military appreciation events during the Emirates Airline US Open Series.

"We want to figure out how best to support each command," explained Richardson. "The goal is to meet with the right people in each command and listen to them."

## U.S. Army Corps of Engineers' New York District changes command

By Chris Gardner  
U.S. Army Corps of Engineers  
New York District

NEW YORK – Col. Paul Owen, a native of St. Louis, took command of the U.S. Army Corps of Engineers, New York District Sept. 14 in a ceremony in lower Manhattan. The New York District is responsible for multiple missions throughout the tri-state area.

Owen will oversee a multi-billion-dollar civil works and regulatory missions – including the Hudson River watershed, the New York and New Jersey Harbor (including a long-term, billion-dollar, deepening project for its navigable channels), as well as Long Island and parts of northern New Jersey.

Owen will also lead the Army Corps of Engineers' military construction mission in New York, New Jersey and Greenland, which includes installations like Fort Drum, Fort Hamilton, Joint-Base McGuire-Dix-Lakehurst, Thule Air Base in Greenland and his alma mater – the U.S. Military

Academy at West Point.

Owen's service has taken him to Germany, Afghanistan, California, Missouri and twice to Iraq since graduating from West Point in 1990. He also served as the deputy district engineer for the Corps of Engineers Chicago District and participated in Hurricane Katrina recovery efforts as the Louisiana Recovery Field Office operations officer.

He comes to the New York District after serving at the U.S. Army War College as a Secretary of Defense corporate fellow with duties at Cisco Systems in San Jose, Calif.

The New York District is responsible for the Corps of Engineers' water resource development, navigation and regulatory activities in northeastern New Jersey, eastern and southern New York State, including the New York Harbor and Long Island, and parts of Vermont, Massachusetts and Connecticut. The District is also responsible for design and construction at Army and Air Force installations in New Jersey, New York and overseas in Greenland.

## Dental squadron makes smiles in-house

Tech. Sgt. Dalia Morales, 87th Dental Squadron dental lab assistant noncommissioned officer in charge, prepares a cast for a set of chairside economical restoration esthetic ceramic veneers Sept. 7 at the 87th DS clinic. CEREC, the latest technology in dentistry, permits dentists and dental lab technicians to produce time saving restorations in one day versus three weeks. Morales hails from San Antonio. (U.S. Air Force photo by Carlos Cintron/Released)



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# Bolton assumes command of NJANG

By Master Sgt. Mark C. Oleen  
108th Wing Public Affairs

Col. Robert C. Bolton assumed command of the New Jersey Air National Guard at the Joint Training and Training Development Center here, Sept. 15.

"What I ask of all of you, is to do your current mission well, but keep an open mind," said Bolton. "Continue what you've done for years: safely and effectively perform your mission with outstanding professionalism."

Bolton will command the state's Air Guard, which comprises more than 2,000 Airmen and includes the 108th Wing at Joint Base McGuire-Dix-Lakehurst and the 177th Fighter Wing in Egg Harbor Township, N.J.

The new commander has a firm grasp of what his new duties will be: to provide mission-ready citizen-Airmen, aircraft and equipment to both federal and state leadership in support of taskings across all spectrums.

"My job will be to ensure the wings' have what they need to meet that mission and to ensure we can provide whatever support is requested of us by both the federal and state governments," said Bolton.

Bolton assumed command of the NJANG from Maj. Gen. Maria A. Falca-Dodson, the first female major general in the NJANG and the first woman to hold the position of assistant adjutant general for the air component, which she had held since 2004.

"The future is bright for the New Jersey Air

National Guard and I am truly honored and blessed to have this position," Bolton said. "I look forward with excitement to the challenges ahead."

Bolton began his military career when he received engineering scholarship with the Air Force Reserve Officer Training Corps at the University of Massachusetts, Amherst. He was commissioned in May 1983 and began undergraduate pilot training in July 1983 at Laughlin Air Force Base, Texas.

After completing pilot training as a distinguished graduate, Bolton spent the next six years flying as both an F-15 Eagle pilot and instructor pilot flying OV-10 Broncos.

Bolton joined the 177th Fighter Wing, New Jersey Air National Guard in 1990 as an F-16 Fighting Falcon instructor pilot. He served as the Chief of

Training, Weapons, and Scheduling as well.

He served in a variety of command positions in the ensuing years and when the events of Sept. 11, 2001, unfolded, Bolton stepped in as the unit's Alert Operations and Scheduling officer and flew on many of the Combat Air Patrol missions.

Bolton served as the wing's alert detachment commander from 2003 through 2006. He deployed in support of Operation Iraqi Freedom as the unit's assistant operations officer in 2006. He was appointed as the operations group commander in 2007 and in 2009 he was selected as the 177th Fighter Wing commander. Bolton became the deputy commander of the New Jersey Air National Guard in March 2012.

# Westphal: leader development essential to Army of 2020

By Melissa Bower  
Fort Leavenworth Public Affairs

FORT LEAVENWORTH, Kan. — By the time the students in today's Command and General Staff College Intermediate Level Education class are leading the Army, the Army of 2020 will already be here, said Joseph Westphal, under secretary of the Army Sept. 7.

Westphal visited Intermediate Level Education students to discuss the future of the force, the importance of leadership development and continuing excellence in the face of potential budget cuts.

"The Army of 2020 is the Army we have, they need to think way beyond 2020 for the future force," Westphal said of military officers.

The Army should also be considering possible future roles in space, said Westphal.

"What role will the Army be?" Westphal asked. "What role will the Army play in space assets? Will that continue to be an Air Force function? As we think of the world becoming smaller, how is the Army going to be an Army of the future and how are we transforming into that Army?"

Westphal said the Army needs to be ahead of the curve in terms of information technology.

"Much of our equipment, our tactical side, will define the Army of 2020," he said. "Will it define the Army of



Under Secretary of the Army Joseph W. Westphal addresses students at the Command and General Staff College about their critical role in the Army of 2020 and the importance of leader development, Sept. 7 at Fort Leavenworth, Kan. (U.S. Army photo by Staff Sgt. Bernardo Fuller/Released)

2020? Probably not."

He was encouraged by the diversity among the modern officer corps, the

high level of participation of international and sister services at Command and General Staff College and also the

quality of leader development taking place within the Combined Arms Center, said Westphal. All of these will be

necessary in facing future crises.

The budget outlook is bleak, even if the sequestration cuts imposed by the Budget Control Act do not take effect.

If sequestration takes effect, it would require across the board cuts of billions of dollars over the next nine years in addition to those that the Department of Defense is already making, said Westphal.

Westphal said if sequestration takes effect, it could have a very negative impact on the way the modern force defends the United States.

"It means across-the-board cuts," he said. "Everyone is affected. Budget planners won't be able to choose which departments."

Westphal said the cuts could either happen now or Congress could decide to extend the budget process a few months.

"They're both really bad choices," he said. "Doing it right away is bad, doing it three months from now is worse."

Budget challenges, but also thinking beyond those to the future Army, will require leaders who are flexible and creative, Westphal said.

"We absolutely have to have the capacity to move our Army in different directions, to expand our capabilities and that can only be done by having a high level of leader development in our force," Westphal said.



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# Joint Base Intramural Sports Standings

**Intramural Wallyball JB McGuire-Dix**

Team	Win	Loss	PCT
373rd TRS	8	0	1.000
314th RCS	5	3	0.625
305th MXS	2	4	0.333
AMCTES	2	4	0.333
305th APS	1	5	0.167
605th AMXS	0	2	0.000

PCT = Winning Percentage

**Game Schedule**

Week 7

Sept. 24 4 p.m. 305th MXS vs. AMCTES  
5 p.m. 314th RCS vs. 373rd TRS

Sept. 26 4 p.m. 314th RCS vs. 305th MXS  
5 p.m. 373rd TRS vs. 305th APS

All games are played at McGuire Fitness and Sports Center racquetball courts

**Intramural Flag Football JB McGuire-Dix**

Team	Win	Loss	PCT
1st TB	4	0	1.000
305th MXS Cobras	3	0	1.000
Wildcats	3	0	1.000
87th FSS/ 87th CS	2	0	1.000
87th CES	2	0	1.000
6th AS	2	0	1.000
108th WG	2	1	0.667
305th MXS PMEL	2	1	0.667
305th APS	1	1	0.500
87th SFS	1	1	0.500
305th OSS	1	1	0.500
621st CRW	2	2	0.500
605th AMXS	1	1	0.500
EC	1	1	0.500
87th LRS	1	2	0.333
87th ABW/87th CPTS	1	2	0.333
VR-64	1	3	0.250

NCOA	0	2	0.000
305th AMXS	0	3	0.000
MAG 49	0	3	0.000
87th MDG	0	3	0.000
174th INF BDE	0	3	0.000

PCT = Winning Percentage

**Game Schedule**

Week 3

Sept. 24

5:30 p.m. #1 87th ABW/87th CPTS vs. 87th CES  
#2 Wildcats vs. 605th AMXS

6:30 p.m. #1 87th LRS vs. 174th INF BDE  
#2 MAG49 vs. 305th APS

7:30 p.m. #1 621st CRW vs. 305th OSS  
#2 NCOA vs. 87th MDG

Sept. 25

5:30 p.m. #1 87th ABW/87th CPTS vs. 87th MDG  
#2 305th MXS Cobras vs. 108th WG

6:30 p.m. #1 MAG 49 vs. 305th MXS Cobras  
#2 87th FSS/ 87th CS vs. VR-64

7:30 p.m. #1 EC vs. 305th MXS PMEL  
#2 305th AMXS vs. NCOA

Sept. 26

5:30 p.m. #1 621st CRW vs. 305th AMXS  
#2 108th WG vs. 87th LRS

6:30 p.m. #1 305th OSS vs. 87th MDG  
#2 305th APS vs. 87th FSS/ 87th CS

7:30 p.m. #1 1st TB vs. 87th SFS  
#2 174th INF BDE vs. NCOA

Sept. 27

5:30 p.m. #1 VR-64 vs. 174th INF BDE  
#2 305th MXS Cobras vs. 6th AS

6:30 p.m. #1 87th SFS vs. 605th AMXS  
#2 87th ABW/87th CPTS vs. EC

7:30 p.m. #1 87th LRS vs. Wildcats  
#2 1st TB vs. 87th CES

All games are played on either Griffith FH #1 or FH #2 field

**Lakehurst Flag Football**

Team	Win	Loss	PCT
AUTOBOTS	0	0	0.000
The Decepticons	0	0	0.000
Thunder Chickens	0	0	0.000
Titans	0	0	0.000
Unarmed Forces	0	0	0.000

PCT = Winning Percentage

**Game Schedule**

Week 2

Sept. 24 Thunder Chickens vs. Unarmed Forces  
Sept. 25 The Decepticons vs. Titans  
Sept. 26 Unarmed Forces vs. Thunder Chickens  
Sept. 27 AUTOBOTS vs. Titans

All games played 11:30 a.m. at Lakehurst Sports Complex Football Field

**Lakehurst Intramural Soccer**

Team	Win	Loss	Points
Cosmos	0	0	0
Gunners	0	0	0
Mavericks	0	0	0
Unarmed Forces	0	0	0

**Game Schedule**

Week 2

Sept. 25 11:30 a.m. Unarmed Forces vs. Gunners  
12:05 p.m. Mavericks vs. Cosmos

Sept. 26 MAKE UP DAY

Sept. 27 11:30 a.m. Mavericks vs. Unarmed Forces  
12:05 p.m. Gunners vs. Cosmos

All games played at Lakehurst Credit Union Annex Field  
Current as of Sept. 17

## Master fitness trainers make comeback

By David Vergun  
Army News Service

WASHINGTON — The Army's Master Fitness Training Course, discontinued in 2001, is back. The pilot class for the new MFTC, which began Aug. 27 at Fort Jackson, S.C., graduated Sept. 10.

The MFTC rebirth was announced at the same time U.S. Army Training and Doctrine Command decided to retain the three-event Army Physical Fitness Test, although Training Circular 3-22.20, published August 2010 remains the physical readiness training program for the U.S. Army.

"The objective of the MFTC is to target NCOs (E-6 to E-7) and junior officers (O-1 to O-3) and teach them the fundamentals of exercise and nutrition science, using TC 3-22.20, physical readiness training, as the foundation," said Capt. Donald Maye, Physical Readiness Division operations officer, Fort Jackson. "When they return to their units,

they will have the skills and expertise to tailor a comprehensive physical readiness training plan for their unit."

The master fitness trainers will return to their units upon graduation to provide fitness mentoring, in consultation with their commanders, according to Maye.

Maye explained how fitness programs should be customized for each commander's mission requirements.

The MFTC instruction — taught by subject-matter experts with backgrounds in exercise science and physical therapy — is broad and flexible enough to accommodate the specific requirements of the unit mission to which they are assigned," he said. "A program for engineers who do a lot of heavy lifting, for example, might be different from one at a medical treatment facility."

Maye said the eventual goal of the MFTs will

be to collaborate regularly with medical personnel, physical therapists, nutrition experts and even those involved with comprehensive soldier fitness and family in addition to consulting with their commanders.

"The goal of the program is not to train Soldiers to improve their physical fitness test scores," he emphasized. "It is to train to doctrine (TC 3-22.20), which itself is based on exercise science principles."

He added that improved PT scores and injury rate reduction would be byproducts of a fitness plan based on the doctrinal principles found in TC 3-22.20.

The ones who will see the most improvement are those at the lowest levels of fitness although all Soldiers are expected to benefit from the MFT once they arrive at their units.

"Our goal is to provide leaders the tools to safely and effectively train Soldiers," he said, "The

program advances at a slow enough pace to prevent injuries due to overtraining or progressing too quickly to allow the body to recover and rebuild. Soldiers with injuries will benefit from MFT-supervised fitness and reconditioning programs."

Maye said the MFTC is progressing "exceptionally well" and the trainees are providing constructive feedback for further improvements of the course. Each trainee will retain his or her primary military occupational specialty and will receive the Army skill identifier as MFT-certified upon graduation from this course. He said the goal is to eventually provide one MFT per company level command.

TRADOC is also working on changing the designation of TC 3-22.20 to Field Manual 7-22.

"We hope to make the change as early as next month," he said "The change will not affect any of the content."

## Eagles player reaches out to wounded warriors

First Lt. Dustin Gaworski (right), commander Warrior Transition Unit here, explains his unit's mission during an on-camera interview with Philadelphia Eagles wide receiver DeSean Jackson at the WTU Sept. 11. The WTU provides personal support to wounded Soldiers who require at least six months of rehabilitative care and complex medical management. Jackson visited the installation to announce a donation to the Wounded Warrior Project, a nonprofit organization which provides programs and services to injured service members. Jackson said he learned the importance of taking care of wounded service members by interacting with his father's cousin, a Philadelphia resident and Vietnam veteran who earned two Purple Hearts and two Bronze Stars. (U.S. Air Force photo/Shawn J. Jones)



## AFPC officials automate ADSC process

By Tech. Sgt. Steve Grever  
Air Force Personnel Center Public Affairs

JOINT BASE SAN ANTONIO-RANDOLPH, Texas — Air Force Personnel Center officials at Joint Base San Antonio-Randolph are developing new procedures for leveraging information technology to automatically transfer completed active duty service commitment acknowledgement statements into the automated records management system.

The current ADSC processing method includes a few manual steps to get completed ADSC acknowledgement statements from the Total Force Service Center-San Antonio into ARMS. ARMS is designed to consolidate military-personnel-records processing to improve efficiency; reduce manpower and costs; and improve customer service.

"ADSCs ensure the Air Force and taxpayers receive

an appropriate return for their investment of money and time in training, education and bonuses for Airmen," said Lt. Col. Jenise Carroll, AFPC's Total Force Service Center-San Antonio operations division chief. "ADSCs also communicate to Airmen the periods of obligated service they must complete before becoming eligible to separate or retire from active duty."

Automated ADSC notifications inform Airmen about professional military education opportunities, advanced pilot and navigator training, technical training, officer and enlisted promotions; and permanent change of military stations. The ADSC process goes hand-in-hand with other personnel actions like authenticating PCS orders.

"Since rolling out the program last year, we've leveraged our information technology resources to link the ADSC process with the PCS orders authentication process," said Carroll. "AFPC is the approval authority

for both processes, so it allowed us to have a checks and balances for PCS orders along with completed ADSC acknowledgement statements."

Centralizing both processes at AFPC paid big dividends for the Air Force and Airmen because service members work directly with the TPSC-SA instead of their base's military-personnel sections to submit their completed ADSCs.

"Members can complete their ADSC statements right from their desk," said Airman 1st Class Princeton Blanchard, TPSC-SA sustainment apprentice. "Members receive an automated email notifying them about their requirement to complete an ADSC statement. They complete the document, sign it and send it back to AFPC. Since we started this new process, we no longer have a backlog of uncompleted ADSCs."

Col. James Davis, TPSC-SA director, said centralizing additional personnel programs will create more

long-term efficiencies and streamlined processes.

"We continue to centralize personnel programs at AFPC to ensure all our processes adhere to a single, rigorous training and execution standard," said Davis. "Moving work from the field allows us to leverage a modern, multi-functional case management system to ensure transactions are continuously monitored and checked against metrics that are, in every case, stricter than when the processes were previously accomplished at base level."

"Lastly, our robust system allows the TPSC to provide extensive and instantaneous feedback to our customers in the field on the status of their personnel processes and requests through the myPers site or direct interaction with the TPSC," he added.

Visit the myPers website at <http://mypers.af.mil> for general information about personnel services and programs.

# ASA-Dix dazzles civic leaders

By Pascual Flores  
Joint Base McGuire-Dix-Lakehurst  
Public Affairs

Military leadership from Army Support Activity-Dix hosted an open house for local elected officials, mission partners and stakeholders at the U.S. Army Reserve Mobilization Museum Sept. 13 here.

"Today, we are highlighting the Army's enduring relevance to our nation's defense on the only tri-service installation in the Department of Defense - Joint Base McGuire-Dix-Lakehurst," said Col. Jeffery Doll, ASA-Dix commander, during the event's opening remarks. "While today's focus is on the Army's role, today's event is a true joint-force effort."

Guests and visitors to the open house were provided the opportunity to familiarize themselves with static displays in the vicinity of the museum as well as the extensive collection of uniforms and weapons from the Army's past and recent history.

Participants were also given the chance to participate in a mine resistant ambush protected vehicle ride, utilize the laser marksmanship training system and observe a modern Army combat program demonstration.

The mission of ASA-Dix is to provide support for the mobilization platform for service members from the Army National Guard, Army Reserve, Air Force and Navy units. ASA-Dix also operates as a regional collective training center and mission command training center for the reserve components.

"This is a true vivid depiction of operational jointness at the local level," said Doll. "It highlights how we, as a joint force community have come together to meet our nation's call of service."

Participants to the open house included local and national political representatives, members of the Burlington Military Affairs Committee, Employer Support of the Guard and Reserve and mission partners from throughout JB MDL.

"This open house was made possible through the combined efforts of the Army, ANG, Army Reserve, Air Force and Navy units along with a dedicated and professional civilian work force from all the mentioned Military services," said Doll.



Trevor Langdon, Eagle Support Advanced Combat, adjusts Lt. Col. Jodi Zucco's helmet for a better fit at the ASA open house Sept. 13 at the U.S. Army Reserve Mobilization Museum. Zucco, Army Support Activity-Dix staff judge advocate, was donning personal protective equipment in preparation for the ASA-Dix Open House obstacle course. The course was designed to meld physical fitness and fun. Various static military displays, demos and hands-on weapons firing were afforded to the community. (U.S. Air Force photo by Russ Meseroll/Released)

# ATSO Alley

By Tim Lakin  
Readiness and Emergency Management  
Office

The 'ask Joe ATSO' question of the week from - Staff Sgt. Jordan Stipcak of 87th Civil Engineer Squadron:

"Joe, what do I do if I need to take a drink while in MOPP 4?"

Maintaining proper hydration helps offset the effects of thermal build-up dehydration. A serviceable M50 water canteen cap has to be installed on the canteen to drink through the M50 mask. The drinker, using the buddy system, will maintain a proper mask seal and the 'buddy' will help perform the following steps to have his or her wingman safely drink from the canteen while in MOPP 4. Individuals should:

1. decontaminate the M50 canteen, canteen cap and drinking tube coupler with either a M291 or M295 skin decontaminating kit.
2. open the retaining strap on the water canteen cap.
3. push the drink coupler into the canteen cap so the coupler snaps into the groove and creates a seal.
4. turn the drink tube lever on the front module assembly upward until it stops and is fully open. The drinker should grasp the internal drink tube between his or her lips.
5. blow to create positive pressure. Some resistance should be felt.
6. raise and invert the canteen to drink the water.



JOE ATSO

## HMH-772 changes command



Lt. Col. Peter C. McConnell, outgoing Heavy Marine Helicopter 772 commander passes the guidon to incoming Commander Lt. Col. Robert S. Muckenthaler during the unit's change of command ceremony which was held Sept. 8 at the Marine Aircraft Group 49 hangar here. (U.S. Air Force photo by 2nd Lt. David J. Murphy/Released)



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**WILLINGBORO, NJ** Vacant office space. 1500+ sq. ft. 5 rooms. 1 storage area 144 sq. ft. Formerly Smith Christian's office. Avail for any kind of office. Heating. For showing 609-252-1516 or call 315-89-1096.

**Real Estate Rentals**

**Homes For Rent**  
**LUMBERTON, NJ** 2 bedrooms, 1 bath, Sunroom. Very Private Located on Farm, air conditioning, office, basement, set in kitchen, living room, wall to wall carpet, washer and dryer, \$1,400.00 monthly, 1 1/2 months Security Deposit, plus utilities, non-smoking, dog welcome with \$500 security deposit. Two sheds, garden, very private location. 1609267-2436. Creekwater Farms, 609-268-Jano.com

**Office Rentals**

**Brand New Luxury Rentals For Our Service Members**

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# NEWSNOTES

## NCO Academy ASA-Dix 5K and One-mile Trail Race

The NCO Academy ASA-Dix is scheduled to host a 5K and one-mile trail race Oct. 6. The one-mile race is scheduled to begin at 8:20 a.m. and the 5K is scheduled to begin at 8:30 a.m. Oct. 6. The race location is outside the Route 68 gate leading into ASA-Dix and is open to all participants. Call (910) 723-3412 for more information.

## Navy Ball

The Navy Ball is set for 6 p.m. Oct. 12 at the Caesar's Hotel and Casino, Atlantic City, N.J. Cocktails are set to begin at 5:30 p.m. followed by dinner at 6:30 p.m. Call (732) 323-1257 or 754-8305 for more information.

## Installation Volunteer Orientation

The Warfighter Family Readiness Center is set to host an Installation Volunteer Orientation 10 to 11 a.m. Oct. 15 at Bldg. 3011. The orientation is mandatory for all volunteers on the installation. Call 754-3154 for more information. Pre-registration is required.

## Gold Star Mom Ruck March

The Gold Star Mom Ruck March is scheduled for October 20. More details will follow as they are finalized.

## Air Force Tops in Blue "Best of the Best"

The 87th Force Support Squadron is set to host the Air Force Tops in Blue "Best of the Best" from 7 to 8:30 p.m. Oct. 25 at Bldg. 5411. Doors open at 6:30 p.m. The event is free to all JB MDL DOD ID card holders and seating is first come first serve. Call 754-2830 or visit [www.gomdl.com](http://www.gomdl.com) for more information.

## International Spouses' Group

The Warfighter Family Readiness Center is set to host an International Spouses' Group from 11:45 a.m. to 2 p.m. Oct. 26 at Bldg. 5201. Celebrate the changing of the seasons with a pot luck lunch! Call 562-2767 for more information. Pre-registration is required.

## Transition Assistance Program

The Warfighter Family Readiness Center is set to host a four-day Transition Assistance Program seminar from 8:30 a.m. to 4:30 p.m. Oct. 30 through Nov. 2 at Bldg. 3011. Call 754-3154 for more information. Pre-registration is required.

## Inaugural Freaky 5K Costume Run

The 87th Force Support Squadron is set to host its 1st Inaugural Freaky 5K Costume Run at 3:30 p.m. Oct. 31 at Infantry Park, east of Griffith Field House. Registration begins at 3 p.m. Prizes for best costumes and top three male and female runners will be awarded. Call 562-2769/2707 for more information.

## Trick or Treat Hours

On-base Halloween Trick or Treating is scheduled from 6 to 8 p.m. Oct. 31. Service members from 87th Security Forces Squadron and Pumpkin Patrol volunteers will conduct foot patrols throughout the housing area to provide for a safe and secure operating environment for the JB MDL community.

## Driver Improvement Class

The 87th Air Base Wing Safety Office in coordination with the American Association of Retired People is set to host a Driver Improvement Class from 8:30 a.m. to 3 p.m. at the Timmemann Center. The classes are scheduled for Nov. 5, 8, 13, 14, 15, 27, 28 and 29. The class sizes are limited to 25 participants per day and are free to Department of Defense ID card holders. Call 754-7233 or (732) 323-2525 for more information or to register.

## Heartlink for New Military Spouses

The Warfighter Family Readiness Center is set to host Heartlink for New Military Spouses an interactive session to introduce new spouses to military culture from 9 a.m. to 2 p.m. Nov. 8 at Bldg. 3811. Call 754-3154 for more information. Pre-registration is required.

## Annual Christmas Tree Lighting and Holiday Card Contest

The 87th Force Support Squadron is set to host the Annual Christmas Tree Lighting and Holiday Card Contest at 5 p.m. Dec. 4 at Bldg. 5417 on Dix. The ceremony will include: tree lighting, holiday carols, a visit from Santa, holiday snacks and recognition of holiday cards submissions and award presentation to contest winners. Call 754-1484/2830 for more information.

## The Lakehurst Tree Lighting Ceremony

The Lakehurst Tree Lighting Ceremony is scheduled for 4 p.m. Dec. 5 in front of the Joint Base Headquarters, Bldg. 150. Pre-lighting music will be provided by the Lakewood Baptist Church Choir. Santa will arrive on a fire engine at approximately 4:20 p.m. to greet children and take photos. Hot chocolate and cookies will be available. Call (732) 323-2405 for more information. (The rain date is scheduled for Dec. 7.)

## JB MDL Thrift Shops

### McGuire

The McGuire Officers' Spouses' Club Thrift Shop is open from 10 a.m. to 2 p.m. Wednesdays through Fridays and the first Saturday of each month. The shop accepts gently used donations. The MOSC Thrift Shop accepts consignments from 10 a.m. to noon Wednesdays through Fridays. Proceeds benefit JB MDL, local, and national organizations. Volunteers are welcome. The MOSC Thrift Shop is located at 3446 Broidy Road. Call 754-2368 for more information.

### Dix

Regular Thrift Shop Hours are Tuesdays and Thursdays from 10 a.m. to 2 p.m.; the first and third Saturdays of the month from 10 a.m. to 2 p.m.; and the first Wednesday of each month from 3 to 7 p.m. Consignments are accepted from 10 a.m. to 12:30 p.m. Tuesdays and Thursdays. Donations can be dropped off during business hours or placed in the shed after hours.

The shop is looking for volunteers. High school students can accumulate community service hours by volunteering. Proceeds help fund scholarships sponsored by the Dix Spouses' and Civilians' Club. Email [forddixthrift@gmail.com](mailto:forddixthrift@gmail.com) for details or suggestions on how the shop can better serve the JB MDL community. The Dix Thrift Shop is located next to the museum on Pennsylvania Ave.

### Lakehurst

The Navy Marine Corps Relief Society Thrift Store is open every Tuesday, Wednesday and Saturday 9 a.m. to noon and Thursday 1 to 5 p.m. in Bldg. 158. The sales income received from thrift shops is returned to the Sailors, Marines and their families in the form of emergency financial relief services. Donations after hours may be placed in the donation locker located by the front door. Opportunities are available for volunteers to sort merchandise, arrange displays and work as cashiers. Call (732) 323-2362 or visit for more information.

## 87 LRS Customer Service and Equipment Accountability Service

Individuals with inquiries regarding supply customer service, stock control and overpricing program assistance should call 754-3306. Walk-in hours are 9 a.m. to 3 p.m. Monday through Friday at Bldg. 1757, Room 166. Call 754-5154/4454 for supply parts issue requests/aircraft parts store requests. Call 754-2678/4010 for the equipment accountability office and custodian's assistance. Visit [www.drms.dla.mil](http://www.drms.dla.mil) for DRMO procedures.

## Motorcycle Course Registration

JB MDL motorcycle course registration is now open. Register at [militarysafepmv.com](http://militarysafepmv.com). A participant's status in a class is not confirmed until he or she receives a confirmation email. Call 562-3082 for more information.

## Neighborhood Community Watch Meetings

The joint base community is set to hold a meeting for the neighborhood community watch program from 7 to 8 p.m. every second Tuesday of the month in Falcon Courts North. The meeting is intended to inform community members on how they can help protect the community by taking part in neighborhood watches and patrols. Call 723-6563 for more information.

## The Attic

The Attic is open Mondays, Wednesdays and Fridays from 10 a.m. to 2 p.m. as well as Tuesdays and Thursdays from 5 to 8 p.m. Donations are accepted during normal hours of operation. The Attic staff asks no one leave donations outside of the building. Call 754-8703 for more information.

## Voter Registration

The Human Resources-Military Office is offering voter registration assistance to joint base community members. The voting office will provide on-the-spot automated registration and absentee ballot request forms for all who require it. The office is located in the customer service section at 5418 Delaware Ave. Call 562-2746 for more information.

## Firehouse Movie Night

A movie night is scheduled for 8 p.m. every second Friday of the month at The Airmen's Firehouse. This event is open to all E-1s through E-4s. Free popcorn and beverages will be available. Call 754-2233 for more information.

## Joint Base McGuire-Dix-Lakehurst Chapels

### Chapel Locations

- McGuire Chapel – 2503 East Arnold Avenue
- North Chapel – 3827 School House Road
- Dix Chapel – 5240 New Jersey Avenue
- Soldier's Chapel – 5950 Church Street
- Cathedral of the Air – 264 Hope Chapel Road, Lakehurst N.J. 08527

### Worship Hours

#### Catholic

Monday through Thursday – 11:35 a.m. McGuire Chapel  
 Saturday – 5 p.m. McGuire Chapel  
 Sunday – 10:30 a.m. Dix Chapel

#### Protestant

Sunday – 9 a.m. Traditional - Dix Chapel  
 Sunday – 9:45 a.m. Contemporary - North Chapel  
 Sunday – 11 a.m. Liturgical - Cathedral of the Air  
 Sunday – 11:30 a.m. Gospel - McGuire Chapel

#### Army Support Activity

Sunday – 7:30 a.m. LDS - Dix Chapel  
 Sunday – 7:30 a.m. Catholic - Dix Chapel  
 Sunday – 7:30 a.m. Protestant - Soldier's Chapel

For programs, faith groups, or special language needs not listed, please contact the Chapel at 609-754-4673.

### Contacting A Chaplain

#### When should I call a Chaplain?

Chaplains are available for spiritual, relationship and grief counseling. They provide worship services, baptisms, weddings and memorials.

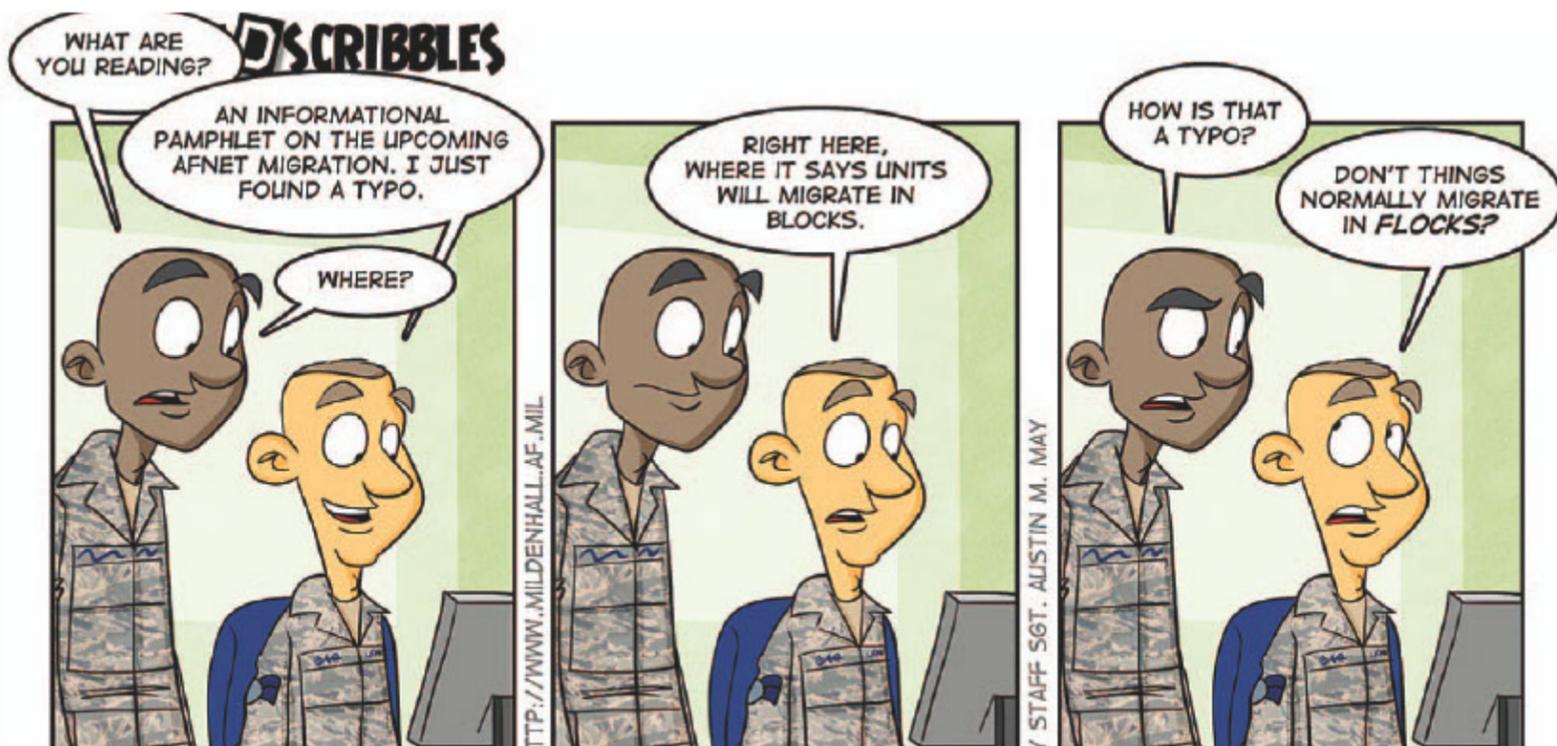
Your conversation with a chaplain can not be disclosed without your permission. No exceptions.

To speak with a Chaplain during duty hours (Monday through Friday 7:30 a.m. – 4:30 p.m.), call 609-754-HOPE (4673).

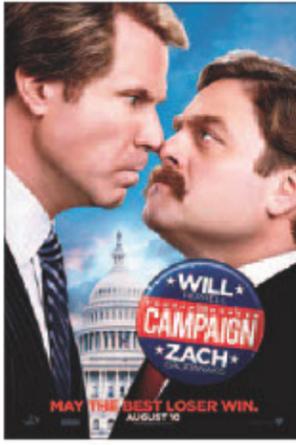
For assistance after duty hours call the command post at 609-754-3935 or 3936.



## Glorifying God, Serving Warfighters, Pursuing Excellence for the Joint Base



**JB MDL Base Theater Movie Schedule**



**Tonight:**  
The Campaign  
(PG-13) 7 p.m.



**Saturday:**  
The Bourne Legacy  
(PG-13) 7 p.m.

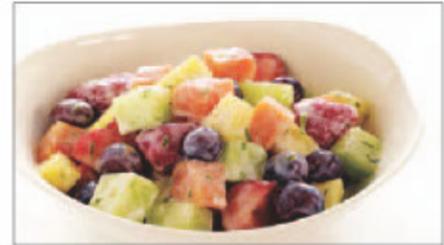
**Sunday:**  
No showing

**Recipe Roundtable**

Got a favorite recipe that's a time-saving miracle, a gourmet masterpiece or just really yummy? E-mail the recipe and a photo to the Air, Land & Sea Times staff at 87.abw.pa@us.af.mil to share it with the joint base community. Be sure to include "Recipe Roundtable" in the subject line. Recipes found at freerecipes.org.

*Honey Yogurt Fruit Salad*

- Ingredients:**
- 1 green apple
  - 1 red apple
  - 1 nectarine
  - 1 cup red grapes
  - 2 stalks celery
  - 1/2 cup dried cranberries
  - 1/2 cup toasted walnuts (chopped)
  - 8 ounces lemon flavored yogurt



- Instructions:**
1. Prepare all fruit by peeling, removing core or pit and slicing into chunks.
  2. Toss fruit in a large bowl.
  3. Mix in the lemon yogurt.
  4. Chill before serving.

**'Boom' goes 305th MXS**



Senior Airman Christopher Bran, 305th Maintenance Squadron crew chief, services a surge boot on the refueling boom of a KC-10 Extender during an A-Check inspection Aug. 21 here. Bran's hometown is Spotsylvania, Va. (U.S. Air Force photo by Wayne Russell/Released)

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**Get to know JB MDL!**



Can you guess what this week's close-up photo is? Submit your guess online at [www.facebook.com/jbmdl](http://www.facebook.com/jbmdl). Don't forget to check back next week when the full-size photo is revealed!



Give yourself a pat on the back if you guessed what last week's close up photo was. It was the "tires" obstacle at the fifth annual "Beast of the East" Mud Run!