



## EMERGENCY MANAGEMENT MONTHLY



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### National Preparedness Month

#### Preparing Makes Sense

- **Make a Plan**

Your planning should include how to reunite during a disaster, it should address care of pets, aiding family members that need assistance, evacuation and safely shutting off utilities.

- **Make a Kit**

Your emergency kit should have basic supplies to ensure survival of each person in your family for a minimum of 72 hours without electricity.

- **Be Informed**

Learn what protective measures to take before, during, and after an emergency. Stay informed of the situation via the notification systems on base; i.e. Giant Voice, AtHoc, Desktop Alert, AM 1650 radio station and My Base Guide for smart phones.

- **Get Involved**

Know where local community support agencies are located and what you can do to help.

**Don't Wait. Communicate.**

**Make Your Emergency Plan Today!**

FEMA has chosen Communications as the theme for the 2015 National Preparedness Month (NPM), this month marks the 12th annual NPM. Each September, a nationwide effort is made to encourage Americans to take simple steps to prepare for any emergency that they may face.

**If disaster strikes, will you, your family, or your co-workers know what to do and where to meet up if separated?**

**You would if you had a Family Communication Plan**

Establishing a family communication plan will help to alleviate undue stress in the event of an emergency. Cell phone towers in the local disaster area will most likely become jammed due to everyone trying to make contact with loved ones. Texting may work even when cell towers are clogged as a text message uses the data side of a tower. A good plan will include selecting a contact who is out of state. This person can often be reached even if local calls can not be made. They will act as the family's focal point who can pass the family's status on to others. It is imperative that all family members, including children, are familiar with the communication plan and like anything else, the plan should be regularly exercised.

Ensure every member of your family knows your out of state contact's phone number and has it saved as a contact in their cell phone. Additionally, update and review your "ICE" (In Case of Emergency) contact as well. If you are involved in an accident or incident, emergency personnel will often check your ICE listing in order to make contact with someone you've identified. Make sure to tell your family member or friend that you've listed them as your "ICE" emergency contact.

**Visit [www.ready.gov](http://www.ready.gov) for additional National Preparedness Month information.**



[www.ready.gov/September](http://www.ready.gov/September)

#NatlPrep

#### **Build a Disaster Supply Kit**

Did you know you will need...

- 1 gallon of water per person, per day for 72 hours.

- At least a 3-day supply of non perishable food.

- Prescription medications (if needed).

- First Aid Kit.

- Extra glasses or contact lenses and supplies.

- Extra items for babies or young children: formula, diapers, bottles, medications, moist towelettes, etc.

- Cold weather needs such as jacket, hat and gloves for each family member.

- Manual can opener, flashlight and car phone charger

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