

**NEWSNOTES**

\*\*\*Dates and times are subject to change. Check with the event coordinator prior to the event.\*\*\*

**Law Enforcement Desk Relocated**  
 The 87th Security Forces Squadron law enforcement desk is now located at the new Emergency Control Center, located at 2301 Vandenberg Ave. For all emergencies call 911. All non-emergencies, call 754-6001.

**174th Infantry Brigade Change of Command**  
 The 174th Infantry Brigade is scheduled to host a change of command ceremony at 10 a.m. Dec. 6, 2013, at the Fleet Logistics Support Squadron (VR 64), located at 3370 Wonnacott Road. Call 562-6553 for more information.

**Passport Photo Service**  
 The Joint Base Photo Lab will provide passport photo service from 8 a.m. to 4 p.m. Dec. 7, 2013, at 3011 Tuskegee Drive. The service is being offered to the Army/Air National Guard and Reserve personnel. Call 754-3581 for more information.

**Joint base gate closure**  
 Several of the joint base gates will be closed to perform Preventative Maintenance on the wedge barriers and crash beams. Below is the schedule with minimal affect to base traffic.

- Dec. 17, 2013  
 Checkpoint 2 (Browns Mills)  
 Outbound Lanes: 8:15 to 9 a.m.  
 Inbound Lanes: 9 to 9:15 a.m.
- Checkpoint 3 (Pemberton)  
 Outbound Lanes: 12:45 to 1:30 p.m.  
 Inbound Lanes: 1:30 to 1:45 p.m.
- Dec. 18, 2013  
 Checkpoint 1 (Wrightstown)  
 Outbound Lanes: 8:15 to 9 a.m.  
 Inbound Lanes: 9 to 9:15 a.m.
- Checkpoint 7 (Route 68)  
 Outbound Lanes: 12:45 to 1:45 p.m.  
 Inbound Lanes: 1:45 to 2:15 p.m.
- Alternate dates:  
 Dec. 23, 2013 for Checkpoint 1 & 3  
 Dec. 24, 2013 for Checkpoint 1 & 7

**American Red Cross Blood Drive**  
 The American Red Cross is set to host a blood drive from 9 a.m. to 2 p.m. Dec. 17-18, 2013, at Tommy B's Community Activities Center, located at 2705 East Arnold Ave. Visit [www.redcrossblood.org/make-donation](http://www.redcrossblood.org/make-donation). Once you click on this link, type "McGuire" in the "Enter Sponsor Code" box, and you will be able to select an appointment. Call 754-9573 for more information or to make an appointment.

**McGuire/Dix Tree and Menorah Lighting Ceremony**  
 The McGuire/Dix Tree and Menorah Lighting Ceremony is scheduled from 4-5 p.m. Dec. 3, 2013, at Wurman Hall, located at 5417 Delaware Ave. The event will include: tree lighting, holiday carols, a visit from Santa, snacks, glutwein, a bouncy house and recognition of holiday cards submissions and award presentation to contest winners. Call 754-1484/2830 for more information.

**Lakehurst Tree and Menorah Lighting Ceremony**  
 The Lakehurst Tree and Menorah Lighting Ceremony is scheduled from 4-5 p.m. Dec. 4, 2013, in front of the Joint Base Headquarters, located at 150 Berry Road on Lakehurst. Pre-lighting music will be provided. Santa will arrive on a fire engine at approximately 4:20 p.m. to greet children and take photos. Hot chocolate and cookies will be available. Call (732) 323-2405 for more information.

**Joint Base Newspaper**  
 The last publication of the Air, Land and Sea times is Dec. 13. After Dec. 13, the paper will no longer be published in a print version. The Joint Base Public Affairs team will continue to use other methods of communication, including the joint base public web page, Social Media and dissemination of an E-times. A comprehensive review of all communication tools will be published in next week's paper and posted online.

**915th Contingency Contracting Battalion**  
 The 915th Contingency Contracting Battalion is seeking officers, captain through major, any branch and sergeant (promotable) through sergeant 1st class, any military occupational specialty, interested in a career change. Immediate vacancies and opportunities are available. Visit [www.hrc.army.mil/MP/13-205](http://www.hrc.army.mil/MP/13-205) or [asc.army.mil/web/career-development/military-nci/usar-reclassification-program](http://asc.army.mil/web/career-development/military-nci/usar-reclassification-program) for more information.

**JB MDL Spouses' Club Thrift Shop**  
 The Joint Base McGuire-Dix-Lakehurst Spouses' Club Thrift Shop is open from 10 a.m. to 2 p.m. Wednesday-Friday and the first Saturday of the month, located at 2508 Can Do Way. The thrift shop accepts gently used donations. Call 754-2368 for more information.

See more NEWSNOTES on Page 5



An "Elephant Walk," comprising 12 KC-10 Extenders and six C-17 Globemaster IIIs from the 305th Air Mobility Wing, was held Nov. 21, 2013, as part of a training exercise at Joint Base McGuire-Dix-Lakehurst, N.J. The exercise, a nose-to-tail taxi formation and subsequent launch, enabled aircrew, maintenance, command post and operational support personnel to test their ability to launch a mass amount of aircraft in support of real-world operations. (U.S. Air Force photo by Russell Meseroll/Released)

**305th Airmen, aircraft walk the walk**

**Staff Sgt. Katherine Tereyama**  
 Joint Base McGuire-Dix-Lakehurst Public Affairs

Eighteen multi-ton grey aircraft marched down the runway nose-to-tail in a single-file line reminiscent of the formation's namesake, the elephant.

The formation, affectionately known as an "Elephant Walk" was part of a training exercise held here Nov. 21, 2013, involving 12 KC-10 Extenders and six C-17 Globemaster IIIs from the 305th Air Mobility Wing. The exercise enabled aircrew, maintainers, command post operators and operational support personnel to test their ability to launch a mass amount of aircraft in support of real-world operations.

Air refuelers and cargo aircraft like the KC-10 and C-17 are the lifeline of global reach, increasing range, payload and flexibility. Air Force tankers can also refuel Navy, Marine and NATO aircraft and have an inherent cargo-carrying capability. The unique capabilities of the C-17 and KC-10 make them critical to military operations in Afghanistan and humanitarian missions like those ongoing in the Philippines.

"We usually launch a few aircraft a day here, but in order to launch almost our entire mobility fleet at the same time takes a lot of work and a lot of coordination," said Capt. Nicole Stensad, 6th Airlift Squadron C-17 instructor pilot. "We use exercises like this one today to streamline [our base's] ability to support real world contingencies and showcase our strategic airpower." As Stensad said, wrangling eighteen vast aircraft into an

exercise of this magnitude required an equally mammoth effort, from the four aircrew members on each KC-10, to the hundreds of aircraft maintainers that put hours into ensuring each jet was prepared to fly, the entire 305th worked hard to ensure the exercise went smoothly.

"[This exercise] demonstrated the incredible diversity and acuity that our Airmen work on every day," said Maj. Andrew Bowers, 305th Air Mobility Wing commander's action group chief. "That's really at the heart of what we saw - how good these guys are at their job. Today was an absolute success. We have Airmen, Sailors and civilians all working at the 305th that contributed to today's success and everyone is thrilled with [it]."

In addition to the seriousness of the mission, there were hundreds of onlookers along the flightline to view what some called a "spectacular" display.

"It was the thrill of a lifetime," said MaryAnn Rivell, 305th Maintenance Group maintenance operations honorary commander. "The opportunity to view the Elephant Walk was so exciting and yet humbling at the same time; to see so many aircraft lined up one after the other, what a powerful image."

Even for military members, an Elephant Walk is an impressive sight.

"I've been in the military almost 28 years and that was the first time I had ever seen 18 heavy aircraft lined up on a runway like that," said Chief Master Sgt. Vincent Burrell, 87th Air Base Wing staff agencies superintendent. "It was amazing. It was truly amazing."

**Drill sergeants bring 'Army strong' to World's Toughest Mudder**

**By Sgt. Salvatore Ottaviano**  
 99th Regional Support Command Public Affairs

ENGLISHTOWN, N.J. - When the Army Reserve's 3rd Battalion, 385th Regiment was tasked to provide drill sergeants to support the World's Toughest Mudder event here Nov. 15-17, 2013, they were asked to offer "kinder and gentler" motivation to event competitors.

But whether high fiving a Tough Mudder participant or making an Army recruit crawl five meters through the mud, the mission of these drill sergeants remains unchanged: to help young men and women push themselves past their limits in order to build physical strength and stamina, increase self confidence and self worth and foster mental and emotional resiliency.

"We're here to help people figure out what they can and can't do," said Staff Sgt. Diego Cruz, 385th Reg. drill sergeant from Lodi, N.J. "We're there to break them down a little bit and help them see what they can and can't accomplish; basically, to push them past what they thought they can do."

The drill sergeants joined nearly six



Drill sergeants with the Army Reserve's 3rd Battalion, 385th Regiment, motivate competitors during the World's Toughest Mudder event Nov. 15-17, 2013, at Raceway Park in Englishtown, N.J. The drill sergeants joined nearly six-dozen of their fellow citizen Soldiers to support the World's Toughest Mudder competitors as they attempted to complete the grueling five-mile obstacle course as many times as possible within a 24-hour period. (U.S. Army photo by Sgt. Salvatore Ottaviano/Released)

dozen of their fellow citizen Soldiers complete the grueling five-mile obstacle course as many times as possible within der competitors as they attempted to

**201st RSG returns home**

Brig. Gen. Joe Jarrard, Georgia National Guard assistant adjutant general, greets Soldiers from the 201st Regional Support Group Nov. 18, 2013, at Joint Base McGuire-Dix-Lakehurst as they return from a 10-month deployment at Helmand province, Afghanistan.



2

**IDATS welcome guests**

The Integrated Diagnostics and Automated Test Systems Laboratory hosted its second annual Open House at its facility Nov. 15, 2013, at the Naval Air Warfare Center Aircraft Division here.



3

**'Elephants walk line**

An "Elephant Walk," comprising 12 KC-10 Extenders and six C-17 Globemaster IIIs from the 305th Air Mobility Wing, was held Nov. 21, 2013, as part of a training exercise at Joint Base McGuire-Dix-Lakehurst, N.J.



6

Check out JB MDL on social media!

**f** /jbmddl  
 Use Facebook to connect with joint base lakehurst and other community members.

**t** /jointbasemdl  
 Sign up for our alerts through Twitter and receive important base updates straight to your cell phone.

**g+** /jointbasemdl  
 Check Flickr for photo galleries containing hundreds of images of JB MDL happenings.

## AMC commander talks innovation vs. invention

By Gen. Paul Selva  
Air Mobility Command commander

SCOTT AIR FORCE BASE, Ill. -- This past October marked our twelfth year of sustained combat operations in Afghanistan.

During more than a decade of war, you've proven you are part of the best trained and equipped Air Force the world has ever known. You've attained that distinction by doing things right.

Doing things right includes following a disciplined approach to executing your mission such as following checklists, established procedures, policies and guidance.

However, as your commander, I challenge you not just to do things right, but to do the right things, a more difficult, but absolutely essential element of military service. Doing the right things includes making informed, deliberate decisions as we seek ways to improve mission execution.

Put another way, I challenge you to work with your first line supervisors, non-commissioned officers, senior non-commissioned officers and commanders to find new, better, more efficient ways to execute our mission. Accept only the risks you are empowered to accept, but work aggressively to find efficiency and eliminate inefficiency.

Earlier this fall during the Air Force Association's Air and Space Conference, General Welsh asked what keeps me up at night. My answer was simple: "invention versus innovation."

My greatest worry is that, after 12 years of continuous combat operations, some Airmen have become accustomed to accepting invention as the approved way of doing business. Mishap investigation boards frequently cite inattention, complacency and poor judgment as causal factors in accidents. The first two can get you into a bind; unfortunately poor judgment often follows as Airmen believe they need to create a new way out of trouble.

Ultimately, executing tasks in a non-standard fashion or executing unapproved or "on-the-fly" techniques presents a real

risk to our Airmen, our resources and our mission.

Over the course of the past year, we've had nine Class A mishaps. As a result, we've lost nine Airmen: five on duty and four off duty. These are men and women we will never get back.

In some of these mishaps, the Airmen involved perceived a sense of urgency not justified by the situation, incorrectly weighed risk versus reward leading to the acceptance of risk they were not empowered to accept, and ultimately made decisions characterized by development of new, untested, on-the-fly techniques with devastating consequences.

So, put simply, I am concerned that we have Airmen "inventing" new, untested procedures, placing themselves and their fellow Airmen at risk when it isn't necessary.

This year, Gen. Mark Welsh, Air Force chief of staff, released "Our Air Force's Vision, World's Greatest Air Force - Powered by Airmen. Fueled by Innovation." In conducting your daily activities you should feel empowered to be innovators. Innovation is a deliberate process of seeking ways to do things more effectively and efficiently through informed decision making and within the margin of safety provided by Air Force policies and guidance.

We need innovators, not inventors. There is a critical difference between innovation and invention. As you might have surmised, I consider invention to be creation on-the-fly: an unformed, last-minute and hurried choice that often conflicts with or willfully violates established procedures.

We need all Airmen to critically evaluate their assigned tasks and missions and engage their leadership if they have a better way to get the job done. As with most intellectual discussions, it's useful to look to a clear example for clarification. Innovation can occur anywhere as two Airmen recently proved with the KC-135.

Staff sergeants Alex Aguayo and Michael Rogers from the 6th Maintenance Squadron at MacDill AFB, Fla., improved an anti-corrosive paint process for KC-135 wheels. Until now, KC-135

See AMC, Page 5

### COMMANDER'S ACTION LINE



Col. James C. Hodges  
Commander, Joint Base  
McGuire-Dix-Lakehurst and  
87th Air Base Wing

The Joint Base Commander's Action Line is an integral part of the base feedback network. Base personnel are urged to use the proper chain of command first to address their concerns.

If you are not satisfied with the response from your chain of command, or you are unable to resolve the problem or concern, please call 754-3247 or e-mail 87abw.actionline@mcguire.af.mil.

Action lines may be made anonymously, however it is recommended you leave your name and number in case more information is needed to address your concern.

## Airmen: Have you 'made it?'

By Senior Airman Jerome Washington  
Rising Four Airmen's Council president

JOINT BASE LEWIS-MCCHORD, Wash. -- Back where I'm from, people believe once you have gotten into the Air Force, you've made it.

Do you feel like you've made it? In the past, I have leisurely debated that question in my mind. It wasn't until this week, however, that someone asked me if I feel satisfied, fulfilled, accomplished or as if I have made it?

The definition of "making it" is decided by the individual defining the term, whether that be the accumulation of wealth, success in his or her career field or

finally achieving a life-long dream.

For me, "making it" means doing my job well, living comfortably and going beyond what is expected of me. I chose to go beyond what is expected this year when I was elected as the Rising Four president. It wasn't about holding a position or gaining a fancy bullet for my enlisted performance report; I chose to go beyond what was expected to help better the community and the Airmen I work alongside each and every day.

"Making it" as the Rising Four president is not about just giving people opportunities to volunteer. The only times I am truly satisfied with the work that I

have done in the organization is when I'm able to look into each member's eyes and tell them I've done my best with a clear conscious and honesty in my heart.

I am able to tell them that I gave my all in order to give each and every one of them the best organization that I could possibly give.

I am not afraid to miss a party, stay up late or give up a weekend to accomplish a goal. At the end of the day, it's not the nights spent at a bar that I am proud of, it's the fact that I've made a difference in people's lives and that I gave them the opportunity to realize what "making it" means for them.

## Service member spotlight: successful, productive

Airman 1st Class Isaiah Santos, 305th Maintenance Squadron aerospace ground equipment apprentice, is the joint base's featured service member of the week. Santos hails from San Lorenzo, Calif.

Q: Why did you join the military?  
A: I joined the military to improve myself physically and mentally. Another reason I joined was to help my family and provide them with a better life.

Q: What is your job and what is its impact on the mission?  
A: My job is aerospace ground equipment maintenance. In our job, we maintain and deliver the equipment that the crew chiefs may utilize at the flight line and equipment

that they may need to keep them flying and accomplish the mission.

Q: Do you have any past or current family members in the military?  
A: No, I am the first one in my family to ever become a military member.

Q: Who most inspires you?  
A: My inspiration comes from my family and friends and all the other military members who have served before me.

Q: What is one thing you'd like your fellow service members to take away or understand about the military?  
A: Appreciate the value of the education, job experience and knowledge that we acquire during the time we train and serve.



(U.S. Air Force photo by Airman 1st Class Sean M. Crowe/Released)

## Leaders welcome troops home



Brig. Gen. Joe Jarrard, Georgia National Guard assistant adjutant general, greets Soldiers from the 201st Regional Support Group Nov. 18, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J., as they return from a 10-month deployment at Helmand province, Afghanistan. The 72nd Field Artillery Brigade, part of First Army Division East, will demobilize The National Guard Soldiers, ensuring any challenges or issues are resolved before the Soldiers are reunited with their families. (U.S. Army photo by Capt. Kelvin Scott/Released)



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McGuire-Dix-Lakehurst  
Most articles and announcements published in the Air, Land & Sea Times are available online at the JB MDL public Web site.

For up-to-date joint base news & info visit:  
[www.jointbasemdl.af.mil](http://www.jointbasemdl.af.mil)



# Lakehurst IDATS laboratory hosts second annual open house

By Elyse Fetherman  
Naval Air Systems Command Public Affairs

The Integrated Diagnostics and Automated Test Systems Laboratory hosted its second annual open house at its facility Nov. 15, 2013, at the Naval Air Warfare Center Aircraft Division here.

The second annual open house served as a platform for attendees to tour the lab facility, meet the lab's principal investigators, view technology demonstrations and learn about the lab's latest advancements and research efforts in support of naval avionics diagnostics.

Open house attendees had the opportunity to see the IDATS Lab's research and development efforts up close and personal.

The Smart Connector organizational level tester and the net-centric MX-12345/USM diagnostics avionics Tester for F-18 Hornet electro-optic pods were two of the most notable demonstrations of the day.

With nearly 3/4 of all Navy and Marine

Corps maintenance actions relating to avionics, there is an on-going need to develop and utilize advanced diagnostic capabilities in order to improve fault detection and isolation, reduce "false alarms" and reduce unnecessary remove, replace or repair actions that can result in wasted man-hours, unnecessary costs and aircraft downtime.

The patented Smart Connector tester inserts between running avionics boxes and provides a combination of bus monitoring and stimulus-and-response testing to effectively and accurately diagnose those boxes. The smart connector is able to provide more efficient testing and diagnostics, providing a reduction in unnecessary removals.

The IDATS Lab showcased several of its research projects and provided attendees the opportunity to speak with principal investigators about the technological capabilities and the applicability of the projects to other programs.

**The IDATS Lab showcased several of its research projects and provided attendees the opportunity to speak with principal investigators about the technological capabilities and the applicability of the projects to other programs.**

"I enjoyed seeing all the technology that was shown," said Adriano Parga, an electrical engineer who works within the Engineering Division at NAWCAD Lakehurst. "I didn't know all of this was here. I could see how all of it could help within our team. The most practical item that would help us would be the Smart Connector."

Dr. Russell Shannon, the IDATS lead systems engineer, sees the open house as a great event to showcase the future of avionics diagnostic technology.

"The goal is to bring people in and spread the word about who we are and our mission," said Shannon. "For management, it is that IDATS is contributing to the naval aviation enterprise and to the mission. The lab is positively impacting change in naval avionics diagnostics."

Mark Weber, an IDATS leadership team member and avionics electronic engineer, is especially passionate about showcasing the lab's capabilities to the joint base community. He sees the open house as an opportunity for newer engineers to become familiar with the research and development efforts of the IDATS Lab.

"Our second goal is to show leadership and Support Equipment Program officers what we are doing and how they can apply our technology in their programs," said Weber.

Looking ahead, both Weber and Shannon are enthusiastic about future open houses.

"We saw a lot of returning people and new faces," said Weber, who added that the lab saw an increase in attendance from last year's open house.

He said one of the big goals the lab would like to achieve by the next open house is the transition of the showcased products to the fleet.

Shannon is also enthusiastic about seeing many of the products coming to fruition.

"Fiscal year 2013 was probably our best year yet," said Shannon. "We had more projects and more work. We are going into fiscal year 2014 in a very strong position."

The IDATS Laboratory, which originally opened in April 2010, seeks to provide modern avionics diagnostic and testing solutions for Navy and Marine Corps systems.



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# AMC begins 'SAFE-n-SOUND All Year Round'

By Staff Sgt. Amber R. Kelly-Herard  
Air Mobility Command Public Affairs

SCOTT AIR FORCE BASE, Ill. — Air Mobility Command did not lose any Airmen during the holiday period last year.

To prepare for the upcoming holiday season, AMC has released the "SAFE-n-SOUND, All Year Round" Campaign to run from Nov. 22, 2013, through Jan. 25, 2014.

"It is imperative we do all we can to help our Airmen make educated risk management decisions that impact their safety both on and off duty," said Sydney J. Hughes, AMC Ground Safety division chief.

The most common mishaps during this time of year are slips and falls due to icy conditions. The most serious involve motor vehicle operations. Driving too fast for conditions, drinking and driving, fatigue and distractions are common casual factors.

"Ensure your efforts include addressing on-duty safety," said Col. Paul R. Murphy, AMC Safety director. "Aside from the numerous slips and falls experienced each year at our bases located in colder climates, be especially vigilant in environments that present the potential for more serious mishaps."

Last year, an Airman sustained a permanent partial injury when he lost the tip of

his finger during a cargo loading operation.

Shortly after the season ended, AMC lost two Airmen to on-duty mishaps. One Airman died when a KC-135 boom fell on her and the other was crushed when he was pinned between a wall and a vehicle as he was performing spotter duties. While these mishaps are not typical, on-duty hazards are present throughout the year.

In addition to the campaign, each week has been given a theme to address key areas of personal safety:

- Week 1 – Nov. 22 — The Long and Windy Road
- Week 2 – Nov. 29 — Christmas Lights

Week 3 – Dec. 6 — Super Skier's Last Race

Week 4 – Dec. 13 — I Just Want to Celebrate

Week 5 – Dec. 20 — Ice Ice Baby

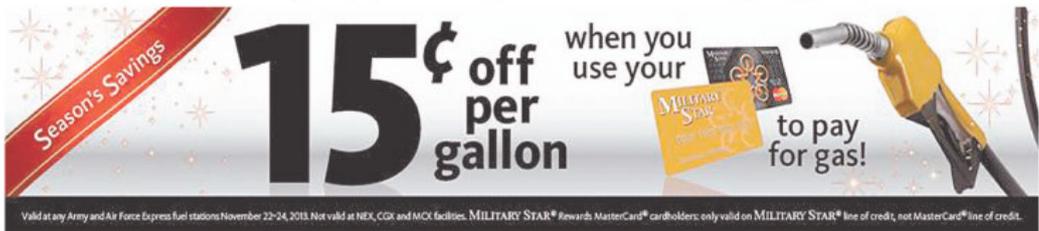
Week 6 – Dec. 27 — Cold Weather Blues

Week 7 – Jan. 4 — Back to Work and Tired

Week 8 – Jan. 11 — Distractions

Week 9 – Jan. 18 — Dangers of Short Daylight Hours

"All Airmen are encouraged to use sound risk-management principles to help them avoid making poor decisions that can lead to unnecessary pain and suffering," said Wayne Bendall, this year's holiday campaign manager.




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**NEWSNOTES**

**JB MDL Chapel Schedule**  
Catholic services will be held 11:30 a.m. Wednesday at the McGuire chapel, 2508 East Arnold Ave., 5 p.m. Saturday at the McGuire chapel and 10:30 a.m. Sunday at the Dix chapel, 5240 New Jersey Ave. Traditional Protestant services will be held 9 a.m. Sunday at the Dix chapel; Contemporary Protestant services will be held 9:45 a.m. at the North Chapel, 3827 School House Road. Gospel Protestant services will be held 11:30 a.m. at the McGuire chapel. Army Support activity will hold a Latter Day Saints service 7:30 a.m. at the Dix chapel and a Protestant service 7:30 a.m. at the Soldier's chapel, 5950 Church Street.

**Navy Marine Corps Relief Society Thrift Store**  
The Navy Marine Corps Relief Society Thrift Store is open every Tuesday, Wednesday and Saturday 9 a.m. to noon and Thursday 1-5 p.m. at 158 Berry Road. The sales income received from thrift shops is returned to the Sailors, Marines and their families in the form of emergency financial relief services. Donations after hours may be placed in the donation locker located by the front door. Opportunities are available for volunteers to sort merchandise, arrange displays and work as cashiers. Call (732) 323-2362 or visit for more information.

**JB MDL Swap Site**  
Joint base mission partners with excess supply items or in need of office items can now log in to the Joint Base McGuire-Dix-Lakehurst Swap site at [www.milsuite.mil/books/group/jbmdl-swap](http://www.milsuite.mil/books/group/jbmdl-swap) for re-distribution of supplies. Visit the [milsuite.mil](http://milsuite.mil) website or call 754-4686 for more information.

**Mudder**

*Continued from Page 1*

a 24-hour period.  
"It's the same thing here; there's a lot of confidence building, it's about pushing yourself, especially since it's a 24-hour event," said Cruz.  
"I think it's great. It takes a lot for someone to make a decision like this because there are not a lot of people who would take the time out and run 24 hours on any event," said Staff Sgt. Claudia Torres from Staten Island, N.Y. "To be honest, they give me the motivation to keep doing what I do because this is hard - this is definitely hard. You can see it on their faces, and they're still going. It takes a lot."  
The drill sergeants offered a unique form of

motivation for the tiring competitors.  
"You can always push your body further," said Cruz. "Your mind is going to give up before your body does. So, you just have to be able to keep pushing your body until you really can't go anymore."  
An instant bond seemed to form between the Toughest Mudder competitors and those Soldiers who came out to support them. There was an unspoken recognition of the similar experience of competing in a Toughest Mudder event and completing Basic Training.  
"We motivate them; they motivate us," said Cruz. "It's great because everyone's working together. As far as us being there for them, I think they really appreciate it and I appreciate being here for them too."

**AMC**

*Continued from Page 2*

wheels were painted and cured one side at a time, a process requiring 26 hours.  
Coincident there was a better way, these aircraft metal technicians designed and built a 360-degree plane rotation turn table wheel stand that allows both sides of the wheel to be painted at the same time. Their design cuts a time-intensive painting and curing process in half!  
I believe their new design will become a KC-135 fleet benchmark very soon.  
These Airmen knew their jobs and guiding regulations through and through, but found a more efficient and effective way to get the work done. If Airmen can find innovations within a 57-year old airframe and established procedures, I am confident more Airmen will find innovations within everything we do.  
The Air Force needs you to be innovators.  
My message to you as the professional, seasoned, or aspiring experts in your craft is to always understand and adhere to Air Force instructions and technical order guidance. Speak up when you need help or see room for improvement in any process. Don't invent, innovate.  
In this time of fiscal uncertainty, our Air Force must be able to provide capabilities our nation can afford. We need to continue to seek innovations and savings where feasible. You are the key to that process and to the continued success of our Air Force and our nation.  
Be safe. We cannot afford to squander our most precious resource—you!

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**Get to know JB MDL!**

Did you guess last week's close-up photo? It's a reproduction uniform of a sergeant from an Indiana regiment in the National Guard Museum on Dix.



Can you guess what this is? Submit your guess online at [www.facebook.com/jbmdl](http://www.facebook.com/jbmdl). Don't forget to check back next week when the full-size photo is revealed!

**AirForceToons**

**ON DUTY**  
MAN, I HATE THAT THEY MAKE US WEAR THESE REFLECTIVE BELTS. WE LOOK LIKE SUCH DORKS!  
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# 305th AMW aircraft

An "Elephant Walk," comprising 12 KC-10 Extenders and six C-17 Globemaster IIIs from the 305th Air Mobility Wing, was held Nov. 21, 2013, as part of a training exercise at Joint Base McGuire-Dix-Lakehurst, N.J. The exercise, a nose-to-tail taxi formation and subsequent launch, enabled aircrew, maintenance, command post and operational support personnel to test their ability to launch a mass amount of aircraft in support of real-world operations.



(U.S. Air Force photo by Tech. Sgt. Darrell Dean/Released)



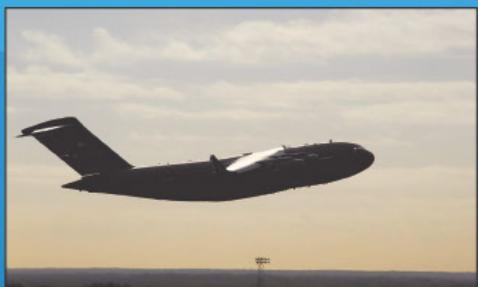
(U.S. Air Force photo by Russell Meseroll/Released)



(U.S. Air Force photo by Wayne Russell/Released)



(U.S. Air Force photo by Russell Meseroll/Released)



(U.S. Air Force photo by Tech. Sgt. Darrell Dean/Released)



(U.S. Air Force photo by 2nd Lt. Carrie Volpe/Released)



Honorary Commander's Boot Camp participants observe three KC-10 Extenders during their "boot camp style" tour of the base and its mission on Nov. 21, 2013, as part of a training exercise at Joint Base McGuire-Dix-Lakehurst. The group of commanders visited during their "boot camp style" tour of the base and its mission. (U.S. Air Force photo by Ryan Throneberry/Released)

# Aircraft 'walk the line'



(U.S. Air Force photo by Russell Meseroll/Released)



(U.S. Air Force photo by Tech. Sgt. Darrell Dean/Released)



...xi to the runway during an "Elephant Walk" exercise was one of many stops the honor-ion partners. (U.S. Air Force Airman 1st Class



(U.S. Air Force photo by Russell Meseroll/Released)