

**NEWSNOTES**

\*\*\*Dates and times are subject to change. Check with the event coordinator prior to the event.\*\*\*

**COVE Training Cancelled**  
 The next Community Outreach Volunteer Experience training session scheduled from 9-11 a.m. Oct. 8, 2013, has been cancelled. Call 754-2104 for more information.

**Legal Office Service Hours**  
 Notary and power of attorney service (walk-ins): Monday - Wednesday 7:30 a.m. - 3 p.m., Thursday 10:30 a.m. - 3 p.m., Friday 7:30 a.m. - 3 p.m. Walk-in legal assistance (attorney consult): Tuesday 9-11 a.m. Will service and legal assistance (By appointment only): Monday, Wednesday, Thursday and Friday.

**Claims against the estate of Master Sgt. Lorena R. Wick**  
 All persons having claims against Master Sgt. Lorena R. Wick need to present such claims to Maj. Ed Park, the summary court officer, at (609) 562-5453 or by email at edward.y.park.mil@mail.mil. An example of a claim would be a debt, obligation or other money owed to the claimant by Wick.

**Pemberton Gate Hours Schedule**  
 The Pemberton Gate is scheduled to open from 7-9 a.m. and 2:15-5 p.m. Monday-Friday and continue through the school year to meet the needs of the Dix Elementary School buses. Hours will be adjusted to facilitate early dismissals and holidays as designated by the school. Call 754-4509 for more information.

**Claims against the estate of Spc. Scott A. Farrell**  
 All persons having claims against Spc. Scott A. Farrell need to present such claims to Maj. Thomas Moody, the summary court officer, at (609) 694-9558 or by email at Thomas.w.moody.mil@mail.mil. An example of a claim would be a debt, obligation or other money owed to the claimant by Farrell.

**Claims against the estate of Staff Sgt. Shaun D. Fischer**  
 All persons having claims against Staff Sgt. Shaun D. Fischer need to present such claims to Capt. Dawn Dumont, the summary court officer, at 754-0824 or by email at dawn.dumont.us.af.mil. An example of a claim would be a debt, obligation or other money owed to the claimant by Fischer.

**Claims against the estate of Airman 1st Class Allah Smart**  
 All persons having claims against Airman 1st Class Allah Smart need to present such claims to Senior Master Sgt. Christopher Rogers, the summary court officer, at 754-4769. An example of a claim would be a debt, obligation or other money owed to the claimant by Smart.

**2013 Ranger Challenger Competition**  
 The 2nd Brigade Army ROTC is set to host the 2013 Ranger Challenge Competition Oct. 11-13, 2013. Day one consists of 11 events from 6 a.m. to 7 p.m. Oct. 12, 2013. Day two starts with a 10k foot march from 6:30-8:30 a.m. Oct. 13. Top team will compete in the Sandhurst Competition April, 2014, at West Point, N.Y. Call 562-3398 for more information.

**Gold Star 10K Ruck March**  
 The Gold Star 10K Ruck March is set from 8:30 a.m. to 1 p.m. Oct. 12, 2013, at the 621st Global Readiness Deployment Center warehouse, located at 3403 Neely Road. Registration opens at 7:30 a.m. followed by the official party arrival at 9 a.m., the official start begins at 10 a.m. and award ceremony at 12:15 p.m. and the closing at 1 p.m. The march will start at Neely Road to Brody Road to Tuskegee Airman Avenue to Arnold Avenue back to Brody Road and ends at the 621st Contingency Response Wing. The fee is \$20 per person. Call 754-2339 for more information or visit www.inathree.com/events/GoldStar10KsRuckMarch for online registration.

**Chapel Positions Available**  
 The McGuire and Dix chapels are accepting applications for Gospel Music Director and Catholic Music Director positions. Application packages are available at the chapels Monday through Friday 7:30 a.m. to 4:30 p.m. and include requirements. Packages are due to the Chapel Tithes and Offering Fund Contract Officer at the McGuire chapel by noon Oct. 15, 2013. Please call 754-4673 for more information.

**2013 Halloween Fest**  
 The 87th Force Support Squadron is set to host the 2013 Halloween Fest from 5:30-7:30 p.m. Oct. 25, 2013, at Tommy B's Community Activities Center, located at 2705 East Arnold Ave. Rules and entry forms are available for download at www.gomdl.com under the Community tab. Call 754-2830 for more information.

See more NEWSNOTES on Page 8



(U.S. Air Force graphic/Released)

**JB MDL braces as government shutdown begins**

By Airman 1st Class Ryan Throneberry  
 Joint Base McGuire-Dix-Lakehurst Public Affairs

Joint base commanders, supervisors and Department of Defense civilian employees gathered at the Joint Base Theater on McGuire and the Flight Deck on Lakehurst to discuss the effects of the current government shutdown during town hall meetings Oct. 1, 2013, here.

The U.S. government shutdown as of 12:01 a.m., Oct. 1, due to a lack of an appropriations bill or continuing resolution that funds the federal government.

The joint base will continue to conduct missions in support of national security and public safety during the shutdown, but all other operations and activities will halt. Several base facilities such as the Auto Hobby Shop, Civilian Personnel Office, Community Activities Center, the Flight Deck, Youth Sports programs, administrative services for Family Child Care, the Dix official mail center and several of the 87th Civil Engineer Squadron's customer service functions are closed until further notice.

Even with a large portion of the workforce not in their

workstations, JB MDL leadership vows to continue meeting mission requirements and work to alleviate any issues.

"We've been planning for this ever since it became apparent we would indeed have a government shutdown," said Col. James Hodges, Joint Base McGuire-Dix-Lakehurst commander. "During this difficult time, we need to ensure the safety of the installation, we need to maintain the health and wellness of joint base community members and ensure essential duties are still being carried out."

The town hall meetings gave community members a chance to answer any burning questions they had about pay, healthcare and other benefits in light of the civilian furlough brought on by the shutdown. Any questions about an individual's specific furlough information should be addressed with his or her direct supervisor. The following links provide additional information on the subject:

- Office of Management and Budget: [www.whitehouse.gov/omb/memoranda\\_default](http://www.whitehouse.gov/omb/memoranda_default)
- Office of Personnel Management: Shutdown

See SHUTDOWN, Page 9



Tech. Sgt. Duwayne McCoy, 87th Security Forces Squadron Police Services noncommissioned officer in charge, explains to Maj. Gen. Frederick H. "Rick" Martin, U.S. Air Force Expeditionary Center commander, how security forces members perform their duties Sept. 30, 2013, at the Base Defense Operations Center, Joint Base McGuire-Dix-Lakehurst, N.J., Martin toured the BDOC during his base immersion tour after assuming command of the EC. (U.S. Air Force photo by Russ Meseroll/Released)

**New EC commander feasts eyes upon JB MDL**

By Airman 1st Class Sean M. Crowe  
 Joint Base McGuire-Dix-Lakehurst Public Affairs

Maj. Gen. Frederick H. "Rick" Martin, U.S. Air Force Expeditionary Center commander, toured Joint Base McGuire-Dix-Lakehurst Sept. 30 and Oct. 1, 2013, to familiarize himself with the 87th Air Base Wing and how the wing provides installation support to the entire joint base.

The general, who served as the 305th Air Mobility Wing and McGuire Air Force Base commander from October 2005 to October 2007, said he gained insight to plans and programs he hopes to facilitate to better serve and support the base's host wing and mission partners in turn.

Martin was joined by 87th ABW leadership to tour organizations across the base including, the 87th Logistics Readiness Squadron, 87th ABW Command Post and 87th Air Base Wing Staff Agency to name a few.

"My goal as the higher command on this base is to empower the host wing commander to do what he sees necessary to accomplish the mission," said Martin. "I saw a lot of interagency coordination and sister services working together during the tour and I would like to continue to see those partnerships arise and continue."

Martin contributed to the plans, programs and footwork that

See COMMANDER, Page 9

**FTU trains KC boomers**

After a three to 15 month period of fundamental courses, technical reviews, flight simulators and time in between classes, KC-10 Extender boom operator students earn the privilege of going on their first flight and performing air refueling operations without the safety net of a flight simulator.



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**143rd ESC turns in vehicles**

The Army divestiture program is a crucial means of increasing readiness while equipping units efficiently. This program balances the quantity and quality of military equipment and vehicles, ultimately keeping costs down, but still sustaining force capabilities.



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**Drinking kills opportunities**

Four Sailors shared their personal stories on video recently of how alcohol incidents impacted their careers and the importance of drinking responsibly, a Navy Alcohol and Drug Abuse Prevention official said Sept. 27, 2013. Palfrey reveals the poor decision he made while drinking that adversely impacted his career.



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**Check out JB MDL on social media!**

**f /jombdl**  
 Use Facebook to connect with joint base leadership and other community members.

**t /jointbasemdl**  
 Sign up for text alerts through Twitter and receive important base updates straight to your cell phone.

**i /jointbasemdl**  
 Check Flickr for photo galleries containing hundreds of images of JB MDL happenings.

# One Airman's tragedy is another's life lesson

By Tech. Sgt. Michael Russell  
97th Training Squadron

ALTUS AIR FORCE BASE, Okla. — I still remember the confusion I felt as I slid out of bed to find the phone. It was ringing too loudly and too early to be the office. Living in the U.K., my wife and I had become accustomed to late calls as relatives struggled to figure out the time difference, but it was too late for that. In my gut I sensed bad news.

"Hello?" I answered.

"Mike ..." It was my mother, straight to the point: "Nick shot himself."

"What? ... is he ok?" I asked, still foggy, hoping it was some type of accident.

"No, he's gone..."

From these things get blurry. How do you respond to news like that? I remember my wife putting her hand on my shoulder as I sat on the phone for a few moments, frozen. When the sun rose I called my first sergeant, telling him I wouldn't be able to fly that day's mission. Shortly thereafter, my commander called with a list of departure times for space-available flights crossing the Atlantic.

In a state of shock and denial I debated going home at all. "That's up to you," he said. "But I think you need to pack a bag and go."

I've made some great friends in my

career. Some are life-long and some I've lost touch with as a result of permanent changes of station and a growing family, appropriately so, but none of them can replace my brother. As an adult, your little brother is no longer the kid that you have to take with you to your friend's house — he becomes a true companion. As an avid outdoorsman, we spent our vacations snowboarding and hiking. We were planning a 500-mile enduro ride in the mountains of our native state of Idaho. I often wondered what the future held for him: what would he choose for a career? Who would he marry? How would he be as a father? These questions will never be answered.

The bottom line is that many who struggle with depression and/or consider suicide face challenges that they are unable to see past. As a result they react in ways they wouldn't normally, usually during a period of uncertainty.

Today's Airman — that's active duty, guard, reserve, and civilians — must face uncertainty. A manageable degree of uncertainty is inherent with the flexibility that coexists with projecting air power.

On the world stage we face uncertainty when we consider the future of the Middle East, China, and our own economy. Some face uncertainty in their personal lives and relationships.

However, an Airman can always be certain that there is a wingman they can rely on. Though it sounds cliché, the wingman concept is straight forward and effective. If you know someone who you believe is at risk for suicide, remember the ACE acronym.

ASK - Ask the person if he or she is thinking of their self or others, be direct.

CARE - Listen, show concern for their struggle.

ESCORT - Escort the person to a chaplain or medical professional. Don't ever leave the person alone.

In addition, if you feel that you need someone to talk to, don't let your issues fester. Consider speaking with a military family life consultant; they are trained, civilian counselors ready to speak with service and family members. Sessions are non-threatening, free, and anonymous — no records are kept. You can get more information by calling the Airman and Family Readiness Center at 481-6761.

In reality, the solution was so simple for Nick — reach out for help. I don't know if he did or not, but statistically we know that he probably displayed signals before he ended his life. Whether anyone saw them is a mystery, but I wish there had been someone, a friend, family member, or wingman, to answer his cry for help.

## Send the right message about leadership

By Maj. Brian Grania  
860th Aircraft Maintenance Squadron

TRAVIS AIR FORCE BASE, Calif. — "Too often, we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment or the smallest act of caring, all of which have the potential to turn a life around." Leo Buscaglia.

A few years ago, I had the pleasure of serving as the wing executive officer for a highly regarded member of the Senior Executive Service.

Most civil servants are aware of the SES, but for the military members, an SES constitutes the top one percent of the total civil service workforce.

This particular SES held the military rank equivalent to a major general. I learned many lessons from this man, but most important of all was how to truly care about people.

As his exec, I had his day organized to the minute before he would arrive to start the day.

Inevitably, my plan would be shot after about 30 minutes. I was ready to bombard him with tasks, meeting prep actions, visit requests and signatures for the day. After I gave the nonchalant point to my wrist to indicate it was time to start, he would give me this smile, sip his coffee and continue his half-hour conversation with the cleaning lady. He knew her name, her daughter's name and many of the struggles she faced. All work was put on hold because he truly cared, was willing to listen and made a difference in this lady's life.

This was a daily activity with random cleaning ladies who I would end up having to work around. I admit, it was frustrating for me at the time because it led to an even longer day at the office. I learned how to be patient.

See MESSAGE, Page 8

## Service member spotlight: a 'standout' Airman

Airman 1st Class Nilruksi Jaywardena, 87th Communications Squadron server management technician, is the joint base's featured service member of the week. Jaywardena hails from North Ridge, Calif.

Jaywardena is responsible for administering 135 servers across Joint Base McGuire-Dix-Lakehurst, NJ, to include both Non-classified Internet Protocol Router Network and Secret Internet Protocol Router Network — effectively supporting these services, four wings and 88 tenant units. Additionally, she is the only Public Key Infrastructure Local Registration Authority currently appointed to the 87th CS. Airman Jaywardena's exceptional dedication was crucial in making JB MDL the first in Air Mobility Command to reach 100 percent SIPRNet token usage, individually issuing 530 tokens to fortify network security while besting the Department of Defense deadline by two months. Her outstanding customer rapport shined through during the Communications Compliance Review Inspection when she organized the creation of a Program Management Office continuity binder, effectively managing system patches for 76 critical servers and ultimately leading to an overall



(U.S. Air Force courtesy photo/Released)

"Excellent" grade. Highly proficient, Jaywardena coordinated a \$450,000 video conference system installation, processing Air Mobility Command requests in two days opposed to the standard three weeks, advancing the 204th Air National

Guard Intelligence Squadron mission. Furthermore, Jaywardena paired 80 award platforms and sponsored eight athletes for the 2013 Special Olympics, creating a first class event for 1,200 participants.

## Air Force leads way



Col. James C. Hodges, Joint Base McGuire-Dix-Lakehurst and 87th Air Base Wing commander, speaks to members of the Airman Leadership School prior to the formation run Sept. 27, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J. Leadership and supervisors were invited to participate in the two mile run around JB MDL. The significance of the run is to put the Airmen in the front and leadership in the back to support the decisions that they will make in the future. (U.S. Air Force photo by Russ Meser/Released)

## COMMANDER'S ACTION LINE



Col. James C. Hodges  
Commander, Joint Base  
McGuire-Dix-Lakehurst and  
87th Air Base Wing

The Joint Base Commander's Action Line is an integral part of the base feedback network. Base personnel are urged to use the proper chain of command first to address their concerns.

If you are not satisfied with the response from your chain of command, or you are unable to resolve the problem or concern, please call 754-3247 or e-mail 87abw.actionline@mcguire.af.mil.

Action lines may be made anonymously, however it is recommended you leave your name and number in case more information is needed to address your concern.



AIR, LAND  
& SEA TIMES

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## NEWS ONLINE

Joint Base  
McGuire-Dix-Lakehurst

Most articles and announcements published in the Air, Land & Sea Times are available online at the JB MDL public Web site.

For up-to-date joint base news & info visit:  
[www.jointbasemdl.af.mil](http://www.jointbasemdl.af.mil)



# FTU puts boomers in sky

By Airman 1st Class Sean M. Crowe  
Joint Base McGuire-Dix-Lakehurst  
Public Affairs

(Editor's note: This is part two of a three-part series on boom operator training. Part one was published Aug. 29, 2013.)

After a three to 15 month period of fundamental courses, technical reviews, flight simulators and time in between classes, KC-10 Extender boom operator students earn the privilege of going on their first flight and performing air refueling operations without the safety net of a flight simulator.

The 305th Operations Support Squadron Formal Training Unit stands out in the boom operator training regimen as their first opportunity to actually get in the jet, cruise to high altitudes and practice air refueling.

FTU is unique because it's a practical application of the boom operators' skills as opposed to conceptual and simulated training.

FTU begins as instructor boomers teach several weeks of classroom material to the student booms prior to flying to ensure the students know proper procedures and how to handle emergency situations.

"The difference between previous training and FTU is the weight of decisions," said Airman 1st Class Sterling Hogan, FTU student boom operator. "In Flight Safety (a previous training segment), we would do calculations and the only consequence for wrong answers are trying the problems again. A miscalculated fuel weight in a real scenario will throw off a flight engineer's calculations and could result in improper takeoffs and landings."

Hogan flew approximately 10 flights before flying his check ride which is an evaluation of a boom's performance, similar to a final test. Hogan



Airman 1st Class Sterling Hogan, 305th Operations Support Squadron Formal Training Unit student boom operator, makes an aerial refueling contact during an FTU training mission Sept. 13, 2013. Staff Sgt. Keith McLaughlin, FTU instructor boom operator, monitored Hogan's process and assisted him with the contact, giving him helpful pointers and advice. (U.S. Air Force photo by Airman 1st Class Sean M. Crowe/Released)

has a rapport with his instructor that is relaxed enough for an optimal learning experience, while maintaining the professionalism expected of an Airman.

FTU provides an outlet for boomers to feel out their duties while still ensuring a safe training environment. The boomers spend a lot of their time talking with the instructor to ensure they are doing things right. Much of the subject matter taught is derived from conversation.

"As an FTU student, I do everything an operational boom does," said Hogan.

ensure his or her knowledge is up to par before the check ride," said Staff Sgt. Keith McLaughlin, FTU instructor boom operator. "We push the boomers to their limits so when it comes time to be evaluated, we know that they are fully prepared."

The instructor spends the whole time with the student during a mission, quizzing the boom operator on information to be expected during an evaluation to ensure he or she can handle any emergency scenario.

"Almost any FTU student boom operator can operate the boom well enough to accomplish the mission," said McLaughlin. "The real test is to see if they know how to handle an unplanned occurrence."

The check ride is a boom's final test in FTU as it is the last step before moving onto the cargo phase of training.

Instructor boom operators guide the student boomers through operational tasks without holding their hands. The instructors act as more of a safety net and a fountain of personal expertise for the students to tap into.

An evaluator from the 32nd Air Refueling Squadron or 2nd ARS will ride along with a student boom operator without the instructor boom present. The evaluator ensures the student boom can perform all duties and display a prominent knowledge of the jet with little room for error.

"The students must become comfortable flying before we pass them along to the next portion of training," said Esick.

Upon passing the daunting evaluation check flight and earning a "qualified" or "qualified albeit errors" score, FTU student boom operators will graduate to the next portion of training, cargo phase.

## JB MDL EM Airmen conduct chemical exercise downrange

By Staff Sgt. Jacob Morgan  
380th Air Expeditionary Wing

Southwest Asia – The 380th Expeditionary Civil Engineer Squadron Emergency Management Office conducted an exercise Sept. 20, 2013, aimed at further training their members on investigating and neutralizing a chemical threat.

The scenario was all-encompassing, starting with the report of a suspicious individual and ending with neutralizing the suspect's chemical laboratory. It involved a significant amount of chemical detection equipment and protective suits. On scene, EM personnel were graded on their response, documentation and removal of the threat from the area.

The exercise developer, U.S. Air Force Tech. Sgt. Robert Kelly, 380th ECES EM NCO in charge of logistics, said the exercises conducted are based on task qualification but also incorporate real world tactics, techniques and procedures.

"We try to do an exercise at least once a month," said Kelly. "From chemical labs to warning reporting of chemical, biological, radiological or nuclear attacks, we have to know how to respond to threats in the immediate area and coordinate with the entire (area of responsibility) to keep our members safe. This exercise was a response to a hostile threat involving hazardous materials, investigating the origin of the hazardous materials and then alerting the threat."

The overall EM mission incorporates planning for emergencies, defending against them and executing or coordinating crisis response actions. By exercising each of these areas, EM personnel can help ensure the safety of the base and its personnel.

"The exercise developer has to get into the mind of the bad guys sometimes to make the exercise real," said Kelly. "But it's our plans and programs section that plays the largest role in getting operations back up and running."

The plans and programs section of EM runs the installation emergency management program and maintains the installation emergency plan, which provides a broad view of each unit's responsibility. Specifically, EM is responsible for helping to develop shelter-in-place programs, emergency procedures, and checklist that govern emergency response.

Different situations determine what checklists are accomplished. There is a plan for almost every possible emergency situation. From an active-shooter attack to a natural disaster, emergency management will coordinate and review every checklist from each unit.

"We have to make sure that in the event of an emergency, there are no hic-ups or issues; that each unit knows where they are supposed to be, what they are supposed to be doing



Staff Sgt. Joshua Holloman, 380th Expeditionary Civil Engineer Squadron emergency management craftsman, turns on a radiological air sampling device on scene of an exercise chemical threat area at an undisclosed location in Southwest Asia Sept. 20, 2013. The air sampling is part of the response procedures for emergency management personnel. Holloman calls Sumter, S.C., home and is deployed from Joint Base McGuire-Dix-Lakehurst, N.J. (U.S. Air Force photo by Staff Sgt. Jacob Morgan/Released)

other bases. People never think it's a big deal until it happens to them."

While there may be challenges in making every emergency response perfect, the 380th ECES EM office keeps the 380th AEW safe and helps defend the base through planning, coordination and execution of these emergency responses procedures.

"The exercise was a culmination of planning and execution to mitigate a chemical threat," said Holloman, who calls Sumter, S.C., home and is deployed from Joint Base McGuire-Dix-Lakehurst, N.J. "We must know all threats, how to recover from them and keep the rest of the base informed."

and each piece of the puzzle comes together," said U.S. Air Force Staff Sgt. Joshua Holloman, 380th ECES EM craftsman. "This is especially difficult in a deployed environment where people have not necessarily worked together before and we rotate people more often than

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# Sound retreat: Joint base comes together for ceremony

By Staff Sgt. Katherine Tereyama  
Joint Base McGuire-Dix-Lakehurst Public Affairs

In a resounding voice that echoed across the parade grounds, Marine Gunnery Sgt. Chris Brusich called to members of Joint Base McGuire-Dix-Lakehurst.

"Sound retreat."  
His call was followed by a blast of canon fire and the first strains of retreat played by the 78th Regional Support Command Army Band.

This marked the inaugural retreat ceremony for the joint base that incorporated flights of military members from each of the five services represented on the base.

Retreat is a centuries-old military tradition that was adopted by the United States and has evolved over the years since the Revolutionary War. The bugle call now signifies the end of the duty day and is followed by the playing of the national anthem. An honor guard formation then ceremonially lowers and folds the American flag.

According to Air Force Master Sgt. David Williamson, 87th Air Base Wing NCO in charge of protocol, this particular ceremony was held to recognize the accomplishments of units within the joint base. Several units were highlighted during the ceremony for their actions during several operations.

The ceremony was also an opportunity for members of different services who don't often get to work together, to support a common cause. For Brusich, acting as commander of troops for all five services was an honor.

"It was great to see the teamwork and cooperation between the services," Brusich said. While each military branch has its own drill traditions, Brusich said everyone was able to overcome their differences and work together.

"Oct. 1 marks our fourth year as a joint base," said Col. James Hodges, JB MDL commander. "Together, we form the greatest fighting force. Each of our uniforms says 'U.S. Air Force,' 'U.S. Marines,' 'U.S. Navy,' 'U.S. Army,' 'U.S. Coast Guard.' If you cover up the last part, they all say U.S. We're all working toward the same goal."



A Joint Base McGuire-Dix-Lakehurst color guard stands at attention for a formal retreat ceremony Sept. 26, 2013, on Sharpe Field at JB MDL, N.J. (U.S. Air Force photo by Airman 1st Class Sean Crowe/Released)



Marine Gunnery Sgt. Chris Brusich commands of troops during a retreat ceremony Sept. 26, 2013, on Sharpe Field at Joint Base McGuire-Dix-Lakehurst, N.J. (U.S. Air Force photo by Staff Sgt. Katherine Tereyama/Released)



A Joint Base McGuire-Dix-Lakehurst color guard stands at attention for a formal retreat ceremony Sept. 26, 2013, on Sharpe Field at JB MDL, N.J. (U.S. Air Force photo by Airman 1st Class Sean Crowe/Released)



A cannon is fired to signal the beginning of retreat during the inaugural retreat ceremony for Joint Base McGuire-Dix-Lakehurst Sept. 26, 2013, on Sharpe Field at JB MDL, N.J. (U.S. Air Force photo by Airman 1st Class Ryan Throneberry/Released)



An honor guard formation representing all five services lowers the flag during a retreat ceremony Sept. 26, 2013, on Sharpe Field at Joint Base McGuire-Dix-Lakehurst, N.J. (U.S. Air Force photo by Airman 1st Class Ryan Throneberry/Released)



A color guard formation representing all five services stands at parade rest during the inaugural joint base retreat ceremony Sept. 26, 2013, on Sharpe Field at Joint Base McGuire-Dix-Lakehurst, N.J. (U.S. Air Force photo by Staff Sgt. Katherine Tereyama/Released)



An honor guard formation representing all five services holds a folded American flag during a retreat ceremony Sept. 26, 2013, on Sharpe Field at Joint Base McGuire-Dix-Lakehurst, N.J. (U.S. Air Force photo by Staff Sgt. Katherine Tereyama/Released)

# 143rd Sustainment Command turns in excess vehicles

By Sgt. Elisebet Freeburg  
204th Public Affairs Detachment

ORLANDO, Fla. — The Army divestiture program is a crucial means of increasing readiness while equipping units efficiently. This program balances the quantity and quality of military equipment and vehicles, ultimately keeping costs down, but still sustaining force capabilities.

During the months of August and September, dozens of Soldiers from units under the 143rd Sustainment Command (Expeditionary) worked to move about 50 vehicles marked for divestiture in convoys across the command's area of operations to Joint Base McGuire-Dix-Lakehurst, N.J. This was in addition to nearly 40 vehicles already shipped commercially to Army Support Activity-Dix.

"This is a great example of how our Army Reserve Soldier, given relatively short notice, steps up to the plate to meet a key function associated with U.S. Army strategic objectives," said Foster Hudson, the 143rd's ESC supervisory logistics management specialist.

The 143rd Sustainment Command (Expeditionary) commands and controls more than 10,000 Army Reserve troops throughout the Southeast, including Florida, Alabama, South Carolina and Mississippi. Formerly a transportation command, the 143rd ESC conducts sustainment and retrograde missions during overseas operations. Here in the States, the 143rd ensures its soldiers remain ready.

"In order to stay relevant, the Army Reserve has to go through the process, turn in vehicles, and get ready to receive new ones down the road," said Lt. Col. Kevin F. Meisler, the 143rd ESC's deputy G3 (support operations). "Divestiture assures that the USAR remains a relevant force in the future and that our Soldiers are ready to participate in any operation deemed necessary."



Spc. Camille David, 414th Transportation Company, drives a 5-ton Army truck from Fort Bragg, N.C., Sept. 10 on a vehicle divestiture mission to Joint Base McGuire-Dix-Lakehurst, N.J. (U.S. Army photo by Sgt. Elisebet Freeburg/Released)

According to the latest Army Equipping Guidance, the Army must reduce the costs associated with maintaining and operating outdated equipment and vehicles. Available funds will be used in procuring and maintaining modern equipment better suited to function and protect our troops on an ever-changing battlefield.

"A lot of these trucks were really out of date," said Spc. Camille David, a 414th Transportation Company motor transport operator, who drove one of the divested vehicles to ASA-Dix. "I hadn't even seen these trucks before. Keeping the trucks running (during the mission) was a little challenging, because they were so old."

David has trained on and driven much newer vehicles, both

at her advanced individual training and during her recent deployment to Afghanistan.

Although smaller items like clothing and office supplies are also divested once obsolete, the 143rd ESC's focus has been upon vehicles due to the logistics and transportation nature of its missions. About eight Soldiers from the 143rd ESC's support operations began planning this mission back in August 2013.

"These items are periodically reviewed, usually annually," said Foster. "We didn't do the selecting. USAR (U.S. Army Reserve Command) was the one that managed that aspect."

There are several determining factors to consider when selecting vehicles for divestiture, including type of vehicle and the number the unit has.

After personnel from the Standard Army Retail Supply System take possession of the vehicles at ASA-Dix, there are numerous places they could end up.

"After they're turned in, it's up to the Army where they go," said Hudson. "They're sold to various agencies sometimes, like Homeland Security."

However, according to Hudson, vehicles are typically purchased by non-government agencies.

Some vehicles may be recycled into the inventory to be used as training aids. Divested Army equipment and vehicles can even be sold as scrap metal and later re-purposed to make new items, like cars and toasters.

Subordinate units within the 143rd ESC involved in this mission include the 518th Sustainment Brigade, 321st Sustainment Brigade, 894 Quartermaster Company, 641st Regional Support Group, 257th Transportation Battalion, 414th Transportation Company, and 196th Transportation Company. The divestiture mission is scheduled for completion by the end of September.

The 143rd ESC is part of the 377th Theater Sustainment Command, headquartered in Belle Chasse, La.

## I am Air Force Energy campaign kicks off

By Air Force Civil Engineer Center

October, Energy Action Month, provides an opportunity for Airmen to learn more about the impact of energy to the Air Force's mission as part of a national campaign led by the Department of Energy. This year's theme, "I am Air Force Energy," puts the Airman at the center of the campaign. The goal is to inspire the total force to be more efficient so they can give the Air Force an assured energy advantage in air, space and cyberspace.

Beginning this month, the Air Force will highlight specific steps Airmen can take in their jobs to be more energy aware. More efficient flight descent procedures, new ways of loading cargo, and vehicle idle time reduction are just a few of the ways Airmen can help the Air Force

achieve its energy goals and maximize its energy advantage to support the mission. Activities during the month include on base energy days, training, facility versus facility energy competitions, videos, fact sheets, and articles distributed via the Air Force website, and dozens of others. These efforts will share best practices and celebrate the innovative ideas and accomplishments of Airmen at all levels across the country and around the world who have reduced energy and water use and saved money.

"In fiscal year 2012, the Air Force saved more than \$1.5 billion through smarter buildings, new technologies, and more efficient flight operations," said Acting Secretary of the Air Force Eric Fanning. "The smart use of energy means flying our aircraft farther, transporting more cargo, and accomplishing our mission in a more efficient and effective way."

In fiscal 2012, the Air Force spent \$9.2 billion on energy. "Every gallon of fuel and watt of electricity we save allows us to have more resources to meet other Air Force priorities," said Kathleen Ferguson, Acting Assistant Secretary of the Air Force for Installations, Environment, and Logistics.

Hundreds of Airmen have gone above and beyond to help increase our energy security. A few examples include:

- Energy Manager David Morin led an energy program at Laughlin AFB, Texas, that collected and analyzed energy use data to increase energy efficiency and implemented xeriscopic landscaping wherever possible. Through these efforts, Morin helped reduce base energy consumption by 27 percent, water by 24 percent and overall utility bills in fiscal 2012 by \$1.9 million.

- U.S. Air Force Europe Energy Manager Kelly Jaramillo oversaw an energy program that included 46 projects that are estimated to save more than \$5.5 million a year. She also implemented an energy awareness campaign that engaged the residents in Military Family Housing and helped them reduce energy consumption 25 percent and natural gas 17 percent.

- The Seymour Johnson AFB Support Center earned a

Leadership in Energy and Environmental Design Gold rating by consolidating five functional organizations into a single facility which cut energy consumption 60 percent and costs 50 percent. The building utilizes a high-efficiency variable refrigerant flow HVAC system, centrally maintained temperature set points, and low-flow plumbing. These features helped the base reduce potable water use 50 percent, and save 2,862 MMBTUs and \$55,000.

- The Air Combat Command facility energy team at Langley AFB, Va., oversaw facility energy optimization at 16 installations, which reduced energy use by 5.9 percent from 2011 and awarded 39 energy projects to save 447,471 MBTUs and \$5.4 million annually. In total, the programs implemented by ACC reduced energy consumption by 538,809 MMBTUs, cut CO<sub>2</sub> emissions by 62,835 tons, and saved \$6.67 million annually.

- The 22nd Operations Group Fuel Efficiency Office at McConnell AFB, Kan., designed and implemented measures to reduce and eliminate inefficiency in the fuel management of the KC-135. These measures included reducing KC-135 landing fuel, changing the KC-135 standard landing configuration, incorporating fuel efficiency software to inform flight speed, routing, and altitude, pioneering a new training configuration which reduced

aircraft basic weight, air maximizing simulator usage, and training 400 aircrew on the importance of fuel management. These efforts saved the Air Force \$4.3 million, even though sorties increased 42 percent.

Besides learning from their colleagues, Airmen are encouraged to take an online energy module available to all personnel with a Common Access Card on the Advanced Distance Learning System <https://afcesa.csd.dia.mil>

For more information, please visit:  
<http://www.af.mil/energyinitiatives/index.asp>  
<http://www.facebook.com/AirForceEnergy>  
<http://www.youtube.com/user/AFBlueTube>

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# NEWSNOTES

**ESGR All-Army Boss Lift**  
 The New Jersey Committee for the Employee Support of the Guard and Reserve and the United States Army Support Activity-Fort Dix is set to host the ESGR All Army Boss Lift Oct. 29-30, 2013. The two-day event will familiarize employers of Army Reserve and Army National Guard Soldiers on what it takes to be a member of the reserve component forces. Day one will provide employers the opportunity to witness the technology Soldiers have in their training tool kit to prepare for contingency operations around the world or homeland defense. Employers will have the opportunity to visit the Dix Joint Readiness Center on day two before going to field to observe Soldiers training at the Military Operations in Urban Terrain range. Call 562-3987 for more information.

**2013 Military Appreciation Night**  
 The 87th Force Support Squadron is set to host the 2013 Military Appreciation Night from 5-7 p.m. Nov. 14, 2013, at the Lakehurst Fitness and Sports Center, located at 123 Severny Road. The evening includes children's games, face

painting, balloon animals, bounce houses and more. Call (732) 323-2405 for more information.

**CGO Professional Development Seminar**  
 The Company Grade Officers Council is set to host a Professional Development Seminar Nov. 22, 2013, at Tommy B's Community Activities Center, located at 2705 East Arnold Ave. The seminar is available for company grade officers and senior cadets in their final year of ROTC. Email [johnson.e@us.af.mil](mailto:johnson.e@us.af.mil) for more information.

**915th Contingency Contracting Battalion**  
 The 915th Contingency Contracting Battalion is seeking officers, captain through major, any branch and sergeant (promotable) through sergeant 1st class, any military occupational specialty, interested in a career change. Immediate vacancies and opportunities are available. Visit [www.hrc.army.mil/MilPer/13-205](http://www.hrc.army.mil/MilPer/13-205) or <http://asc.army.mil/web/career-development/military-cco/usar-reclassification-program> for more information.

**JB MDL Spouses' Club Thrift Shop**  
 The Joint Base McGuire-Dix-Lakehurst Spouses' Club Thrift Shop is open from 10 a.m. to 2 p.m. Wednesday-Friday

and the first Saturday of the month, located at 2508 Can Do Way. The thrift shop accepts gently used donations. Call 754-2368 for more information.

**Navy Marine Corps Relief Society Thrift Store**  
 The Navy Marine Corps Relief Society Thrift Store is open every Tuesday, Wednesday and Saturday 9 a.m. to noon and Thursday 1-5 p.m. at 158 Berry Road. The sales income received from thrift shops is returned to the Sailors, Marines and their families in the form of emergency financial relief services. Donations after hours may be placed in the donation locker located by the front door. Opportunities are available for volunteers to sort merchandise, arrange displays and work as cashiers. Call (732) 323-2362 or visit for more information.

**87 IRS Customer Service and Equipment Accountability Service**  
 Individuals with inquiries regarding supply customer service, stock control and overpricing program assistance should call 754-3306/1381. Walk-in hours are 9 a.m. to 3 p.m. Monday through Friday at 1757 West Arnold Ave., Room 166 on McGuire. Call 754-5154/4454 for supply parts issue requests/aircraft parts store requests. Call 754-2678/4010 for the equipment accountability office and custodian's assistance. Visit [www.dms.dla.mil](http://www.dms.dla.mil) for DRMO procedures.

**Neighborhood Community Watch Meetings**  
 The joint base community is set to hold a meeting for the neighborhood community watch program from 7 to 8 p.m. every second Tuesday of the month in Falcons Court North. The meeting is intended to inform community members on how they can help protect the community by taking part in neighborhood watches and patrols. Call 723-6563 for more information.

## Construction Corner

From 87th Civil Engineer Squadron

**McGuire Power Plant Demolition Project**  
 Demolition of the McGuire Power Plant and associated facilities will continue through Oct. 31, 2013. Additional truck and construction vehicle traffic can be expected in the area.

**Road closures**  
 Repaving of Hancock Road is currently scheduled through Oct. 7, 2013. Traffic will be reduced to one way with flaggers during paving operation. Watch for workers striping roads.

**Thrift Store and Airmen's Attic Demolition**  
 Demolition of the Thrift Store and Airmen's Attic, located at 3446 Brody Road to include associated utilities and parking lot, is currently scheduled through Dec. 15, 2013. The old ball room in Pudgy's located at 2508 East Third St. is being renovated to house the Thrift Store and Airmen's Attic.

**Water Line Replacement**  
 Water line replacement work is currently scheduled through the end of 2013 in the 5600 and 5600 area, between Willow Pond and the U.S. Air Force Expeditionary Center, and between Doughboy Loop and Texas Avenue on Dix. Access to the sidewalk along Texas Avenue will be impacted during construction. During work in the

shoulder of 8th Street, traffic may be restricted by construction crews in the area. Construction equipment and activities may limit access to interior roadways and parking lots intermittently during the work. No road closures are anticipated.

**Electrical System Upgrade**  
 Electrical system upgrade work at 1907 East Arnold Ave. is currently scheduled through December 2013 for the demolishing of old electrical service and distribution within the facility. Intermittent electrical shutdowns will be required to disconnect old service and reconnect to the new distribution system.

**Walson Army Hospital Demolition**  
 Demolition of the Walson Army Hospital and associated facilities is expected to take approximately seven months. Detour around the site will continue through March 2014. New Jersey Avenue will be closed to all but local traffic between 4th Street and Summerall Avenue for the duration of the demolition and traffic will be routed around the site via N. Scott Plaza, Maryland Avenue and 8th Street. 4th Street between General's Circle and New Jersey Avenue will be closed for the duration of the work. Patrons of the golf course need to use additional caution when crossing Fort Dix Road and New Jersey Avenue due to increase traffic volumes on these roads.

## Destructive drinking can kill 'what you've earned'

By From Navy Personnel Command Public Affairs  
 MILLINGTON, Tenn. — Four Sailors shared their personal stories on video recently of how alcohol incidents impacted their careers and the importance of drinking responsibly, a Navy Alcohol and Drug Abuse Prevention official said Sept. 27, 2013.

The first video testimonial was released Aug. 29 and features Petty Officer 2nd Class Michael Palfrey from Naval Base San Diego answering the question, "What does the phrase 'Keep What You've Earned' mean to you?"

Palfrey reveals the poor decision he made while drinking that adversely impacted his career. He provides advice for others on how to drink responsibly.

"Someone pushed a beer in my face and I said, 'Why not? The night's over,'" said Palfrey, "and the rest was a blur. That moment when the cuffs went on, I just kind of sobered up and went 'This is not real. This did not just happen.'"

Palfrey decided to participate in the "Keep What You've Earned" campaign and share his story so other Sailors can learn from his mistakes. He reminds Sailors that although it may be a one-time thing, irresponsible decisions regarding alcohol can lead to severe career consequences.

"I had all of these things going for me a year ago, and now they're all gone," Palfrey said. "It's not just the financial costs and where they hit you in the wallet."

Palfrey wound up seeking the help he needed and received tremendous support from his command leadership, including James Queen, command Drug and Alcohol Program Advisor, Training Center San Diego. Queen supported Palfrey throughout treatment, including referring him to the Substance Abuse Rehabilitation Program. In the video, Queen says the "Keep What You've Earned" campaign underscores how hard Sailors work to make a rank and make their family and their community proud, and that it's not worth it to throw it away for a couple drinks.

Palfrey's story is one of four being released as part of the "Keep What You've Earned" campaign. Each testimonial reminds Sailors of the importance of drinking responsibly and keeping what they've earned.

Watch the video on NADAP's YouTube channel at [www.youtube.com/user/NavyNADAP](http://www.youtube.com/user/NavyNADAP).

Visit [www.nadap.navy.mil](http://www.nadap.navy.mil) for more information, materials and resources from NADAP's "Keep What You've Earned" campaign.

Visit [www.npc.navy.mil](http://www.npc.navy.mil) and [www.navy.mil/local/npc/](http://www.navy.mil/local/npc/) for more news from Navy Personnel Command.

## Joint Base McGuire-Dix-Lakehurst Chapel

### Chapel Locations

- McGuire Chapel – 2503 East Arnold Avenue
- North Chapel – 3827 School House Road
- Dix Chapel – 5240 New Jersey Avenue
- Soldier's Chapel – 5950 Church Street
- Cathedral of the Air – 264 Hope Chapel Road, Lakehurst N.J. 08527

### Worship Hours

- Catholic**  
 Wednesday – 11:30 a.m. McGuire Chapel  
 Saturday – 5 p.m. McGuire Chapel  
 Sunday – 10:30 a.m. Dix Chapel
- Protestant**  
 Sunday – 9 a.m. Traditional - Dix Chapel  
 Sunday – 9:45 a.m. Contemporary - North Chapel  
 Sunday – 11:30 a.m. Gospel - McGuire Chapel

### Airman Support Activity

- Sunday – 7:30 a.m. LDS - Dix Chapel
- Sunday – 7:30 a.m. Protestant - Soldier's Chapel

For programs, faith groups, or special language needs not listed, please contact the Chapel at 609-754-4673.

### Contacting A Chaplain

When should I call a Chaplain?

Chaplains are available for spiritual, relationship and grief counseling. They provide worship services, baptisms, weddings and memorials.

Your conversation with a chaplain can not be disclosed without your permission. No exceptions.

To speak with a Chaplain during duty hours (Monday through Friday 7:30 a.m. – 4:30 p.m.) call 609-754-HOPE (4673).

For assistance after duty hours, call the Command Post at 609-754-3935 or 3936.

## Glorifying God, Serving Warfighters, Pursuing Excellence for the Joint Base

## AirForceToons



## Message

Continued from Page 2

This SBS's daily schedule was so hectic that I would have to coerce him to stop to eat lunch, which was now cold because I had picked it up two hours prior. Yet, he always seemed to have time to stop and chat with everyone, even as I attempted to be the fullback leading him down the halls to block traffic.

So what is our excuse? Why do our Airmen skip levels in the chain of command because they are uncomfortable talking to a supervisor, chief or commander?

Is it because they are unapproachable? Is it because they treat their co-workers like dirt? Do they think that they don't have time to waste in useless conversation? Maybe they just don't care or they are just here for the paycheck?

I can guarantee each of you, we all have Airmen in our squadrons who feel they have supervisors or co-workers who don't truly care about them. We walk by them and nod but don't

say hi. We might say hi, but don't ask how their weekend was. We might ask how their weekend was and get the "it was good, sir/ma'am," but you never know what "it was good" translates into.

Maybe that Airman is having financial issues, has no friends and stayed in his dormitory room all weekend alone. Too often, we listen, but we do not engage in conversation. To anyone who wants to be a better wingman, friend or supervisor, simply invest time talking to Airmen on their turf. Everyone, from the new airman basic at First Term Airman Course to the wing commander who has 23 years of service needs to have someone who cares and to be their sounding board.

Take the time out of your busy day to walk, talk and listen to the people you work with. You never know what you may learn, or whose life you may impact. By simply getting out from behind your desk and engaging people in conversation, you send a powerful message to co-workers, friends and Airmen that you care.

**JB MDL Base Theater Movie Schedule**



Friday:  
7 p.m.  
Paranoia (R)



Saturday:  
7 p.m.  
Getaway (PG-13)

**Get to know JB MDL!**

Can you guess what this is? Submit your guess online at [www.facebook.com/jbmdl](http://www.facebook.com/jbmdl). Don't forget to check back next week when the full-size photo is revealed!



Did you guess last week's close-up photo? It's the barrel handle for a ZPU-1 anti-aircraft heavy machine gun on display at the Army Reserve Mobilization Museum. This particular weapon was captured from an Iraqi emplacement on the roof of a Kuwaiti hotel during Operation DESERT STORM.



**Shutdown**

Continued from Page 1

Furlough [www.opm.gov/policy-data-oversight/pay-leave/furlough-guidance/#url=Shutdown-Furlough](http://www.opm.gov/policy-data-oversight/pay-leave/furlough-guidance/#url=Shutdown-Furlough)  
OSD Furlough Information: [www.opm.osd.mil/Subpage/FurloughGuidance](http://www.opm.osd.mil/Subpage/FurloughGuidance)

Department of Defense Government Shutdown Information: [www.defense.gov/home/](http://www.defense.gov/home/)

features/2013/0913\_govtshutdown/MilitaryOneSource: [www.militaryonesource.com](http://www.militaryonesource.com)

Visit [www.jointbasemdl.af.mil/shared/media/document/AFD-131001-036.pdf](http://www.jointbasemdl.af.mil/shared/media/document/AFD-131001-036.pdf) to view a full list of services which will be closed, delayed or remain open.

Visit Facebook at [www.facebook.com/jbmdl](http://www.facebook.com/jbmdl) and Twitter at [www.twitter.com/jointbasemdl](http://www.twitter.com/jointbasemdl) for the most up-to-date info in regard to the government shutdown. Community members can also download the MyBaseGuide app for their smart phone or tablet.

**Recipe Roundtable**



Got a favorite recipe that's a time-saving miracle, a gourmet masterpiece or just really yummy? Email the recipe and a photo to the Air, Land & Sea Times staff at [87.abw.pa@us.af.mil](mailto:87.abw.pa@us.af.mil) to share it with the joint base community. Be sure to include "Recipe Roundtable" in the subject line.

**Baked Ziti**

Ziti is a casserole and a great choice for a low-fat dish. Serves six.

- Ingredients:
- 1/2 lb extra lean ground beef
  - 1 cup chopped sweet onion
  - 2 garlic cloves, finely chopped
  - 1 medium zucchini, cut in half lengthwise, sliced 1/4 inch thick
  - 1 (15 ounce) can tomato sauce
  - 1 (14 1/2 ounce) can fire roasted diced tomatoes, drained
  - 2 teaspoons chopped fresh oregano leaves
  - 1/4 teaspoon salt
  - 1/4 teaspoon pepper
  - 8 ounces ziti pasta, cooked and drained
  - 3/4 cup shredded reduced-fat mozzarella cheese
  - cooking spray

**Cooking Instructions**  
Heat oven to 375 degrees. Spray two-quart rectangular glass baking dish. In a 10 inch non-stick skillet, cook beef, onion and garlic over medium heat, stirring frequently, until cooked. Add zucchini, cook two minutes. Stir in tomato sauce, diced tomatoes, oregano, salt and pepper. Heat to boiling. Toss with pasta. Spread in dish. Cover with foil; bake 20 minutes. Sprinkle with cheese. Bake uncovered, about 5 minutes or until cheese is melted.

Recipes found at [food.com](http://food.com)

**Commander**

Continued from Page 1

transitioned then McGuire Air Force Base, Fort Dix and Lakehurst Naval Air Engineering Station into JB MDL.

"It's great seeing the coordination I put forth as the previous commander come into effect here," said Martin. "Joint basing here has allowed us to garner what we've been given—a fresh insight into how other services do business. This insight and communication between services brings innovation and unique opportunities, ultimately, helping us create better efficiencies across services and agencies."

The EC shares ranges with the tenant Army units on base and also works with the Army units to train service members to deliver combat-ready Airmen to combatant commanders.

"The EC's mission is to train, exercise and enable expeditionary combat support forces around the world, and because of this we understand the importance of enabling our sister services," said Martin. "I believe air

power is built from the ground up, starting with expeditionary service members who support air mobility wings."

The 87th Security Forces Squadron, which Martin toured on his first day, is an example of joint-service interoperability. Martin saw the new facilities and systems which allowed the squadron to coordinate with its counterparts across the joint base. Airmen, Sailors and Soldiers all have a common defense goal to work toward.

The tour afforded Martin the opportunity to further focus his strategic plans to support JB MDL, its tenant units and the community.

"We have a very unique diversity here at JB MDL," said Martin. "There is a capability here, not only in the service branch diversity, but in the total-force aspect. The large varieties of active-duty, guard and reserve components that reside here make us a valuable asset for the military to draw upon."

Martin finished his visit with a trip to the 87th Air Base Wing Headquarters where he met some of the wing's service members and revisited an office he reminisced of planning and organizing the joint base structure.

**Joint Base Intramural Sports Standings**

2013 Intramural Wallyball JB McGuire-Dix

Team	Win	Loss	PCT
AMC TES	5	0	1.000
87th CS - A	4	1	0.800
87th MDG	2	1	0.667
ACC-NJ	1	2	0.333
87th CS - B	1	2	0.333
305th MXS	0	2	0.000
605th AMXS	0	2	0.000
314th RCS	0	2	0.000

Game schedule

Week 6	4 p.m.	314th RCS vs. 87th MDG
Sept. 30	5 p.m.	ACC-NJ vs. 605th AMXS
Oct. 2	4 p.m.	87th CS - A vs. 305th MXS
	5 p.m.	87th CS - B vs. AMC TES

All games played at McGuire Racquetball Court

2013 Lakehurst Fall Soccer

Team	Win	Loss	Tie	Points
Mayhem	3	0	1	30
Unarmed Forces	2	2	0	20
Mavericks	2	2	0	19
Aftershock	1	2	1	16
Furloughed Forces	1	3	0	13

Game schedule

Week 4	11:15 a.m.	Unarmed Forces vs. Mayhem
Sept. 30	12:05 p.m.	Furloughed Forces vs. Mavericks
Oct. 2	11:15 a.m.	Mavericks vs. Aftershock
	12:05 p.m.	Mayhem vs. Furloughed Forces

All games played at Lakehurst Credit Union Annex Field

2013 Lakehurst Flag Football

Team	Win	Loss	PCT
Unarmed Forces	2	0	1.000
Thunder Chickens	2	0	1.000
Show Time	0	1	0.000
Little Giants	0	1	0.000
Titans	0	2	0.000
CNATT/Test	0	3	0.000

Game schedule

Week 4	Oct. 1 11:30 a.m.	Titans vs. Show Time
Oct. 3	11:30 a.m.	Thunder Chickens vs. Little Giants

All games played at Lakehurst Sports Complex Football Field

2013 Intramural Flag Football JB McGuire-Dix

Team	Win	Loss	PCT
108th WG	0	0	0.000
174th INF BDE	0	0	0.000
244th AVN	0	0	0.000
2nd/32nd	0	0	0.000
3-314th FA	0	0	0.000
305th AMXS	0	0	0.000
305th APS	0	0	0.000
305th MXS	0	0	0.000
305th OSS	0	0	0.000
605th AMXS	0	0	0.000
621st CRW	0	0	0.000
87th CES	0	0	0.000
87th FSS/87th CS	0	0	0.000
87th LRS	0	0	0.000

87th MDG	0	0	0.000
87th SFS	0	0	0.000
Fire Dept.	0	0	0.000
FRC East	0	0	0.000
HHC ASA-Dix	0	0	0.000
VR-64 Condors	0	0	0.000
WMSE	0	0	0.000

PCT=Winning Percentage

Game schedule

Week 1

Oct. 1	5:30 p.m.	Field 1	621st CRW vs. 3-314th FA
	5:30 p.m.	Griffith 2nd/32nd	vs. VR-64 Condors
	6:30 p.m.	Field 1	HHC ASA-Dix vs. 174th INF BDE
	6:30 p.m.	Griffith Fire Dept.	vs. WMSE
	7:30 p.m.	Field 1	87th CES vs. 87th SFS
	7:30 p.m.	Griffith 244th AVN	vs. 87th MDG
Oct. 2	5:30 p.m.	Field 1	305th AMXS vs. 87th LRS
	5:30 p.m.	Griffith	108th WG vs. 87th East
	6:30 p.m.	Field 1	87th FSS/87th CS vs. 621st CRW
	6:30 p.m.	Griffith	2nd/32nd vs. 3-314th FA
	7:30 p.m.	Field 1	305th OSS vs. 305th APS
	7:30 p.m.	Griffith	305th MXS vs. 605th AMXS
Oct. 3	5:30 p.m.	Field 1	87th FSS/87th CS vs. 87th LRS
	5:30 p.m.	Griffith	87th CES vs. VR-64 Condors
	6:30 p.m.	Field 1	87th SFS vs. 87th MDG
	6:30 p.m.	Griffith	108th WG vs. 305th MXS
	7:30 p.m.	Field 1	305th AMXS vs. 305th APS
	7:30 p.m.	Griffith	244th AVN vs. Fire Dept.

Field 1=McGuire Griffith=Griffith (FH) Flag Football Field #1  
Current as of Sept. 24, 2013.