

NEWSNOTES

Dates and times are subject to change. Check with the event coordinator prior to the event.

Active-Shooter Exercise

The joint base active-shooter is scheduled for Sept. 12, 2013. Training is essential and helps ensure the readiness of joint base personnel. Call 754-2230 for more information.

Pemberton Gate Hours Schedule

The Pemberton Gate is scheduled to open from 7-9 a.m. and 2:15-5 p.m. Monday-Friday and continuing through the school year to meet the needs of the Dix Elementary School buses. These hours will be adjusted to facilitate early dismissals and holidays as designated by the school. Call 754-4509 for more information.

JB MDL Chapel Positions Available

The Joint Base McGuire-Dix-Lakehurst Chapel has the following positions open for application: protestant religious education coordinator, protestant community coordinator, protestant music director, protestant youth director, gospel music director, contemporary music director, catholic religious education coordinator, catholic community coordinator, catholic music director, catholic accompanist and catholic sacristan. Application packets for each position are available from 7:30 a.m. to 4:30 p.m. Monday through Friday, at the McGuire Chapel, located at 2503 East Arnold Ave. and the Dix Chapel, located at 5240 New Jersey Ave. Sealed bids and resume should be submitted to JB MDL Chapel Tithes and Offering Fund contract officer by 8 a.m. Sept. 16, 2013, McGuire Chapel. Call 754-4673 for more information.

Semi-Annual Munitions Inventory

The 305th Maintenance Squadron munitions storage area will be closed today, for its semi-annual munitions base stock inventory. Call 754-2102 for more information.

Mountain Bike or Hike the New Jersey State Forest

The 87th Force Support Squadron is set to host a Mountain Bike or Hike the New Jersey State Forest trip Sept. 7, 2013. Bike or hike over more than 5 miles through the famous Jersey Pinelands of the Brendan Byrne State Forest. The fee is \$5 for active duty and reserve military and \$20 all others and include round trip transportation from Outdoor Recreation Center. Space is limited to 14 bikers and/or hikers. Group departs at 10 a.m. from 6045 Doughboy Loop and returns approximately 3 p.m. Call 562-2727 for more information.

Cantonment Archery Program Briefing

The 87th Force Support Squadron is set to host a Cantonment Archery Program Briefing 5:30 p.m. Sept. 10, 2013, at the Outdoor Recreation Center, located at 6045 Doughboy Loop. Participants planning on hunting deer in the CAP program need to attend this briefing. The CAP is open only to active-duty military, dependents and full time Department of Defense employees. Call 562-2727 for more information.

9/11 Memorial Service

A 9/11 Memorial Service is set to be held from 11-11:20 a.m. Sept. 11, 2013, at the McGuire Chapel, located at 2503 East Arnold Ave. The memorial service is open to all Department of Defense ID cardholders.

Remembrance Run 5K

The 87th Force Support Squadron is set to host a Remembrance Run 5K starting at 11:45 a.m. Sept. 11, 2013, at the Lakehurst Fitness and Sports Center, located at 123 Severys Road. The event is open to all Department of Defense ID cardholders. Registration begins at 11:30 a.m. Call (732) 323-7266 for more information.

Patriot Day 5K Obstacle Run

The Patriot Day 5K Obstacle Run is set to start at 3 p.m. Sept. 11, 2013, across from the Arts & Crafts Center, located on Pennsylvania Avenue. The events are open to all Department of Defense ID cardholders. Visit www.gomdl.com for more information.

Group Preseparation Counseling

The Military and Family Support Center is set to host a Group Preseparation Counseling from 2-4 p.m. Sept. 12, 2013, at 3435 Brody Road. Complete mandatory needs assessment counseling required for out-processing. Receive a preseparation counseling checklist. Call 754-3154 for more information.

Patriot Cup V Golf Tournament

The 174th Infantry Brigade is set to host the Patriot Cup V Golf Tournament 4-Person Scramble at 8:30 a.m. Sept. 13, 2013, at the Fountain Green Golf Course, located at 3152 Fort Dix Road. Registration opens at 7:30 a.m. and is open to all joint base partners and family members. The cost is \$55 and includes: 18-hole green fee with cart and lunch. Call 562-6553 for registration form or for more information.

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Wounded warrior adopts four-legged partner, friend



Staff Sgt. Brian Williams, 87th Security Forces Squadron military working dog handler, embraces Carly, his former military working dog during a ceremony Aug. 28, 2013, on Joint Base McGuire-Dix-Lakehurst, N.J. Williams, who hails from Sierra Vista, Ariz., recently received approval to adopt Carly. Both Williams and Carly deployed in 2011 to Kandahar, Afghanistan where Williams sustained injuries from an improvised explosive device. Service members from the joint base and Carly visited Williams numerous times during his recovery at Walter Reed National Military Medical Center, D.C. (U.S. Air Force photo by Russ Mereroll/Released)

By 1st Lt. Alexis McGee
 Joint Base McGuire-Dix-Lakehurst Public Affairs

From the moment Staff Sgt. Brian Williams arrived at Walter Reed National Military Medical Center to begin his recovery, he had only one request: Carly.

Williams was deployed from the 87th Security Forces Squadron when he suffered serious injuries after an improvised explosive device detonated while he was on a mission April 25, 2012, outside Kandahar Airfield in southern Afghanistan.

The military working dog handler suffered the loss of his left leg above the knee, as well as multiple shrapnel wounds due to the explosion.

Present with him during the explosion, but unharmed during

the attack, was his military working dog partner of one and a half years, Carly.

Carly remained at the forefront of Williams' mind as he began his recovery process. Carly was safely transferred back to Joint Base McGuire-Dix-Lakehurst where he was on stand by for a while before being reassigned to another handler.

Carly continued doing what he knew best – working – while Williams dedicated his efforts to recovery.

"Every time we went down to visit Brian, his first question was always 'how is Carly?'" said Staff Sgt. Allison Price, 87th SFS military working dog handler. "For the longest time he didn't know he even had the option of adopting Carly."

See CARLY, Page 6

514th AMW wins 2012 Air Force Outstanding Unit award

By Senior Airman Chelsea Smith
 514th Air Mobility Wing Public Affairs

The 514th Air Mobility Wing was one of 14 Air Force Reserve wings recognized for meritorious service as a recipient of the 2012 Air Force Outstanding Unit award.

The Secretary of the Air Force gave recognition to the units who have distinguished themselves by exceptionally meritorious service or outstanding achievement that clearly sets the unit above and apart from similar units. The award covers achievements during a two-year time period.

"This award is a testament to all of the phenomenal mission-focused people working to support our operations," said Col. Michael Underkofler, 514th AMW commander. "We're a large wing, Air Force Reserve Command's fifth largest, with many moving parts and different missions. I'm continually impressed by our reservists' spirit of volunteerism to deploy at a moment's notice. You name the operation and I bet we've had a reservist from the wing supporting it."

During the award period, the 514th AMW amassed more than 25,000 total flying hours, which included more than

See AWARD, Page 6



Master Sgt. Robert Holland (left) and Staff Sgt. Dmitriy Tsvetkov wrap-up an external power unit after performing maintenance on a KC-10 Extender at Joint Base Charleston, S.C., Jan. 10. Holland and Tsvetkov are reservists from the 714th Aircraft Maintenance Squadron at Joint Base McGuire-Dix-Lakehurst, N.J. They accompanied a Reserve aircrew in transporting humanitarian cargo from Minneapolis-St. Paul Air Reserve Station, Minn., to Charleston as part of the Denton Program, which allows humanitarian cargo to be moved on military aircraft on a space-available basis. (U.S. Air Force photo by Shawn J. Jones/Released)

Airmen create lasting impression

Three Airmen painted their interpretation of unity, respect, trust, strength and the will to protect, on a wall Aug. 30, 2013, at Camp Cunningham leaving a visual legacy for those who follow in their footsteps.



3

Soldiers vie for 'Best officer'

The 174th Infantry Brigade, First Army Division East, held its 2013 Best Officer Competition Aug. 26-28, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J.



4

Where were you on Sept. 11, 2001?

"I was stationed Carrier Airborne Command and Control Squadron 120 in Norfolk, Va., and I had just gotten off 3rd shift. I was getting ready to go to sleep when the news really woke me up."



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Check out JB MDL on social media!

Use Facebook to connect with joint base leadership and other community members.
 #jointbasemdl
 Sign up for our news alerts through Twitter and receive important base updates straight to your cell phone.
 #jointbasemdl
 Check Flickr for photos galleries containing hundreds of images of JB MDL happenings.

All things happen for a reason

By Tech. Sgt. Keith Conella
336th Recruiting Squadron

JOINT BASE SAN ANTONIO-RANDOLPH, Texas – Most think that we have complete control over what happens next in our world. Life can always throw obstacles at us where we have to adapt and overcome. At times we can feel as if the whole world is about to crumble in front of us.

To be able to make the best of these situations is always easier said than done. In today's times keeping up with the pace of the rest of the world can seem as if our lives are measured by major events that happen.

Looking back it's easy to see that the most memorable occasions to mark times were really good or terrible bad. The birth of my children and almost having one of them die in front of me is something I will never forget.

While stationed at Kadena Air Base in Japan, I worked as a jet engine mechanic. Like all other maintainers, I loved the job and took a lot of pride in what I did.

My wife and three daughters loved living overseas and experiencing the Asian culture. The second year we lived there my 2-year-old asthmatic daughter

Reagan came down with a really bad case of pneumonia. It progressively got worse and she was finally admitted into the intensive care unit where she stayed for a week.

Although she was released from the hospital she still stayed sick the remaining time we were there. Exactly a year later we were back in the intensive care unit. This time she had double pneumonia which quickly took a turn for the worse. Our other two daughters left their youngest sister at the hospital thinking she would be back playing with them the next day.

After being there five days we went from having a very sick daughter to a little princess fighting for her life. Her heart and lungs had worked too hard to give her enough oxygen so the doctors decided the only option was to intubate her and put her on a ventilator to give her body a rest.

Before they put her under, her heart rate and breathing were so rapid she couldn't talk or cry even though she wanted to. The doctor injected her with a sedative to put her under and before she closed her eyes I whispered in her ear, "I love you." She put her three little fingers up signing back "I love you," which is

something we always did. That was the absolute lowest part of my life.

The doctors told us at this point that things weren't good. They then called in a chaplain to talk to us. Her vitals continuously got worse until they said the only thing left to do was pray. I kept thinking, "How are we going to tell her sisters that she's not coming home to play with them again?"

On the third day her eyes and face started swelling and didn't even look like our baby girl. My wife and I cried for seven days straight. We had commanders, supervisors and friends try to visit us while we were there. I didn't want to see anyone. This was by far the worst event we could ever experience.

On the seventh day the day the doctors decided to take her off the ventilator to see if she could breathe on her own. She awoke after seven days and looked at us and just smiled. The doctors decided she needed to be transferred to a hospital that specialized in her condition. They called in a Reserve unit from Montgomery, Ala., to fly her on a medical evacuation mission to the Henrietta Egleson Hospital for Children in Atlanta. She made a

See REASON, Page 9

What is a good wingman?

By Airman 1st Class Kia Atkins
35th Fighter Wing Public Affairs

MISAWA AIR BASE, Japan – Sitting next to my first sergeant in a hospital waiting room while Urgent Care Center staff took care of my friend was not where I expected to be at 5 a.m. on a Sunday morning.

As I recalled the story of the previous night, nothing really seemed out of the ordinary. It was a Saturday night and my friend and I decided to go downtown for a drink or two. We were having a fun night, so time flew by. Before I knew it we were headed back on base to make curfew.

That night wasn't like other nights though - this time it ended up with me having to make a life or death decision.

I didn't think of the consequences or the repercussions, I just knew that we needed help. I knew my friend had alcohol poisoning, so I called 911.

I felt so guilty. I felt like the worst person in the world. Why wasn't I paying attention to how much she had drank? How did I not notice things had gotten to that point?

It wasn't until I talked to my first sergeant that I realized it was beyond my control. She told me that some Airmen in situations like that would've just left their friend there because they were scared of getting in trouble. I could never imagine leaving her there, she was my best friend - I was her wingman.

Even though I feared she would hate me for making that call, I knew it had to be done. They told me that if I hadn't gotten

her help, she could've died. So to me, I think that being a good wingman means having to make tough decisions to help out a friend who is in need.

I knew that night that I'd rather have her hate me for making that decision than to have to live with the knowledge that I let her die. Thankfully, my friend didn't blame me at all for the situation; she just thanked me for being there for her.

Being in a situation like that made me think about what being a good wingman meant to me. But what does being a good wingman mean to other people?

To Senior Airman Jeffrey Winfield, 35th Comptroller Squadron lead defense travel administrator being a good wingman means having someone's back on personal or professional issues.

"I guess you could say it's someone I can confide in, but also someone who can share the work load," he said. "In many ways you could consider a good friend a good wingman, but a good wingman is also someone who looks out for you professionally. Someone who will let you know if they think you should be doing something differently or if a new strategy should be used."

When Tech. Sgt. Amanda Tuttle, 35th Medical Operations Squadron maternal child care flight technician, was asked what being a good wingman meant to her she said it meant being concerned about the well being of others.

"You're not assigned to a specific person, so if you see

See WING, Page 9

Service member spotlight: the little things in life

Petty Officer 2nd Class Brian McInnis, U.S. Coast Guard Atlantic Strike Team response member, is the joint base's featured service member of the week. McInnis hails from Chelmsford, Mass.

Q: Why did you join the military?

A: My first job as a teenager was at a local lumber yard where my supervisor was a former Marine. He taught me things about the military and how it worked. From that point on I knew I was going to join a service.

Q: What is your job and what is its impact on the mission?

A: As a newly reported member, I am learning the pre-requisite duties of a response technician. When I become a certified member, I will be deployed within the strike team's area of responsibility to assist with oil and hazardous chemical response, incident command response/management and weapons of mass destruction response.



(U.S. Coast Guard courtesy photo/Released)

Q: Do you have any past or current family members in the military?

A: I had two grandfathers in the Army, one during World War II helping develop radar and the other in the mid 1950's as a member of the 101st Airborne Division. My third grandfather was in the Army Air Corps during World War II as a navigator then joined the Navy as an optometrist. My dad was in the Navy working with sonar in the 1980s. I have one cousin who is currently in the Navy working with electricity.

Q: Who most inspires you?

A: My grandfather; he taught me about the little things in life that matter most.

Q: What is one thing you'd like your fellow service members to take away or understand about the military?

A: I think we should all understand that we are part of a big team. On the days where we can't see direct results from our work, we are always contributing to a large mission.

Ammo Flight Airman inspects 'everything that goes boom'

Senior Airman David Negron, 305th Maintenance Squadron munitions storage crew member, loads up .50-caliber ammo for the 87th Security Forces Squadron Combat Arms Training and Maintenance team Aug. 9, 2013, on Joint Base McGuire-Dix-Lakehurst, N.J. AMMO is responsible for maintaining the Air Force's entire munitions stockpile on base. Various duties include shipping and receiving, building, testing, operating, protecting, inspecting, storing and performing maintenance on all types of conventional munitions systems. Negron hails from Bridgeport, Conn. (U.S. Air Force photo by Wayne Russell/Released)



COMMANDER'S ACTION LINE



Col. James C. Hodges
Commander, Joint Base McGuire-Dix-Lakehurst and 87th Air Base Wing

The Joint Base Commander's Action Line is an integral part of the base feedback network. Base personnel are urged to use the proper chain of command first to address their concerns.

If you are not satisfied with the response from your chain of command, or you are unable to resolve the problem or concern, please call 754-3247 or e-mail 87abw.actionline@mcguire.af.mil.

Action lines may be made anonymously, however it is recommended you leave your name and number in case more information is needed to address your concern.



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For up-to-date joint base news & info visit: www.jointbasemdl.af.mil



JB MDL Airman helps create lasting impression

By Tech. Sgt. Rob Hazelett
455th Air Expeditionary Wing Public Affairs

BAGRAM AIRFIELD, Afghanistan — Three Airmen painted their interpretation of unity, respect, trust, strength and the will to protect, on a wall Aug. 30, 2013, at Camp Cunningham leaving a visual legacy for those who follow in their footsteps.

By the time the painting was done, the Airmen had spent more than 25 hours of their spare time through a span of more than three days completing the mural.

Senior Airman Brittney Snyder, 455th Air Expeditionary Wing personnel support, said the painting depicted the strength shared between the U.S. and Afghanistan.

"We are showing the unity of two cultures coming together," said Snyder, deployed from Joint Base Langley-Eustis, Va., and a three-year Air Force veteran hailing from Ocean Springs, Miss. "Although we are from different countries, we are building relationships to protect the innocent."

Airman 1st Class Eli Hixson, 455th Expeditionary Aerial Port Squadron air transportation passenger service agent, assisted during the painting and said painting the walls stood for something and it meant a lot to the Airmen.

"This mural was intended to signify growing efforts to help the Afghan military and government obtain the necessary fundamentals to begin their process in bringing not only their own country together, but to bringing the U.S. and Afghanistan nations together," said Hixson, deployed from the 305th Aerial Port Squadron at Joint Base McGuire-Dix-Lakehurst, N.J., and is a native of Laramie, Wyo. "It is also a symbol of what our fallen Soldiers, Airmen, Sailors and Marines have sacrificed and fallen for in hopes that with our efforts, another nation can learn and become one with itself."



Senior Airman Brittney Snyder, 455th Air Expeditionary Wing personnel support, and Airman 1st Class Eli Hixson, 455th Expeditionary Aerial Port Squadron air transportation passenger service agent, painted their interpretation of unity, respect, trust, strength and the will to protect on a wall leaving a visual legacy for those who follow in their footsteps to see Aug. 30, 2013 at Camp Cunningham, Afghanistan. Hixson is deployed from the 305th Aerial Port Squadron at Joint Base McGuire-Dix-Lakehurst, N.J. (U.S. Air Force photo by Tech. Sgt. Rob Hazelett/Released)



Senior Airman Alyona Blizard, 455th Expeditionary Communications Squadron communications focal point technician, who is deployed from Joint Base Langley-Eustis AFB, Va., and a native of Beckley, W.Va., also assisted painting the mural. (U.S. Air Force photo by Tech. Sgt. Rob Hazelett/Released)

Agencies commit to Transition Assistance Program

By American Forces Press Service

WASHINGTON — The departments of Defense, Veterans Affairs, Labor, Education, the Office of Personnel Management and the Small Business Administration codified their continued commitment to help transitioning service members be "career ready" for civilian life by signing a statement of intent Aug. 15, 2013.

"This (statement of intent) puts our shared commitment to our service members in black and white," said Dr. Susan Kelly, Transition to Veterans Program office principal director. Each of the military services was represented during the formal signing of the statement of intent, said Francine Blackmon, deputy assistant secretary of the Air Force for force management integration.

The services have aggressively implemented the various components of the redesigned Transition Assistance Program, Blackmon said.

Working elbow to elbow with the various partnering agencies, the services are ensuring service members have all the necessary tools to make a successful transition to civilian life, she said.

"The (statement of intent) strengthens our resolve for a concerted interagency effort working toward this common goal," Blackmon added.

More than 250,000 service members separate from active duty each year and they face numerous challenges as they transition to civilian life. The statement of intent is a milestone for the interagency effort to redesign the 1990s-era TAP model and help service members meet those challenges. The signing shows the redesigned TAP is not a short-term effort but a set of greatly improved transition services that the partners will sustain for long term.

"Even in this time of budget constraints, each of the interagency partners and the services will sustain the effort to implement the redesign of transition assistance," Kelly said.

This includes staff at installations to provide face-to-face information and new skills, as well as a virtual curriculum to build the same career readiness skills for service members in isolated and geographically separated locations, she added.

The statement of intent also establishes the objectives for the new governance structure and the foundation of the new TAP Executive Council, comprised of DOD, VA and DOL co-chairs, as well as senior executives from SBA, OPM and the military services. The new TAP Executive Council will steer the collaboration and partnership efforts through 2016 and implement and modify the redesigned program as needed to meet changing needs of transitioning service members through the years.

Through the last 18 months, the DOD and VA have led the efforts of the Veterans Employment Initiative Task Force interagency partners and the White House Economic and Domestic Policy Council staffs in redesigning the Desert Storm-era TAP to better prepare service members for these challenges as they leave the military and become veterans.

The redesigned TAP provides training that will build skills to enable transitioning service members to meet career readiness standards established by DOD. The training, known as Transition GPS (goals, plans, success), comprises interlinked curriculum, services and processes conducted by numerous partners — DOD, the military services, VA, DOL, SBA, and OPM.

Interagency partners Department of Education and the National Guard Bureau continue to serve in valued consultative and advisory roles.

Advancing their work together, the agencies will cultivate an interagency partnership that builds upon mutual respect, cooperation and shared goals to successfully transition career ready service members to the civilian sector.

Airman helps 32nd ARS stay current on training



Airman 1st Class Daniel Thiel, 32nd Air Refueling Squadron aviation resource manager, reviews air crew training documents Aug. 29, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J. Thiel, a Chicago native, is responsible for tracking all air crew training requirements and ensuring they are fully qualified before each mission. (U.S. Air Force Photo by Tech. Sgt. Darrell Dear/Released)

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ACTIVE SHOOTER INCIDENT

The incident will be a dynamic situation evolving rapidly and demands immediate response from Security Forces.

The first actions by patrolmen arriving on scene will be take aggressive action to find and stop the shooter. All rescue efforts will be delayed until the danger is mitigated or eliminated.

IMMEDIATE DANGER

If you are in immediate danger during a shooting incident, ESCAPE from the scene or HIDE OUT.

During ESCAPE, plan your route, leave your belongings behind and exit with your hands visible. This will help Security Forces personnel not mistake you for the shooter.

INFORMATION TO PROVIDE TO 911

- Location of the active shooter
- Number of shooters, if more than one
- Physical description of shooter(s)
- Number and type of weapons involved
- Number of potential victims at the location

WHEN HELP ARRIVES

Security Forces purpose is to stop the active shooter as soon as possible. Security Forces will proceed directly to the area where the last shots were heard.

- Security Forces usually arrive in teams of four but could be as few as two
- Security Forces will be armed with handguns and/or rifles
- Security Forces may shout commands, and may push people to the ground for their safety

Active Shooter Stats

- Active shooter incidents often occur in small or medium sized communities
- The average active shooter incident lasts only 12 minutes and 37 percent last less than 5 minutes
- 98 percent of the time the offender is a single shooter
- 43 percent of the time, the crime is over before police arrive
- The shooter often stops as soon as he hears or sees police
- Two percent of the shooters brings IEDs as an additional weapon

As a LAST RESORT ... TAKE ACTION

If you find yourself in a life or death situation, take action. Attempt to incapacitate or act with physical aggression and throw items at the active shooter.

As a LAST RESORT ... TAKE ACTION

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Soldiers vie for 'best officer' title



Capt. Johanny Rodriguez, 2-309th Regiment, runs through the woods as part of the React to Indirect Fire exercise during the 174th Infantry Brigade's Best Officer Competition, Aug. 26-28, 2013, at Joint Base McGuire-Dix-Lakehurst. Brigade officers were tested on various skills, including Army Warrior Tasks and physical fitness challenges, throughout the course of the competition. (U.S. Army photo by Sgt. 1st Class Raymond Alston/Released)



Capt. Curtiss Branham, 1-307th Infantry Regiment, left, and Chief Warrant Officer 3 Nicholas Bartling, 174th Infantry Brigade Headquarters and Headquarters Detachment, perform weapons assembly and functions check tasks during the 174th Inf. Bde.'s Best Officer Competition, Aug. 26-28, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J. The officers received a footlocker with four completely disassembled and disorganized weapons (the M9 pistol; the M16 rifle; the M240 machine gun; and the M249 squad automatic weapon) and had to assemble and perform functions checks on each in eight minutes or fewer. (U.S. Army photo by Sgt. 1st Class Raymond Alston/Released)



Capt. Jasmine Bailey, 174th Infantry Brigade Headquarters and Headquarters Detachment protocol officer, pulls a 180-pound medical mannequin to safety during combat lifesaver skills evaluation at the 174th Inf. Bde.'s Best Officer Competition, Aug. 26-28, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J. (U.S. Army photo by Sgt. 1st Class Raymond Alston/Released)



Capt. Robin Chao, 1-307th Infantry Regiment, right, helps his team of four pull a combat stretcher carrying a 180-pound mannequin through smoke and under barbed wire at the combat lifesaver litter obstacle course during the 174th Infantry Brigade's Best Officer Competition, Aug. 26-28, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J. (U.S. Army photo by Sgt. 1st Class Raymond Alston/Released)

By Sgt. 1st Class Stanley Maszczak
174th Infantry Brigade
Public Affairs

The 174th Infantry Brigade, First Army Division East, held its 2013 Best Officer Competition Aug. 26-28, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J.

The Best Officer Competition tests Soldiers' military knowledge, skills and physical fitness.

The three-day competition comprised events including land navigation, weapons qualification, Army physical fitness test, Army warrior tasks and battle drills, 12.7 mile road march and a written exam. Soldiers participating in the competition competed against each other for accuracy and speed as many of the events were timed.

At the conclusion of the final race, other brigade soldiers met the officers at the finish line, as well as family and friends. They moved into the brigade headquarters for winner announcements and the traditional Super Supper with their colleagues and family members.

This year's Best Officer individual winner was Capt. Adam Storms, 174th Infantry Brigade Headquarters and Headquarters Detachment. This year's Best Officer Team winner was Team 21: Capt. Robert Gunning and 2nd Lt. Stephen Amanzio, 3-312th Regiment.

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This month, we asked service members from around Joint Base McGuire-Dix-Lakehurst a question in honor of the fateful event 12 years ago:

Where were you on Sept. 11, 2001?



Sgt. 1st Class Tonia Chestnut-Weston, Joint Readiness Center noncommissioned officer in charge from Bronx, N.Y.

"I was in Fort Jackson, S.C., for basic training at the time. At first it just seemed like a movie. When I realized what was really happening, I felt like my home was under attack."



Sgt. Andrew Danforth, 7207th Medical Support Unit healthcare specialist from Newark, N.Y.

"I was sitting in freshmen English class. We turned on the TV to see what was going on. My teacher was saying it might have been an accident but once we saw the second plane, we knew it wasn't."



Staff Sgt. Sam Avaios, Marine Aircraft Group 49 staff noncommissioned officer from Corcoran, Calif.

"It was my junior year and I was getting ready for school. My mom and I were watching the news and I can still remember all the smoke."



Petty Officer 1st Class Joshua Fetterman, Fleet Readiness Center component control section leading petty officer from Pottsville, Pa.

"I was stationed Carrier Airborne Command and Control Squadron 120 in Norfolk, Va., and I had just gotten off 3rd shift. I was getting ready to go to sleep when the news really woke me up."



Sgt. 1st Class James Stubblefield, 174th Infantry Brigade property book noncommissioned officer from Galveston, Texas.

"I was a member of the Army Reserve's 470th Chemical Battalion out of Houston at that time. When the towers were hit, I was actually at my civilian job as a drill instructor for a youth boot camp program. I saw the towers get hit on television while I was in our medic tent watching a teenager get a brown recluse spider bite lanced."



Tech Sgt. Richard Pelliker, 67th Comptroller Squadron financial analysis noncommissioned officer in charge from Bayonne, N.J.

"I was stationed at Edwards Air Force Base, Calif. I was getting ready for work like any other morning. When I saw what had happened, I was shocked because my hometown is in that area."



Petty Officer 2nd Class Chris Messenger, U.S. Coast Guard Atlantic Strike Team response technician from Belmawr, N.J.

"I was in my sophomore year at Gloucester Catholic High school in Gloucester City, N.J. We obviously didn't initially know it was a terrorist attack until my next period when we had the TV on and found out another plane struck the other tower. After that, the entire school was sent home due to the fact that we were so close to Philadelphia, another major city that could be subject to attack."



Tech Sgt. Mahesh Mullings, 67th Comptroller Squadron special action noncommissioned officer in charge from Brooklyn, N.Y.

"I was stationed at McConnell Air Force Base with the 22nd CPTS. I was working the front desk when the customers were making much more noise than usual. That's when we into the lobby to see what was on TV. An hour after that, the base was pretty much a ghost town."



My service in Vietnam still serves my family today.

Roger Staubach, USAA member, veteran and former NFL quarterback

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West Nile virus detected on joint base

By Joint Base McGuire-Dix-Lakehurst Public Affairs
The Burlington County Mosquito Division will spray for adult mosquitoes within a half-mile radius of Child Development Center 1 on Can Do Way and the Noncommissioned Officers' Academy on Delaware Ave. between 8 and 11 p.m. Sept. 5.

The 87th Aerospace Medicine Squadron Public Health department detected the West Nile virus while routinely testing mosquitoes trapped throughout populated areas on Joint Base McGuire-Dix-Lakehurst.

"The two areas identified are the first and only that have tested positive of the thirteen areas routinely tested on base," Maj. Belinda Cole, 87th AMDS commander. "We are working closely with Burlington County public health officials to ensure mosquito population controls are performed within a half-mile radius around the areas where the West Nile virus has been detected."

Trucks licensed by the New Jersey Department of Environmental Protection's Pesticide Control Program will pass through the area spraying an ultra-fine mist of commercial pesticide.

The pesticides used for mosquito control have been



(Courtesy graphic/Released)

judged by the EPA not to pose an unreasonable risk to human health, according to the Center for Disease Controls. However, individuals who are concerned about exposure to the pesticides can reduce their potential for exposure by staying indoors.

Base officials stress that the measures being taken are preventative in nature.

"While two sample pools of mosquitoes tested positive, we have had no confirmed cases of the West Nile virus throughout the joint base community," said Cole. "We strongly encourage the joint base community to remain vigilant and take proper precautions since prevention is always the best defense."

Prevention measures include:

- Using insect repellent containing an EPA registered active ingredient;
- Limiting outdoor activity at dusk and dawn when mosquitoes are most active;
- Wearing long sleeve clothing and pants;
- Protecting homes with good window screens and doors;
- Emptying standing water from flower pots, buckets and barrels;
- Changing the water in pet dishes and bird baths weekly.

Additional information is located at www.cdc.gov/westnile/index.html

Same-sex spouses eligible for joint spouse, accompanied assignments

By Debbie Gildes
Air Force Personnel Center Public Affairs

JOINT BASE SAN ANTONIO-RANDOLPH, Texas – Airmen with a same-sex active-duty spouse are now eligible for joint spouse assignment consideration and those with a civilian same-sex spouse are now eligible for command sponsorship consideration, said Air Force Personnel Center officials.

Following a June 26, 2013, Supreme Court decision finding Section 3 of the Defense of Marriage Act unconstitutional, Department of Defense officials announced the plan to extend benefits to same-sex spouses.

Before Airmen can be considered for joint spouse or command sponsorship, they must complete the marriage-related updates in

the Military Personnel Data System and the Defense Enrollment Eligibility Reporting System, said Bill Warner, AFPC chief of assignment programs and procedures.

"Once the updates are complete, future joint spouse consideration will be automatic for married Air Force active duty couples," said Warner. "However, members who have already been selected for an assignment, who are currently assigned at an installation far from their spouse, or who are married to an active-duty member of a sister service, must submit a letter application for joint spouse consideration."

In addition, members with same-sex dependent spouses may now elect command sponsorship after assignment notification.

"The assignment selection process won't change," said Warner. "Selections will

continue to be based on Airman qualifications, time on station, volunteer status and other factors."

Approval for an accompanied overseas assignment, however, may depend on the DOD and Department of State review of applicable Status of Forces Agreements.

"Until those reviews are complete, approval for overseas-assignment command sponsorship requests will be managed here at the center," said Warner. "U.S. overseas locations including Alaska, Hawaii, Puerto Rico, Guam and the Marianas are exempt from that process, but base personnel representatives will forward all others to AFPC."

Airmen assigned to one of those U.S. overseas locations who are living now with their same-sex spouse will be able to apply for command sponsorship when they enroll

their spouse in DEERS. Airmen assigned to an overseas location outside of U.S. jurisdiction can also apply for command sponsorship when they enroll their spouse in DEERS, but this request may require higher level review.

"The process may take longer initially," said Warner. "But, our first concern is taking care of our Airmen and we must ensure that we don't place them or their families in a situation that could become a hardship. Once we have clear guidance from DOD, we'll be able to resume the routine approval process."

Visit the myPers website at <https://mypers.af.mil> and enter "assignments" in the search window for more information about assignment selection processes.

Carly

Continued from Page 1

Col. John Wood, former JBMDL commander, traveled to Walter Reed just four days after the IED attack to visit Williams and continued to make visits down to see him.

"Col. Wood asked me during one of his visits if there was anything I needed," said Williams. "And I said, 'yes sir, I would really like to have Carly as my service dog.' Col. Wood handed the note down on his hand and said 'I'll see what I can do.'"

This initial request to Wood began a yearlong pursuit to have Carly enter early retirement to be adopted by Williams as a service dog.

As the adoption request made its way through various channels

with no certain conclusion, Williams' coworkers from the 87th SFS continued to visit him frequently, even bringing Carly along on some of their trips to the hospital to spend time with his old partner.

"The first time we brought Carly down to see Sergeant Williams, Carly jumped into his lap and started linking his face," said Price. "Carly never forgot who his dad is."

Price said that it was apparent after the attack Carly knew something had happened to Williams. Bringing them together for a reunion reassured Carly that Williams was okay.

During the third or fourth visit to Walter Reed with Carly, Price said Carly barked and cried after Williams said 'goodbye' because he wanted to stay with him so much.

On Aug. 28, 2013, nearly a year

and a half after the IED explosion, Carly was officially retired as a military working dog and turned over to Williams as his new service dog during a casual ceremony at the 87th SFS headquarters.

Just as he had more than a year ago when he first reunited with Williams following the attack, Carly excitedly greeted Williams with barks and whines as he jumped all over his former partner during the ceremony.

"Thanks to all parties involved for maintaining his body composition and weight," said Williams jokingly of Carly during the ceremony. "And thank you all for your support."

Williams said even though Carly is now retired, he still maintains his desire to work. Williams said he will eventually lose his drive to work and is already becoming more relaxed.

While many former military working dogs are adopted out as pets following their retirements, Carly is only the second serviceable working dog to be released from his duties to be adopted.

Williams said he is very thankful Carly was finally approved to be adopted out, even though many opposed the decision.

"When you look at it black and white, he shouldn't have been adopted out," said Williams. "But he will do a lot to help me through my recovery process."

Adopting out a serviceable military working dog is not a one step process and requires a lot of time and analysis to ensure the dog is suitable for adoption. Price said Carly had to be examined by a vet and undergo a review process to ensure he was capable of being adopted. She said even though he was approved for adoption, there

will still be challenges as he becomes a household pet. She said it will be interesting to see how Carly acts in a social setting as opposed to a working environment.

"Military working dogs are not housebroken," she said. "So that will be one obstacle they will have to overcome."

Williams had to request a taller fence be built in his backyard to prevent Carly from jumping over since many of Carly's former training activities involved jumping over fences.

"I know he'll adjust fine, but it will be interesting to watch his transition in the next couple of months," she said.

Throughout the entire partnership between Staff Sergeant Williams and his partner and best friend Carly, one thing is certain, "they truly have an unbreakable bond," said Price.

Award

Continued from Page 1

14,200 hours in fiscal year 2012. This was the highest amount flown by any wing in Air Force Reserve Command.

In an incredible display of volunteerism, 866 wing members, to include the commander, deployed in support of critical operations to include New Dawn, Enduring Freedom and Inqui Freedom amongst others. The 514th AMW also executed a mission of historical significance by repatriating the remains of "Chow-hound," a famous B-17 Flying Fortress, with dignity and honor.

The 514th AMW closed out fiscal year

2012 with the highest overall retention rate of personnel within the 36 AFRC wings in addition to all the operational accomplishments. The wing also bested all the other Reserve wings in the total number of decorations approved for its members.

"Our wing has always been successful and continues to do great things," said Col. Jonathan Spare, 514th AMW vice commander. "What will fuel our continued success is the people, their amazing attitudes and their efforts. Moving forward, we will continue to capture the wing's accomplishments."

The AFOW award, created in 1954, was the first independent Air Force award. Airmen were previously awarded Army medals.

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NEWSNOTES

JB MDL Spouses' Club Dessert Social

The Joint Base McGuire-Dix-Lakehurst Spouses' Club is set to host a 'dessert social' from 6:30-9:30 p.m. Sept. 16, 2013, at the Dix Community Center, located at 1134 Hemlock St. The JB MDL Spouses' Club is an organization dedicated to serving its members and the community through charitable and social endeavors. Contact Carmen Johnson at carmen.johnson72@gmail.com for more information.

Fort Dix AUSA Chapter Meeting

The Association of the United States Army is set to host a general membership meeting and buffet dinner at 6:30 p.m. Sept. 18, 2013, at the American Legion Post 35, located at 2 Meadowbrook Lane, New Egypt, N.J. The cost is \$10 per person. A cash bar Ice Breaker begins at 5:30 p.m. Call 562-5693 for more information.

Ninth Annual Diamond Classic Golf Tournament

The First Sergeant's Council and the Joint Base McGuire-Dix-Lakehurst First Four are set to host the Ninth Annual Diamond Classic Golf Tournament starting 8 a.m. Sept. 20, 2013, at the Fountain Green Golf Course, located at 3125 Fort Dix Road. The cost is \$50 per person. Call 754-4870 for more information.

514th AMW Chief's Group Annual Golf Outing

The 514th Air Mobility Wing Chief's Group is set to host its Annual Golf Outing Sept. 20, 2013, at the Falcon Creek Golf Course, located at 2007 Can Do Way. Sign-in/registration and lunch begins at 11 a.m. The event begins at 1 p.m. The cost is \$65 per person and includes green fee, cart, lunch, awards and prizes. Call 754-5413 or 5622 for more information.

Indoor Climbing Trip

The 87th Force Support Squadron Outdoor Recreation is set to host a three and a half hour Indoor Climbing Trip Sept. 21, 2013, at the Rockville Climbing Center in Hamilton, N.J. The fee is \$20 for active-duty personnel and \$40 for all others and includes round-trip transportation, equipment and Belay lesson. Registration deadline is September 18 and is limited to 14 participants. The group departs at 11 a.m. from 6045 Doughboy Loop. Call 562-6667 for more information or to register.

Oktoberfest 2013

The 87th Force Support Squadron is set to host the annual Oktoberfest 2013 from 4:30-6:30 p.m. Sept. 27, 2013, at Tommy B's Community Activities Center, located at 2705 East Arnold Ave. The event will feature authentic German food, music and various other activities for JB MDL families, friends and employees. Call 754-2830 or 754-2396 for more information.

Parasailing at Long Beach Island

The 87th Force Support Squadron is set to host a Parasailing at Long Beach Island trip Sept. 28, 2013. Transportation departs 9:30 a.m. from the Outdoor Recreation center, located at 6045 Doughboy Loop and returns approximately 5 p.m. Enjoy an experience of a lifetime, soar high above New Jersey's famous Long Beach Island. The fee is \$30 for active duty and reserve personnel and \$60 for Department of Defense ID cardholders. Must be five years old and older. Participation is limited to 22 persons. Deadline to sign up is Sept. 21. Call 562-6667 for more information.

2013 Ranger Challenger Competition

The 2nd Brigade Army ROTC is set to host the 2013 Ranger Challenge Competition Oct. 11-13, 2013. Day one consists of 11 events from 6 a.m. to 7 p.m. Oct. 12, 2013. Day two starts with a 10k foot march from 6:30-8:30 a.m. Oct. 13. Top team will compete in the Sandhurst Competition April, 2014, at West Point, N.Y. Call 562-3398 for more information.

2013 Halloween Fest

The 87th Force Support Squadron is set to host the 2013 Halloween Fest from 5:30-7:30 p.m. Oct. 25, 2013, at Tommy B's Community Activities Center, located at 2705 East Arnold Ave. Rules and entry forms are available for download at www.gomdl.com under the Community tab. Call 754-2830 for more information.

ESGR All Army Boss Lift

The New Jersey Committee for the Employee Support of the Guard and Reserve and the United States Army Support Activity-Fort Dix is set to host the ESGR All Army Boss Lift Oct. 29-30, 2013. The two-day event will familiarize employers of Army Reserve and Army National Guard Soldiers on what it takes to be a member of the reserve component forces. Day one will provide employers the opportunity to witness the technology Soldiers have in their training tool kit to prepare for contingency operations around the world or homeland defense. Employers will have the opportunity to visit the Dix Joint Readiness Center on day two before going to field to observe Soldiers training at the Military Operations in Urban Terrain range. Call 562-3987 for more information.

2013 Military Appreciation Night

The 87th Force Support Squadron is set to host the 2013 Military Appreciation Night from 5-7 p.m. Nov. 14, 2013, at the Lakehurst Fitness and Sports Center, located at 123 Severys Road. The evening includes children's games, face painting, balloon animals, bounce houses and more. Call (732) 323-2405 for more information.

JB MDL Spouses' Club Thrift Shop

The Joint Base McGuire-Dix-Lakehurst Spouses' Club Thrift Shop is open from 10 a.m. to 2 p.m. Wednesday-Friday and the first Saturday of the month, located at 2508 Can Do Way. The thrift shop accepts gently used donations. Call 754-2368 for more information.

Navy Marine Corps Relief Society Thrift Store

The Navy Marine Corps Relief Society Thrift Store is open every Tuesday, Wednesday and Saturday 9 a.m. to noon and Thursday 1 to 5 p.m. at 158 Berry Road. The sales income received from thrift shops is returned to the Sailors, Marines and their families in the form of emergency financial relief services. Donations after hours may be placed in the donation locker located by the front door. Opportunities are available for volunteers to sort merchandise, arrange displays and work as cashiers. Call (732) 323-2362 or visit for more information.

87th LRS Customer Service and Equipment Accountability Service

Individuals with inquiries regarding supply customer service, stock control and overpricing program assistance should call 754-3306/1381. Walk-in hours are 9 a.m. to 3 p.m. Monday through Friday at 1757 West Arnold Ave., Room 166 on McGuire. Call 754-5154/4454 for supply parts issue requests/aircraft parts store requests. Call 754-2678/4010 for the equipment accountability office and custodian's assistance. Visit www.dms.dla.mil for DRMO procedures.

Neighborhood Community Watch Meetings

The joint base community is set to hold a meeting for the neighborhood community watch program from 7 to 8 p.m. every second Tuesday of the month in Falcons Court North. The meeting is intended to inform community members on how they can help protect the community by taking part in neighborhood watches and patrols. Call 723-6563 for more information.

Firehouse Movie Night

A movie night is scheduled for 8 p.m. every second Friday of the month at The Airmen's Firehouse on McGuire. This event is open to all E-1s through E-4s. Free popcorn and beverages will be available. Call 754-2233 for more information.

Crafty Birthday Parties

The Arts and Crafts center offers a chance for community members to host birthday parties at the center. Parties include two hours of party room use and one craft project with an instructor and all materials. Choose from a ceramic painting or plush animals parties. Call 562-5691 for more information.

Palace Chase and Palace Front Briefings

The joint base recruiter for the Air Force Reserves is set to host a briefing at 9 a.m. Wednesdays in Room 22 at 2916 Falcon Lane on McGuire. The Palace Front allows service members the opportunity to seamlessly transfer directly from active duty without a break in service. Call 754-2918 for more information.

Tuskegee Airmen Meetings

The Hannibal M. "Killer" Cox chapter of the Tuskegee Airmen Incorporation is set to host its monthly meeting at 5 p.m. on the fourth Tuesday of every month at the Firehouse Club on McGuire. Visit www.tuskegeearmen.org for more information.

History Tours at Lakehurst

The Navy Lakehurst Historical Society offers tours of historic Hangar One and the Hindenburg crash site at 10 a.m. every Wednesday and every second and fourth Saturday of the month. Call (732) 818-7520 for more information.

Construction Corner

From 87th Civil Engineer Squadron

Electrical Power Usage Demand

The 87th Civil Engineer Squadron is requesting joint base community members turn off all unused electrical devices at home and at work to help save energy. The utility provider is experiencing issues keeping up with the current electrical demand during the summer heat wave and are asking for help in limiting electrical usage or we may experience brown out.

McGuire Power Plant Demolition Project

Demolition of the McGuire Power Plant and associated facilities will continue through Oct. 31, 2013. Additional truck and construction vehicle traffic can be expected in the area.

Road closures

Reparing of Hancock Road is currently scheduled through September 2013. Traffic will be reduced to one way with flaggers during paving operation. Watch for workers stripping roads.

Thrift Store and Airmen's Attic Demolition

Demolition of the Thrift Store and Airmen's Attic, located at 3446 Brody Road to include associated utilities and parking lot, is currently scheduled through Dec. 15, 2013. The old ball room in Pudgey's located at 2508 East Third St. is being renovated to house the Thrift Store and Airmen's Attic.

Water Line Replacement

Water line replacement work is currently scheduled through the end of 2013 in the 5500 and 5600 area,

between Willow Pond and the U.S. Air Force Expeditionary Center, and between Doughboy Loop and Texas Avenue on Dix. Access to the sidewalk along Texas Avenue will be impacted during construction. During work in the shoulder of 8th Street, traffic may be restricted by construction crews in the area. Construction equipment and activities may limit access to interior roadways and parking lots intermittently during the work. No road closures are anticipated.

Electrical System Upgrade

Electrical system upgrade work at 1907 East Arnold Ave. is currently scheduled through December 2013 for the demolishing of old electrical service and distribution within the facility. Intermittent electrical shutdowns will be required to disconnect old service and reconnect to the new distribution system.

Walson Army Hospital Demolition

Demolition of the Walson Army Hospital and associated facilities is expected to take approximately seven months. Detour around the site will continue through March 2014. New Jersey Avenue will be closed to all but local traffic between 4th Street and Summerall Avenue for the duration of the demolition and traffic will be routed around the site via N. Scott Plaza, Maryland Avenue and 8th Street. 4th Street between General's Circle and New Jersey Avenue will be closed for the duration of the work. Patrons of the golf course need to use additional caution when crossing Fort Dix Road and New Jersey Avenue due to increase traffic volumes on these roads.

Joint Base McGuire-Dix-Lakehurst Chapel

Chapel Locations

- McGuire Chapel - 2503 East Arnold Avenue
- North Chapel - 3827 School House Road
- Dix Chapel - 5240 New Jersey Avenue
- Soldier's Chapel - 5950 Church Street
- Cathedral of the Air - 264 Hope Chapel Road, Lakehurst N.J. 08527

Worship Hours

- Catholic**
 Wednesday - 11:30 a.m. McGuire Chapel
 Saturday - 5 p.m. McGuire Chapel
 Sunday - 10:30 a.m. Dix Chapel
- Protestant**
 Sunday - 9 a.m. Traditional - Dix Chapel
 Sunday - 9:45 a.m. Contemporary - North Chapel
 Sunday - 11:30 a.m. Gospel - McGuire Chapel

Army Support Activity

- Sunday - 7:30 a.m. LDS - Dix Chapel
 Sunday - 7:30 a.m. Protestant - Soldier's Chapel

For programs, faith groups, or special language needs not listed, please contact the Chapel at 609-754-4673.

Contacting A Chaplain

When should I call a Chaplain?

Chaplains are available for spiritual, relationship and grief counseling. They provide worship services, baptisms, weddings and memorials.

Your conversation with a chaplain can not be disclosed without your permission. No exceptions.

To speak with a Chaplain during duty hours (Monday through Friday 7:30 a.m. - 4:30 p.m.) call 609-754-HOPE (4673).

For assistance after duty hours, call the Command Post at 609-754-3935 or 3936.



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JB MDL Base Theater Movie Schedule



Friday:
7 p.m.
2 Guns (R)



Saturday:
7 p.m.
The Wolverine (PG-13)

Get to know JB MDL!

Can you guess what this is? Submit your guess online at www.facebook.com/jbmdl. Don't forget to check back next week when the full-size photo is revealed!



Did you guess last week's close-up photo? It's the bust of Maj. Thomas B. McGuire in the 87th Air Base Wing Headquarters. McGuire was awarded the Medal of Honor posthumously for his outstanding duty performance, especially in the 25-26 December missions. McGuire's other decorations included the Distinguished Service Cross with three devices, two Silver Stars, six Distinguished Flying Crosses, three Purple Hearts, and 15 Air Medals, all before he was 25. He was a special man. McGuire AFB was dedicated to his everlasting honor in January 1948.



Recipe Roundtable

Got a favorite recipe that's a time-saving miracle, a gourmet masterpiece or just really yummy? Email the recipe and a photo to the Air, Land & Sea Times staff at 87abw.psa@us.af.mil to share it with the joint base community. Be sure to include "Recipe Roundtable" in the subject line.

Jalapeno Popper Burgers

If you like stuffed burgers and poppers, you'll love these. Serves six.

- Ingredients:
- 2 lbs ground beef
 - 1 tablespoon Worcestershire sauce
 - 1/2 teaspoon salt
 - 1/2 teaspoon garlic powder
 - 1/4 teaspoon black pepper
 - 4 ounces cream cheese, softened
 - 1/2 teaspoon dried ancho chile powder
 - 1/2 teaspoon ground cumin
 - 1 tablespoon dried onion flakes
 - 1-2 tablespoons minced jalapeno pepper, seeded, to taste (you can add more if you like them hot)



Cooking Instructions
Mix meat, Worcestershire sauce, salt, garlic powder, and pepper. Shape the mixture into 12 thin patties, each about 4 inches in diameter. Mix the cream cheese, ancho chili powder, cumin, dried onion, and minced jalapeno. Top 6 patties with the cheese mixture, spreading it to within 1/2-inch of the edge (if the mixture is difficult to spread, try heating in the microwave for about 15 seconds). Cover each patty with one of the remaining 6 patties, sealing the edges well. Broil or grill the patties 4 inches from the heat, turning only once if possible, until preferred doneness and cheese is melted, about 10 to 15 minutes. Low-carb serving: top with a bit of grated cheddar, guacamole and enjoy! High-carb serving: eat with a bun and other condiments.

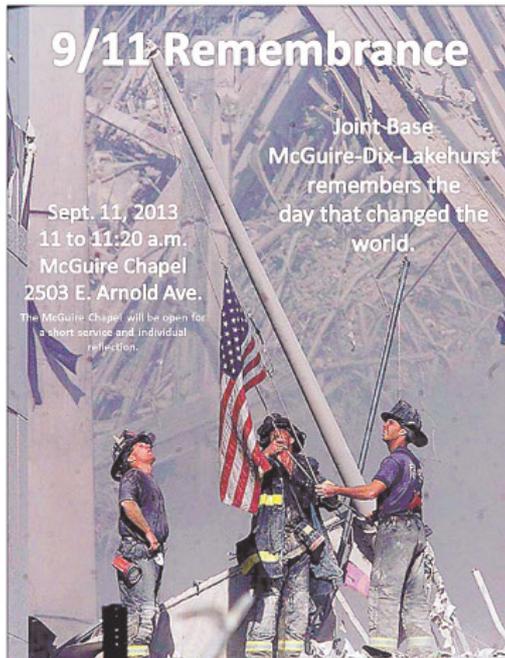
Recipes found at food.com

9/11 Remembrance

Joint-Base McGuire-Dix-Lakehurst remembers the day that changed the world.

Sept. 11, 2013
11 to 11:20 a.m.
McGuire Chapel
2503 E. Arnold Ave.

The McGuire Chapel will be open for a short service and individual reflection.



Reason

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two-week recovery there. We were told she had to remain there near the specialist. Two months later I left my family in Atlanta and flew back to Japan to finish my tour there. The commander called me in his office and asked what I wanted to do. I told him I would stay there and finish up my time and join them after I got back stateside. He said he would make some calls to get me back there. The next day he said he got me a job in Atlanta. He said I could do postal duty or recruiting. I told him I was jet engine mechanic and I didn't know anything about either of those jobs. He then said "Before you came in the Air Force you didn't know how to be a jet engine mechanic and now you're one of the best. You have to step out of your comfort zone to grow." I said yes, I would do recruiting to be back with my family. A few months later I started recruiting school. It was obvious

my personality didn't fit what Recruiting School was looking for. I struggled through and finally got through it. After arriving at my office like all other recruiters I wondered what I got myself into. After a few weeks on the bag I was getting the hang of things. A year later I was Rookie of the Year, and six months later I was No. 1 in the 336th and in the running for a Gold Badge. The point I want to make is everything happens for a reason. I loved being a maintainer. I was happy to finish out my career on the flightline for 12 hours a day. Now I'm in a job where I love going to work every day. Having my daughter get sick was the worst thing I've ever been through, however, as I'm typing this article she is showing me her artwork from her first day of kindergarten. Today her condition has been perfect since being back stateside. The doctors say her asthma was brought on by the climate in Japan. My family and I are closer now than ever. It's strange to see how the worst thing in my life could lead to a great start to our next chapter of my career.

Wing

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behavior that is dangerous, step up and make a decision to avoid any (further) damages," she said. "I think one of the best ways to be a good wingman is to set the example and stay away from negative situations. Find things to do that keep you busy and broaden your view on life and the world, and then share your experiences with others and encourage them to do the same." Staff Sgt. Jordan Atkins, 35th Medical Group referral management element chief thinks that a good wingman is someone who stands by you and won't leave you high and dry when the going gets tough. While 2nd Lt. Joyce Jackson, 35th Aircraft

Maintenance Squadron assistant officer in charge, thinks that being a good wingman is about holding ourselves responsible for each other in the same way that we hold ourselves responsible for protecting the people who abide by the Constitution of the United States. "We often forget that when we take our Oath of Office to support and defend, we are also a part of the Constitution because, we too, are The People," said Jackson. Everyone interprets being a good wingman in their own way. Whether it's being there to make that call, helping you at work, or being there when you're in need. Regardless of the situation, a good wingman is someone who will be there for you in one way or another to help you regardless of the situation. What does being a good wingman mean to you?

United Communities

Presents the First Annual:

FARMERS MARKET

Every Thursday

Beginning June 20, 2013

10 a.m. - 2 p.m. rain or shine



Locally Grown Produce • Baked Goods • Homemade Crafts •

Fresh Flowers • Direct Sales • And More!

Located at:

Patriot Park of Falcon Courts North

(400 yards north of the Jim Saxton Community Center)

Corner of North Bolling and West Castle Dr.

Joint Base McGuire-Dix-Lakehurst, N.J. 08641

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