

**NEWSNOTES**

\*\*\*Dates and times are subject to change. Check with the event coordinator prior to the event.\*\*\*

**Active-Shooter Exercise**

The joint base active-shooter exercise is scheduled for Sept. 12, 2013. Training is essential and helps ensure the readiness of joint base personnel. Call 754-2230 for more information.

**Pemberton Gate Hours Schedule**

The Pemberton Gate is scheduled to open from 7-9 a.m. and 2:15-4:15 p.m. Monday-Friday starting Sept. 5, 2013, and continuing through the school year to meet the needs of the Dix Elementary School buses. These hours will be adjusted to facilitate early dismissals and holidays as designated by the school. Call 754-4509 for more information.

**Fort Dix AUSA Chapter Meeting**

The Association of the United States Army is set to host a general membership meeting and buffet dinner at 6:30 p.m. Sept. 18, 2013, at the American Legion Post 35, located at 2 Meadowbrook Lane, New Egypt, N.J. The cost is \$10 per person. A cash bar Ice Breaker begins at 5:30 p.m. Call 562-5693 for more information.

**Fluke Fishing Trip**

The 87th Force Support Squadron is set to host a Fluke Fishing Trip Aug. 31, 2013, aboard the fishing boat "Miss Belmar." The cost is only \$35 for active duty personnel and \$60 for all Department of Defense ID card holders. Price includes transportation, fishing pole and bait, and your admission to the party boat. Transportation departs at 5 a.m. from Outdoor Recreation located at 6045 Doughboy Loop and returns at 5 p.m. Call 562-2727/6667 for more information or to register.

**Semi-Annual Munitions Inventory**

The 305th Maintenance Squadron munitions storage area will be closed from Sept. 2-6, 2013, for its semi-annual munitions base stock inventory. Call 754-2102 for more information.

**Fall and Winter Walk Club**

The 87th Force Support Squadron/Griffith Field House is set to host the Fall and Winter Walk Club at noon every Monday and Wednesday from Sept. 3 through Nov. 26, 2013. The starting point is Infantry Park, adjacent to Griffith Field House. The vent is open to all Department of Defense ID cardholders. Call 562-2707 for more information.

**Ceramic Classes at Lakehurst**

A ceramics class for all skill levels is set to be held from 4:30-6 p.m. Sept. 3, 2013, at the Flight Deck Recreation Center, located at 484 Lansdowne Road. The event will teach basic techniques of glazing and staining ceramic pieces, in addition to dry brushing and chalk techniques. The fee is \$5 per class plus supplies. Call (732) 323-2306 to reserve a seat or for more information.

**Cantonment Archery Program Briefing**

The 87th Force Support Squadron is set to host a Cantonment Archery Program Briefing 5:30 p.m. Sept. 3 and 10, 2013, at the Outdoor Recreation Center, located at 6045 Doughboy Loop. Participants planning on hunting deer in the CAF program need to attend this briefing. The CAF is open only to active-duty military, dependents and full time Department of Defense employees. Call 562-2727 for more information.

**Photography Class**

The 87th Force Support Squadron is set to host four-week "Turn your snapshots to great shots!" course from 5:30-7:30 p.m. Saturdays from Sept. 4-25, 2013, at the Arts and Crafts Center, located at 6039 Philadelphia St. The cost is \$40. Call 562-5691 for more information.

**Framing Qualification Class**

The 87th Force Support Squadron is set to host a Framing Qualification class from 6-8 p.m. Sept. 4, 2013, at the Arts and Crafts Center, located at 6039 Philadelphia St. Participants will complete one piece as they learn to operate the framing equipment. Preregistration is required. The fee is \$10. Call 564-5691 for more information.

**Group Preseparation Counseling**

The Military and Family Support Center is set to host a Group Preseparation Counseling from 2-4 p.m. Sept. 5, 2013, at 3435 Broidy Road. Complete mandatory needs assessment counseling required for out-processing. Receive a preseparation counseling checklist. Call 754-3154 for more information.



Staff Sgt. Joshua Dowsey, 817th Global Mobility Squadron air transporter, feeds a camel at the annual Family Fun Fest and Installation Picnic Aug. 22, 2013, at John Mann Park. This year's event was unique because it was the first time the annual picnic and Family Fun Fest — two separate events in the past — were combined into one event. (U.S. Army Photo by Alex Flynn/Released)

**Community members enjoy free food, games at JB MDL picnic**

By Sgt. Antony S. Lee  
 70th Mobile Public Affairs Detachment

The annual Family Fun Fest and Installation Picnic drew thousands through the course of the day from the JB MDL community to John Mann Park Aug. 22, 2013, to enjoy free food and fun.

The sun shined long enough for kids of all ages to enjoy the various activities and attractions at the event. Some jumped in the bounce houses, others drove go-karts or took horse-drawn carriage rides and many even found the courage to climb the climbing walls.

Scott Benford, a retired Soldier and former mine resistant ambush protected vehicle egress trainer instructor, came to the event from Pemberton, N.J., with his

wife and two grandchildren. "This event here tops all other summer events in the area," he said, mentioning that he had been to many summer events in the area.

This year's event was unique because it was the first time the annual picnic and Family Fun Fest — two separate events in the past — were combined into one event.

"It's a joint base picnic just to say thank you to everyone," said Mary Ann Fleck, 87th Force Support Squadron event volunteer and organizer.

Marianne Tatcher, 87th PSS lead organizer of the event, estimated more than 3,000 were in attendance.

"We have activities here for everyone," she said, adding that the car show, batting cages and interactive games for the

children — led by the DJ — were just a few of the activities the people could enjoy. "The picnic is for the military and all their family members. Everything is free."

Barry Mattson, 817th Global Mobility Squadron C-5 Galaxy loadmaster, came with his wife and daughter after driving by the park and seeing organizers set up for the event during the past couple of days. He wanted to get his daughter — who is turning two next month — out to enjoy the activities, he said as he and his wife watched her tumble around in a bounce house.

Others, including Benford, saw event advertisements for weeks.

"There were advertisements all over the base, and it had been cancelled twice,

See PICNIC, Page 8

**Public health traps mosquitoes, prevents disease**

By Airman 1st Class Ryan Throneberry  
 Joint Base McGuire-Dix-Lakehurst Public Affairs

Joint Base McGuire-Dix-Lakehurst is home to many forms of protectors. The 87th Security Forces Squadron secures the gates and patrols the streets. The 87th Communications Squadron protects the network against cyber attacks. The antiterrorism office helps maintain a level of preparedness. The list goes on and on.

A group of Airmen protect the joint base populous from another type of attacker: virus-carrying mosquitoes. The 87th Aerospace Medicine Squadron Public Health Flight technicians set traps weekly across the joint base to gather a sample amount to be tested for various diseases and viruses. The traps are set May through October, when mosquito activity is at its highest.

New Jersey Mosquito Control saw an above-average population of mosquitoes in the local area. The numbers are projected to be even higher this year because Hurricane Sandy has created new places for mosquitoes to breed such as wet debris piles and depressions left by fallen trees.

"Our goal is not to trap all the mosquitoes on base," said Airman 1st Class Jacqueline Douglas, 87th AMDS Public Health Flight technician. "We just need to get a sample amount so we can get them tested for harmful viruses or diseases."

Female mosquitoes are the desired catches because they are the only ones who feed

See TRAPS, Page 9



Airman 1st Class Jacqueline Douglas, 87th Aerospace Medicine Squadron Public Health Flight technician, places a N.J. light mosquito trap on a tree Aug. 19, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J. The Airmen set up 12 traps across the base, geographically separated to yield the most diverse sample batch in order to prevent the joint base populous from suffering from diseases. (U.S. Air Force photo by Airman 1st Class Ryan Throneberry/Released)

**Service member spotlight**

Petty Officer 2nd Class Jeffrey Pettway, Naval Support Activity Lakehurst command pass coordinator, is the joint base's featured service member of the week.



2

**Survivor**

The Army Survivors Outreach Service Program at Army Support Activity-Fort Dix, connects family members with others who can help them with their loss.



4

**Track team**

Two Joint Base McGuire-Dix-Lakehurst Airmen have been selected for the Air Force Track Team and will soon compete on an international level.



6

**Check out JB MDL on social media!**

**f** /jbtmdl  
 Use Facebook to connect with joint base Lakehurst and other community members.

**t** /jointbasemil  
 Sign up for news alerts through Twitter and receive important base updates straight to your cell phone.

**i** /jointbasemil  
 Check Flickr for photos galleries containing hundreds of images of JB MDL happenings.

# Airmen can take a stand

By Col. Rob Rocco  
6th Medical Group commander

MACDILL AIR FORCE BASE, Fla. — Every day, I pick up a newspaper or see an account of an American being celebrated for taking a stand. For some, the stand was for faith, for others, against injustice. For some, the stand was to defend freedom, for others to defend rights — even when the defense of those rights was not always clear to all segments of our society. I admire fellow leaders who took stands in support of doing what was right — seven at the potential loss of their careers — especially when doing nothing or protecting the status quo was easiest.

Lately I have come to respect a new group of people who are taking a stand. On the surface, there isn't anything particularly special about them. Some are my age, some my daughter's age and some, like my son, are getting close to a time when taking this stand can mean the difference between life and death. These people who are taking a stand are not all men or all women, not tall or short, maybe spiritual or maybe not. What they are is a group of fellow

citizens—Airmen or otherwise—who have taken a firm stand against misusing alcohol!

For the past year, hardly a week has gone by without a teammate on base or off earning a DUI. Each one triggers a painful chain of events, embarrasses a person and demoralizes a unit! And each reminds me of why I chose to take a stand.

Many years ago, a few days before I left for the Air Force, a close friend — returning from my going away party — got a DUI on a stretch of road that only seconds before I too was driving on. As I prepared to leave for my future, his parents were bailing him out of jail and while we've remained close to this day (and he has recovered) I've often wondered how my life would have turned out if I was the one arrested.

First, my Air Force career — something I'd dreamed about since I was 7 years old — would have been over before it even started. Who wants a drunk officer anyway? I had an undergraduate teaching degree, but that would have meant nothing — who would hire a teacher with a DUI conviction? How would I have looked my parents in the eye and asked

them to let me stay in my old room (in a house they had planned to sell). At the time, I was single — would a girl have given me the time of day if she knew I was DUI unemployable? How could I explain to her the selfishness of driving impaired and how my indiscretion put so many others on the road that night in danger? Worst of all, how would I feel today if I had caused an accident that injured or killed someone? What would it have felt like to be charged with manslaughter because I was too lazy to call for a cab, take the train or toss the keys to one of my buddies — one of my buddies who didn't drink that night?

Financially, I was lucky that night. My buddy though — the one who got the DUI — shared with me what happened to him. For the next 15 years, he estimated that the DUI cost him more than \$50,000. Not just increased car insurance expenses, but also lost employment opportunities from companies who simply wouldn't hire people with a DUI conviction. Fortunately, he became a rather successful business man and almost put this behind him when one evening, he and his then teenage son had a very painful

See DUI, Page 8

# Women's Equality Day

By Tech. Sgt. Dawan Woods  
6th Air Mobility Wing Equal Opportunity

MACDILL AIR FORCE BASE, Fla. — Every year on Aug. 26, Americans celebrate Women's Equality Day.

Instituted by Rep. Bella Abzug and established in 1971, the date commemorates the passage of the 19th Amendment, the Woman Suffrage Amendment to the U.S. Constitution, which gave American women full voting rights in 1920. This year, as we celebrate this major milestone in American history, let us not forget the struggles and sacrifices made by so many before us to make equality for women a reality in this country.

In 1848, Elizabeth Cady Stanton began the 72-year battle for the 19th Amendment when she first presented the notion for women's right to vote at the Women's Rights Convention in Seneca Falls, N.Y. She presented a Declaration of Sentiments, which was modeled after the Declaration of Independence and addressed issues that "troubled" women.

Women wanted the right to own property, to keep their own wages, to divorce, to gain custody of their children, to attend college, to vote, and to serve in the professions of theology, medicine and law. Of the issues presented, women's suffrage was the most controversial. For 30 years, activists like Stanton fought without success to reconstruct the 13th, 14th, and 15th Amendments to allow women the right to vote. In 1878, Stanton and Susan B. Anthony drafted the 19th

Amendment and presented it to the U.S. Senate. The amendment stayed in the Senate for nine years and was rejected by a vote of 34 to 16 in 1887. Despite the decision, activists continued to fight for the cause.

Over the years, several organizations were founded to continue the push for women's equality. In 1890, the National American Woman Suffrage Association was created. In 1913, the Congressional Union for Woman Suffrage was founded, though the name was later changed to the National Woman's Party. Members of the NWP were the first group of women to picket in front of the White House for women's rights. In November 1917, picketers were arrested. Here is an excerpt of what these brave women endured while in prison:

"The women were innocent and defenseless... and by the end of the night, they were barely alive. Forty prison guards wielding clubs and their warden's blessing went on a rampage against the 33 women wrongly convicted of 'obstructing sidewalk traffic.'

"They beat Lucy Burn, chained her hands to the cell bars above her head and left her hanging for the night, bleeding and gasping for air. They hurled Dora Lewis into a dark cell, smashed her head against an iron bed and knocked her out cold. Her cellmate, Alice Cosu, thought Lewis was dead and suffered a heart attack.

See WOMEN, Page 8

## Service member spotlight: Great way to learn

Petty Officer 2nd Class Jeffrey Pettway, Naval Support Activity Lakehurst command pass coordinator, is the joint base's featured service member of the week. Pettway hails from Brooklyn, N.Y.

Q: Why did you join the military?

A: I joined the military so I can help protect those who can't protect themselves. I have uncles who were in the marines so I also wanted to follow in their footsteps.

Q: What is your job and what is its impact on the mission?

A: I work in the administration department, I make sure all personnel have their information up to date and are receiving the proper pay they are supposed to.

Q: Do you have any past or current family members in the military?

A: I have two uncles that were in the military as well as four cousins currently serving.

Q: Who most inspires you?

A: Thurgood Marshall inspires me the most, to know how his life began and where he was able to go regardless of his circumstances.

Q: What is one thing you'd like your fellow service members to take away or understand about the military?

A: I would like them to understand being in the military

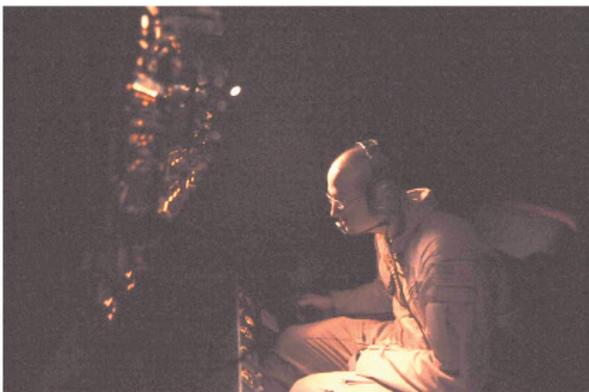


(U.S. Navy courtesy photo/Released)

is a great way to learn about yourself and to better yourself through the experiences you'll gain both good and bad. Though I do plan to get out of the military soon and join the FBI, I have learned a lot about myself that I know will be instrumental in my career in the FBI.

## 2nd ARS Airman booms in dark

Senior Airman Turner Foote, 908th Expeditionary Air Refueling Squadron boom operator, performs an operations check on the refueling boom of a KC-10 Extender at an undisclosed location in Southwest Asia Aug. 10, 2013. The refueling boom and hose and center-line drogue system of the KC-10 Extender are used to serial refuel U.S. and allied aircraft. Foote calls Jackson, Miss. home and is deployed from the 2nd ARS at Joint Base McGuire-Dix-Lakehurst, N.J. (U.S. Air Force photo by Staff Sgt. Jacob Morgan/Released)



## COMMANDER'S ACTION LINE



Col. James C. Hodges  
Commander, Joint Base  
McGuire-Dix-Lakehurst and  
87th Air Base Wing

The Joint Base Commander's Action Line is an integral part of the base feedback network. Base personnel are urged to use the proper chain of command first to address their concerns.

If you are not satisfied with the response from your chain of command, or you are unable to resolve the problem or concern, please call 754-3247 or e-mail 87abw.actionline@mcguire.af.mil

Action lines may be made anonymously, however it is recommended you leave your name and number in case more information is needed to address your concern.



AIR, LAND  
& SEA TIMES

Vol. 4 No. 31

The Air, Land and Sea Times is published by the Burlington County Times, a private firm in no way connected with Joint Base McGuire-Dix-Lakehurst, N.J., or the United States Military. This civilian enterprise newspaper is an authorized publication for members of the military services. Contents of the Air, Land and Sea Times are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense, or the U.S. Military.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the U.S. Military, or the publisher of the products or services offered.

Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

Editorial content is edited, prepared, and provided by the JB MDL Public Affairs Office. All photographs are U.S. Military photographs unless otherwise indicated.

## EDITORIAL STAFF

Commander, JB MDL and 87th ABW

Col. James C. Hodges

Chief, Public Affairs

Mt. Angel Lopez

Internal Chief

2nd Lt. Carrie Volpe

NCOIC

Tech. Sgt. Darrell Dean

Editor

Airman 1st Class Ryan Throneberry

Writers

Mt. Pascual Flores

Airman 1st Class Sean Crowe

## NEWS ONLINE

Joint Base

McGuire-Dix-Lakehurst

Most articles and announcements published in the Air, Land & Sea Times are available online at the JB MDL public Web site.

For up-to-date joint base news & info visit:  
[www.jointbasemdl.af.mil](http://www.jointbasemdl.af.mil)



# The Attic re-opens at new location

By Sgt. Antony S. Lee  
70th Mobile Public Affairs Detachment

When Erin Wilson's husband told her Afghanistan was colder than he expected, she didn't have to look far to find something to send him.

Wilson, whose husband is in the Air Force, picked up bedding sheets from The Attic — a store where service members can pick up donated household goods, clothing and other items for free — and sent them to her husband in Afghanistan.

"A lot of people really need The Attic," said Wilson, who volunteers there. "You have families that go through hardships of different sorts and this is here for them."

The Attic re-opened at its new location at 2508 Can Do Way in the same building as Fudgy's Sports Bar Aug. 12, 2013.

Allison Boyd, The Attic coordinator, said

the store is open to all service members, their families and retirees in and around the joint base area. She credited the Joint Base McGuire-Dix-Lakehurst community for its outpouring of donation support.

"We get so many donations every day that if we didn't open it up to everybody, we would just be bursting at the seams," Boyd said. "It's kind of like the thrift store, but everything is free."

The Attic, which is run entirely by volunteers, is open from 10 a.m. to 2 p.m. on Mondays, Wednesdays and Fridays and from 5-8 p.m. on Tuesdays and Thursdays. It is closed on weekends and holidays.

Boyd said The Attic exists to help out the military community — retirees, service members and their families — regardless of branch.

"You just don't know what somebody's situation is and they don't always want to

say," Boyd said. "They know this is a safe place they can come and get what they need."

In addition to thrift, The Attic offers pantry items to qualifying service members and families. There are canned goods, everyday staples, snacks and even baby formula from time to time.

Red Cross volunteers also help out with the Attic by picking up food items such as bread, cakes and pies every Wednesday and dropping it off at The Attic.

"It's another way of supporting the troops," said Joan Brown, a Red Cross volunteer.

Courtney Nelson, a mother of two who has another baby on the way, said The Attic helps her family and that she visits it a couple times a week, especially to pick up baby clothes.

"It's not cheap to clothe your children,"

she said. "Everything I've gotten here is in great condition."

Nelson said her family also donates to The Attic as much as they can.

Volunteers are always needed. Those interested can either walk in during store hours or register at the website: [www.jbmdlatic.com/Home.php](http://www.jbmdlatic.com/Home.php). Volunteers and shoppers can also visit the Facebook page: [www.facebook.com/JBMDLATTIC](http://www.facebook.com/JBMDLATTIC).

"A lot of the retirees around here donate stuff," Boyd said, adding that she often hears shoppers say things like, "Oh my gosh, my grandmother had this when I was a kid."

Members of the JB MDL community can drop off items to donate anytime at the gray shed behind the new location. Shoppers must be uniformed service members, dependents or retirees and have a military ID card to shop at The Attic.

# Military moms honored at Operation Shower

By Cpl. Mariah F. Best  
70th Mobile Public Affairs Detachment

JERSEY CITY, N.J. — Operation Shower, a non-profit organization that provides military moms with baby products, gave a baby shower to forty expectant moms from Joint Base McGuire-Dix-Lakehurst, N.J., Aug. 21, 2013, at the Barclays golf course in Jersey City, N.J.

Actress Melissa Joan Hart hosted the event and presented the moms with a variety of high valued baby items from various donors. Each mom was given a "shower in a box" and entered into drawings for other high quality gifts.

LeAnn Morrissey, Operation Shower's founder and chief shower officer, started the program in search for a way to do more for military members. Her uncle helped initiate the idea when he was deployed overseas. Morrissey wanted to know what more she could do for him besides send care packages and he said, "Don't worry about me — think about the families back home."

Morrissey has since helped more than 1,600 pregnant military members cope with the stresses of expecting a baby by means of Operation Shower and all of its supporters.

"It started in my basement and in my garage and we've just grown," said Morrissey. "Now we have showers where we bring 40 to 50 moms together at a time, and not only do they get the gifts, they get the 'thank you' and they get to be with other moms in the same situation."

Operation Shower initially started in 2007 with four moms and four boxes. It continues to grow each year in donors, supporters and celebrities. In addition to Hart, this year's special guests included Amber Sabathia, wife of New York Yankees pitcher CC Sabathia.

Tech. Sgt. Jessica Feliciano, 817th Global Mobility Readiness Squadron airfield management specialist, is not only a service member herself, but one of ten military expectant mothers who attended the event.

"I was really excited to come to Operation Shower," said Feliciano. "I had no idea what to expect but I've met a lot of people. Right now I am the head of my household because my husband is out of work and this shower really helps ease the financial strain."

Feliciano, along with her husband and stepson, anxiously await the arrival of baby Nayima Gianna.

Kelly Hess, military spouse and mom-to-be, knows very well what she got herself into when she married her husband, Air Force Staff Sgt. Jared Hess, 305th Aircraft Maintenance Squadron crew chief.



Tech Sgt. Jessica Feliciano, of the 817th Global Mobility Readiness Squadron, opens a pair of earrings given to her and the rest of the military mom's honored at Operation Shower held at the Barclay golf course August 21, 2013, in Jersey City, N.J. Operation Shower is a non-profit organization that hosts baby showers for military mothers-to-be to ease the stress of deployment. (U.S. Army photo by Cpl. Mariah F. Best/Released)

"I knew the risk of him deploying when I married him, like most military wives do, and I try to support him in every way possible," said Hess. "It was nice to be recognized today."

"Our military members are out there fighting for our country and sometimes it's not recognized what it takes to keep the homefront steady," said Hess. "Today was a big thank you and I am really appreciative of all that (Operation Shower) has done."

Hess, a New Jersey native, is expecting a full schedule up until her due date, November 21. She is not only preparing for her first child (a girl), but is also a Department of Defense contract specialist for the 87th Contracting Squadron on JB MDL.

Although Operation Shower helps alleviate some of

the stress of having a baby by distributing generous donations and high-quality gadgets, the mothers-to-be, both seasoned and new, said using their family readiness center has been the best help they have had when it comes to things they need.

"You can always rely on anybody in the military especially when you are away from your family, and that's what the military is: one big family," said Hess.

Operation shower has held 13 showers nationwide this year and is getting ready to host the last one in October. January 2014 will mark the new start of the new Operation Shower Tour, and Morrissey said she hopes to reach even more families.

# Take a break, but don't separate

By Petty Officer 2nd Class Andrea Perez,  
Navy Personnel Command Public Affairs

MILLINGTON, Tenn. — The Career Intermission Pilot Program is a continuum of service initiative that allows Sailors to take a break from active duty without permanently separating, officials said Aug. 28, 2013.

As outlined in NAVADMIN 198/13, CIPP provides eligible service members a one-time temporary transition from active duty to the Individual Ready Reserve for one to three years to pursue personal or professional growth outside the service and seamlessly transition back to active duty.

The long term intent of the program is to retain the valuable experience and training service members possess that might otherwise be lost by permanent separation.

During their time in the IRR, participants retain their full medical and dental benefits for themselves and their dependents, as well as Navy Exchange and Commissary benefits. Participants will also receive a small monthly living stipend.

Educational pursuits are considered a legitimate use of the program and service members are eligible to use GI Bill benefits while participating in CIPP, but are not eligible for Tuition Assistance.

Additional obligated service is required to participate in the program and service members must OBLISERV two months for every one month they participate in the program.

To date, 25 officers and 22 enlisted Sailors have been accepted into the program, and 15 have completed their career intermission and returned to active duty.

The program is limited by law to the selection of 20 officers and 20 enlisted participants per year and has been extended to 2015.

Sailors should refer to OPNAVINST 1330.2B for rules, eligibility, and application procedures.

Interested Sailors can submit an electronic package to the Chief of Naval Operations Program Managers for consideration. An example CIPP application is available on the CIPP Web Page at [www.npc.navy.mil/support/tfw/Pages/CIPP.aspx](http://www.npc.navy.mil/support/tfw/Pages/CIPP.aspx).

Packages will be reviewed for eligibility and routed to a service member's detailee and community managers before final approval by Commander, Navy Personnel Command (NPC).

Visit [www.navy.mil/local/](http://www.navy.mil/local/) for more news from Navy Personnel Command.

10% Discount to Military Families

**Jersey Storm Swim Team & Lessons**

[www.jerseystormswimming.org](http://www.jerseystormswimming.org)

609-353-6760

**HANOVER DENTAL CENTER**

"Gentle Dental Care that will keep the Whole Family Smiling"

**609-723-9800**

- ★ Most Insurance Welcome
- ★ Amerigroup, Healthnet, VHP Accepted
- ★ Military Insurance Accepted
- ★ Fillings, Extractions, Root Canals
- ★ Dentures, Implants, Children's Dentistry
- ★ Some Saturday and Evening Hours

Located Minutes from Joint Base McGuire-Dix-Lakehurst In the Ames Shopping Plaza

personalized education. affordable tuition.

Wilmington University

Wilmington University is a private, nonprofit institution and member of the Schreyer Alliance for Nonprofit Advancement (SANA).

## Get credit for your credits.

You shouldn't have to pay for school twice. Transfer up to 75 credits toward your Wilmington University bachelor's degree. Whether you've taken a few courses or you've already earned an associate degree, WilU advisors work with you to maximize your transfer credits and make the transition process seamless.

That's the difference at WilU. See for yourself at [wilu.edu/Transfer](http://wilu.edu/Transfer)

WilU serves military students: Receive valuable credit for your military training. Transfer up to 75 credits. Military and Veteran Student Organization. Dedicated Military Affairs personnel. Programs at Dover Air Force Base, Joint Base McGuire-Dix-Lakehurst, and 100% online.



1-477-456-7003 | [wilu.edu/Transfer](http://wilu.edu/Transfer)

# 305th AMW boomers bloom

By Airman 1st Class Sean M. Crowe  
Joint Base McGuire-Dix-Lakehurst  
Public Affairs

Boom operators, also known as "booms" or "boomers," are entrusted with operating the boom that refuels multi-million-dollar aircraft. A slip of the wrist could possibly result in dire consequences, which makes their extreme training integral to their careers.

Flight Safety Services Corporation is a contracted organization at Joint Base McGuire-Dix-Lakehurst responsible for training boom operators through in-depth classes, training simulators and jet familiarizations.

Flight Safety is the first of three training phases the booms go through once arriving here before they are fully qualified as boom operators. This portion is not taught on the aircraft and is instead in a classroom or simulated environment.

KC-10 Extender booms begin their training at Joint Base San Antonio, Texas, where they attend an aircrew fundamentals course and train in Survival, Evasion, Resistance and Escape before arriving at their assigned installations. The booms enroll in the first portion of their training, Flight Safety, upon arrival.

The majority of Flight Safety comprises classes that teach the booms refueling procedures. The instructors build on the students' existing knowledge of the job's technical aspects including performing pre- and post-flight checks, using the air refueling operations station on the jet, refueling different

aircraft and calculating weight capacities.

The KC-10 can transport up to 75 people and nearly 170,000 pounds of cargo a distance of about 4,400 miles unrefueled, according to the U.S. Air Force KC-10 Extender fact sheet. Booms must be able to calculate the weight of a KC-10 before take-off as not to exceed maximum takeoff weight.

"I didn't realize how important and precise we have to be when loading cargo," said Staff Sgt. Patrick Murray, 2nd Air Refueling Squadron boom operator. "It was a very enlightening portion of Flight Safety."

The KC-10 has three large fuel tanks under the cargo floor, one under the forward lower cargo compartment, one in the center wing area and one under the rear compartment in addition to three main wing fuel tanks. The capacity of the six tanks carries more than 366,000 pounds of fuel. Booms must be able to calculate maximum fuel capacity given the weight of the cargo and passengers.

Some other items taught in class are safety measures. The students must know what procedures they and their passengers should take in the event of a flight mishap or what to do if refueling goes awry.

"We teach crew resource management to maximize aircrew potential, mitigate risks and reduce aircraft mishaps," said Bob Culbertson, Flight Safety instructor.

Flight Safety incorporates the boom operators' basic knowledge of refueling with practical application.

Training simulators provide an outlet for booms to practice

refueling without the consequences of making mistakes during actual air refueling. Students practice refueling at different altitudes, speeds and times of day to prepare for real life missions.

"I've done several simulations and I get more comfortable with refueling every time," said Airman Dylan Dahl, 2nd ARS boom operator. "The simulators feel so real. It's allowed me to refuel during the day and night in low and high visibility conditions."

Booms can perform more than 50 contacts between the boom and a fuel receptacle during one refueling session in the simulator.

Booms also visit the flightline to get a hands-on familiarization with the equipment they will be working with. They go through items including communications equipment, aircrew equipment and the ARO station.

"Getting on the KC-10 is basically a recap of what they've already learned," said Culbertson. "We ensure they know where to find everything on the jet and how to use a boom's main systems."

The booms finish Flight Safety after two months and move on to the Flying Training Unit.

"The most important thing I took away from Flight Safety was the ARO pre-flight check and emergency procedures," said Dahl. "Preparation and planning play a big role in flying. I feel confident that I'm ready to fly with everything I've learned in Flight Safety."

(Editor's note: This is the first article in a three-part series

## SOS aids families of fallen

By Pascual Flores  
Joint Base McGuire-Dix-Lakehurst  
Public Affairs

For some families of fallen service members who have made the ultimate sacrifice, the grieving does not end once their loved one has been buried. For others, it is just the beginning.

The Army Survivors Outreach Service Program at Army Support Activity-Fort Dix, connects family members with others who can help them cope with their loss, even if the loss happened months or years ago.

"There is no such thing as an open and closed case here," said Susan Mullen, SOS licensed clinical social worker. "Anyone can come here anytime."

Funded through the Department of the Army, the SOS Program is an exclusively Army driven program with offices located throughout all 50 states and American Samoa, Belgium, Germany, Guam, Italy, Japan, Korea, Netherlands, Puerto Rico and

the Virgin Islands.

"SOS is available to all surviving family members in New Jersey and doesn't care about the manner of death," said Mullen. "They support everyone, active duty, Army Reserve or National Guard."

The program provides support to surviving family of service members who died on active duty. The SOS, along with their counterparts from Army Reserve and National Guard, provide long-term assistance through support coordinators and financial counselors in the areas of benefits and entitlements, health care, education and housing transportation.

"It is an Army program, but helps survivors

from all branches of the military for as long

as the family chooses," said Mullen.

Support coordinators at SOS provide the long-term support survivors need while keeping them linked to the Army family for as long as they desire. Organization members also connects them with support groups, grief and bereavement counselors and offer information and referral services. Figuring out what to do about finances during times of emotional distress, can create a heavy burden and require the assistance of a financial counselor.

"I handle the financial assistance for the survivor," said Gene Novitski, SOS financial counselor. "I get involved from the initial date of death."

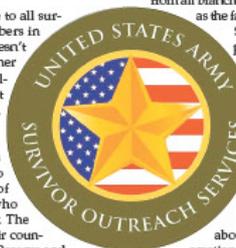
Assisting the survivors in creating financial success and ensuring they are provided information necessary to make sound decisions is just one of the functions of the financial counselor.

"I provide guidance in matters of probate issues, insurance issues, credit cards, banking, legal, investments and legacy," said Novitski.

Novitski, a certified financial planner is the co-founder of "Financial Forum" with the SOS office at Fort Leavenworth, Kan. The forum conducts a monthly conference call to discuss the best practices on insurance, finance and social security.

"We gather and explain information to survivor and work with financial professionals," said Novitski. "We are the sounding board for the survivors."

Visit [www.sos.army.mil/Home.aspx](http://www.sos.army.mil/Home.aspx) for more information on Survivor Outreach Services.



## 87th CES Airman keeps base cool during summer months

By Staff Sgt.  
Jacob Morgan  
380th Air Expeditionary Wing

SOUTHWEST ASIA – In a region where temperatures can get above 100 degrees every day during the summer, the 380th Air Expeditionary Wing looks to its heating, ventilation and air conditioning specialists, deployed from Joint Base McGuire-Dix-Lakehurst, N.J., to keep people and equipment cool.

HVAC specialists, in some cases, keep mission essential assets from overheating. A building with mission-essential communications equipment lost its air conditioning system one month ago. Within a matter of minutes, the temperature in the room went from 80 degrees to 95 degrees Fahrenheit, said Senior Airman Joseph Cohen, 380th ECES HVAC journeyman, who is a native of Detroit and deployed from the 87th Civil Engineer Squadron at JBMDL.

According to Cohen, specialists from the 380th ECES HVAC section were dispatched to the scene immediately to troubleshoot the buildings built-in system. They worked with 380th ECES structures shop to remove a door and build a wall to fix the problem. Later, HVAC specialists brought in two field deployable air conditioning units and punched two holes in the new wall to connect the new system. Eventually cooling the room and possibly saving millions of dollars of equipment.

Emergency scenarios are just a small portion of the HVAC mission here, which encompasses work on thousands of HVAC systems, such as air conditioners and ice machines.

According to Tech. Sgt.  
[www.jointbasemdl.af.mil](http://www.jointbasemdl.af.mil)

Marcelo Arellano, 380th Expeditionary Civil Engineer Squadron HVAC noncommissioned officer in charge, the HVAC team is operational 24/7. His teams spend little time in the office because they are always responding to work-orders or doing preventative maintenance.

"We field about 230 to 265 work-orders per week," said Arellano, who is native of Fort Lauderdale, Fla., and deployed from Yokota Air Base, Japan. "The bulk of those calls are small air conditioning units, but we have some large units with intricate systems as well."

The small units cooling most of the buildings on base are designed to last three years, but in the environment the 380th AEW operates in, none of them last the designed life-span, said Arellano.

Some common problems with the AC units are dust build up inside the system, and extreme heat causing pressure issues. When this happens, HVAC specialists can either spray water on the system to cool it, or replace some parts, which typically

takes 20-30 minutes.

The larger, or more intricate cooling systems take longer to repair, said Arellano. They have many more moving parts including a large amount of plumbing and difficult electrical systems.

Because of the high temperature, the day-shift consistently repairs systems in urgent or emergency status; while the night-shift performs routine and preventative maintenance.

A lot of the preventative maintenance is done on the war-ready material assets, which are used where no commercial power is available. These systems are typically very reliable and can be used anywhere, said Arellano. However, working preventative maintenance on these units and others requires working with almost every other civil engineer craft including plumbing and electrical work.

"My Airmen are able to fix almost anything," said Arellano. "From providing unique solutions to emergency issues to knocking out thousands of work-orders a week, they accomplish great tasks."

**UNBEATABLE PRICE**

COUPON

**MT. HOLLY TRANSMISSIONS**

**\$1000 OFF** a remanufactured transmission with a 3 year or 100K mile warranty

**REBUILT TRANSMISSIONS**

Complete Rebuilt Transmission Done In Our Shop!

Must have coupon.

10% Discount For Military & Medical Personnel

Essex Workmanship Auto • Truck • Marine

4x4 High Performance Standard Automatic // Foreign // Domestic Best Price All Work Guaranteed

Over 30 Years Transmission Experience

105 Ft. Dix Road Pemberton, NJ 08068 609-894-4609



Complete Your Back-to-School Checklist.

✓ Backpack ✓ Supplies ✓ Dental Checkup

Your children deserve every advantage.

Start the school year with a healthy smile!

Appointments are available now for back-to-school checkups – call today.

We have two convenient locations in Hamilton and participate with most major insurance plans as well as NJ Family Care. Whether it's regular checkups and cleanings, cosmetics, orthodontics or oral surgery, we provide complete oral care for a lifetime.

Pediatric Dentistry | Adult Dentistry | Orthodontics | Periodontics | Oral Surgery | Cosmetic Dentistry

**Hamilton DENTAL ASSOCIATES**

Dr. Sidney Whitman | Dr. Arthur Fields | Dr. Scott Chenis | Dr. Michael DeLuca  
Dr. Kevin Collins | Dr. Irving Djeng | Dr. Deirdra Reverendo

Two Convenient Locations

Klocker Road Office  
2529 Klocker Road, Hamilton Square, NJ 08690 (609) 586-6603

Kuser Road Office  
2601 Kuser Road, Hamilton Township, NJ 08691 (609) 688-1212 (NJ Family Care accepted)

[www.HamiltonDental.com](http://www.HamiltonDental.com)



Senior Airman Alvin Jones II, 87th Comptroller Squadron travel pay technician, and Tech. Sgt. Charity Barrett, Defense Courier Service-McGuire-Dix-Lakehurst, N.J. Both Airmen were selected to represent the U.S. Air Force during the 2013 Allied Air Forces Athletic Championships in Munich Germany. English, Polish, Dutch, German and Belgian air forces are also participating in the event. (U.S. Air Force photo by Tech. Sgt. Charity Barrett/Released)

## Airmen to compete in international Air Force track meet

By Staff Sgt. Christopher Robertson  
70th Mobile Public Affairs Detachment

Two Joint Base McGuire-Dix-Lakehurst Airmen have been selected for the Air Force Track Team and will soon compete on an international level.

When Senior Airman Alvin Jones II, an 87th Comptroller Squadron travel pay technician who ran track in high school, was recruited into the armed forces, he was excited by the possibility of being a competitive runner representing the Air Force on a national and international level through the Air Force Sports program.

"I first heard about the Air Force track team through my recruiter," said Jones, an Erie, Pa., native. "He knew I ran track and told me I could also run track in the Air Force."

Jones was initially in disbelief and thought he'd never compete again, but said he looked into it once he got to his first duty station.

"I researched the Air Force track team and got in touch with the coach and found it was actually true that the Air Force has a track team and I had the potential to join."

Tech. Sgt. Charity Barrett, who is from Philadelphia and currently works as a defense courier at JB MDL, has a similar story. When she joined the Air Force in 1998, Barrett thought track and field competitions were in her

past. As she continued to participate in intramural sports around base, others noticed her talent and suggested she try out for track and field.

"While playing basketball for a team on my base, some team members told me I should try out for the track team because I was very fast," said Barrett.

Jones, a 87th Comptroller Squadron financial technician and Barrett who serves as a photographer assigned with the Defense Courier Detachment at JB MDL, have a real sense of pride having the honor of representing the Air Force in a sport they both love so much.

Both will soon train abroad before travelling to Ramstein Air Base, Germany, the first week of September with their new track team to compete in the Allied Track Meet in Munich.

"We are going to compete for the Allied Command Championships," said Jones. Other countries with air force track teams competing include England, Poland, Netherlands, Germany and Belgium. "I have a new special sense of pride serving as an ambassador to five European nations during the Allied Track Meet. The German air force is hosting this event and we are excited to represent our country and our Air Force."

## JB MDL youngsters head back to school

By Jennifer Kenney  
Joint Base McGuire-Dix-Lakehurst Safety Office

Most students in the area will be back in school right after Labor Day – the unofficial end to summer. They will be asked to concentrate on reading, math and English, even while the warmth and sun still beckon.

Parents can do their part to help their children get off to a good start. A good night's sleep, a good breakfast and a good attitude are important underpinnings to a good educational experience. Parents are their children's first and best teachers. Remind children to use sidewalks, crosswalks and crossing guards, and to ALWAYS look both ways for approaching cars—especially when entering and exiting school zones.

When children go back to school, parents develop a checklist: shop for clothes, buy new shoes, and

purchase pens, paper and notebooks. But we want everyone to put one thing at the top of their list during the back-to-school season... safe driving.

The back-to-school season is an important time for drivers to pay extra attention to the road because children will be standing in line at the bus stop or getting on and off buses, walking to and from school, and playing on or near school property and in neighborhoods. We want to remind everyone to drive carefully, especially while in school zones.

The greater community has a role to play, too. Motorists need to be on the watch again for children around neighborhood schools in the morning and afternoon. Reduced speed limits, enforced by police, are the rule when school is in session. Drivers who slow down can do more than avoid a ticket and points on their licenses; they may save a life.

## 305th OSS Airman test tents



Staff Sgt. Tralves Sowell, 305th Operations Support Squadron, aircrew flight equipment craftsman sets up the Lightweight Decontamination System Aug. 16, 2013, on Joint Base McGuire-Dix-Lakehurst, N.J. The mission of the 305th OSS is to provide information, support, and equipment to allow aircrew to accomplish their global mobility mission. (U.S. Air Force photo by Russ Meseroll/Released)

**NOW THROUGH LABOR DAY**

<b>Comfort Pillow Top</b>  Twin 2 Pc. Set \$149 Queen 2 Pc. Set \$149 Full 2 Pc. Set \$149 King 3 Pc. Set \$149 Any Size Same Price Each Piece When Purchased as Set. Must Buy Set. Mattress Only - Slightly Higher.	<b>Eurotop Mattress Sets</b>  Twin 2 Pc. Set \$99 Queen 2 Pc. Set \$99 Full 2 Pc. Set \$99 King 3 Pc. Set \$99 Any Size Same Price Each Piece When Purchased as Set. Must Buy Set.	<b>Pillow Top or Firm Mattress</b>  Twin 2 Pc. Set \$199 Queen 2 Pc. Set \$199 Full 2 Pc. Set \$199 King 3 Pc. Set \$199 Any Size Same Price Each Piece When Purchased as Set. Must Buy Set. Mattress Only - Slightly Higher. 10 Year Warranty.
<b>Twin Captain Bed</b>  Full Bed \$198 \$149	<b>Twin/Twin Bunk Beds</b>  \$188 \$219	<b>Living Room Sets</b>  Sofa & Loveseat Available in Cafe, Mocha & Gray. \$599
<b>Complete Metal Bed</b>  Includes Twin Eurotop Mattress. \$199	<b>Soji Screen</b>  Available in Black & Natural. \$49 <sup>99</sup>	<b>31" Cot</b>  \$179 39" \$199
<b>MicroFiber Recliner</b>  \$179 Available in Mocha & Cafe.	<b>Twin Over Futon Bunk Bed</b>  Available B&W. Includes Futon mat. \$298	<b>3 Piece Dinette</b>  2 Colors Available. \$149
<b>Large 30wx46h Chest</b>  Fully Assembled. Assorted Colors. \$129 <sup>99</sup>	<b>Futon with 6" Mattress</b>  \$199	

**FURNITURE One & Mattress**

1636 Route 38  
Lumberton, NJ 08048  
Lumberton Plaza next to Bottom Dollar Food and Big Lots!  
**(609) 702-8110**  
Hours: Sunday 11am - 6pm  
Monday - Thursday 10:30am - 8pm  
Friday 10:30am - 5pm • **Saturday Closed**

Like us on:

**www.Furn1.com**

# Joint Base Intramural Sports Standings

2013 Intramural Golf JB McGuire-Dix

Team	Win	Loss	Tie	PCT
87th CS	11	3	0	0.786
305th MOS	11	3	0	0.786
305th OSS	11	4	0	0.733
87th FSS	11	4	0	0.733
605th AMXS	10	4	0	0.714
87th LRS	9	6	0	0.600
305th MXS	9	6	0	0.600
87th SFS	7	5	1	0.577
621st CRW-A	8	6	0	0.571
87th CES	7	6	0	0.538
305th APS	8	7	0	0.533
732nd AS	7	8	0	0.467
EC	6	7	0	0.500
373rd TRS	5	10	0	0.333
305th AMXS	4	9	0	0.308
314th RCS	3	8	0	0.273
AMC TES	3	12	0	0.200
1st/307th TSBN	1	9	1	0.136
621st CRW-B	1	7	0	0.125
HMLA-773	0	8	0	0.000

PCT = Winning Percentage  
Game schedule

Week 22

Sept. 10	Noon	605th AMXS vs. 305th APS
	Noon	373rd TRS vs. 305th MOS
	Noon	305th MXS vs. 87th SFS

Noon	EC vs. 87th CS
Noon	87th FSS vs. 87th LRS
Noon	305th AMXS vs. 732nd AS
12:01 p.m.	305th OSS vs. AMC TES
12:01 p.m.	87th CES vs. 621st CRW-A
12:01 p.m.	314th RCS vs. 1st/307th TSBN
12:01 p.m.	621st CRW-B vs. HMLA-773

All games played at Falcon Creek Golf Course

2013 Lakehurst B-League Softball

Gold - Hangar Squad
Silver - PMD
Bronze - Weasels
Bronze - Diamond Dawgs

2013 Final Summer Slam Basketball JB McGuire-Dix

Gold - 305th OSS
Silver - NCOA
Bronze - 305th APS

2013 Intramural Wallyball JB McGuire-Dix

Team	Win	Loss	PCT
305th MXS	0	0	0.000
314th RCS	0	0	0.000
605th AMXS	0	0	0.000
87th CS - A	0	0	0.000
87th CS - B	0	0	0.000
87th MDG	0	0	0.000
ACC-NJ	0	0	0.000

AMC TES 0 0 0.000

Game schedule

Week 2

Sept. 4 4 p.m. AMC TES vs. 87th MDG  
5 p.m. 87th CS - A vs. 314th RCS

All games played at McGuire Racquetball Court  
Current as of Aug. 27, 2013.

### 87th Command Post Airman take control



Airman 1st Class Franklin Gray, 87th Air Base Wing command post controller, manages Air Mobility Command, NATO airlift and air-refueling missions Aug. 21, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J. The Command and Control section provides support for five Air Force wings, 88 mission partners and 42,000 personnel. Gray hails from Houston. (U.S. Air Force photo by Russ Meseroll/Released)

# together for freedom

## support our troops

**\$11 Military Hair Cut**  
Reg. Haircut \$12.00  
Hot Towel Razor • Skin Fades • Shaves  
"Se Habla Español"

**KEN'S**  
Family Barber Shop

3 barbers on Duty 6 days a week

609.672.0670

**MATHIS FUNERAL HOME**  
58 N. Main Street • Medford, NJ 08055 • (609) 654-9439  
www.mathisfuneralhome.com  
"Our Family Serving Yours"

Angela M. Dyan Megan L. Maloney  
N.J. Lic. No. 4586 N.J. Lic. No. 4774  
Carl J. Hasson, CPSP, Manager  
N.J. Lic. No. 4182

**UNIVERSITY PARK APARTMENTS**  
224 Swarthmore Court, Pemberton, NJ 08068  
Mary Ann Drinkwater, Manager  
Office (609) 894-9336  
Fax (609) 894-9565

**Repid's Auto Repair Shop**  
Quality Work • Towing  
1613 Columbus Road  
Burlington, NJ 08016  
Phone: 609-387-0924  
Hours: Mon - Sat 8AM - 7PM

General & Cosmetic Dentistry For The Entire Family  
**Scott A. Blum, DMD**  
Florence Family Dental, PC  
180 Delaware Avenue • Florence, NJ 08518  
Office: 609-499-4915 • Fax: 609-499-4120

**Page FUNERAL HOME**  
302 East Union Street • Burlington, NJ 08016  
T: 609-386-3700 • F: 609-386-8283  
Richard Clawges, Manager, NJ Lic. No. 3440  
William Stimm, Jr. NJ Lic. No. 4218  
Brian Horne, NJ Lic. No. 4258

**Quality Auto Body**  
Family Owned & Operated!  
Since 1988 we have proudly served the Burlington County area.  
We are committed to complete customer satisfaction.  
First licensed shop in New Jersey: No. 00001A  
609-386-6666  
4510 Rt. 130 • BURLINGTON, NJ 08016  
www.qualityautobodyburlington.com

**Mr. Holly POWERSPORTS**  
YAMAHA  
Store Hours:  
Mon.-Fri. 10-7  
Sat. 10-5  
Sun. Gate Riding Closed  
1799 Route 38  
Lumberton, NJ 08048  
Phone: (609) 267-2123  
Toll Free (800) 660-2123  
Email: store@mhps.comcastbiz.net  
www.mhollypowersports.com

**Light & Love Evangelistic Church**  
4547 Simontown Road  
Pemberton, NJ  
Sunday School 9:30 to 10:30am  
Sunday Worship Service begins 11am  
Bible Study Wednesday 7pm  
Prayer Friday 6pm  
Pastors Frederick & Evelline Deas  
609-994-2677 or 609-248-5907

**GOES-SCOLIERI FUNERAL HOME**  
(609) 871-1000  
GREG A. SCOLIERI, Manager  
N.J. Lic. No. 3953 • PA Lic. No. 013339  
Serving All Faiths  
212 Levitt Pkwy., Willingboro, N.J. 08046

**BROWNS MILLS DENTAL CENTER**  
ASAD S. SADIQ, D.M.D. • WALA SEW-NARINE, D.M.D.  
BENJAMIN NERO, D.M.D. • KUEILING LIN, D.M.D.  
THERESA MARTINEZ, R.D.H. • PRAMIDA PULSAM, D.M.D.  
55 Pemberton-Browns Mills Rd.  
Browns Mills, NJ 08015  
(609) 893-5200 Fax 893-7271

To advertise in this directory, please call Carole Sarlo at 609-871-8135 email csarlo@phillyburbs.com

# NEWSNOTES

## Free Movie Night

A free movie night is set for 6:30 p.m. Sept. 5, 2013, at the Flight Deck Recreation Center, located at 484 Lansdowne Road. Children must be accompanied by an adult at all times. Doors open at 5 p.m. Free popcorn will be available and light bites and beverages will be available for purchase. The movie being shown is "The Croods" which is rated PG.

**Mountain Bike or Hike the New Jersey State Forest**  
The 87th Force Support Squadron is set to host a Mountain Bike or Hike the New Jersey State Forest trip Sept. 7, 2013. Bike or hike over more than five miles through the famous Jersey Pinelands of the Brendan Byrne State Forest. The fee is \$5 for active duty and reserve military and \$20 all others and include round trip transportation from Outdoor Recreation Center. Space is limited to 14 bikers and/or hikers. Group departs at 10 a.m. from 6045 Doughboy Loop and returns approximately 3 p.m. Call 562-2727 for more information.

## Children's Pottery Class Session

The 87th Force Support Squadron is set to host a two-session Children's Pottery Class 10:30 a.m. to noon Saturdays

for children ages 6-10 at the Arts and Crafts Center, located at 6039 Philadelphia St. Session one begins Sept. 7-28, 2013, for four weeks. Session two begins Oct. 5-26 for four weeks. The fee is \$40 per session. Call 562-5691 for more information.

## Children's Painting Class

The 87th Force Support Squadron is set to host a four-week Children's Painting Class Saturdays from 1-2:30 p.m. Sept. 7-28, 2013, at the Arts and Crafts Center, located at 6039 Philadelphia St. The cost is \$40. Children will learn the basic techniques of painting and will explore the use of various art mediums which include: pastels, watercolor, acrylic and more. Call 564-5691 for more information.

## Hunter Education Course

A Hunter Education Course is scheduled for 8 a.m. Sept. 8, 2013, at Range 14. Interested participants can register online at [www.njfishandwildlife.com](http://www.njfishandwildlife.com), walk-ins are accepted with completed homework. Study guide and homework materials are available at Outdoor Recreation and Joint Base Road and Gun Club and can be downloaded from [www.njfishandwildlife.com](http://www.njfishandwildlife.com). Call 562-4647 for more information.

## Troops to Teachers

The Military and Family Support Center is set to host a Troops to Teachers program from 10-11 a.m. Sept. 10,

2013, at 3435 Brody Road. The program is designed to assist separating or retiring military personnel in pursuing a rewarding career in public elementary, secondary or vocational education. Military spouses are welcome to attend. Preregistration is required. Call 754-3154 for more information or to register.

## Remembrance Run 5K

The 87th Force Support Squadron is set to host a Remembrance Run 5K starting at 11:45 a.m. Sept. 11, 2013, at the Lakehurst Fitness and Sports Center, located at 123 Severys Road. The event is open to all Department of Defense ID cardholders. Registration begins at 11:30 a.m. Call (732) 323-7266 for more information.

## Patriot Day 5K Obstacle Run

The Patriot Day 5K Obstacle Run is set to start at 3 p.m. Sept. 11, 2013, across from the Arts & Crafts Center, located on Pennsylvania Avenue. The events are open to all Department of Defense ID cardholders. Visit [www.gomdl.com](http://www.gomdl.com) for more information.

## Auto Hobby Shop Car Care

The Auto Hobby Shop is set to host "Car Care 101: How to check oil and fluids" from 11:30 a.m. to 12:30 p.m. Sept. 11, 2013, located at 2415 Vandenberg Ave. Class size is limited to 10-12 students. Call 754-4316 for more information or to register.

# Construction Corner

From 87th Civil Engineer Squadron

## Electrical Power Usage Demand

The 87th Civil Engineer Squadron is requesting joint base community members turn off all unused electrical devices at home and at work to help save energy. The utility provider is experiencing issues keeping up with the current electrical demand during the summer heat wave and are asking for help in limiting electrical usage or we may experience brown out.

## McGuire Power Plant Demolition Project

Demolition of the McGuire Power Plant and associated facilities will continue through Oct. 31, 2013. Additional truck and construction vehicle traffic can be expected in the area.

## Road closures

Repaving of Hancock Road is currently scheduled through September 2013. Traffic will be reduced to one way with flaggers during paving operation. Watch for workers striping roads.

## Thrift Store and Aimen's Attic Demolition

Demolition of the Thrift Store and Aimen's Attic, located at 3446 Brody Road to include associated utilities and parking lot, is currently scheduled through Dec. 15, 2013. The old ball room in Pudgy's located at 2508 East Third St. is being renovated to house the Thrift Store and Aimen's Attic.

## Water Line Replacement

Water line replacement work is currently scheduled through the end of 2013 in the 5600 and 5600 area,

between Willow Pond and the U.S. Air Force Expeditionary Center, and between Doughboy Loop and Texas Avenue on Dix. Access to the sidewalk along Texas Avenue will be impacted during construction. During work in the shoulder of 8th Street, traffic may be restricted by construction crews in the area. Construction equipment and activities may limit access to interior roadways and parking lots intermittently during the work. No road closures are anticipated.

## Electrical System Upgrade

Electrical system upgrade work at 1907 East Arnold Ave. is currently scheduled through December 2013 for the demolishing of old electrical service and distribution within the facility. Intermittent electrical shutdowns will be required to disconnect old service and reconnect to the new distribution system.

## Walton Army Hospital Demolition

Demolition of the Walton Army Hospital and associated facilities is expected to take approximately seven months. Detour around the site will continue through March 2014. New Jersey Avenue will be closed to all but local traffic between 4th Street and Summerall Avenue for the duration of the demolition and traffic will be routed around the site via N. Scott Plaza, Maryland Avenue and 8th Street. 4th Street between General's Circle and New Jersey Avenue will be closed for the duration of the work. Patrons of the golf course need to use additional caution when crossing Fort Dix Road and New Jersey Avenue due to increase traffic volumes on these roads.

## Joint Base McGuire-Dix-Lakehurst Chapel

### Chapel Locations

- McGuire Chapel – 2503 East Arnold Avenue
- North Chapel – 3827 School House Road
- Dix Chapel – 5240 New Jersey Avenue
- Soldier's Chapel – 5950 Church Street
- Cathedral of the Air – 264 Hope Chapel Road, Lakehurst N.J. 08527

### Worship Hours

**Catholic**  
Wednesday – 11:30 a.m. McGuire Chapel  
Saturday – 5 p.m. McGuire Chapel  
Sunday – 10:30 a.m. Dix Chapel

**Protestant**  
Sunday – 9 a.m. Traditional - Dix Chapel  
Sunday – 9:45 a.m. Contemporary - North Chapel  
Sunday – 11:30 a.m. Gospel - McGuire Chapel

**Army Support Activity**  
Sunday – 7:30 a.m. LDS - Dix Chapel  
Sunday – 7:30 a.m. Protestant - Soldier's Chapel

For programs, faith groups, or special language needs not listed, please contact the Chapel at 609-754-4673.

### Contacting A Chaplain

#### When should I call a Chaplain?

Chaplains are available for spiritual, relationship and grief counseling. They provide worship services, baptisms, weddings and memorials.

Your conversation with a chaplain can not be disclosed without your permission. No exceptions.

To speak with a Chaplain during duty hours (Monday through Friday 7:30 a.m. – 4:30 p.m.) call 609-754-HOPE (4673).

For assistance after duty hours, call the Command Post at 609-754-3935 or 3936.

# Women

Continued from Page 2

"Additional affidavits describe the guards grabbing, dragging, beating, choking, slamming, pinching, twisting and kicking the women. Thus unfolded the "Night of Terror" on Nov. 15, 1917, when the warden at the Occoquan Workhouse in Virginia ordered his guards to teach a lesson to the suffragists imprisoned there because they dared to picket Woodrow Wilson's White House for the right to vote. For weeks, the women's only water came from an open pail. Their food – all of it colorless slop – was infested with worms. When one of the leaders, Alice Paul, embarked on a hunger strike, they tied her to a chair, forced a tube down her throat and poured

liquid into her until she vomited. She was tortured like this for weeks until word was smuggled out to the press."

This year, as we reflect on the accomplishments made by the pioneers of women's equality, we must also remember the sacrifices and pain they endured in the pursuit of full equality. Women's rights activists refused to take no for an answer. Let us use the bravery and experiences exhibited by these pioneers of women's rights to expand our vision of social justice and equality for all. Whether male or female, get out and vote. Use this right, which courageous women fought so hard to achieve. The right was not given freely; women earned their constitutional right, though blood, sweat and tears.

# DUI

Continued from Page 2

talk about the impact alcohol could have on a budding career. "Roc," he said, "I have never been more embarrassed than the night I sat at the kitchen table and explained to my son, that dad once got a DUI."

Still, he got off easy. According to the Department of Transportation, every 15 minutes in this country, someone is killed or paralyzed because someone else didn't get the message. Alcohol plus motor vehicle plus stupidity equals nightmare!

For 26 years now, American leaders have told me that we are the very best and the very brightest. Teammates, start proving it! Have the guts to do what is right. Have the guts to finally stop kidding yourself that no matter how much or how little you drink, getting behind the wheel is never, ever the answer. Have the guts to wait at least 12 hours and if you drank more than two drinks, wait a few more hours before you even think of driving. Have the courage to stop blaming the job, your spouse, your stress, your children, your parents, your boss or other factors in your life on why YOU elected to break the law and drive impaired. Yes, our business is a challenging one. But alcohol excess, a depressant I remind you, is simply not the answer.

The answer is simple: Please have the guts to take a stand against the misuse of alcohol; a stand against driving impaired; a stand against stupidity and a stand to do what is right! If we all take a stand, together, we can finally lick the DUI problem and focus on our jobs, our families, our futures and our lives!

# Picnic

Continued from Page 1

so we were really excited that they followed through with it," Benford said.

Benford came to the event prepared to spend the day with his grandchildren. He brought a chair to sit on as he waited for his two grandchildren to finish at various attractions. He joked that he tried to get his grandchildren to eat before going on the rides, but that they were having none of it. "They were like, 'We're not hungry, we want to play.'"

When the popular dance song "Cupid Shuffle" came on the loudspeakers, Krista Dupes, who was at the event recruiting for the

Cub Scouts, Boy Scouts and Venture Scouts, obliged her youngest son as he grabbed her hand and took her to join a few others for the popular dance.

"It was the first time I tried it," she said with a laugh, adding that she even got a little bit of a workout. "It was very easy and fun."

Donna Hughes came to the picnic to enjoy the day with her daughter, Eileen Hughes-Enriquez, JB MDL Legal Office court stenographer, and her two daughters.

"It's awesome," Hughes said. "The rides are good, the food was excellent. Everyone is friendly and cheerful, and I hope it continues every year. I would love to come back."

## Glorifying God, Serving Warfighters, Pursuing Excellence for the Joint Base



## Get to know JB MDL!

Can you guess whose infectious smile this is? Submit your guess online at [www.facebook.com/jbmdl](http://www.facebook.com/jbmdl). Don't forget to check back next week when the full-size photo is revealed!



Did you guess last week's close-up photo? It's the anchor in front of the Fleet Logistics Support Squadron 64 hangar. The Condors of VR-64 are part of a team that is entrusted to safely execute effective and responsive C-130 Hercules air logistics missions in direct support of fleet and combatant commanders worldwide.



## Recipe Roundtable

Got a favorite recipe that's a time-saving miracle, a gourmet masterpiece or just really yummy? Email the recipe and a photo to the Air, Land & Sea Times staff at [87abw.pa@us.af.mil](mailto:87abw.pa@us.af.mil) to share it with the joint base community. Be sure to include "Recipe Roundtable" in the subject line.

### Cookie Ice Cream Sandwiches

This is a great way to cool off on a hot summer day. Serves 1.

- Ingredients:
- 1 scoop vanilla ice cream
  - 2 cookies (any kind of cookies)

#### Cooking Instructions

Get one cookie and get the ice cream and put the scoop of ice cream on the one cookie. Then get the other cookie and put them together. Now you are done.

*Recipes found at food.com*



## Traps

*Continued from Page 1*

on blood and lay eggs.

The Airmen set up 12 traps across the base, geographically separated to yield the most diverse sample batch. The flight employs two different types of traps to catch the flying nuisance: Gravid traps and N.J. light traps. Gravid traps use a substance called "stink water," a yeasty water substance which attracts female mosquitoes who wish to lay eggs. Female mosquitoes are also attracted to carbon dioxide. The N.J. light traps take advantage of this by using dry ice to release carbon dioxide.

"We set up the different types of traps where they will be most effective," said Douglas. "For instance, you wouldn't want to set up a gravid trap where there is already a lot of standing water."

The trap samples are collected after being out for around 24 hours. Technicians then send the samples to a lab at Wright-Patterson Air Force Base, Ohio, for testing. The flight typically gets the results back in a little more than a week.

"Mosquitoes are a nuisance and if left unchecked, they could become an even bigger problem," said Master Sgt. Thomas Wiggins, 87th AMDS community health element noncommissioned officer in charge. "The best way families can stay safe is using insect repellent with a high DEET content."

Mosquito control is important because the pesky bugs carry diseases, including the potentially deadly West Nile virus.

Last season yielded 30 positive samples of West Nile virus in Burlington County, as well as one positive here on JB MDL. A total of five individuals died in New Jersey due to the West Nile Virus said Staff Sgt. Brian Wiese, 87th AMDS food safety and sanitation NCOIC.

While the majority of people who contract West Nile virus will have no symptoms, the disease

can lead to paralysis, coma and death in fewer than one percent of cases, according to the Centers for Disease Control West Nile Virus homepage.

The following are tips everyone can use to lessen the local mosquito population:

- Empty water from flower pots, pet food and water dishes, birdbaths, swimming pool covers, buckets, barrels and cans at least one or twice a week
- Check for clogged rain gutters and clean them out
- Remove discarded tires and other items that could collect water
- Be sure to check for containers or trash in places that may be hard to see, such as under bushes
- Dispose of tin cans, plastic containers, ceramic pots or similar water-holding containers
- Drill holes in the bottom and elevate recycling containers that are left outdoors
- Turn over plastic wading pools when not in use
- Turn over wheelbarrows and do not allow water to stagnate in bird baths
- Aerate ornamental pools or stock them with fish. Water gardens are fashionable but become major mosquito producers if they are allowed to stagnate

Clean and chlorinate swimming pools, including those that are not being used. A swimming pool that is left unattended can produce enough mosquitoes to result in neighborhood-wide complaints. Be aware mosquitoes may even breed in the water that collects on pool covers

Repair and maintain barriers, such as window and screens, to prevent mosquitoes from entering buildings. Barriers over rain barrels or cistern and septic pipes will deny female mosquitoes the opportunity to lay eggs on water

"Trapping these mosquitoes is important to the people who live, work and train here," said Douglas. "People still need to take precautions, but these traps are the best way to catch a problem before it gets worse."

# CLASSIFIED

### Special Services

#### Tree Removal



**BOB LESCHAK Tree Service**  
Removal, Stump Grinding, Chipping  
609-371-0901 or 609-255-1857

### Real Estate Rentals

#### Apartments for Rent

**BROWNS MILLS Country Lakes Apts.**  
1BR apt avail. \$655/mo. 609-935-2725  
or 609-512-8709 leaves message.

**BROWNS MILLS**  
Efficiency Apt. - \$550 mo  
1 Bedroom - \$750 mo  
ALL UTILITIES INCLUDED  
(Special thru August 31st only)  
Secure Site, Carport, Management  
645-425-8890

**BURLINGTON 2 BR apt.** 100% renovated. Flow home. Washer, dryer.  
858-481-7891

**BURLINGTON TWP. 2 BR, 1 BA, 1st floor duplex** new carpet, washer, dryer, Security deposit req'd. \$800/mo. + gas & electric. 609-410-8989

**LIMBERTON - Sparkles 1BR.**  
Available Now! FREE heat, hot water, gas & carpet! 1-888-493-1911

**PENBERTON UNIVERSITY PARK APTS.**  
1&2 BR avail at \$650-\$900. 604-2938

### Homes for Rent

**BROWNS MILLS 3 BR, 1 BA, 5mi**  
Nichean & DR. \$1,200/mo. + 1% mo. Security. Cal. 609-643-2801

**PENBERTON TWP. HOMES & APTS**  
FOR RENT. ALSO, MT. HOLLY  
609-271-1202

**Southampton 3BR, LR, DR, Kitchen,**  
FF, full bath, 1st fl. inc.  
609-295-8981

### Pet and Supplies

#### Pets for Sale



**AT THE PUPPY BARN:**  
We are the original puppy 35 yr. old  
Puppy Barn. We are not affiliated  
with any other copy-cat pet shops any-  
where. We've bred & sold & stood be-  
hind the most pups for 35 years.  
For customer satisfaction &  
the biggest selection come to  
2741 Rt. 206, Mt. Holly (Columbus)  
[mtpuppybarn.com](http://mtpuppybarn.com)

## Transportation/ Auto

### Autos Wanted

**WE BUY**  
• Unwanted Vehicles  
• Wreck/Flood Damaged  
• Non-running  
• Free Towing

**IF IT HAS WHEELS, WE BUY IT!!!  
PAYING UP TO \$500 CASH!!!**

**Call 609-598-3225 today**  
for your free quote!

### Autos Wanted

#### Auto Buyers

**TOP DOLLAR PAID  
RUNNING VEHICLES  
\$1,000 - \$20,000  
JUNK VEHICLES  
\$400 AND UP  
CASH ON THE SPOT!**



**AUTO REPAIR/TOWING  
USED TIRES AVAIL.  
CALL TODAY FOR THE  
BEST PRICES  
856-438-0020 • 609-850-8066**

#### HOLY COW!

Did we miss your newspaper delivery?  
Call us before 10 a.m. and we'll get a replacement to you.

**1-888-489-1010**  
Burlington County Times



### JB MDL Base Theater Movie Schedule

**Friday:**  
7 p.m. Red 2  
(PG-13)

**Saturday:**  
7 p.m.  
R.I.P.D. (PG)

## United Communities

Presents the First Annual:

### FARMERS MARKET

Every Thursday  
Beginning June 20, 2013  
10 a.m. - 2 p.m. rain or shine

Locally Grown Produce • Baked Goods • Homemade Crafts •  
Fresh Flowers • Direct Sales • And More!

Located at:  
Patriot Park of Falcon Courts North  
(400 yards north of the Jim Saxton Community Center)  
Corner of North Bolling and West Castle Dr.  
Joint Base McGuire-Dix-Lakehurst, N.J. 08641  
Contact Kristy at (609) 723-4290 extension 2018 or [kullje@msau.mediadec.com](mailto:kullje@msau.mediadec.com)

Follow us on Facebook for more updates!