

NEWSNOTES

Dates and times are subject to change. Check with the event coordinator prior to the event.

Soccer Tournament Road Closures
 Select roads on the joint base will be closed July 27-28, 2013, due to scheduled soccer tournaments here. The following roads will be closed: New Jersey Avenue and Montpelier Street; West 16th Street and Montpelier Street; Newport Street and Doughboy Loop; all Doughboy parking lot entrances and exits, with the exception of the first two closest to 16th Street; Doughboy parking lot separation between pool and lot; 16th Street and Pennsylvania Avenue; 16th Street and 19th Street spur at triangle; 13th Street and Newburgh Avenue; 12th Street and Newburgh Avenue; 11th Street and Newburgh Avenue; Millville Avenue and Pennsylvania Avenue. Call 754-0226 for more information.

Active-Shooter Exercise Rescheduled
 The active-shooter exercise originally scheduled for July 17 has been rescheduled for Sept. 12, 2013. Training is essential and helps ensure the readiness of joint base personnel. Call 754-2230 for more information.

ID Card Facility Closes Saturday
 Effective July 20, 2013, the Directorate of Human Resources-Military ID Card Facility at McDonald Hall, located at 5418 S. Scott Plaza will no longer be open the third Saturday of the month. Call 562-3373 for more information.

CTO Closed to Walk-in Customers
 Effective Aug. 1, 2013, Wingate Travel will replace Airtrak Travel as the installation's commercial travel office provider. The Commercial Travel Office will be closed to walk-in customers from 7:30 a.m. to 12:30 p.m. Aug. 1, located at 1706 Vandenberg Ave. Call 754-3407 for more information.

Group Preseparation Counseling
 The Military and Family Support Center is set to host a Group Preseparation Counseling from 2-4 p.m. Aug. 1, 2013, at 3435 Brody Road. Complete mandatory needs assessment counseling required for out-processing. Receive a preseparation counseling checklist. Call 754-3154 for more information.

Free Movie Night
 A free movie night is set for 6:30 p.m. Aug. 1, 2013, at the Flight Deck Recreation Center, located at 484 Lansdowne Road. Children must be accompanied by an adult at all times. Doors open at 5 p.m. Free popcorn will be available and light bites and beverages will be available for purchase. The movie being shown is "The Muppet On vacation in LA" which is rated PG.

Membership Breakfast
 Pudgy's Sports Pub is set to host a membership breakfast 7-9 a.m. Aug. 2, 2013, located at 2508 Can do Way. All club members who show their club card will receive a free country-style breakfast.

Framing Qualification Class
 The 87th Force Support Squadron is set to host a Framing Qualification Class from 10 a.m. to noon Aug. 3, 2013, at the Arts and Crafts Center, located at 6039 Philadelphia St. Participants will complete one piece as they learn to operate the framing equipment. Pre-registration is required. The fee is \$10. Call 562-5691 for more information.

OSW Career Expo
 The Army Reserve 77th Sustainment Brigade is set to host "Operation Sustainment Warrior Career Expo" from 9 a.m. to 5 p.m. Aug. 5, 2013, at the VR-64 Hangar, located at 3370 Wornacott Road. The event will have representatives from more than 75 employers and colleges on hand. Briefings on the GI Bill, Transition from military to civilian interviews, résumé writing and networking will be available. Call 562-8011 for more information.

Transition Assistance Program Seminar
 The Military and Family Support Center is scheduled to host a five-day Transition Assistance Program Seminar from 8 a.m. to 4:30 p.m. Aug. 5-9, 2013, at 3435 Brody Road. This seminar is mandatory for all separating service members and is open to all services. Pre-registration is required. Call 754-3154 for more information.

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Future SNCOs learn from seminar, CMSAF Cody

By Airman Tara A. Williamson
 Joint Base McGuire-Dix-Lakehurst
 Public Affairs

A four-day professional development course for senior noncommissioned officers was held July 15-18, 2013, here to prepare new SNCOs for their next level of leadership.

The induction seminar is a four-day professional development course. It includes topics like team building and motivation, Airmen and NCO development, counseling and mentoring, SNCO career progression and standards and discipline.

A panel of first sergeants spoke to the 75 future master sergeants July 17 about topics such as maintaining humility when gaining that next stripe and getting to know the Airmen in their unit.

"The biggest (purpose) is to prepare you and to answer any type of questions that they're going to have," said Master Sgt. Ricardo Pena, 87th Communications Squadron first sergeant and Hanford, Calif., native. "Day one of wearing the master sergeant stripe, people will look at you different. You aren't going to be a sergeant, it's going to be 'good morning master sergeant.' I remember that, day one going through the gate, that's how it was. It's a big difference."

The seminar is also used for answering questions the technical sergeants have, such as how to motivate younger Airmen. They asked the speakers if they have any insight to give to them, or if they've encountered jaw-dropping moments in their first sergeant position.

The best part of the seminar was career progression for Tech. Sgt. Josh Coddington, 373rd Training Squadron hydraulics instructor and Lebanon, Ore., native.

"Knowing the next step and what it takes was helpful," he



Chief Master Sgt. of the Air Force James Cody addresses a group of master sergeant selects before the annual Senior Noncommissioned Officer Induction Ceremony July 19, 2013, at the Air Advisor Academy on Joint Base McGuire-Dix-Lakehurst, N.J. The chief spent the day speaking to joint base personnel at an all-call, the master sergeant selects and junior enlisted at the First-Term Airman Center. (U.S. Air Force photo by Airman Tara A. Williamson/Released)

said. "My goal is to retire as a master sergeant, but it would be foolish of me to say, 'okay I made master, but now I'm just going to sit here,' as opposed to, 'I made master I'm good with that, but I want to continue to strive.'"

Tech. Sgt. Jennifer Williams, 818th Global Mobility Readiness Squadron quality assurance and Cenralia, Wash., native, had originally set a goal for herself to retire as a technical sergeant.

"But I made (technical sergeant) at ten and I thought, 'now I have to do something for the next ten years,'" she said. "Before this week I thought that was it, I'm never going to touch equipment ever again. I'm not going to really get to do the one-on-one with people ever again. Now looking at all the different

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Joint Inspection simulator now available on ADLS

By Capt. Sybil Taunton
 U.S. Air Force Expeditionary Center

The U.S. Air Force Expeditionary Center's Mobility Operations School recently fielded the Joint Inspection Instruction Simulator on the USAF Advanced Distributive Learning Service; the first simulator of its kind to run completely on ADLS.

The simulator can be used by both Joint Inspection instructors for use in class as a teaching aid and for JI users across the Air Force and Department of Defense to enhance training capabilities.

"The Joint Inspection Instructor Course Simulator provides a realistic scenario of cargo for joint inspections," said Mr. Domenico Fazzo, Chief of the Logistics Training Division for the MCS. "The training simulation incorporates a robust environment not otherwise available with current classroom capabilities and provides a realistic experience for students."

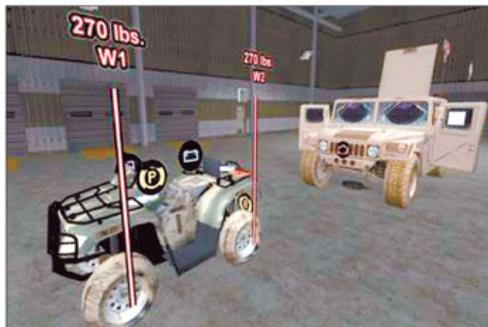
According to Fazzo, the basic setting for the simulator is a cargo warehouse with interchangeable cargo loads that include vehicles, trailers, tracked vehicles, hazardous and non-hazardous cargo, pallet trains and pallets.

"Specifically, 24 different pieces of equipment have been built and are available to make an aircraft load," said Fazzo. "These pieces of cargo are equally divided amongst aerospace ground equipment, pallets with nets and other more complicated pallets, and various cargo from the Air Force and sister services."

The simulation is rendered using a fully immersive game-based training technology that allows users to grab, open and inspect items in the virtual world.

"The simulation provides the inspectors with challenges associated with unique cargo types, including inappropriate fuel levels, leaks, hazardous materials, warped pallets, and broken or inaccurately applied cargo tie-downs," Fazzo said.

The training allows students to freely maneuver an avatar around pieces of cargo to ensure proper markings, labeling,



The U.S. Air Force Expeditionary Center's Mobility Operations School recently fielded the Joint Inspection Instruction Simulator on the Advanced Distributive Learning Service, the first simulator of its kind to run completely on ADLS. Airmen can now access training modules such as this 24 hours a day to enhance training capabilities. (U.S. Air Force courtesy photo/Released)

free of damage and proper security. Students can also verify scale weights and use a virtual measuring tape to properly calculate measurements and markings.

"The simulator includes all corresponding regulatory guidance and forms available, allowing students to properly complete the forms as if they were accomplishing an actual inspection," said Fazzo. "The sample cargo contains built-in common discrepancies the students may encounter, requiring them to identify the appropriate forms."

Along with all of the essential cargo equipment and documentation, the simulator includes additional capabilities to provide students with a more realistic computer-based training experience.

"Artificial intelligence is provided to create interactions and dialogues with personnel normally associated with a Joint Inspection. Noises like radio chatter and people interrupting with lesser priority

information are included to mimic a realistic cargo marshaling environment," said Fazzo. "A scoring mechanism has also been built into the simulation to provide students with feedback at the end to highlight proper resolution of cargo discrepancies and accurate completion of all required forms."

This simulator, previously only available while attending in-residence courses at the Expeditionary Center, is now available 24 hours a day for Airmen across the globe.

"The vision for the Mobility Operations School has always been to mirror the mission environment in the classroom, permitting students to gain real confidence in their ability to effectively operate at their home units," said Mr. Rudy Becker, MCS director. "This initiative now extends that vision to online training, particularly powerful given our current fiscal environment."

Service member spotlight

Navy Petty Officer First Class Anthony Thayer, Fleet Logistics Support Squadrons Six Four, operations department leading petty officer, is the joint base's featured service member of the week. Thayer hails from Springfield, Ohio.



2

MAT team returns home

The MAT's build on State Partnership relationships with the Republic of Albania in order to demonstrate commitment and strengthen the alliance with Albania enabling them to contribute to future NATO missions.



3

87th ABW ATO shares experience

For a particular member of the 87th Air Base Wing Antiterrorism Office, providing safety and awareness on terrorism is not just a local matter, that is, not when you deploy more than 6,500 miles to share your knowledge with others.



5

Check out JB MDL on social media!

Facebook /jbmddl
 Use Facebook to connect with joint base leadership and other community members.

Twitter /jointbasemdl
 Sign up for text alerts through Twitter and receive important base updates straight to your cell phone.

Google+ /jointbasemdl
 Check Flickr for photo galleries containing hundreds of images of JB MDL happenings.

The Bucket List

By Lt. Col. Susan Dickson
189th Airlift Wing

LITTLE ROCK AIR FORCE BASE, Ark. — It seems that everyone has a Bucket List these days. You know, the list of all the things you dream of doing before you die or “kick the bucket.”

There are websites and books dedicated solely to help you formulate the perfect list. Maybe you want to swim with dolphins or stand on the equator. Some folks want to see the pyramids or visit Stonehenge. Other dreams are a bit simpler—get a tattoo, learn CPR, go to a Hog’s game. It doesn’t really matter what’s on your list. The point is you don’t want to leave this Earth without doing a few amazing things. So how do you ensure that doesn’t happen? You make a plan. You make your Bucket List. But here’s a catch. According to the

latest American Time Use Survey (conducted by the Bureau of Labor Statistics), the average American spends 8.8 hours per weekday at work. That’s 44 hours a week. Two thousand two hundred and eighty eight hours a year. Consider our profession, and I would venture the number is even higher. Compare that with the 2.5 hours per day we spend on “leisure and sports”, and an important question rises to the surface. Why don’t we spend more time planning for the biggest slice of the pie chart? Why don’t we have a Bucket List for our professional lives?

I think we all know that life can pass us by if we don’t make plans—that’s the whole idea of the Bucket List. Don’t let your professional life pass by either. Start your plan now. Make your Bucket List—Part 2. Here are a few ideas to get you started:

1. Choose a mentor. Don’t wait around to be mentored. Think long and hard about who you want to be professionally. Find that person who emulates the skills and leadership style you want and ask for their advice and guidance. Then turn around and do it to somebody else—see #2.

2. Take time with a younger troop. Life is busy. Work is busy. Try your hardest to never be too busy. Dedicate time to spend with your subordinates or co-workers. Believe it or not, you have something valuable to pass on.

3. Give back. Make a plan to start or continue your charitable giving. The Combined Federal Campaign and Air Force Assistance Fund are a great place to start. Maybe you’d rather give time than money. Look out your

See **BUCKET**, Page 13

EPR system not broken if used correctly

By Master Sgt. Brian Noethlich
99th Logistics Readiness Squadron

NELLIS AIR FORCE BASE, Nev. — I’m not certain how many of you had an opportunity to watch Chief Master Sgt. of the Air Force James Cody’s recent comments regarding the enlisted performance report, but I strongly recommend you take a minute to visit the Air Force Portal and check it out.

Our leaders at the very highest levels are encouraging us, once again, to apply our integrity when considering our performance and the performance of our subordinates. In order to do that effectively, we must understand the purposes of the Enlisted Evaluation System.

The first purpose is to provide meaningful feedback to individuals on what is expected of them, provide advice on how well they are meeting those expectations, and provide advice on how to better meet those expectations.

The second purpose is to provide a reliable, long-term, cumulative record of performance and potential based on that performance.

The third purpose is to provide officer central selection boards, senior NCO evaluation boards, the Weighted Airman Promotion System and other leaders sound information to assist in identifying the best qualified officers and enlisted service members.

Note that nowhere within these purposes do you read the words “incentive” or “punishment.” The performance report is a simple, honest documentation of performance from the start date to the end date of the report.

When considering your own performance, ask yourself the following questions. How did I perform during the last 365 days? Was my performance unacceptable? Did I need improvement? Was I average? Was I above average? Was I truly among the best?

Supervisors, ask yourself the same questions when considering the evaluation of your subordinates.

However, more than just duty performance must be considered. Most Airmen come to work every day and do a great job in the performance of their primary duties.

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Service member spotlight: tradition, respect

Navy Petty Officer First Class Anthony Thayer, Fleet Logistics Support Squadrons Six Four, operations department leading petty officer, is the joint base’s featured service member of the week. Thayer hails from Springfield, Ohio.

Q: Why did you join the military?

A: Patriotism runs deep in my family, and serving my country was ingrained into me at a young age. I have always wanted to do my part to ensure our country’s freedom. As a member of the world’s greatest Navy, I can do that while seeking new challenges, gaining knowledge and partaking in great adventures. Some of my friends thought I was crazy and tried desperately to talk me out of joining. They told me I didn’t know what I was getting into. I ignored those skeptics and have never regretted a single moment of my service.

Q: What is your job and what is its impact on the mission?

A: I am the operations department leading petty officer and loadmaster instructor for VR-64. I am responsible for worldwide scheduling and mission tasking for four Navy C-130T Hercules aircrafts, 62 aircrew and daily operational commitments for VR-64. As an instructor, I train new aircrew in general aircraft knowledge, systems, weight and balance, loading/unloading of passengers and cargo and safety of flight.

Q: Do you have any past or current family members in the military?

A: I come from a long line of family members that have served in all branches of the military, as far back as the Revolutionary War. Also, I am proud to report as of July 29 my son will continue the tradition as he leaves for Air Force boot camp. Hooyah!

Q: Who most inspires you?

A: My father (retired Air Force) was my greatest inspiration, not only as a father but as a friend. He exemplified dedication and loyalty to this country, upholding tradition and respect for the uniform, while balancing military and family



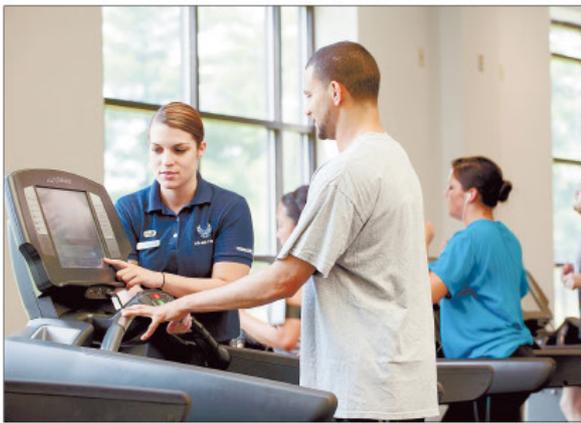
(U.S. Navy courtesy photo/Released)

life to be the best father he could. Though he only saw me serve briefly, I know he is looking down on me from above and is proud.

Q: What is one thing you’d like your fellow service members to take away or understand about the military?

A: The military is one big family, we take care of one another. Work hard, study, be a leader/mentor to others and you will have a fulfilling career!

87th FSS will pump you up



Staff Sgt. Amanda Fallwell, 87th Force Support Squadron fitness specialist, instructs Ramy Lawandy, 87th Civil Engineer Squadron project manager, during the use of programming the treadmill workout computer July 17, 2013 at the McGuire Fitness and Sports Center on Joint Base McGuire-Dix-Lakehurst, N.J. The fitness center offers aerobic classes, work out plans, intramural sports programs, and physical training testing base wide. Fallwell hails from Taunton, Mass., and Lawandy hails from Bayonne, N.J. (U.S. Air Force photo by Russ Meseroll/Released)

COMMANDER'S ACTION LINE



Col. James C. Hodges
Commander, Joint Base McGuire-Dix-Lakehurst and 87th Air Base Wing

The Joint Base Commander’s Action Line is an integral part of the base feedback network. Base personnel are urged to use the proper chain of command first to address their concerns.

If you are not satisfied with the response from your chain of command, or you are unable to resolve the problem or concern, please call 754-3247 or e-mail 87abw.actionline@mcguire.af.mil.

Action lines may be made anonymously, however it is recommended you leave your name and number in case more information is needed to address your concern.



AIR, LAND & SEA TIMES

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Joint Base McGuire-Dix-Lakehurst

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For up-to-date joint base news & info visit:
www.jointbasemdl.af.mil



RAPCON: 'Thank you for calling'

By Airman 1st Class Sean M. Crowe
Joint Base McGuire-Dix-Lakehurst Public Affairs

The 305th Operations Support Squadron Radar, Approach and Control members guided a civilian aircraft to a safe landing using cell phone communication after the aircraft's pilot lost navigation and radio capabilities July 8, 2013, here.

Phil Schirmer, Trenton-Robbinsville Airport Flight School instructor, single-engine aircraft and multi-engine aircraft instructor, was only able to utilize a cell and a tablet device to communicate with RAPCON members who safely guided him to the Capitol City Airport in Hantsburg, Pa.

The RAPCON swing-shift crew members had barely begun their shifts at 8 p.m. when they got a phone call from the civilian pilot. The pilot and a student he was instructing were headed for Trenton-Robbinsville Airport in Robbinsville, N.J., in a Piper Cherokee PA-28-180 when the aircraft's navigation and communications failed. Weather conditions challenged the pilot's visibility.

"The aircraft's alternator failed, which killed the battery and left us without power," said Schirmer. "My main concern was landing since the magneto-powered engines wouldn't fail due to the alternator."

Schirmer and Staff Sgt. Christopher Schimmel, RAPCON air traffic controller, worked together to troubleshoot the aircraft before planning the pilot's approach to Capitol City Airport. The pilot was left to nothing but what he could see from the plane and the GPS on his tablet. The aircraft could not properly "squawk," or relay information, including altitude, speed and direction without its electronic systems, to RAPCON.

Schimmel, who is also a civilian pilot, assisted Schirmer with specific help and reassurance.

"I talked to the pilot for 10 to 15 minutes before landing to ensure a safe approach and plan for an emergency landing if it became necessary," said Schimmel. "I stayed on the phone with him to comfort him. We talked about life, service and had general conversations until I could sense he was calming down."

The air traffic controllers contacted the tower at Capitol City Airport and filled them in on the situation at hand.

"We wanted him to land as soon as possible at an airport with a tower so he would not be stranded when he arrived," said Staff Sgt. Brandon Dick, RAPCON air traffic controller. "We began coordinating with that tower by relaying information from Schirmer to us and then to the tower. The only way

the tower was able to communicate with the pilot was with light signals."

The tower shined a green light beam to signal that the incoming aircraft was clear for approach.

"We stayed on the phone after he had landed to relay taxi and parking instructions to the pilot since he still could not communicate with tower personnel," said Schimmel.

Schirmer called and emailed the controllers after the ordeal to let them know everything was okay and to thank them for their assistance.

"I deal with emergencies regularly here, but I have never experienced any situation like this," said Dick. "It was part air traffic controller skill, part pilot expertise from Schimmel and part luck that we were able to get him in safely. Everything seems to come together well in the end."

The situation happened during the controllers' first inspection day and helped prove to the inspectors they are fully capable.

"The RAPCON guys were awesome and helpful," said Schirmer. "I'm glad I had the presence of mind to call the RAPCON, but I owe it to them for the safe landing. I could hear the teamwork in motion over the phone. I never want to see a solid green light after experiencing that."

Like father like daughter



Sienna Nichole Siracusa, daughter of Maj. Vincent Siracusa Jr., follows her father's example and salutes during the national anthem during the welcome home ceremony for the Military Advisor Team III who returned after a year-long deployment in support of Operation Enduring Freedom in Afghanistan July 22, 2013, to Joint Base McGuire-Dix-Lakehurst, N.J. MATs are small teams of officers and noncommissioned officers whose primary tasks are to coach, teach and mentor Afghan National Army units; provide the conduit for liaison and command and control; and support the operational planning and employment of the ANA. The New Jersey Army National Guard creates joint MATs with the Albanian Armed Forces. The MATs build on state partnership relationships with the Republic of Albania in order to demonstrate commitment and strengthen the alliance with Albania enabling them to contribute to future NATO missions. (U.S. Air Force photo by Master Sgt. Mark C. Olsen/Released)

SECNAV announces new initiatives to help combat sexual assault

By From Defense Media Activity

WASHINGTON — Secretary of the Navy Ray Mabus furthered his commitment to improve the Department of the Navy's sexual assault response by announcing additional resources for investigators and a new initiative designed to enhance accountability and transparency across the Department.

Mabus approved nearly \$10 million to hire more than 50 additional Naval Criminal Investigative Service family and sexual violence program personnel to shorten investigation times, and he directed the Navy and Marine Corps to regularly publish online the results of each service's courts-martial.

"Our Navy and Marine Corps is the greatest maritime force the world has ever known," said Mabus. "To uphold our core values of honor, courage, and commitment, we must do all we can to protect our people from those who would wish to do them harm, especially if they reside within our own ranks. This department is fully committed to using all available resources to prevent this crime, aggressively investigate allegations and prosecute as appropriate. We will not hide from this challenge—we will be active, open and transparent."

The additional ASAP special agents and crime scene personnel approved by Mabus will further help decrease the sexual assaults investigation timeline.

ASAP teams with specialized training in legal jurisdiction, investigative procedures, evidence collection, sexual assault victim sensitivities and the handling of reports and official statements are currently being deployed to fleet concentration areas worldwide.

To increase transparency of the department's criminal proceedings, SECNAV directed the services to begin publishing the results of all Special and General Courts-Martial, including sexual assault cases, on the service primary websites of Navy.mil and Marines.mil, respectively, by July 25.

The first of these summaries will cover those cases concluded from January through June of this year, but future editions will be published regularly.

Additional information and resources to combat sexual assault is available at www.sapr.navy.mil. Sexual assault affects Navy readiness, and the Navy is committed to preventing sexual assault. Join the Navy's conversation about sexual assault on social media and help raise awareness by using #NavySAFR.



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2nd annual Cardboard Boat Regatta drops anchor

By Airman 1st Class Ryan Throneberry
Joint Base McGuire-Dix-Public Affairs

Merriment ensued as cardboard boats, handcrafted by joint base community members, set sail at the second annual Cardboard Boat Regatta July 20, 2013, at Willow Pond here.

More than 20 crews entered the event, each with a unique cardboard boat built from scratch. The designs varied from a simple box with duct tape seals, to all out sea-faring vessels, meticulously crafted for speed and strength. Each craft had its own panache; one was a Viking warship, another was a Titanic and a few Navy battleships, some complete with functioning smokestacks also set sail.

"Last year's inaugural regatta was a success so we definitely had to do it again this year," said David Bertagnoli, 87th Force Support Squadron outdoor recreation manager. "We learned some lessons last time that we incorporated this year, I think this event is going to keep getting better as time goes on."

The race's course required the crews to paddle 50 yards into the pond, cross a set of buoys, then head back to shore in the quickest amount of time.

"I wasn't involved in the building process of our boat but I was asked to be part of the crew," said Petty Officer 3rd Class Eric Gonzalez, VR-64 C-130 maintainer, before the race. "Our ship looks sea-worthy so I think we will do well."

Some vessels didn't make five yards without capsizing or taking on water. VR-64's craft quickly capsized but Gonzalez said this didn't hurt his resolve for next year.

"This was definitely a learning experience," said Gonzalez. "Hat's off to the other navy competitors but we will definitely bring home the trophy next year."

The crew of Seaman from the 305th Operations Support Squadron showed their Navy colors by constructing the USS New Jersey, a handmade cardboard boat that was as sturdy as it was seaworthy. The Sailors set a precedent last year by fitting 26 people on the USS Constitution after the race concluded. This year, they managed to fit 35.

"We were extremely happy with the outcome," said Petty Officer Blake Little, 305th CSS electronic technician. "The construction was a definite team building experience, with everyone bringing their unique talents and ideas. The participants at the Regatta really stepped up their game with very impressive designs. We plan to implement some of their designs into ours next year just as some used our ideas this year. This just means next year we will have something special for everyone to see."

The 605th Aircraft Maintenance Squadron's Titanic took home the "Unique Theme" award during the closing ceremonies, with the 305th Maintenance Squadron Red Neck Cance winning the fastest time award. The Navy Operational Support Center's USS Fort Dix won the "Crew Spirit" award and the Mosher family winning the "Titanic sink" in their Big Jellyfish.



Joint base community members pile on the 305th Operations Support Squadron USS New Jersey after the second annual Cardboard Boat Regatta at Willow Pond July 20, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J. The Sailors set the precedent last year by fitting 26 people on the USS Constitution. This year, they managed to fit 35. (U.S. Air Force photo by Airman 1st Class Ryan Throneberry/Released)



Second Lt. Tahlia Smoke 305th Maintenance Squadron maintenance flight commander, and Senior Airman Chelsie Rodeheaver 305th MXS metals technology journeyman, race to the finish line during the second annual Cardboard Boat Regatta at Willow Pond July 20, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J. (U.S. Air Force photo by Airman 1st Class Ryan Throneberry/Released)



Tech. Sgt. Conor Gray, 373rd Training Squadron KC-10 Extender integrated flight systems instructor, poses like Rose from the film "Titanic" as their cardboard version makes it to the shore during the second annual Cardboard Boat Regatta at Willow Pond July 20, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J. (U.S. Air Force photo by Airman 1st Class Ryan Throneberry/Released)

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87th ABW ATO shares experience abroad

By Pascual Flores
 Joint Base McGuire-Dix-Lakehurst
 Public Affairs

Providing safety and awareness on terrorism is not just a local matter, that is, not when you deploy more than 6,500 miles to share your knowledge with others for a particular member of the 87th Air Base Wing Antiterrorism Office.

George Diorio, an 87th ABW antiterrorism officer deployed from Joint Base McGuire-Dix-Lakehurst, deployed to Installation Management Command, Afghanistan, is working for the Civilian Expeditionary Workforce Program.

"I'm attached to the Marine Corps ATO working with them on an AT plan program, random antiterrorist measures, designing base threats, and getting their program up and running," said Diorio, who has been working in Afghanistan since January.

The CEW program's mission is to develop and implement policy within the Department of Defense that enables the services and DoD agencies to efficiently organize, train and equip qualified civilian employees to meet global and domestic national security mission requirements as an integral part of the Total Force as directed by the Secretary of Defense.

"Here at the ATO we work with the Army, Navy, Air Force, Coast Guard and multiple contractors and are responsible for their safety and welfare," said Diorio, who retired as

a Sergeant Major with 43 years of service in 2009, most with the New Jersey Army National Guard.

As part of the CEW, the Civilian Deployment Experience allows civilians to apply their capabilities, experiences and knowledge which is critical to helping DoD accomplish its mission abroad. Qualified civilian volunteers will be selected for a tour of duty and normally work alongside deployed U.S. military members.

"Some of the best moments are working with the Marines and some members from Georgia and Jordan," said Diorio, who calls New Jersey home.

Diorio was a security specialist working in Force Protection at Fort Monmouth prior to being hired as a ATO for then McGuire Air Force Base.

"George helps educate base residents and visitors on spotting and reporting terrorist activity and taking personal protective actions, as well as doing his part to encourage safe and secure building construction and proper precautions for contractors," said James Coleman, 87th ABW, Chief Antiterrorism Officer. "His deployed job is identical, utilizing many of the products developed locally to protect the people and base where he's stationed."

Diorio said, that with the opportunity comes cultural and language challenges with the host nation, but he's having a ball, living the dream.

TIMBER!



Demolition of the Wilson Army Hospital and associated facilities is expected to take approximately 18 months. Detours around the site will be implemented from August 2013, through March 2014. New Jersey Avenue will be closed to all, but local traffic between 4th Street and Sumnerall Avenue for the duration of the demolition. Traffic will be routed around the site via N. Scott Plaza, Maryland Avenue and 8th Street. Patrons of the golf course need to use additional caution when crossing Fort Dix Road and New Jersey Avenue due to increase traffic volumes. (U.S. Army courtesy graphic/Released)

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ROKAF leadership visits JB MDL



Col. Woo MaengHo and Dr. Hyon-Sang Yu, of the Republic of Korea, present Brig. Gen. Martha Meeker, U.S. Air Force Expeditionary Center vice commander, with a gift during a visit to the Center, July 12. Col. MaengHo explained the significance of the gift as a symbol providing protection for the men and women of the Expeditionary Center. The tour of the EG was part of a larger visit with various Air Force units located at Joint Base McGuire-Dix-Lakehurst, N.J. (U.S. Air Force Photo by Capt. Sybil Taunton/Released)



Col. Woo MaengHo, of the Republic of Korea, visits the 305th Aerial Port Squadron and receives a briefing on receiving and transporting procedures July 12, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J. The delegation from the ROK Air Force toured various units at JB MDL. (U.S. Air Force photo by Russ Meseroll/Released)



Lt. Col. Chris Hornburg, 819th Global Support Squadron commander, briefs Col. Woo MaengHo and Dr. Hyon-Sang Yu on weapons armory during their tour of the 621st Contingency Response Wing at the Global Reach Deployment Center, Joint Base McGuire-Dix-Lakehurst, N.J. (U.S. Air Force Staff Sgt. Gustavo Gonzalez/Released)

The Exchange adds a splash of color to fourth annual "Cutest Kiddo" contest

By Conner Hammett
AAFES Public Affairs

DALLAS – Youngsters competing to be the Army & Air Force Exchange Service's "Cutest Kiddo" will have the opportunity to flex some artistic muscle this year.

Through Aug. 9, 2013, Exchange patrons worldwide may post photographs of their children holding a completed coloring page to the Exchange Facebook page for the first-ever "Color Me Cutest Kiddo" contest.

Contestants may choose one of four coloring pages, all of which are available to print online at www.shopmyexchange.com/Community/PatriotFamily/. One of the pages is also available in the July 19 Exchange flyer.

The randomly chosen grand prize winner will be awarded a seven-night resort stay and an \$800 gift card. An additional \$5,000 in gift cards will be divided among first-, second-, third- and fourth-place winners in each age category, who will be selected by an online poll, held Aug. 19-23, of the Top 10 artists as selected by a panel of judges.

Winners of the contest will be announced sometime after Aug. 30.

"Inviting children to exercise their creativity is a natural progression for the 'Cutest Kiddo' contest," said Chief Master Sgt. Tony Pearson, the Exchange's senior enlisted advisor. "We feel adding this element not only makes it more fun and

interactive, but connects us more to the individual families in our worldwide community."

An online entry application can also be found on the Facebook page.

Rules and regulations for the "Color Me Cutest Kiddo" contest may be found at www.shopmyexchange.com/Community/PatriotFamily/.

The Army & Air Force

Exchange Service is a joint non-appropriated fund instrumentality of the Department of Defense and is directed by a Board of Directors which is responsible to the Secretaries of the Army

and the Air Force through the Service Chiefs of Staff. The Exchange has the dual mission of providing authorized patrons with quality merchandise and services at competitively low prices

and generating non-appropriated fund earnings as a supplemental source of funding for military morale, welfare and recreation programs.

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<p>Tree Removal</p> <p>609-324-1911 or 609-328-1837</p>	<p>Autos Wanted</p> <p>WE BUY</p> <ul style="list-style-type: none"> Unwanted Vehicles Wreck/Road Damaged Non-running Fire/Towing <p>IF IT HAS WHEELS, WE BUY IT!! PAYING UP TO \$600 CASH!!</p> <p>Call 609-586-5225 today for your free quote!</p>	<p>Apartments for Rent</p> <p>BROWNS MILLS Efficiency Apt. - \$550 mo 1 Bedroom - 8750 sq ft ALL UTILITIES INCLUDED (Special thru July 31st only) South Side. Calling Management 845-425-8890</p> <p>EDGEWATER PARK 3 BR apt., yard. Near riverfront. \$1100 plus tenant pays all utilities. 752-433-6055</p> <p>FLORENCE 2 BR, new carpet, upstairs, porch, gas & water included. \$450. 609-284-2859</p> <p>LUMBERTON - Spacious 1BR. Available Now! - FRESH paint, hot water, gas & carpet in 1-866-493-1911</p> <p>Pemberton Boro 2 BR apt., \$930/mo. + 112 mo. security, washer & dryer of street parking. Call 732-345-2115</p> <p>PEMBERTON UNIVERSITY PARK APTS, 182 BR apt at \$650. 609-284-9336</p> <p>Homes for Rent</p> <p>BROWNS MILLS 3 BR, 2 1/2 BA new home. \$1500/mo. Appliances included. 609-712-0006</p>

NEWSNOTES

JB MDL Thrift Shops McGuire

The McGuire Officers Spouses Club Thrift Shop is open from 10 a.m. to 2 p.m. Wednesdays through Fridays and the first Saturday of each month. The shop accepts gently used donations. The MOSC Thrift Shop accepts consignments from 10 a.m. to noon Wednesdays through Fridays. Proceeds benefit Joint Base McGuire-Dix-Lakehurst, local, and national organizations. Volunteers are welcome. The MOSC Thrift Shop is located at 3446 Broidy Road. Call 754-2368 for more information.

Dix

The Dix Thrift Shop Hours are Tuesdays and Thursday and the 1st and 3rd Saturdays from 10 a.m. to 2 p.m.

Donations can be dropped off during business hours or placed in the shed after hours. The shop is looking for volunteers. High school students can accumulate community service hours by volunteering. Proceeds help fund scholarships sponsored by the Dix Spouse and Civilian Club. The Dix Thrift Shop is located next to the museum at 6501 Pennsylvania Ave. Check out the Dix Thrift Shop Facebook page for regular updates.

Lakehurst

The Navy Marine Corps Relief Society Thrift Store is open every Tuesday, Wednesday and Saturday 9 a.m. to noon and Thursday 1-5 p.m. at 158 Berry Road. The thrift shops sales income is returned to the Sailors, Marines and their families in the form of emergency financial relief services. Donations after hours may be placed in the donation locker located by the front door. Opportunities are available for volunteers to sort merchandise, arrange displays and work as cashiers, 732) 323-2362.

Legal Office releases justice files

By Joint Base McGuire-Dix-Lakehurst Legal Office

The Air Force processed five courts-martial, five non-judicial punishment actions and three administrative discharge actions in June.

Punishment for the same or similar offenses may differ depending on the nature of the offense(s), the record of the service member and the prejudice to good order and discipline.

Article 15 Actions

A staff sergeant received a reduction in rank to senior airman, suspended forfeiture of \$1,201 pay per month for two months, and a reprimand for being AWOL for more than three days.

A staff sergeant received a reduction in rank to senior airman, suspended forfeiture of \$1,201 pay per month for two months, and a reprimand for using an oxyamphetamine and being derelict in his duties.

A senior airman received a reduction in rank to airman first class, suspended forfeiture of \$1,007 pay per month for two months and a reprimand for driving drunk.

A senior airman received a reduction in rank to airman first class, suspended forfeiture of \$1,007 pay per month for two months and a reprimand for being derelict in his duties and making a false official statement.

A staff sergeant received a reduction to senior airman, suspended forfeiture of \$300 pay per month for one month, and a reprimand for failing to take a motorcycle safety course before riding a motorcycle.

An airman first class received a reduction in rank to the grade of airman basic, and a reprimand for misusing his government travel card.

A senior airman received a reduction in rank to airman basic, suspended forfeiture of \$758 pay per month for two months, 30 extra duty days and a reprimand for wrongful use of marijuana.

A senior airman received a suspended reduction in rank to airman first class, forfeiture of \$300 pay per month and a reprimand for failing to take a motorcycle safety course before riding a motorcycle.

Administrative Discharges

A senior airman was discharged with an Under Honorable Conditions (General) discharge for using marijuana.

An airman first class was discharged with an Under Honorable Conditions (General) discharge for minor disciplinary infractions. The individual was issued three letters of counseling, five letters of reprimand and had an unfavorable information file.

A Senior Airman was discharged with an Under Honorable Conditions (General) discharge for using an oxyamphetamine.

Construction Corner

From 87th Civil Engineer Squadron

McGuire Power Plant Demolition Project
Demolition of the McGuire Power Plant and associated facilities will continue through Aug. 31, 2013. Additional truck and construction vehicle traffic can be expected in the area.

Walton Army Hospital Demolition
Demolition of the Walton Army Hospital and associated facilities is expected to take approximately 18 months. Detour around the site will be implemented from Aug. 1, 2013 through March 2014. New Jersey Avenue will be closed to all but local traffic between 4th Street and Sumner Avenue for the duration of the demolition and traffic will be routed around the site via N. Scott Plaza, Maryland Avenue and 8th Street. Patrons of the golf course need to use additional caution when crossing Fort Dix Road and New Jersey Avenue due to increase traffic volumes on these roads.

Thrift Store and Airmen's Attic Demolition
Demolition of the Thrift Store and Airmen's Attic, located at 3446 Broidy Road, is scheduled to begin Sept. 15 through Dec. 15, 2013. The old ball room in Pudgy's located at 2508 East Third St. is being renovated to house the Thrift Store and Airmen's Attic.

Road closures
Replacement of the sanitary sewer main that runs under Broidy Road southbound from Texas Avenue to Broidy Road is currently scheduled for completion shortly. Right turns from southbound Texas Avenue onto Broidy Road may be restricted during the construction. Alternate routes to access of Broidy Road between Delaware and Texas Avenues via Delaware Avenue, or proceed south on Texas Avenue to Airfield Road, then north on Delaware Avenue to Broidy Road.

Repaving of Hancock Road is currently scheduled from early August through early September 2013. Traffic will be reduced to one way with flaggers during paving

operation. Watch for workers striping roads.

Water Line Replacement

Water line replacement work is currently scheduled through the end of 2013 in the 5500 and 5600 area, between Willow Pond and the U.S. Air Force Expeditionary Center, and between Doughboy Loop and Texas Avenue on Dix. Access to the sidewalk along Texas Avenue will be impacted during construction. During work in the shoulder of 8th Street, traffic may be restricted by construction crews in the area. Construction equipment and activities may limit access to interior roadways and parking lots intermittently during the work. No road closures are anticipated.

Electrical System Upgrade

Electrical system upgrade work at 1907 East Arnold Ave. is currently scheduled through Dec. 2013 for the demolishing of old electrical service and distribution within the facility. Intermittent electrical shutdowns will be required to disconnect old service and reconnect to the new distribution system.

Electrical Power Shutdown

Electrical power shutdown by Jersey Central Power and Light is scheduled from 6 a.m. to noon Aug. 9, 2013, in the 6000 area for work at the electric sub-station/transformer. Affected buildings are 6038, 6039, 6040, 6044, 6045, 6046, 6054 and the back half of 6053.

Electrical Power Usage Demand

The 87th Civil Engineer Squadron is requesting joint base community members turn off all unused electrical devices at home and at work to help save energy. The utility provider is experiencing issues keeping up with the current electrical demand during the summer heat wave and are asking for help in limiting electrical usage or we may experience brown out.

Softball and Soccer fields Renovations

The softball and soccer fields on McGuire will be closed through July 2013, to establish grass on the fields.

Joint Base McGuire-Dix-Lakehurst Chapel

Chapel Locations

- McGuire Chapel – 2503 East Arnold Avenue
- North Chapel – 3827 School House Road
- Dix Chapel – 5240 New Jersey Avenue
- Soldier's Chapel – 5950 Church Street
- Cathedral of the Air – 264 Hope Chapel Road, Lakehurst N.J. 08527

Worship Hours

Catholic

- Wednesday – 11:30 a.m. McGuire Chapel
- Saturday – 5 p.m. McGuire Chapel
- Sunday – 10:30 a.m. Dix Chapel

Protestant

- Sunday – 9 a.m. Traditional - Dix Chapel
- Sunday – 9:45 a.m. Contemporary - North Chapel
- Sunday – 11 a.m. Liturgical - Cathedral of the Air
- Sunday – 11:30 a.m. Gospel - McGuire Chapel

Army Support Activity

- Sunday – 7:30 a.m. LDS - Dix Chapel
- Sunday – 7:30 a.m. Protestant - Soldier's Chapel

For programs, faith groups, or special language needs not listed, please contact the Chapel at 609-754-4673.

Contacting A Chaplain

When should I call a Chaplain?

Chaplains are available for spiritual, relationship and grief counseling. They provide worship services, baptisms, weddings and memorials.

Your conversation with a chaplain can not be disclosed without your permission. No exceptions.

To speak with a Chaplain during duty hours (Monday through Friday 7:30 a.m. – 4:30 p.m.) call 609-754-HOPE (4673).

For assistance after duty hours, call the Command Post at 609-754-3935 or 3936.



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EPR

Continued from Page 2

Consider the whole Airman concept. Consider standards and conduct, fitness, training requirements, teamwork and followership, resource management and decision making and leadership.

Consider the responsibilities outlined in Air Force Instruction 36-2618, The Enlisted Force Structure.

Consider things like personal and professional education and development, readiness in all pillars and participation in professional organizations.

Consider only the current reporting period. Past performance is not necessarily an indicator of current or future performance.

Go back to your thought about your performance and the performance of your subordinates during the last 365 days. Apply the following standards based on your answers to the questions you asked yourself.

Poor: Performs at an unacceptable level. Disciplinary action is not required; however, the report will be a referral.

Needs Improvement: Meets some, but not all, performance standards. Disciplinary action is not required; however, the report will be a referral.

Average: Meets standards/expectations, performs in the median when compared to peers.

Above Average: Performs beyond established standards/expectations and performs at higher level than many of their peers.

Truly Among the Best: Only when rate performs at a level above their peer group and is an elite performer who goes above and beyond. Every Airman does not warrant this rating.

One does not necessarily have to be excellent at everything to be "truly among the best." But, one must strive for excellence in every category.

If you strive for excellence in all you do, when you fall short you're still very good.

Those who are "truly among the best" do not strive to meet standards and expectations. They strive to exceed them.

Based on your performance, where did you land? Where did your subordinates rate? If you believe the current Air Force-wide numbers today, you'll be forced to accept that the vast majority of Airmen perform identically, superiorly and well above and beyond their peer group.

Identical performance with peer group cannot be the same as well above peer group.

It's time to stop blaming the system and time to stop using words like "inflation." Where the EES is concerned, inflation simply means that if everyone else is lying, I should lie too. This attitude is unacceptable and is a detriment to our Air Force.

When used with integrity, and in the manner that it was intended, the EES does exactly what it is meant to do.

It's time to fix what's truly broken. Hint: It's not the system.

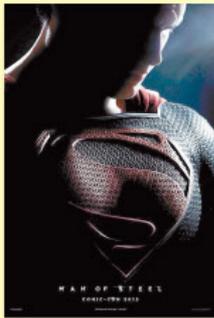
Joint Base Theater Movie Schedule



Friday:
7 p.m. Epic (R)



Saturday:
2 p.m. Monsters University (G)



Saturday:
7 p.m. Man of Steel (PG-13)

Recipe Roundtable



Got a favorite recipe that's a time-saving miracle, a gourmet masterpiece or just really yummy? Email the recipe and a photo to the Air, Land & Sea Times staff at 87abw.pa@us.af.mil to share it with the joint base community. Be sure to include "Recipe Roundtable" in the subject line.

Chorizo, Egg and Cheese Wraps

The recipe utilizes a Spanish classic to make an easy convenient wrap. Makes four wraps.

- Ingredients:
- 3 chorizo sausages, sliced
 - 1 tablespoon butter
 - 6 eggs
 - 1 tablespoon water
 - 1 cup cheese
 - 4 tortillas
 - 1/3 cup diced onion
 - 1 jalapeno, diced

Cooking Instructions
Fry chorizos till crisp. In another pan melt butter saute onions and pepper till translucent. Scramble the eggs with water and add to pan with onions scramble till desired doneness. Season with salt and pepper. Warm tortillas in micro for a couple seconds. Place 1/4 cup cheese on each tortillas then place cooked chorizos evenly on cheese and place egg mixture on cheese. Roll up and serve with salsa and cilantro garnish.

Recipes found at food.com

Get to know JB MDL!

Can you guess what this week's close-up photo is? Submit your guess online at www.facebook.com/jbmdl. Don't forget to check back next week when the full-size photo is revealed!



Did you guess last week's close-up photo? Did you guess this week's close-up photo? It's a wind sock on Dix. The 305th Operations Support Squadron Weather Flight members use the sock to gauge wind speed and direction here.

Bucket

Continued from Page 2

window—volunteer with youth, coach a team, or join a professional group.

4. Focus on fitness. There's no time like the present. Make a goal to better your last score by 5 points. Shoot to max out one event. If you're already a fitness guru, share your gift with coworkers – run with them, challenge them, support them.

5. Prioritize PME and school. As painful as it can be, be proactive. Seek out in-residence slots. Know when you're eligible. Know your deadlines. Be the master of your education and be ready when an opportunity presents itself.

We all need a Bucket List for our professional lives. A well thought out, organized approach to your career just makes sense. We all know that you'll never reach your destination if you don't know where you're going. So make travel plans to visit Stonehenge, but log on to Virtual MPF as well. Think about it. I'd hate for your 44 hours to pass you by.

SNCO

Continued from Page 1

options as a master, seeing some of the special duties, like first sergeant or instructor, it's been good for learning what's available to us now."

Chief Master Sgt. of the Air Force James Cody arrived at the joint base July 19 as guest speaker for the SNCO

induction ceremony to recognize their accomplishment in making it to the next tier in their military careers.

At an all-call held for the base earlier in the day, Cody talked about reduction in force, being a resilient force, his view on the Airmen behind the strength of the Air Force, sexual assault and how other countries don't have the personnel the U.S. military has and how the personnel makes the U.S. military the strongest military world-wide.

The chief touched on several topics from the all-call at the ceremony, but focused on reminding the inductees to

remain humble and to "keep their aperture open" while stepping into a new level in their military professions.

As a special gift to Cody, the Top 3 Association presented him with a check for \$300 toward the Air Force Enlisted Village.

After the presentation, each inductee took the stage, some with family members escorting them, to receive their certificates and take their walk down the red carpet through a saber detail.

Joint Base Intramural Sports Standings

2013 Intramural Golf JB McGuire-Dix

Team	Win	Loss	Tie	PCT
305th MOS	8	2	0	0.800
305th AFS	8	3	0	0.727
305th OSS	8	3	0	0.727
605th AMXS	8	3	0	0.727
621st CRW-A	7	3	0	0.700
87th CS	7	3	0	0.700
87th SPS	6	3	1	0.650
87th FSS	7	4	0	0.636
87th CES	5	4	0	0.556
87th LRS	6	5	0	0.545
305th MDS	6	5	0	0.545
EC	5	5	0	0.500
373rd TRS	5	6	0	0.455
732nd AS	5	6	0	0.455
305th AMXS	4	6	0	0.400
314th RCS	2	7	0	0.222
1st/307th TSBN	1	7	1	0.167
621st CRW-B	1	7	0	0.125
AMC TES	1	10	0	0.091
HMLA-773	0	8	0	0.000

PCT = Winning Percentage

Game schedule

Week 16

July 30	Noon	87th LRS vs. 305th AMXS
	Noon	87th CES vs. 314th RCS
	Noon	EC vs. 87th FSS
	Noon	305th OSS vs. 732nd AS
	Noon	621st CRW-B vs. AMC TES
	Noon	305th APS vs. 87th SPS

12:01 p.m.	HMLA-773 vs. 305th MOS
12:01 p.m.	305th MDS vs. 1st/307th TSBN
12:01 p.m.	373rd TRS vs. 87th CS
12:01 p.m.	605th AMXS vs. 621st CRW-A

All games played at Falcon Creek Golf Course

2013 Lakehurst B-League Softball

Team	Win	Loss	PCT
Diamond Dawgs	8	0	1.000
Major League	6	1	0.857
Misfits	8	2	0.800
Hangar Squad	7	2	0.778
PMD	4	3	0.571
Weasels	4	3	0.571
Absolute Zero	4	4	0.500
Help Wanted	4	6	0.400
Air Dept.	0	10	0.000
Medical	0	10	0.000
Test Dept./CNATT	0	10	0.000

Game schedule

Week 12

July 29	LF1	Major League vs. Weasels
July 30	LF1	Major League vs. Hangar Squad
	LF2	Weasels vs. Test Dept./CNATT
July 31	LF2	Absolute Zero vs. PMD

All games start at 11:30 a.m.

LF1=Lakehurst Field 1 LF2=Lakehurst Field 2

2013 Intramural Soccer JB McGuire-Dix-Lakehurst

Team	Win	Loss	Tie	Points
174th INF BDE	9	0	2	94

2/315th	8	1	1	81
87th CES	6	1	2	64
305th APS	5	2	1	52
605th AMXS	4	3	2	49
FC COM	4	3	2	47
NAVAIR Lakehurst	4	4	1	41
32nd ARS	2	5	3	41
305th MDS	3	4	2	37
NJARNG Strikers	3	4	2	35
621st CRW	2	6	1	28
WMSE	1	6	2	21
87th CONS	1	7	1	17
305th AMXS	1	7	0	10

Points = Calculated Points

Game schedule

Week 8

July 29	5:30 p.m.	F16	305th MDS vs. 305th AFS
	5:30 p.m.	F18	NJARNG Strikers vs. 32nd ARS
	6:50 p.m.	F16	87th CONS vs. 621st CRW
	6:50 p.m.	F18	87th CES vs. NAVAIR Lakehurst
July 30	5:30 p.m.	F16	NAVAIR Lakehurst vs. 305th AMXS
	5:30 p.m.	F18	2/315th vs. 87th CES
	6:50 p.m.	F16	621st CRW vs. 305th MDS
	6:50 p.m.	F18	174th INF BDE vs. FC COM
July 24	5:30 p.m.	F16	605th AMXS vs. WMSE
	5:30 p.m.	F18	NJARNG Strikers vs. 87th

CONS

6:30 p.m. F16 305th AMXS vs. 305th APS
F16=Griffith Field House Soccer Field #16 F18=Griffith Field House Soccer Field #18
Current as of July 23, 2013.