

**NEWSNOTES**

\*\*\*Dates and times are subject to change. Check with the event coordinator prior to the event.\*\*\*

**Military Spouse Appreciation Day**  
 The Military and Family Support Center is set to host an open house for Military Spouse Appreciation Day, 10 a.m. to 2 p.m. today at 3435 Brody Road. Military spouses from Joint Base McGuire-Dix-Lakehurst and surrounding communities are invited to attend the MFSC open house to celebrate the accomplishments and sacrifices military spouses make every day. Call 754-3154 for more information.

**Tea Party for Mom**  
 The Dix Child Development Center is set to host a Tea Party for Mom 2:30-3:30 p.m. today, located at 1488 Julustown Road. Moms are invited for tea and tasty treasures in celebration of Mother's Day. Call 562-2371 for more information.

**Raider Competition**  
 The 2nd Brigade Cadet Command is set to host a Raider Competition 8 a.m. to 4 p.m. May 11, 2013, at Leader Reaction Course located on Pointville Rd. The event will pit Junior ROTC teams against one another in a competition that consists of physically and mentally challenging activities that test teamwork and leadership. Call 562-3762 for more information.

**Asian-Pacific Heritage Month Luau Event**  
 The Joint Base Special Observance Committee is set to host a Luau Dinner and Cultural Show 4:30-9 p.m. May 11, 2013, at Tommy B's Community Activities Center, located at 2705 East Arnold St. The event will feature performers from different Asian-specific countries and feature a kalua pig. The event costs \$30 for adults and \$15 for children ages 6-12. Call 754-2044 or 754-5397 for more information.

**Passport Photos**  
 The Joint Base Photo Lab will provide passport photo service from 8 a.m. to 4 p.m. on May 11, 2013, at 3011 Tuskages Drive. The service is being offered to the Army/Air National Guard and Reserve personnel. Call 754-3581 for more information.

**Mothers' Day Brunch**  
 The 87th Force Support Squadron is set to host a Mothers' Day Brunch 10 a.m. to 3 p.m. May 12, 2013, at Tommy B's Community Activities Center, located at 2705 East Arnold Ave. The cost is \$22.95 for club members, \$25.95 for non-club members and \$12.95 for children ages 4 through 12. Call 754-2396 for more information or to reserve a seat. Visit [www.gomdl.com](http://www.gomdl.com) and search 'Mothers' Day Brunch' for the complete menu.

**Résumé Basics Workshop**  
 The Military and Family Support Center is set to host a Résumé Basics "getting past your name and address" workshop 11 a.m. to noon May 14, 2013, at 488 Walsh Drive. The workshop provides an overview of basic résumé format. Preregistration is required. Call (732) 323-1248 for more information or to register.

**Memorial Day 5K Run and Fit Walk**  
 The 87th Force Support Squadron is set to host a Memorial Day 5K Run and Fit Walk 11:45 a.m. May 15, 2013, in front of the Lakehurst Fitness and Sports Center, located at 123 Severns Road. Registration begins at 11:30 a.m. and is open to all eligible patrons. Call (732) 323-7266 for more information.

**Pushup and Situp Competition**  
 The 87th Force Support Squadron is set to host a Pushup and Situp Competition 6-11 a.m. May 16, 2013, in the McGuire Fitness and Sports Center aerobic room, located at 2504 McGuire Blvd. The competition is open to all authorized patrons of the fitness center. Signup starts May 1. Call 754-6085 for more information.

**Volunteer Orientation**  
 The Military and Family Support Center is set to host an "orientation for joint base volunteers" 9-11 a.m. May 17, 2013, at 3435 Brody Road. Preregistration is required. Call 754-3154 for more information.

**Youth and Teen Fishing Tournament**  
 The 87th Force Support Squadron is set to host the Annual Youth and Teen Fishing Tournament 9 a.m. to 1 p.m. May 18, 2013, at Pickersil Lake on Lakehurst. Registration is from 8-9 a.m. Preregistration is required by May 13. Call (732) 323-2405 for more information or to register.

See more NEWSNOTES on Page 12



Marine Heavy Helicopter Squadron 772 Marines exit a CH-53 Super Stallion during a Tactical Recover of Aircraft and Personnel rehearsal exercise at night April 30, 2013, on the Dix ranges at Joint Base McGuire-Dix-Lakehurst, N.J. The moonless night forced Marines to utilize night-vision equipment to locate the downed personnel in the surrounding woods. Pebbles striking the CH-53's rotary wings caused a sparkling-ring phenomenon above the aircraft. (U.S. Air Force photo by Airman Sean M. Crowe/Released)

**Marines fly by night, recover friendlies**

By Airman Sean M. Crowe  
 Joint Base McGuire-Dix-Lakehurst  
 Public Affairs

A CH-53 Super Stallion kicks up immense amounts of sand, dirt, rocks and other debris as it lands on range Landing Zone 14 here. It creates a sand-storm-like cloud that blinds anyone nearby looking toward the landing site. Marines exit through the tail of the stallion and within a few moments are formed up at the tree line providing security and assessing the area.

Marine Heavy Helicopter Squadron 772 and Marine Light Attack Helicopter Squadron 773 service members performed a Tactical Recovery of Aircraft and Personnel rehearsal exercise April

30, 2013, at the Dix ranges here. The exercise is one of several in HMH-772's predeployment certification requirements to deploy to Okinawa. The Marines of HMH-772 will also perform an aerial-delivery exercise with the 818th Global Mobility Squadron and a raid mission with U.S. Air Force Air Advisor Academy students playing the role of opposing forces before deployment.

The mission-essential tasks the Marines must accomplish before deployment are expeditionary operations, assault transport, aerial delivery, aerial evacuation and TRAP.

Marines, in a deployed environment, will be expected to recover service members of all branches, making the Airman, Soldiers and Sailor participants a

necessity. The HMLA-773 Marines flew close air support for the TRAP mission. Marine Aircraft Group 49 corpsmen, Army flight medics and Marine Wing Support Squadron 472 personnel augmented the HMH-772 Marines to comprise the ground forces during the mission. Two Air Force Survival, Evasion, Resistance and Escape specialists here played the role of isolated personnel.

"The beginning always seems to be the most challenging part of the mission," said Marine Capt. Nathan Werve, HMH-772 pilot. "No plan survives first contact."

Escort aircraft, HMLA-773's AH-1 Super Cobras, approached the objective area first to authenticate the survivors on

See NIGHT, Page 7

**Hindenburg crash: 76 years later**

By Airman Tara A. Williamson  
 Joint Base McGuire-Dix-Lakehurst  
 Public Affairs

The 76th anniversary of the Hindenburg airship disaster was held at 6:30 p.m. May 6, 2013, at the Hindenburg Memorial here.

The Navy Lakehurst Historical Society and joint base community members held the annual ceremony to commemorate the 36 passengers, air and ground crew members who lost their lives in the crash May 6, 1937.

The Hindenburg had flown for two and a half days at 80 miles an hour before arriving at New Jersey to land at then Lakehurst Naval Air Station.

First-hand accounts say the vessel circled the runway for three hours, dumping more water counterbalance than normal, creating concern for the ground crew members. The airship finally dropped the anchoring lines, much to the relief of crew.

Reports from the disaster say minutes later, at 7:25 p.m., ground-crew members saw blue sparks at the back of the airship. The enormous airship was incinerated in nearly half a minute, facilitated greatly by the 16 bags filled with the highly flammable hydrogen gas used to keep the vessel in the air.

"On May 6, 1937, (Robert Buchanan) was standing right under the Hindenburg as it burst into flames," said Rick Zitarosa, NLHS vice president and historian. "He got the dream job. For 51 you could come out here and stand in the rain for two hours and help land a German zeppelin. It was the opportunity of a lifetime for a young man."

Buchanan, at 93 years old, is the last known living member of the ground crew that night, but was unable to make the ceremony as a guest speaker due to health reasons.

The night of the crash, Herbert "Herb" Morrison recorded a



Joint Base McGuire-Dix-Lakehurst service members prepare to ceremoniously place wreaths, which represented the services members from all military branches lost during the conflicts in Iraq and Afghanistan on the Hindenburg Memorial site May 6, 2013, at JB MDL, N.J. The day marked the 76th anniversary of the Hindenburg airship disaster. Community members gathered to commemorate the 36 passengers, air and ground crew members who lost their lives in the crash May 6, 1937. (U.S. Air Force photo Airman Sean M. Crowe/Released)

reactive broadcast in which he described scenes such as, "those aboard leaping for life from a flaming inferno," and a "twisted mass of garters, the seared and scorched skeleton of what was once a mighty airship."

Morrison's recording of the disaster contains the infamous words, "oh, the humanity!" The Hindenburg disaster was the first recorded on video.

Carl Jablonski, NLHS president, ended the ceremony by reading off the names of the 36 passengers, air and ground-crew members lost in the blaze. Wreaths were laid at the memorial to represent each military branch, the Lakehurst Borough Historical Society and the Lakehurst Cub Scout Troup 10 in honor of those who had fallen.

**A solid base**

Sgt. 1st Class Herbert Keeley, 1st Battalion, 314th Infantry Regiment, Gunnery Company operations non-commissioned officer in charge, is the joint base's featured service member of the week.



2

**NAVAIR commander visits**

Vice Adm. David Unaway, Naval Air Systems Command commander, along with members of his staff, visited NAVAIR facilities April 30, 2013, here.



4

**Roll-call initiative**

Enlisted service members within the 87th Air Base Wing head-quarters building have been engaging in weekly roll calls to discuss hot-button issues and base news since mid-March.



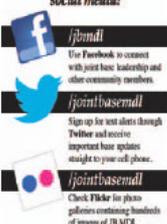
5

**Check out JB MDL on social media!**

Use Facebook to connect with joint base leadership and other community members.

Sign up for text alerts through Twitter and receive important base updates straight to your cell phone.

Check Flickr for photo galleries containing hundreds of images of JB MDL happenings.



# 'Innocent until proven . . .'

By Capt. Timothy Goines  
8th Air Mobility Wing area defense counsel

MACDILL AIR FORCE BASE, Fla.  
— Guilty?

We've all seen the media lately - the news stories, the articles, the speeches and even a movie regarding sexual assault in the military. The recent awareness campaign has served to remind us all that sexual assault in the military should not be tolerated.

Let me be clear up front, no one is arguing sexual assault, or any crime that, that matter, should be tolerated in the military. To make that argument would be ludicrous.

However, with the recent campaign, there is another valuable message that is getting lost: an Airman accused of sexual assault, or any crime, is above all else "innocent until proven guilty."

That firmly rooted presumption is the foundation of our military justice system.

Of course, no one has stated outright that any Airman is presumed guilty (at least not in the articles that I've read), but the media focus has been on allegations of sexual assault, not proven cases. In other words, they do not focus on the number of "guilty" court verdicts (those allegations that have been tested and

proven in a court of law), but rather the number of people who have claimed they were sexually assaulted or harassed, whether the allegation was taken to court or not.

These allegations have been used to make conclusions about military culture, which is a dangerous logic. By drawing broad conclusions unrelated to specific cases or facts, we are assuming the validity of all these allegations, and we are essentially presuming guilt without the benefit of a fair trial or even an investigation.

I will be the first to say that any allegation of sexual assault should be taken seriously and investigated thoroughly. This should be done to ensure that justice prevails.

However, here is the key — no matter whether the allegation is proven true or false, as long as a thorough and impartial investigation is conducted, justice prevails.

Justice prevails if a panel of court members determines whether or not the government met its heavy burden beyond a reasonable doubt, as long as the trial was fair. The key is to conduct a deliberate process, evaluate the evidence, study motives, bias and inconsistencies.

Then an impartial determination must be made. This ensures justice prevails, no matter the result.

On the other hand, justice does not prevail if we rush to judgment or presume guilt.

Here's my central concern as your local area defense counsel: we risk losing sight of those first three words - "innocent until proven" - to be left only with a conclusion — "guilty" — without first looking at the facts and circumstances of each case through the lens of a fair trial, free of prejudice. In the face of a serious allegation such as sexual assault, this is the last thing we should be doing, because emotion is not evidence.

Instead, we should focus on deferring judgment. Instead we should take care of all the Airmen involved and evaluate every case with an open mind. The last thing we want to encourage in the Air Force is an unconstitutional mentality of "guilty until proven innocent."

The office of the ADC is here to protect the rights of all Airmen suspected of an offense. All you have to do is ask for our assistance before talking to anyone about your case or your concerns.

## Attention to detail: difference between life, death

By Airman Sean M. Crowe  
Joint Base McGuire-Dix-Lakehurst  
Public Affairs

Air Force Military Training Instructors instill the three Air Force core values into every Airman during Basic Military Training: Integrity, Service Before Self and Excellence in All We Do.

The excellence ideal is instilled through countless hours of meticulous clothes folding, drill, cleaning, studying, uniform maintaining in addition to most other tasks. Any Airman can recount tales of spending hours clipping strings

which are less than an inch from uniforms to comply with BMT standards. This example may seem trivial but making small mistakes can play out with tragic consequences in more serious scenarios.

Attention to detail is one aspect that helps ensure excellence in all we do. All Airmen must have impeccable attention to detail to prevent catastrophic consequences, which some service members have seen during their careers. It could mean the difference between life and death in certain career fields.

Inattention to detail by an aircraft maintainer could mean the loss of an aircraft and by extension, aircrew members' lives. It is very possible for a mechanic to go to work on an aircraft and forget a simple bolt or screw that can make a world of difference. The Air Force could lose an aircraft and lives if that same bolt or screw is vital for flight.

Every job in the Air Force, whether it's maintenance or administration, plays a role into other jobs.

An aircrew-life-systems technician

See **DETAIL**, Page A5

## COMMANDER'S ACTION LINE



Col. John Wood  
Commander, Joint Base  
McGuire-Dix-Lakehurst and  
87th Air Base Wing

The Joint Base Commander's Action Line is an integral part of the base feedback network. Base personnel are urged to use the proper chain of command first to address their concerns.

If you are not satisfied with the response from your chain of command, or you are unable to resolve the problem or concern, please call 754-3247 or e-mail 87abw.actionline@mcguire.af.mil.

Action lines may be made anonymously, however it is recommended you leave your name and number in case more information is needed to address your concern.



AIR, LAND  
& SEA TIMES

Vol. 4 No. 17

The Air, Land and Sea Times is published by the Burlington County Times, a private firm in no way connected with Joint Base McGuire-Dix-Lakehurst, N.J., or the United States Military. This civilian enterprise newspaper is an authorized publication for members of the military services. Contents of the Air, Land and Sea Times are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense, or the U.S. Military.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the U.S. Military, or the publisher of the products or services offered.

Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

Editorial content is edited, prepared, and provided by the JB MDL Public Affairs Office. All photographs are U.S. Military photographs unless otherwise indicated.

## Service member spotlight: a solid base



(U.S. Army courtesy photo/Released)

Sgt. 1st Class Herbert Keeley, 1st Battalion, 314th Infantry Regiment, Gunnery Company operations noncommissioned officer in charge, is the joint base's featured service member of the week. Keeley hails from Fort Worth, Texas.

**Q:** Why did you join the military?

**A:** I joined the Army because after graduating high school I knew I wasn't mature enough to go to college. I thought the Army would be a challenge and something that would keep me engaged.

**Q:** What is your job and what is its impact on the mission?

**A:** I am the operations noncommissioned Officer-in-Charge for 1st Bn., 314th Inf. Reg., Gunnery Co. I ensure scheduling and taskings for training to happen and so we can run efficiently. It is our responsibility to train all service members on their weapon systems before deploying down range.

**Q:** Do you have any past or current family members in military?

**A:** None, I'm the first.

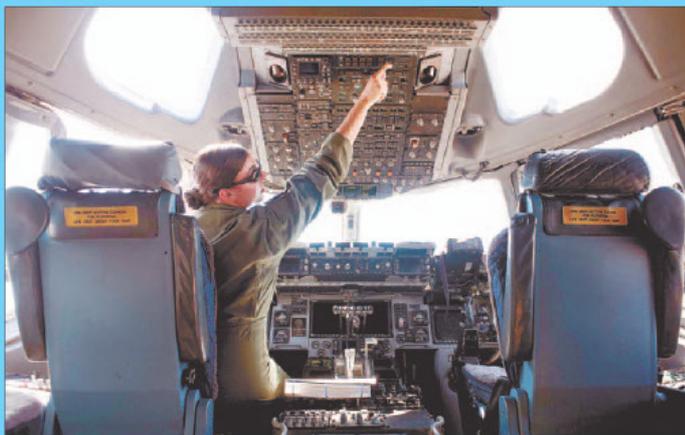
**Q:** Who most inspires you?

**A:** My wife. She handles the family so I can be successful at work. If I didn't have a solid base then I wouldn't be able to do what I do.

**Q:** What is one thing you'd like your fellow service members to take away or understand about the military?

**A:** Don't let yourself become complacent in your job or duty position. Always find events and training that can keep you relevant.

## Kick the tires, light the fires



1st Lt. Maria Juliano, 6th Airlift Squadron pilot, performs a preflight checklist on a C-17 Globemaster III May 2, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J. The 6th AS is the oldest airlift squadron in the Air Force, providing global air mobility using the C-17. Juliano hails from Branchburg, N.J. (U.S. Air Force photo by Russ Meseroll/Released)

## EDITORIAL STAFF

Commander, JB MDL and 87th ABW

Col. John Wood

Chief, Public Affairs

Ms. Angel Lopez

Internal Chief

2nd Lt. David Murphy

Editor

Airman 1st Class Ryan Throneberry

Writers

Mr. Pascual Flores

Airman Sean Crowe

## NEWS ONLINE

Joint Base

McGuire-Dix-Lakehurst

Most articles and announcements published in the Air, Land & Sea Times are available online at the JB MDL public Web site.

For up-to-date joint base news & info visit:  
[www.jointbasemdl.af.mil](http://www.jointbasemdl.af.mil)



# New Jersey Air Guard recruits prepare for BMT



Tech. Sgt. James Morris, a recruiter with the 177th Fighter Wing, explains the about face movement to Edana A. Kudjordji, 108th Wing Student Flight member, April 13, 2013, at the National Guard Training Center in Sea Girt, N.J. Forty-four members of the New Jersey Air National Guard Student Flight spent a weekend in a simulated basic training environment preparing them for military culture April 13 and 14. Student Flight gives new enlistees a head start on basic military training, making the transition from civilians into Airmen easier from the time of enlistment until the time they leave for BMT. (U.S. Air National Guard photo by Master Sgt. Mark C. Olsen/Released)

By Master Sgt. Mark C. Olsen  
108th Wing Public Affairs

No one's yelling at them ... yet. When the training instructors at Basic Military Training at Joint Base San Antonio, Texas, begin molding the new enlistees, the New Jersey recruits will be ready for the experience.

"It's quite a culture shock when they step off the bus at basic training," said Master Sgt. Shane Clark, 108th Wing recruiting office supervisor. "We reduce the culture shock for them."

Forty-four New Jersey Air National Guard Student Flight members had the opportunity April 13-14, 2013, to experience a simulated BMT environment set up by 108th Wing and 177th Fighter Wing recruits and other unit members at the National Guard Training Center in Sea Girt, N.J.

Student Flight members normally meet at their wings, but once a quarter both wings are brought together at Sea Girt.

"We run them through a simulated basic training for the

weekend," said Clark. "Our goal is to have them prepared for what's going to happen when they step off the bus."

Student Flight gives new enlistees a head start on basic training, making the transition from civilians into Airmen easier from the time of enlistment until the time they leave for BMT.

"Historically, the self-eliminations in basic training happen in the first week," said Clark.

Student Flight covers topics such as reporting procedures, drill and ceremony, physical training and the Air Force mission, vision and core values to prevent those recruits from quitting. The recruits also attend classes about resiliency training and financial management.

The preparation is paying off. Since the New Jersey Air National Guard Student Flight started in October 2011, none of the New Jersey enlistees have self-eliminated in the first week.

More importantly, they are succeeding.

"We find our folks end up being put in leadership positions at BMT," said Clark.

The positions they incur, which range from being element leaders to guidon bearers and dorm chiefs, give the recruits their first position of responsibility in the Air Force.

The program was coordinated with Air Education and Training Command to determine what New Jersey could and could not do to prepare Student Flight members for BMT.

Recruits spend four to eight months in Student Flight and every New Jersey recruit goes through the Sea Girt experience at least once. The enlistees get a second and sometimes a third opportunity at Sea Girt in cases where the time between enlisting and going to BMT is longer than four months.

"We put the people that have been here before in charge of the other recruits," said Clark.

The feedback from returning Airmen about the Sea Girt experience is positive with the majority of them saying it helped them get through the first week.

"They understood the point of everything at basic training," said Clark. "They were ready for it."

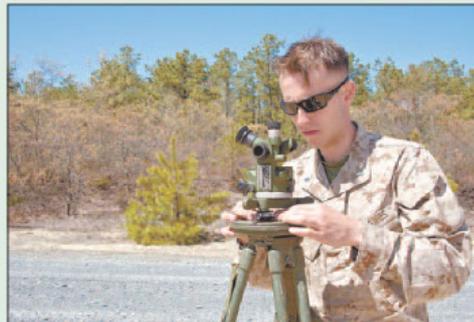
## Golf Battery 3/14 Marines send shells down range



Marines from Golf Battery 3rd Battalion, 14th Marine Regiment, set the line of fire for the M777A2 howitzer during artillery training May 4, 2013, on the Joint Base McGuire-Dix-Lakehurst ranges. The lines of fire are used to line up the M777A2 howitzer to ensure the most accurate firing. The 3rd Battalion, 14th Marine Regiment is a reserve artillery battalion comprised of four firing batteries and a headquarters battery. (U.S. Air Force photo by Staff Sgt. David Carbajal/Released)



Cpl. James Heitzer, Golf Battery 3rd Battalion, 14th Marine Regiment field artillery cannoneer, pitches dirt as he builds a cover hole during artillery training May 4, 2013, on the Joint Base McGuire-Dix-Lakehurst ranges. The unit simulated a real-world combat environment by digging cover holes to take cover during enemy fire. Heitzer is a Mays Landing, N.J., native. (U.S. Air Force photo by Staff Sgt. David Carbajal/Released)



1st. Lt. Scott Roman, Golf Battery 3rd Battalion, 14th Marine Regiment assistant executive officer and rifle platoon commander, adjusts an M2A2 aiming circle during artillery training May 4, 2013, on the Joint Base McGuire-Dix-Lakehurst ranges. Roman is a Monroe Township, N.J., native and a graduate of Manhattan College in New York, N.Y. (U.S. Air Force photo by Staff Sgt. David Carbajal/Released)



Marines from Golf Battery 3rd Battalion, 14th Marine Regiment, conduct artillery training May 4, 2013, on the Joint Base McGuire-Dix-Lakehurst ranges. The unit conducted 155 mm artillery training using their primary weapon system, M777A2 howitzer. This training is essential and helps to ensure the readiness of America's fighting force. (U.S. Air Force photo by Staff Sgt. David Carbajal/Released)

# NAVAIR commander visits joint base

By NAVAIR Public Affairs

Vice Adm. David Dunaway, Naval Air Systems Command commander, along with members of his staff, visited NAVAIR facilities April 30, 2013, here.

The visit marked Dunaway's first visit to meet JB MDL employees as he recognized their achievements.

Dunaway and his staff visited NAVAIR prototyping and manufacturing in Hangar 1 where employees from 16 buildings assembled for the manufacturing division awards ceremony.

Employees came forward individually or in groups to receive their recognition documents and have their photographs taken as the vice admiral congratulated them. Each had a chance to exchange comments with the vice admiral as their accomplishments were read.

Dunaway called on those present to visualize the many threatening parts of the world and then remember that it's the U.S. Navy's presence, or potential presence, that restrains people with malicious intent from entering U.S. interests.

The NAVAIR commander continued his site visit to the integrated diagnostics and automated test systems lab where he met the team creating new products for advanced aircraft diagnostics and recognized those doing all the innovative work.

The support equipment lab, materials lab, and support equipment & aircraft launch and recovery equipment lab showed Dunaway demonstrations of their capabilities. Dunaway demonstrated prior knowledge about an ongoing materials investigation presented.

Jo Anna McVey, NAVAIR materials engineer, escorted him to an infrared spectrometer in the corner they are using to investigate why polyurethane rollers are failing in a particular Marine Corps item.

"In failure analysis, we don't just ask why something failed but how we can fix the root cause," said David Piatkowski, materials lab head of the work. "We fix future failures before they can happen."



NAVAIR commander, Vice Adm. David Dunaway, right, strikes up conversations with Naval Air Warfare Center Aircraft Division Lakehurst employees after presenting them with documents recognizing their achievements in the Aircraft Launch and Recovery Equipment missions April 30, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J. (U.S. Navy courtesy photo/Released)

Dunaway met with 70 interns at his request. He told them the world is a crazy place and naval aviation is the one of the only forces stabilizing it. "Many people do not want the U.S. to keep our standard of living, I want us to."

He underscored that 90 percent of all the world's goods are shipped by sea and our carriers are 4.5 acres of mobile

U.S. sovereignty.

"We must be more efficient, get rid of waste and not do work that we do not need to do and innovate our warfighting capability," Dunaway said. "We cannot expect future resources to match the growing craziness in the world but I am an optimist and see the cup half full."

## Strong Bonds event helps Army Reserve couples connect



Col. Malcolm "Tim" Burr, Army Reserve Sustainment Command Information Analysis Response Team director, right, and his wife, Julianne, joined more than a dozen military couples at the strong bond event hosted by the Army Reserve's 99th Regional Support Command May 3-4, 2013, at the Omni-Parker Hotel in Boston. The chaplain-led Strong Bonds program is designed to help soldiers and their families build relationship resiliency and readiness through education and skills training that enhance communication and offer constructive ways to handle stress. (U.S. Army courtesy photo/Released)

By Staff Sgt. Shawn Morris  
99th Regional Support  
Command Public Affairs

BOSTON - More than a dozen military couples attended the Strong Bonds event hosted by the Army Reserve's 99th Regional Support Command May 3-4, 2013, at the Omni-Parker Hotel here.

The chaplain-led Strong Bonds program is designed to help soldiers and their families build relationship resiliency and readiness through education and skills training that enhance communication and offer constructive ways to handle stress.

"It's a chance to really look at marriage with some time away from the normal hustle and bustle of married life, and to really spend time with each other as a couple - learning new things, getting with other couples and learning from them, and really improving the way we talk to each other, the way we solve problems and the way we think about each other," explained Chap. (Col.) Mark Sachs, 99th RSC command chaplain.

Strong Bonds started in 1997 with a program for couples called Building Strong and Ready Families. Since that time, hundreds of thousands of Soldiers and their family members have attended Strong Bonds events throughout the nation.

"Communication is one of the biggest things that will break down a relationship if it's not done successfully, so what we do at Strong Bonds is talk through issues, and we talk through techniques in communication to help somebody invest in a relationship rather than just look to take something out of it," said Staff Sgt. Frank Vaughn, non-commissioned officer in charge of the 99th RSC Strong Bonds program.

For Army Reserve soldiers and families, the Strong Bonds program is important to help mitigate the effects of repeated deployments in a post-9/11 environment. The Army is changing the way it meets soldiers' and families' needs in this era of persistent conflict by taking a holistic approach to physical, emotional and

spiritual health, and building family resiliency is part of a strategic approach to cope with the high operational demands placed on today's Army Reserve soldiers.

"Our experience before was excellent, and every little segment, whether it's an hour or fifteen minutes, is a stepping-off point for remembering something really positive about yourselves," explained Col. Malcolm "Tim" Burr, Army Reserve Sustainment Command Information Analysis Response Team director.

"And you have to be friends; you have to really like each other," added Julianne Burr, Tim's wife of 17 years. "One thing I like about Strong Bonds is it reminds us why we like each other so much."

The stress of frequent and repeated deployments may lead to issues such as divorce and domestic violence, but research shows that training in communication, intimacy and conflict management - the types of training offered through Strong Bonds - increases marriage satisfaction and reduces rates of family violence.

"A lot of people go overseas and they have worries about their families, and we try to help them reconnect with their spouse and try to help them reconnect with their families when they come back home from deployments," Vaughn explained. "It's important to me as a chaplain assistant because I've noticed through my own deployment and through my experience in working with this program that Strong

Bonds is a force multiplier."

"Our last Strong Bonds was right after Tim returned from deployment, and I think that when you're gone for a year, a lot of things are on hold emotionally," said Julianne. "I know that when we came together after his deployment and we went to Strong Bonds, you almost don't want to go to Strong Bonds because you just want to privately bond, but then you realize that there are a lot of layers you've got to peel back, you've got to talk about, and it's very helpful."

Hosting the Strong Bonds events in locations such as Boston's Omni-Parker Hotel

offers soldiers and families a chance to get away from the rigors of everyday life while taking in the local history and culture.

"Strong Bonds is so important for every soldier, not just the ones who are having trouble in marriage - any soldier can benefit from this program," Sachs said. "It's really a wonderful opportunity for soldiers to make a difference in their relationships and therefore in their happiness in life, so I encourage soldiers to take advantage of this."

Strong Bonds offers events for couples, singles and families. For more information, visit [www.cvent.com/d/ccq3gj/6T](http://www.cvent.com/d/ccq3gj/6T) or email [strongbonds99@usar.army.mil](mailto:strongbonds99@usar.army.mil).

## MOUNT HOLLY ARMED FORCES APPRECIATION DAY

Featuring the 12th Annual Mount Holly Car Show

Saturday, May 18<sup>th</sup>, 2013  
12PM - Dusk

**FIREWORKS AT DUSK**

Presented By



This is a day to welcome the Joint Base  
McGuire-Dix-Lakehurst Military  
and their families to embrace Mt. Holly as their hometown!

### • QUILTS OF VALOR CEREMONY, 2PM

- Presenters: Congressman Runyan and Retired Congressman Saxton
- FREE FOOD provided by the Elks for Active Duty & Family w/ID
- Eateries with military specials
- Beer Gardens
- Merchant incentives, sidewalk sales & vendors
- Open House for local churches
- Children's activities & therapy dogs and horses
- FREE admission to Prison Museum
- Historic Log Cabin
- Local league softball, Monroe Park
- Live music, DJ's and radio stations B101.6 & Mix 106.1

Come See What  
Mount Holly Has To Offer!!

LESS THAN 10 MILES FROM JBMDL!!!

[MainStreetMountHolly.com](http://MainStreetMountHolly.com)

[MountHollyCarShow.com](http://MountHollyCarShow.com)

Coming Soon to  
JBMDL



Shooz World

# 87th ABW leadership institutes roll-call initiative

By Airman 1st Class M. Ryan Throneberry  
Joint Base McGuire-Dix-Lakehurst  
Public Affairs

Enlisted service members within the 87th Air Base Wing headquarters building have been engaging in weekly roll calls to discuss hot-button issues and base news since mid-March.

"The notion of roll calls is not new to the Air Force but 87th ABW enlisted leaders believe it is a practice worth propagating.

"A roll call is really designed for supervisors at all levels from staff sergeants to chiefs, to keep our Airmen informed on current issues, dispel any rumors and to provide a two-way feedback forum," said Chief Master Sgt. Stephen Kazmirski, 87th Mission Support Group superintendent. "Most of

all, it allows for face-to-face communication between leaders and their teams."

An Air Force-wide roll-call initiative began in 2006 under the instruction of then Chief Master Sgt. of the Air Force Rodney McKinley with a one-page talking paper issued weekly.

Most joint base Airmen have attended either a wing-level enlisted call or commander's call but not a roll call. While that forum is beneficial to disseminate information on a large scale, roll calls seek to inform a supervisor's or leader's direct work section or flight, said Kazmirski.

A wing-level enlisted call is attended by hundreds of Airmen whereas a roll call would only have 20 participants at most.

"Roll calls are, in my opinion, better in smaller groups," said Kazmirski, a Syracuse, N.Y., native. "This allows for Airmen to open

up and ask the questions they wouldn't necessarily ask at a wing-level enlisted call."

Supervisors can look for discussion topics on the Air Force Portal or publications throughout the Air Force. Topics can also come from personal interest or local happenings.

"Topics can come from anywhere," said the 87th MSG superintendent. "It could be a hot issue at the base, maybe something that was in the base paper or maybe something our commanders have asked us to put an emphasis on."

The weekly 87th ABW headquarters roll call features discussion topics straight off official Air Force sites as well as from comments and personal insight from participants.

"As I have only been in the operational Air Force for little over two months, I feel

as though these weekly roll calls are beneficial to me," said Airman 1st Class Renna Yardon, 87th ABW Judge Advocate office military justice paralegal and Newcomb, N.Y., native. "Something I found to be very helpful was the discussion on finance and how best to deal with money issues. I also like the fact we discuss things affecting the overall Air Force which I don't think most young Airmen think about."

Supervisors have the option to hold roll calls as regularly as they like but actually starting is key.

"The best time to get started is now," said Kazmirski. "There is something to be said about a time where a supervisor can look his or her Airmen in the eye and say 'these issues matter to me.'"

## ORI passes by JB MDL

By Airman Sean M. Crowe  
Joint Base McGuire-Dix-Lakehurst Public Affairs

Air Mobility Command Headquarters has credited Joint Base McGuire-Dix-Lakehurst for every portion of the July 2013 Operational Readiness Inspection recently.

The Headquarters AMC Inspector General team was scheduled to conduct an ORI of the 87th Air Base Wing from 7-12 April, 2013. Joint base personnel proved their ability to survive and operate before, during and after an attack, such as Hurricane Sandy Oct. 31, 2012, which they prepared for through previous Operational Readiness Exercises. The Air Force will save more than \$12 million and more than 86,600 man hours as a result of the ORI credit the base received.

"We prepare for manmade attacks, but in the case of Hurricane Sandy, it was nature attacking the joint base," said Michael Stefani, Planning and Operations chief. "The hurricane activated many of the same responses as a manmade attack would."

Almost all Mission Essential Task List items 87th ABW personnel perform during an ORI were demonstrated and validated during the real-world crisis while protecting life and property on the installation. The tasks provide support to the joint base mission partners and receiving forces.

Personnel demonstrated the five major phases tested in an ORI: position the force, employ/sustain the force, ability to survive and operate and redeploy the force. The 87th ABW successfully deployed and redeployed personnel and associated equipment, supported and protected deployed forces and responded to real world inputs that stressed Command and Control, operations and base actions during the course of Hurricane Sandy.

The only ATSO activities not accomplished were related to Mission-Oriented Protective Posture, however they were accomplished between 10-17 October, 2012, during the 87 ABW ORE.

"AMC IG decided not to inspect MOPP capabilities because this capability is already tested when service members deploy from the base," said Stefani.

The 87th ABW deployed mission support elements while the 106th Wing, 305th and 514th Air Mobility wings deployed a total of 22 aircraft, including KC-10 Extenders, KC-135 Stratotankers and C-17 Globemaster IIIs, aircrews and the 621st Contingency Response Wing Joint Task Force-Port Opening to various evacuation points across the U.S. The installation also sheltered in place rotary-wing aircraft from Marine Aircraft Group 49 and the Army National Guard in addition to six light civilian aircraft to evade the storm.

AMC IG will continue the Airfield Operations Compliance and Logistics Compliance Assessment Program inspections as planned as those areas were not tested during the response to Hurricane Sandy.

## Details

Continued from Page 2

could properly test a life raft's inflation capability, resulting in an aircrew member having no means of protection if the aircraft fails over an ocean. Opposing Forces could capture an aircrew member who forgot details from his Survival, Evasion, Resistance and Escape training and return without honor due to his inattention.

A lack of conscientious effort or inattention to detail also tends to create a chain-reaction effect of work flow onto others. Someone will have to pick up the slack when someone makes a mistake.

A security forces member forgetting to check credentials and allowing installation access to someone with malicious intent. If that person sets off an improvised explosive device in an occupied building, security forces members, fire fighters and medics would have to clean up the mess the security forces member could have prevented. This is an example of how mistakes will cause a chain reaction of additional work onto others.

Attention to detail is important in every work center, even if it does not mean life or death. A

personnel specialist filling paper incorrectly could mean the loss of man hours when others have to recover lost paperwork. This example also demonstrates how shirking responsibilities causes more work for others.

Many people can point out at least one coworker who could do a better job of exemplifying the excellence-in-all-we-do attitude. It is very possible that individual could use their coworkers' encouragement as well as guidance and direction of his leadership tier and more experienced counterparts. It would benefit the Air Force and all its members greatly if these people adapted the Air Force core values into their lives.

Negligence also equates to culpability. Some will tend to become bitter and neglectful toward the Airmen lacking motivation or capability. It is much more beneficial however to help that Airman better himself and demonstrate wingmanship.

"Excellence in All We Do" cannot just be something that is written on the Airman's coin and on posters in work centers throughout the Air Force. It has to be a personal commitment that every Airman decides to make every day.

# ONE CARD, A LIFETIME OF REWARDS

We know it's nice to be rewarded, and our **cashRewards** credit card does just that. Earn cash back on every purchase, every time, with no limits on how much you can earn. Plus, there are no hidden fees, and your cash back never expires. Now that's pretty rewarding.



**NAVY FEDERAL**  
Credit Union

ARMY  
MARINE CORPS  
NAVY  
AIR FORCE  
COAST GUARD  
DoD

**APPLY TODAY!**

Pine Grove Plaza Shopping Center  
18-R Broadway Street  
Browns Mills, NJ

navyfederal.org 1.888.842.6328



Federally insured by NCUA. App Store® is a service mark of Apple, Inc. Android™ is a trademark of Google, Inc. © 2013 Navy Federal NPCU 10483\_01x-04-103

### Children on the Street

This month we asked children of service members from around Joint base McGuire-Dix-Lakehurst:

## Why are you proud of your mother's military service?



John Opperman, 7-year-old son of Army Capt. Rikki Opperman, 174th Infantry Brigade

"I was born in Germany and we have been to a lot of places and made lots of friends because of my mom's traveling."



Ainsley Davis, 7-year-old daughter of Air Force Maj. Annie Purnell-Davis, 21st Air Mobility Operations Squadron

"She helps people when they get hurt. She works on air planes and helps others stay safe."



Malcolm McCollum, 8-year-old son of Air Force Staff Sgt. La Meisha Davis, 87th Communications Squadron

"My mom teaches me how to be responsible and take care of myself."



Zachary Polo, 7-year-old son of Navy Petty Officer 3rd Class Melanie Polo

"She helps people get in the Navy and does cool stuff. She helps defend our country."

### Man on the Street

This month we asked service members from around Joint base McGuire-Dix-Lakehurst:

## Are you doing anything for your mom this Mother's Day?



Marine Lance Cpl. Gerardo Keyes, Marine Aircraft Group 49 ground support equipment technician, from San Juan, Puerto Rico.

"I plan to send my mom a card and 'Face Time' with her. I'm sure she would also like to see her grandchildren as well."



Navy Seaman Apprentice Jordan Noto, Fleet Readiness Center East and Aviation Support Detachment aviation support equipment technician, from Kenner, La.

"I ordered flowers for my mom and gran mother separately, then arranged for both of them to give the bouquets to each other."



Army 1st Sgt. James Greene, 78th Training Division first sergeant, from Bel Air, Md.

"My mother lives nearby so my sister and I will be taking her out to dinner and then to church. We will then meet up with the rest of the family to end Mother's Day."



Coast Guard Petty Officer 2nd Class Andrew Johnson, U.S. Coast Guard Atlantic Strike Team member, from Farmington, N.M.

"I will send my mom a card and some flowers and give her a call."

# CLASSIFIED

<p><b>Employment</b></p>	<p><b>Employment</b></p>	<p><b>Special Services Construction</b></p> <p><b>Gaul Construction, Inc.</b> We are a 36 yr. family owned Licensed &amp; Fully Insured Residential Contractor. We are fully equipped to handle any project: Roofing and Siding • Estimation Windows and Doors Kitchens and Bathrooms Laser Scanning and Design Build Garage Conversions Driveways and Patios Porches and Decks 609-253-2163 or 609-847-8803</p>	<p><b>Real Estate</b></p>	<p><b>Real Estate</b></p>	<p><b>Real Estate</b></p>
<p><b>Education</b></p> <p><b>Troops to Teachers</b> Interested in Teaching? The Troops to Teachers Program (TTT) can assist with your pursuit to become a public school teacher. Certification, job placement and financial assistance may be available if you meet the program requirements. Please visit one of the below TTT information sessions to learn more about the program and how you can become a teacher in the state of your choice! May 16, Ed Center - Falco Courts North, McGuire side, 10:00 a.m. Call for more info, 609-754-6346 May 22, Transition Fair - 10:00 a.m. JBMDL, 9:30 a.m. Call for more info, 609-754-3154 To learn more, please contact us at: <a href="mailto:tttj@doe.state.nj.us">tttj@doe.state.nj.us</a></p>	<p><b>Education</b></p>	<p><b>Home Improvement</b></p> <p><b>MILL POND HOME IMPROVEMENTS</b> NJ #131-04803000 • PA #PA079913 WE SPECIALIZE IN: carpentry, dry-wall, kitchen &amp; bathroom remodeling, doors, windows, siding, decks. Offering professional &amp; reliable services at reasonable rates. Services for every room in your home, as well as basements &amp; garages. No job too small. Insured. Free Estimates. 800-287-3659 • 609-284-4106</p>	<p><b>Century 21 Alliance</b> For ALL Available Homes go to <a href="http://www.c21alliancenj.com">www.c21alliancenj.com</a></p> <p>Pemberton/Browns Mills broker for</p> <p><b>USA</b></p> <p>Loyal to Our Military Family</p> <p>For HomeSales (609) 894-4333 For Career (609) 680-4480</p>		
<p><b>PHOTO Reprints</b> are available for purchase at <a href="http://clickbctimes.com">clickbctimes.com</a></p>	<p><b>Tree Removal</b></p> <p><b>BOB LEICMAN Tree Service</b> Removal, Stump Grinding, Chipping. 609-971-6991 or 609-268-1837</p>	<p><b>Homes for Sale</b></p> <p>Cookstown 7 Norlane Dr. \$210,000 3BR, 2 BA, huge full barn, close to Ft. Dix &amp; McGuire. Call Meg Doan cell 609-304-2297, Century 21 Alliance 609-694-4333.</p> <p><b>Real Estate Rentals Apartments for Rent</b></p> <p>LUMBERTON • Spacious 1BR, Available Now! • FREE heat, hot water, gas &amp; carpet. # 1-866-493-1911</p>	<p><b>Real Estate Rentals Apartments for Rent</b></p> <p>PEMBERTON UNIVERSITY PARK APTS. 1&amp;2 BR start at \$650 • 609-894-9336</p> <p>PEMBERTOWN TWP GARDEN TYPE • Starting at \$650 Call: 609-729-1484</p>	<p><b>Real Estate Rentals Apartments for Rent</b></p> <p>RIVERBIDE NJ 1 &amp; 2 BR w/c, central heat &amp; a/c. On site laundry &amp; parking. Fully renovated. Better &amp; military discount avail. Call Robert for move-in special. 868-824-0866.</p> <p><b>Rooms for Rent</b></p> <p>WILLINGBORO, Fully furnished, Cable &amp; utilities included. Washer/dryer. No pets or smoking allowed. Security deposit required. 609-284-8658</p> <p><b>LOOKING TO RENT YOUR APARTMENT?</b> Call our classifieds today. <b>1-866-938-3010</b></p>	

JOINT BASE MCGUIRE-DIX-LAKEHURST  
**Military Spouse Appreciation Day**  
**PEN HOUSE**  
**May 10, 2013 \* 10:00 AM - 2:00 PM**  
 Military and Family Support Center \* 3435 Broadway Road, JB MDL, NJ 08641  
 Registration requested. Call 609-754-2154

Join us for **FREE** therapeutic massages, manicures with massages, men shaving, giveaways from sponsors and door prizes.

as we salute our  
**MILITARY SPOUSES**  
 for their accomplishments,  
 patriotism, and sacrifices.

[www.gomdl.com](http://www.gomdl.com)

Hosted by the Military and Family Support Center. Refreshments and Gifts — Courtesy of Sponsors:

**Night**

Continued from Page 1

the ground. HMH-772 pilots then landed the CH-53 Super Stallions to provide assault support with ground forces.

"HMH-772 doesn't typically perform TRAP exercises to this scale," said Werwe. "We have never asked for assistance from as many outside supporting agencies as we did for this exercise."

Marines playing the role of opposing forces were waiting at the landing zone, unbeknownst to the assault support forces, brandishing weapons. Ground-force Marines handled the opposing forces then used tracking skills, radio communication and night-vision equipment to locate and authenticate the isolated personnel who were approximately 300 yards from the LZ before bringing them back to the LZ for extraction by the super stallions.

The supporting Super Cobras continuously ran

stafe runs and flew around the area providing close-air support.

The stallions took off into the moonless, star-filled sky. Taking off created an even more vast cloud of dust and debris than they had when landing.

Select personnel gathered back at the MAG-49 building after the exercise to hold a debrief during which they discussed the million strengths and weaknesses in an open-forum fashion. The

SERE specialists provided constructive feedback based on their perspectives of the exercise.

The Marines did an outstanding job with initial and continuous authentication, said Air Force Staff Sgt. Josh Schmitz, 305th Operations Support Squadron SERE specialist. SERE specialists teach their aircrew to do exactly as they're told by rescue and the Marines did a great job directing orders.

**HANOVER DENTAL CENTER**

"Gentle Dental Care that will keep the Whole Family Smiling"

**609-723-9800**

- ★ Most Insurance Welcome
- ★ Amerigroup, Healthnet, VHP Accepted
- ★ Military Insurance Accepted
- ★ Fillings, Extractions, Root Canals
- ★ Dentures, Implants, Children's Dentistry
- ★ Some Saturday and Evening Hours

Located Minutes from Joint Base McGuire-Dix-Lakehurst  
 In the Ames Shopping Plaza

Central Michigan University's Global Campus at  
*Joint Base McGuire-Dix-Lakehurst & Online*

CMU's Global Campus provides high-quality degree programs that are close, convenient, flexible, and affordable!



- Master of Arts degree in Education
  - Adult Education (Taught face-to-face)
  - Instruction (Taught face-to-face and online)

- Master of Science in Administration degree (Taught face-to-face and/or online)  
 Provides the knowledge and skills necessary for managers and supervisors to lead effectively in various military, corporate, business, and agency settings. Choose from 7 concentrations to fit your career goals.

MSA graduates currently hold such positions as: military general, data analyst, human resources director, operations manager, and many more!



CMU's Global Campus also offers bachelor's and doctoral degrees as well as graduate certificates online.

**Military tuition discounted rate**  
 CMU's Global Campus is proud to serve its military students, providing a military tuition discounted rate. Visit [cmich.edu/military](http://cmich.edu/military) for details.

Get it all at CMU's Global Campus at  
 Joint Base McGuire-Dix-Lakehurst

Call 609-723-8100 or toll-free 877-268-4636 today!  
[cmich.edu/jbmdl](http://cmich.edu/jbmdl) JBMDL@cmich.edu

Central Michigan University is accredited by the Higher Learning Commission of the North Central Association of Colleges and Schools. CMU is an AACSB institution (see cmich.edu/aacsb) cmich.edu/globalcampus CMUglobal@cmich.edu 3545 11/12

**WE WANT TO SAY THANKS**

On Sunday May 19<sup>th</sup> at the  
**7<sup>th</sup> Annual Armed Forces Freedom Ride**  
 Brought to you by Burlington County Military Affairs,  
 the Local Motorcycle Community, Barb's Harley-Davidson, and  
 the Philadelphia Marine Corps - Law Enforcement Foundation.



Motorcycles will depart Barb's Harley-Davidson at 10am, ride up Rt. 295 through Mt. Holly, continue on to Joint Base McGuire, Dix, Lakehurst and end at Dough Boy Field. This is our way of saying THANK YOU to past and present military everywhere. Thank you for serving, protecting, and making sacrifices every day for our great country. All brands of bikes welcome. Please ride with us. Military ride free!

"Please stop by Dough Boy Field so we can honor and thank all of you."



**BARBSHD.COM**  
 856-456-4141

[WWW.ARMEDFORCESFREEDOMRIDE.ORG](http://WWW.ARMEDFORCESFREEDOMRIDE.ORG)

# NEWSNOTES

## Armed Forces Day Golf Tournament

The Pine Ridge Golf Course is set to host a Armed Forces Day Golf Tournament 7:30 a.m. to 1 p.m. May 18, 2013, at 33 Trotter Road on Lakehurst. The tournament is open to all Department of Defense ID card holders. Call (732) 323-2636 for more information.

## Free Children's Clothing Swap

The Protestant Women of the Chapel is set to host a Children's Clothing Swap 9 a.m. to 1 p.m. May 18, 2013, at the North Chapel, located at 3827 Schoolhouse Road. Donations are needed of gently used baby items, clothes and shoes. Donations will be accepted at the North Chapel from 6-8 p.m. May 17 and 8-9 a.m. May 18. Call (931) 434-1520 for more information.

## Spring Amish Country Trip

The joint base information, tickets and tours offices are offering trips to Amish Country near Lancaster, Pa., May 18, 2013. This trip includes round-trip transportation. Attendees will visit several places throughout the tour, to include a buffet, Good's General Store and continue through the Pennsylvania Dutch countryside. Cost is \$25 per person. Trip tickets are available at Lakehurst or Dix ITT offices. Call (732) 323-1362 for more information.

## Spring Bowling

The Bowling Center is set to host a Spring Bowling Blast Off event 1-6 p.m. May 18, 2013, at 6054 Doughboy Loop. Youth ages 10 and younger are free with a paying adult. Cost is \$10 adults for unlimited bowling. Door prizes will be given during the event. Call 562-6895 for more information.

## Annual Americas Children's Run

The Joint Base McGuire-Dix-Lakehurst Youth Programs is set to host the 27th Annual Americas Children's Run at 10:15 a.m. May 18, 2013, at the McGuire Fitness and Sports Center track, located at 2504 McGuire Blvd. The run is open to youth ages 3-18. Runners must register at [www.americaskidsrun.org](http://www.americaskidsrun.org) or on-site from 9-10 a.m. the day of the event. Call 754-5912 or 752-6933 for more information.

## White House Communications Agency Recruiting Visit

The White House Communications Agency is set to host a recruiting drive 9 a.m. May 21, 2013, at 2610 POW/MIA Blvd., first floor auditorium. The recruitment drive is open to all active-duty Airmen ranks senior airman through senior master sergeant in the following Air Force Specialty Codes: 1B4X1, all 3D0 series, 3D1X1, 3D1X2, 3D1X3 and 3D1X7. Members assigned to the WHCA provide direct service to our mission in Washington D.C., or on a travel team in support of the president, vice president, first lady and others as directed. Visit [www.dssc.mil/whca](http://www.dssc.mil/whca) for qualifications. Call (202) 757-5150 for more information.

## Native American Heritage Month Meetings

The Joint Base Special Observance Committee is set to host six meetings leading up to the Native American Heritage Month in November. The dates of the meetings are May 22, June 26, July 31, Sep. 4 and Oct. 9, 2013, from 11:30 a.m. to 12:30 p.m. at the Equal Opportunity conference room, located at 2506 Tuskegee Airmen Ave. Call 754-4666 for more information.

## Mini Job Fair

The Military and Family Support Center is set to host a Mini Job Fair 10 a.m. to 2 p.m. May 22, 2013, at Tommy B's Community Activities Center, located at 2705 East Arnold Ave. This event is open to all Department of Defense ID card holders and veterans. Attendees are encouraged to bring copies of their resumé. Call 754-3154 for more information.

## Memorial Day 5K

The 87th Force Support Squadron is set to host a Memorial Day 5K run noon May 23, 2013, at the Griffith Field House, located at 6053 Doughboy Loop. The event is free and open to all Department of Defense ID card holders. Call 562-2769 for more information.

## Junior Bowling Tournament

The 87th Force Support Squadron is set to host a Junior Bowling Tournament 4 p.m. May 26, 2013, at the Lakehurst Bowling Center, located at 489 Saruik Road. Children will compete against bowlers in their age group. The fee is \$4.50 per person and is open to all Department of Defense ID cardholders. Call (732)323-2027 for more information.

## AFSA Golf Tournament

The Air Force Sergeants Association Chapter 211 is set to host a golf tournament Noon May 30, 2013, at the Falcon Creek Golf Course, located at 2007 Can Do Way. The format is 4-person scramble "Best Ball." The tournament is open to all Department of Defense ID card holders. The entry fee is \$50 per person and covers green fee, golf cart, prizes and lunch. Call 754-1643 or 754-1649 for more information.

## Military Spouse Career Advancement Accounts Program

The Military Spouse Career Advancement Accounts Program is a career development and employment assistance program that helps military spouses pursue licenses, certificates, certifications or associate's degrees (excluding associate's degrees in General Studies, Liberal Arts, and Interdisciplinary Studies that do not have a concentration) necessary for gainful employment in high demand, high growth portable career fields and occupations. Military spouses grades E-1 to E-5, WO1 to CW2 and O-1 to O-2 are eligible for MyCAA financial assistance. Eligible spouses are provided a maximum of \$4,000 with an annual fiscal cap of \$2,000. MyCAA will cover tuition cost and training courses and examination leading to an associate's degree. Eligible spouses can create an online account on the MyCAA Spouse Portal at <https://aiportal.acaf.mil/mycaa>. The website provides information on participating schools, degree programs, CLEP/D&ST test preparation materials and many more. MyCAA education counselors are also available to answer any questions. Contact Gloria Bass at 754-5349 or gloria.bass.2@us.af.mil or Caylor Simons at 754-5346 or gaylor.simons@us.af.mil or go to <http://1.usa.gov/15m2n4G> for additional information.

## EFMP Summer Campership Program

The Military and Family Support Center and the Exceptional Family Member Program are taking campership requests for this year's summer camps for children who have special needs. Go to <http://bit.ly/147L1bV> or the MFSC, located at 3435 Brody Road, to get an application form. Applications need to be submitted to the EFMP by May 5, 2013. Call 754-3154 for more information.

## Motorcycle Training Courses

The Joint Base Safety Office is set to host Motorcycle Training courses. All courses are held on the Lakehurst motorcycle range. Call (732) 323-2525 for additional information or to register, or visit <https://afkm.wpafb.af.mil/community/views/home.aspx?Filter=25618>.

## Army Military Clothing Stores Provide Free Alterations for Wounded Soldiers

The Army & Air Force Exchange Service is offering free alterations and modifications to all severely wounded, ill and injured Soldiers at all 79 Army Military Clothing stores around the world. This Army-led initiative ensures all wounded Soldiers receive free alterations and modifications on all issued uniforms in accordance with the Wounded Warrior Clothing Support Program to include the Army Service, Combat and Improved Physical Fitness uniforms as well as undergarments. Eligible Soldiers must present an approved Army Form 3078 along with the prescribed modifications by the physical or occupational therapist to receive free services.

## JB MDL Thrift Shops

**McGuire**  
The McGuire Officers Spouses Club Thrift Shop is open from 10 a.m. to 2 p.m. Wednesdays through Fridays and the first Saturday of each month. The shop accepts gently used donations. The MOSC Thrift Shop accepts consignments from 10 a.m. to noon Wednesdays through Fridays. Proceeds benefit Joint Base McGuire-Dix-Lakehurst, local, and national organizations. Volunteers are welcome. The MOSC Thrift Shop is located at 3446 Brody Road. Call 754-2368 for more information.

## Dix

The Dix Thrift Shop Hours are Tuesdays and Thursday and the 1st and 3rd Saturdays from 10 a.m. to 2 p.m. Donations can be dropped off during business hours or placed in the shed after hours. The shop is looking for volunteers. High school students can accumulate community service hours by volunteering. Proceeds help fund scholarships sponsored by the Dix Spouse and Civilian Club. The Dix Thrift Shop is located next to the museum at 6501 Pennsylvania Ave. Check out the Dix Thrift Shop Facebook page for regular updates.

## Lakehurst

The Navy Marine Corps Relief Society Thrift Store is open every Tuesday, Wednesday and Saturday 9 a.m. to noon and Thursday 1-5 p.m. at 158 Berry Road. The thrift shops sales income is returned to the Sailors, Marines and their families in the form of emergency financial relief services. Donations after hours may be placed in the donation locker located by the front door. Opportunities are available for volunteers to sort merchandise, arrange displays and work as cashiers. Call (732) 323-2362 or visit for more information.

# Construction Corner

## From 87th Civil Engineer Squadron

### McGuire Power Plant Demolition Project

Demolition of the McGuire Power Plant and associated facilities will continue through June 2013. Additional truck and construction vehicle traffic can be expected in the area.

### Road closures

Repaving of Hancock Road is currently scheduled for completion by end of May 2013. Traffic will be reduced to one-way with flaggers during paving operation. Portions of Hancock Road and Seven Circle may be closed due to low traffic volume and availability of detour routes. Watch for workers striping roads.

Replacement of the sanitary sewer main that runs under Brody Run on the southbound right turn from Texas Avenue to Brody Road is currently scheduled for completion by May 20, 2013. Right turns from southbound Texas Avenue onto Brody Road may be restricted during the construction. Alternate routes to access of Brody Road between Delaware and Texas Avenues via Delaware Avenue, or proceed south on Texas Avenue to Airfield Road, then north on Delaware Avenue to Brody Road.

Point repairs and slip lining of sanitary sewer mains and services is currently scheduled through June 2013 in the 5600 area of Dix. Access to sidewalks, parking lots, alleys and streets may be limited or restricted for short periods of time (up to a day) throughout the 5600 area as the work progresses.

### Water Line Replacement

Water line replacement work is currently scheduled through the end of 2013 in the 5600 and 5600 area, between Willow Pond and the U.S. Air Force Expeditionary Center, and between Doughboy Loop and Texas Avenue

on Dix. Access to the sidewalk along Texas Avenue will be impacted during construction. During work in the shoulder of 8th Street, traffic may be restricted by construction crews in the area. Construction equipment and activities may limit access to interior roadways and parking lots intermittently during the work. No road closures are anticipated.

### Electrical System Upgrade

Electrical system upgrade work at 1907 East Arnold Ave. is currently scheduled through Dec. 2013 for the demolishing of old electrical service and distribution within the facility. Intermittent electrical shutdowns will be required to disconnect old service and reconnect to the new distribution system.

### 87th ABW Lobby Renovation

The lobby to the 87th Air Base Wing headquarters, located at 2901 Falcon Lane, will be closed intermittently during renovation work through May 31, 2013. Visitors and personnel seeking access to the building must use the side or back entrances.

### Griffith Field House Renovation

The main entrance to the Griffith Field House, located at 6053 Doughboy Loop will be closed for renovation work through May 10, 2013. Visitors and personnel seeking access to the facility must use the doors located on the East side of the building (doors adjacent to the Smoothie Bar).

### Sofitball and Soccer fields Renovations

The softball and soccer fields on McGuire will be closed through July 2013, to establish grass on the fields.

## Joint Base McGuire-Dix-Lakehurst Chapel

### Chapel Locations

McGuire Chapel – 2503 East Arnold Avenue  
North Chapel – 3827 School House Road  
Dix Chapel – 4240 New Jersey Avenue  
Soldier's Chapel – 6950 Church Street  
Cathedral of the Air – 264 Hope Chapel Road, Lakehurst N.J. 08527

### Worship Hours

**Catholic**  
Wednesday – 11:30 a.m. McGuire Chapel  
Saturday – 5 p.m. McGuire Chapel  
Sunday – 10:30 a.m. Dix Chapel

### Protestant

Sunday – 9 a.m. Traditional - Dix Chapel  
Sunday – 9:45 a.m. Contemporary - North Chapel  
Sunday – 11 a.m. Liturgical - Cathedral of the Air  
Sunday – 11:30 a.m. Gospel - McGuire Chapel

### Army Support Activity

Sunday – 7:30 a.m. LDS - Dix Chapel  
Sunday – 7:30 a.m. Catholic - Dix Chapel  
Sunday – 7:30 a.m. Protestant - Soldier's Chapel

For programs, faith groups, or special language needs not listed, please contact the Chapel at 609-754-4673.

### Contacting A Chaplain

#### When should I call a chaplain?

Chaplains are available for spiritual, relationship and grief counseling. They provide worship services, baptisms, weddings and memorials.

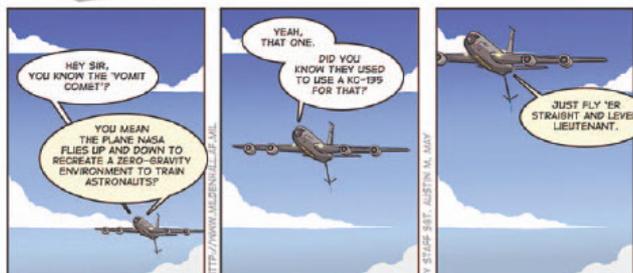
Your conversation with a chaplain can not be disclosed without your permission. No exceptions.

To speak with a Chaplain during duty hours (Monday through Friday 7:30 a.m. – 4:30 p.m.) call 609-754-HOPE (4673).

For assistance after duty hours, call the Command Post at 609-754-3935 or 3936.

Glorifying God, Serving Warfighters, Pursuing Excellence for the Joint Base

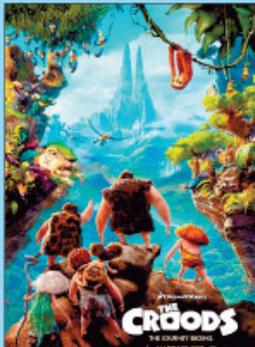
## BOX BLUES



# Joint Base Theater Movie Schedule



Friday:  
7 p.m. The Host (PG-13)



Saturday:  
2 p.m. The Croods (PG)



Saturday:  
7 p.m. G.I. Joe: Retaliation (PG-13)

## Get to know JB MDL!



Can you guess what this week's close-up photo is? Submit your guess online at [www.facebook.com/jbmdl](http://www.facebook.com/jbmdl). Don't forget to check back next week when the full-size photo is revealed!



Did you guess last week's close-up photo? It's the garage door on the Airmen's Firehouse. The firehouse is a home away from home for E-1 through E-4 service members. The purpose of the firehouse is to provide a fun, alcohol-free environment for service members who want to surround themselves with other like-minded people.

## Recipe Roundtable

Got a favorite recipe that's a time-saving miracle, a gourmet masterpiece or just really yummy? Email the recipe and a photo to the Air, Land & Sea Times staff at [87.abw.pa@us.af.mil](mailto:87.abw.pa@us.af.mil) to share it with the joint base community. Be sure to include "Recipe Roundtable" in the subject line.

### Classic Belgian Waffles

This recipe comprises light, crisp and golden-brown Belgian waffles, a great weekend treat. Serves four to six.

- Ingredients:**
- 2 cups all-purpose flour
  - 3 tablespoons sugar
  - 1 tablespoon baking powder
  - 1/2 teaspoon salt
  - 2 1/4 cups milk
  - 6 tablespoons vegetable oil
  - 2 large eggs



### Cooking Instructions

Place all ingredients in a large mixing bowl and combine until well blended. Allow batter to rest 5 minutes before using. Use in your Belgian Waffle Maker according to manufacturer's suggestion.

Recipes found at [food.com](http://food.com)

# Joint Base Intramural Sports Standings

- Lakehurst Volleyball - A League  
Gold - Thump Thump  
Silver - Not Environmental  
Bronze - Airish Ballers'  
4th - Unarmed Forces  
5th - Silver Bullets  
6th - Crushers  
Lakehurst Volleyball - B League  
Gold - Hangar Squad  
Silver - RATHER PICKLEBALL  
Bronze - Average Joes  
4th - The Gunners  
5th - Little Giants  
6th - CNATT/TEST  
7th - UPS  
7th - OFF CONSTANTLY

Team	Win	Loss	PCT
605th AMXS	3	0	1.000
305th MGS	3	0	1.000
87th LRS	2	1	0.667
87th SFS	2	1	0.667
305th AMXS	2	1	0.667
87th FSS	2	1	0.667
305th MGS	2	1	0.667
87th CES	2	1	0.667
EC	2	1	0.667
621st CRW-A	2	1	0.667
305th APS	2	1	0.667
373rd TRS	1	2	0.333
621st CRW-B	1	2	0.333
1st/307th TSEN	1	2	0.333
305th CBS	1	2	0.333
732nd AS	1	2	0.333
87th CS	1	2	0.333
HMLA-773	0	3	0.000
AMC TES	0	3	0.000
314th RCS	0	3	0.000

**Game schedule**  
Week 5  
May 14

Time	Matchup
Noon	HMLA-773 vs. 305th APS
Noon	AMC TES vs. 605th AMXS
Noon	621st CRW-A vs. 373rd TRS
Noon	732nd AS vs. 87th CES
Noon	314th RCS vs. EC
Noon	87th FSS vs. 87th LRS

- 12:01 p.m. 305th AMXS vs. 305th MGS  
12:01 p.m. 87th SFS vs. 621st CRW-B  
12:01 p.m. 87th CS vs. 305th MGS  
12:01 p.m. 1st/307th TSEN vs. 305th OSS

All games played at Falcon Creek Golf Course

Team	Win	Loss	PCT
Wildcats	2	0	1.000
7217th	1	0	1.000
EC	1	0	1.000
108th WC	1	0	1.000
305th OSS	1	0	1.000
87th CES	1	0	1.000
6th AS	2	1	0.667
87th MDC	1	1	0.500
77th BDE	1	1	0.500
305th AMXS	0	1	0.000
50th FM/Team Hustle	0	1	0.000
PCI	0	1	0.000
WMSE	0	1	0.000
VR-64 Condors	0	2	0.000
99th RSC	0	2	0.000

**Game schedule**  
Week 3  
May 13

Time	Matchup
BR 5:30 p.m.	7217th vs. 6th AS
MF 5:30 p.m.	PCI vs. 87th MDC
FF 6:30 p.m.	Wildcats vs. 305th OSS
May 14	
BR 5:30 p.m.	108th WC vs. VR-64 Condors
MF 5:30 p.m.	WMSE vs. PCI
FF 6:30 p.m.	99th RSC vs. 305th AMXS
May 15	
BR 5:30 p.m.	50th FM/Team Hustle vs. Wildcats
MF 5:30 p.m.	305th OSS vs. 77th BDE
FF 6:30 p.m.	WMSE vs. 87th CES
May 16	
BR 5:30 p.m.	VR-64 Condors vs. EC
MF 5:30 p.m.	87th MDC vs. 77th BDE
FF 6:30 p.m.	87th CES vs. 7217th

**Game schedule**  
Week 2  
May 13

Time	Matchup
7 a.m.	EC vs. 87th MDC
8 a.m.	305th MGS vs. 32nd ARS
May 15	
7 a.m.	87th CS Champions vs. EC
8 a.m.	32nd ARS vs. 87th CS Legends
May 17	
7 a.m.	87th MDC vs. 305th MGS
8 a.m.	373rd TRS vs. 87th CS Champions

Team	Win	Loss	PCT
ASA Dix Engrs	1	1	0.500
87 CPTS/WASA/CONS	1	1	0.500
87th CS	1	1	0.500
305th APS	0	0	0.000
174th INF BDE	0	1	0.000
2nd ARS	0	1	0.000
AMC TES	0	1	0.000
NCOA	0	1	0.000
MAC-49	0	1	0.000
87th FSS	0	3	0.000

**Game schedule**  
Week 3  
May 13

Time	Matchup
FF 5:30 p.m.	87th CPTS/WASA/CONS vs. 2nd ARS
BR 6:30 p.m.	305/605/373 vs. 621st CRW/87th LRS
MF 6:30 p.m.	ASA Dix Engrs vs. 305th APS
May 14	
FF 5:30 p.m.	AMC TES vs. 174th INF BDE
BR 6:30 p.m.	MAC-49 vs. 87th FSS
MF 6:30 p.m.	Fire Dept. vs. 305th MGS Cobras
May 15	
FF 5:30 p.m.	AMC TES vs. 305th APS
BR 6:30 p.m.	87th SFS vs. 87th LRS
MF 6:30 p.m.	Fire Dept. vs. 174th INF BDE
May 16	
FF 5:30 p.m.	174th INF BDE vs. 87th CPTS/WASA/CONS
BR 6:30 p.m.	87th LRS vs. MAC-49
MF 6:30 p.m.	87th CS vs. NCOA

**Game schedule**  
Week 2  
May 13

Time	Matchup
7 a.m.	EC vs. 87th MDC
8 a.m.	305th MGS vs. 32nd ARS
May 15	
7 a.m.	87th CS Champions vs. EC
8 a.m.	32nd ARS vs. 87th CS Legends
May 17	
7 a.m.	87th MDC vs. 305th MGS
8 a.m.	373rd TRS vs. 87th CS Champions

All games played at the McGuire Soccer Fields  
Current as of May 8, 2013.