



AIR, LAND & SEA TIMES

PUBLISHED FOR THE JOINT BASE MCGUIRE-DIX LAKEHURST, N.J. COMMUNITY
Vol. 4 No. 10

MARCH 15, 2013

NEWSNOTES

Dates and times are subject to change. Check with the event coordinator prior to the event.

Claims Against the Estate of Staff Sgt. Michael Williams

All persons having claims against Staff Sgt. Michael Williams need to present such claims to Capt. Brian Deerin, the Summary Court Officer, at (973) 901-1680 or by email at brian.d.deerin.mil@mail.mil. An example of a claim would be any debt, obligation or other money owed to the claimant by Williams.

87th Medical Group Pharmacy Closure

The 87th Medical Group Pharmacy is set to be closed from March 22 through 24, and reopen March 25, 2013, as part of a refurbishing project. Customers requiring refills should contact the automated refills line at 754-9470, or (888) 223-2448, or go to www.tricareonline.com, two weeks before a prescription runs out to avoid a delay due to renovation. Refills will be expedited to one business-day turnaround the week of March 18. New prescriptions will be processed on the same day. Contact 754-9464 or 87mdg.pharmacy.us.af.mil for more information. TRICARE also offers home delivery prescription service for maintenance medications. Medications not available at the 87th MDG may be available through home delivery with zero co-pay. Visit www.tricare.mil/Home/Prescriptions/FillPrescriptions/HomeDelivery.aspx for more information.

Motorcycle Training Courses

The Joint Base Safety Office is set to host Motorcycle Training courses. All courses are held on the Lakehurst motorcycle range. Call (732) 323-2525 for additional information or to register, or visit <https://afkm.wpafb.af.mil/community/views/home.aspx?Filter=25618>.

Experienced Volleyball Players Needed

Volleyball players with upper-level team experience are needed for a Joint Base McGuire-Dix-Lakehurst Varsity Volleyball Program. Membership is open to all Department of Defense ID cardholders. Interested players should email Senior Master Sgt. Vincent Lommen at vincent.lommen@us.af.mil or Master Sgt. Tracy Lintz at tracy.lintz@us.af.mil for more information.

Spouses' Newcomers' Orientation Tour

The Military and Family Support Center is set to host a Spouses' Newcomers' Orientation Tour from 9 a.m. to 1 p.m. March 21, 2013, located at 3435 Broidy Road. The event is held every third Thursday and is open to military spouses from all branches and will include a narrated bus tour of McGuire and Dix conducted by the Joint Base Public Affairs Office. Lunch is included. Pre-registration is required. Call 754-3154 for more information or to register.

Hearts Apart

The Military and Family Support Center is set to host a Hearts Apart from 5:30-6:30 p.m. today, at the Saxton Community Center in Falcons Court North. The program is designed for spouses, children, and loved ones of service members who are currently deployed, on extended TDY (for more than 30 days), or serving a remote tour. Pre-registration is required. Call 754-3154 for more information.

Princess and Her Hero Dance

A Princess and Her Hero Dance is set to be held from 6:30-9 p.m. today, at the Tommy B's Community Activities Center, located at 2705 East Arnold St. No tickets will be available at the door. The dance is open to military and eligible ID cardholders. Call 754-3274 for more information.

Armed Forces Wrestling Championship

The 87th Force Support Squadron is set to host the 2013 Armed Forces Wrestling Championship from 8 a.m. to 4 p.m. March 16 and from 9 a.m. to 1 p.m. March 17, 2013, at the Griffith Field House located at 6053 Doughboy Loop. The event will feature both Greco-Roman and Freestyle wrestling meets. Call 562-3330 for more information.

Sweet Heart Seminar

The Military and Family Readiness Center is set to host a Sweet Heart Seminar from 8:30 a.m. to 3:30 p.m. March 16, 2013, located at 3436 Broidy Road. The seminar is designed to provide couples with learning tools on how to communicate safely and effectively, harnessing the power of commitment and revitalizing the fun, sensuality and friendship in a relationship. Due to limited seating, reservations are required. Call 754-3154 for more information or to register.

Free Movie Screening

The Army and Air Force Exchange Service is set to host a free screening to all Department of Defense ID cardholders of the motion picture 'Olympus Has Fallen' March 16, 2013, in the Joint Base Theater at 2909 Tuskegee Airman Ave. The movie stars Gerard Butler, Angela Bassett and Morgan Freeman. The movie is about a former Secret Service agent working to save the president after he is captured in a terrorist attack on the White House.

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JB MDL wishes everyone a happy St. Patrick's Day



(At podium) Brig. Gen. Michael L. Cunniff, National Guard and Adjutant General of New Jersey commander, speaks during the groundbreaking ceremony for the New Jersey National Guard's Army Aviation Support Facility March 8, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J. The \$43 million facility will consolidate the 1st Battalion, 150th Aviation Regiment support under one roof. This facility will enhance the unit's operational readiness and improve the New Jersey National Guard's response to state and federal missions by providing the newest and most efficient aircraft maintenance and training support equipment. (U.S. Air Force photo by Master Sgt. Mark C. Olsen/Released)

NJ Guard breaks ground on new facility

By Staff Sgt. Wayne Woolley
444th Mobile Public Affairs Detachment

A ceremonial ground breaking was held for a 143,000 square-foot aviation facility March 8, 2013, here.

The new facility will house, maintain and dispatch New Jersey's fleet of UH-60s from a central location and replace two smaller and outdated flight centers in west Trenton and here. "This is going to be a first-class flight facility for first-class Soldiers," said Air Force Brig. Gen. Michael L. Cunniff, National Guard and Adjutant General of New Jersey commander. "We will finally have the caliber of building that matches the caliber of Soldiers who comprise New Jersey Army Guard aviation."

The new facility is scheduled to be completed October 2014 and will feature an energy efficient design and 10 maintenance bays. The \$43 million facility will be home to 60 full-time and

200 traditional drilling guardsmen of 1st Battalion, 150th Aviation Regiment, which flies the state's UH-60s as well as the smaller OH-58 Kiowa Warrior.

Leadership from the 150th Aviation Regiment were joined by Air Force Col. John Wood, Joint Base McGuire-Dix-Lakehurst commander, and Reps. Jon Runyan (R-3rd Dist) and Chris Smith (R-4th Dist) for the ceremonial ground breaking. Smith noted that the vision of a consolidated aviation facility for New Jersey Army aviation dates back nearly 20 years.

Smith's brother, Mike Smith, a retired Army National Guard colonel, was among the Army aviation commanders who saw a need for one aviation facility. Smith credited the National Guard leadership for convincing the Department of Defense and Congress of the need for

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Fabrication Flight furnishes aircraft

By Airman Sean M. Crowe
Joint Base McGuire-Dix-Lakehurst Public Affairs



"Everyone needs metal, and that's why we are the endpoint for maintenance," said Master Sgt. Jeffrey Kennedy, 305th Maintenance Squadron Fabrication Flight section chief. "Perfection is our standard for producing aircraft parts."

The Fabrication Flight holds a unique roll here as the only shop that produces, as opposed to orders, aircraft structural parts. The flight comprises three separate sections: aircraft structural maintenance, aircraft metals technology and non-destructive inspections.

The aircraft structural maintenance Airmen produce and maintain the structural pieces of 32 KC-10 Extenders and 15 C-17 Globemaster IIIs. The Airmen create composite materials, fabricate metals and apply protective paints to the aircraft, said Staff Sgt. Michael Chapman, Fabrication Flight structural aircraft maintainer.

Airmen in aircraft metals technology produce metal parts to order specifications. Aircraft metals technology has completed eight local repairs for Marine Aircraft Group 49 and Naval Air Systems Command, which saved a total of \$143,000. The repairs would have been outsourced to the Fleet Readiness

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You don't have to leave the 'Hooah'

Military skills sets gained and deployment experience, along with the camaraderie built with fellow Soldiers can make the prospect of transitioning to civilian life daunting.



JB MDL, African air crews exchange ideas

U.S. Army 5th Quartermaster Detachment parachute riggers and U.S. Air Force 818th Mobility Support Advisory Squadron air advisors conducted several seminars with African partner riggers.



Memorial service honors Four Chaplains

Joint base chaplains opened the Cathedral of the Air for the New Jersey American Veterans National Service Foundation (AMVETS) March 6, 2013, here.



The Weekend Weather

Today High 51/Low 38 Partly Sunny



Saturday High 49/Low 31 Rainy



Sunday High 45/Low 31 Rainy



'Heads up' for Brain Injury Awareness Month

By Capt. Laura Gibbons
Walton Medical Support Element

Every month of the year has an awareness theme, with some months having multiple important causes to recognize.

March is Brain Injury Awareness Month. One month is a relatively short time to highlight brain injury awareness, but we need to acknowledge, practice and prevent it year-round. Life, as we know it, is worth the endeavor.

Approximately 1.7 million people sustain traumatic brain injuries each year in the U.S. Out of this population, 52,000 lose their lives, 275,000 are hospitalized and almost 1.4 million are treated and released from emergency departments, according to the Centers for Disease and Control's statistics.

Alarming numbers like these do not stir emotions or behavior change in many people. Think of someone who has dealt with or who is dealing with a brain injury. Maybe it is a family member or friend. Was the injury from an automobile accident, a combat blast injury, a fast fall to the head or a fall on some ice? I would bet that everyone knows someone with an injury, mild or severe. Get personal, because that is when it gets very real.

Traumatic brain injury became very real in my hometown when a well-known family endured the unthinkable. The family's 25-year-old son took a snowboarding trip to the Poconos and fell horribly, changing his family's lives forever.

East Coast mountains are nowhere near the elevation and difficulty for snowboarding compared to other places in the country or world. New and experienced skiers and snowboarders hit the slopes every winter in the Poconos, unfortunately, many choose not to wear a helmet. I am embarrassed to say I was one of them. Even worse, I was stationed in Germany for three years and never wore a helmet skiing the Alps of Germany, Switzerland and Austria. What was I thinking? I am a registered nurse and I have a good head on my shoulders, but

to me, the thought anything bad would happen was not real.

I am sure the millions of people mentioned in the CDC's statistics above felt the same way I did. Many people don't even consider using a helmet, and others take the approach I had thinking, "It is only a small mountain," or "I never fall or lose control." It often takes an accident to jolt people into change.

In 2009, a family from my town lost the son who they had come to know as a strong, healthy, intelligent and athletic man who was halfway through graduate school for engineering. He was among the top of his high-school class, an honor student in college with a bright future. He was in my older brother's high-school grade, on his soccer team and one of his close friends, even after college. My brother's friend was snowboarding with a group when he became separated from his friends. He was eventually found, unconscious, down the side of a trail with a severe brain injury and a mix of other injuries.

After waking from a month-long coma, my brother's friend and his mother spent countless hours at medical appointments and therapy. His mother wound up quitting her job to take care of him. The family's home also had to be fitted so that it was wheelchair accessible. It has been three years since the accident and he can only stand and walk with assistance for short distances. The future holds a lot of unknowns for his family, now troubled with medical bills, simply because he was not wearing a helmet.

This family's tragic accident served as a life lesson to myself and everyone around me. Not only do I wear a helmet now, but I convince my friends to rent one if they do not already own one. People cannot stay home in a bubble and not live life. What we have to do is value our life and protect it as much as possible.

I wear a helmet when I ski, ride my bike or visit the range. I put on my seat belt the moment I get in my car. I try incredibly hard to leave my phone in my purse wherever I am in my car. I cannot

commute to work and look left and right without seeing someone staring at their phone while driving. I assume people just feel invincible.

I feel pride in being a role model for my friends, my younger sister and my niece. Let us remind ourselves and each other to understand every human, regardless of age or occupation, is at risk. Whether it is combat, falls, contact sports, winter sports, water sports or automobiles, strive to protect yourself and prevent TBI. There are many resources online, to include the Brain Injury Association and the Defense and Veterans Brain Injury Center websites, with articles, resources and many stories relating to traumatic brain injuries, awareness and prevention. The following tips are provided by DVIBC for minimizing the risk of sustaining a brain injury both in combat and at home:

- Prevent TBIs in a combat setting:
 - Wear a helmet and standard protective gear properly when on patrol or in other high risk areas.
 - Wear safety belts when traveling in any motorized vehicles.
 - Check for obstacles and loose debris before climbing or descending buildings or other structures.
 - Employ the buddy system to improve situational awareness, such as working at heights or on certain missions.
 - Be aware of what is on the ground around you to avoid tripping.
 - Inspect weapons prior to use and handle them appropriately.
 - Verify targets and consider the potential for ricochet prior to firing a weapon.
 - Maintain clean and orderly work environments that are free of foreign objects or debris.
 - Prevent TBIs at home for you and your family:
 - Wear a seat belt every time you drive or ride in a motor vehicle.
 - Never drive while under the influence of alcohol, drugs or medications that can cause drowsiness.
 - Wear a helmet whenever you ride

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COMMANDER'S ACTION LINE



Col. John Wood
Commander, Joint Base
McGuire-Dix-Lakehurst and
87th Air Base Wing

The Joint Base Commander's Action Line is an integral part of the base feedback network. Base personnel are urged to use the proper chain of command first to address their concerns.

If you are not satisfied with the response from your chain of command, or you are unable to resolve the problem or concern, please call 754-3247 or e-mail 87abw.actionline@mcguira.af.mil.

Action lines may be made anonymously, however it is recommended you leave your name and number in case more information is needed to address your concern.



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Editorial content is edited, prepared, and provided by the JB MDL Public Affairs Office. All photographs are U.S. Military photographs unless otherwise indicated.

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You don't have to leave the 'Hooah' behind

By Lt. Col. Delwyn Merkerson

Individual Mobilization Augmentee Program Public Affairs

It may be time, but sometimes it's hard to leave the "hooah" behind. Military skillsets gained and deployment experience, along with the camaraderie built with fellow Soldiers can make the prospect of transitioning to civilian life daunting. That's even before you factor in the struggling economy and job market.

Even if "one weekend a month, two weeks a year" isn't what you had in mind, you can still maintain your Soldier connection and hone your military proficiency and hard-earned skills while striving for the career of your dreams through the Individual Mobilization Augmentee Program.

A unique aspect of the program is you aren't locked into a "drilling reserve" schedule. You can continue Soldiering on a part-time basis, earn pay and credit towards retirement, receive benefits and entitlements all while maintaining the flexibility to pursue your career and family aspirations. In the IMA Program, how you serve can be tailored to your work and school schedule, giving you greater flexibility to plan your service around your busy schedule.

What is the IMA Program?

The IMA program is designed to facilitate the rapid expansion of the Active Army wartime Department of Defense structure or other government departments or agencies. IMAs help the Army meet military manpower requirements in the event of military contingency, pre-mobilization, mobilization, sustainment, or demobilization operations.

The IMA Soldiers currently serve on a part-time basis in

more than 73 Army Agencies throughout the U.S. and overseas. They serve in Special Operation Command, Intelligence and Security Command, Central Command and the Office of the Secretary of Defense, just to name a few.

Soldiers in the IMA program are required to perform a minimum of 12 annual training days each fiscal year and may be authorized to perform up to 48 four-hour periods of inactive duty for training. The IMA Soldier coordinates directly with the agency IMA coordinator to schedule the active-training and inactive-duty-for-training periods. While serving in the IMA program, you can work with your coordinator to do all your training requirements at one time, or spread them out over the year.

Visit usa.gov/VFDpZA for more information on the IMA program.

Search available IMA position vacancies using the online search tool on the U.S. Army Human Resources Command My Record website.

- Go to this link: <https://www.hrcapps.army.mil/portal/>
- Log in and click on the "Tools" tab on the top right of the screen

- Choose the "VACANCY SEARCH" link
- Select "Vacancy Type: IMA" and input your desired filter criteria

Every Soldier making the transition from active duty needs to think about the value of their service.

You don't have to leave the "hooah" behind. The Army Reserve allows you to continue your service to the nation and derive all of the benefits that compelled you to join in the first place.

Service member spotlight: celebrate progress

In honor of Women's History Month, this week's featured service member is Army Sgt. 1st Class Ebony E. Bost, 2nd Battalion 309th Regiment, 174th Infantry Brigade, Mine-Resistant Ambush-Protected vehicle instructor/mentor here. Bost is originally from Queens, N.Y.

Q: Why did you join the military?

A: I was looking for something that would give me a solid career and set me up for the future. My parents died when I was young and I don't have any brothers or sisters. I wanted to make sure I was able to take care of my family in the future, so the military looked like a good career for me. I was also going to pharmacy school, so I was looking for something that would help pay tuition.

Q: What does your job entail?

A: It depends if the unit is getting a five-day or one-day training. We do a classroom day, where they'll get the basic information about the vehicle and the safety features. We stress safety because rollovers are a threat to our service members. Then we'll go outside and do a walk-around the vehicle. They



(U.S. Army photo Spc. Mark VanGerpen, /Released)

get a hands-on experience, and then we take them out to drive a training course. The training package is tailored to the job criteria in theater.

Q: Do you have any family members in the military currently or in the past?

A: My grandfather, William Roger, was in the Marine Corps many years ago. He was in four years and finished as a sergeant.

Q: What does Women's History Month mean to you?

A: Women's History Month is a celebration of women's continuous progress in history, of what they've progressed from in the past and what we are still doing. We celebrate getting out to vote, getting into the work force, becoming doctors or engineers, owning our own companies and being in the military.

Q: What woman most inspires you?

A: A woman who inspires me is Mae C. Jemison. She was the first African-American woman to go into space.



National Prayer Breakfast unites community

By Pascual Flores

Joint Base McGuire-Dix-Lakehurst Public Affairs

More than 330 joint base service members, civilian employees and guests of all faiths attended the National Prayer Breakfast March 5, 2013, at Tommy B's Community Activities Center here.

Guest speaker, Chaplain (Maj. Gen.) Howard Stendahl, Air Force Headquarters chief of chaplains, delivered a sermon on the role of a military chaplain, to serve all regardless of their beliefs, as part of this year's theme, "Our Legacy of Religious Freedom."

"It is fun to see minister, priest, rabbi and Muslim chaplains working together; it is an amazing joy to me," said Stendahl.

In keeping with this year's theme, "Our Legacy of Religious Freedom," Stendahl re-emphasized the legacy by speaking of the sacrifices four Army chaplains on board the U.S. Army Transport ship *Dorchester* made during World War II. The four chaplains were 1st Lt. Alexander Goode, John Washington, George Fox and Clark Poling; a rabbi, a Roman Catholic priest and two ministers respectively. The four chaplains quickly and quietly worked to calm the men on the ship and when there were no more life jackets, took theirs off and gave it to the troops. The four chaplains were last seen with their arms linked and braced against the slanting deck, offering prayers and singing hymns as the ship went down.

"The heroism of those four chaplains stand as the motto today and that is the legacy of religious freedom I want to celebrate," said Stendahl. "On Feb.

3, that was 70 years ago, Father Washington, Rabbi Goode, George Fox and Clark Poling set the standards for the career field that we are so privileged as chaplains and chaplain assistants to participate in."

The prayer breakfast concluded with a gift presentation by Col. John Wood, JB MDL commander, followed by a benediction by Chaplain (Maj.) Timothy Hiren, 87th Air Base Wing chaplain.

"I think Chaplain Stendahl did a great job keeping everyone's attention and I liked the fact that it was not geared toward one religion and touched bases on each religion," said Tech. Sgt. Andrea Carrington, 87th Missions Support Group knowledge operations NCO in-charge. "It made attendees reflect on themselves, how good we have it and if we would have the courage if put in that predicament, what we would do?"

Stendahl, a St. Paul, Minn., native, has wanted to be a military chaplain since the age of three. He began his military career in May 1985, as a protestant Chaplain, Basic Military Training School, Permanent Party Chapel, Lackland Air Force Base, Texas. Stendahl became chief of chaplains August 2012.

The National Prayer Breakfast, formerly known as the Presidential Prayer Breakfast, has roots dating back to 1942. Out of concern for the U.S. involvement in World War II, leaders in the Senate and House of Representatives began to meet weekly for prayer.

President Dwight D. Eisenhower initiated the first official Presidential Prayer Breakfast in 1953. The name of the breakfast was changed from Presidential Prayer Breakfast to National Prayer Breakfast in 1970.



Chaplain (Maj. Gen.) Howard D. Stendahl, Chief of Chaplains, Headquarters U.S. Air Force, speaks on the role of a military chaplain, to serve all regardless of their beliefs, to a full-capacity crowd during the Joint Base McGuire-Dix-Lakehurst National Prayer Breakfast Mar. 5, 2013, at Tommy B's Community Activities Center on JB MDL, N.J. The National Prayer Breakfast, formerly known as the Presidential Prayer Breakfast, has roots in a rich tradition dating back to 1942 when leaders in the Senate and House of Representatives met weekly for prayer out of concern for the U.S.'s involvement in World War II. (U.S. Air Force photo by Wayne Russell/Released)

JB MDL, African air crews exchange ideas

By Master Sgt. Stan Parker
821st Contingency Response Wing Public Affairs

DOUALA, Cameroon – U.S. Army 5th Quartermaster Detachment parachute riggers and U.S. Air Force 818th Mobility Support Advisory Squadron air advisors conducted several seminars with African partner riggers and air crew members, enhancing each other's capabilities during the first week of Central Accord 2013, at Douala Air Force Base, Douala, Cameroon, Feb. 21 to 24, 2013.

Central Accord is a 10-day joint aerial supply and medical readiness exercise aimed to enhance the Cameroon military and other neighboring Central African partner countries' logistical and re-supply capabilities. The exercise also includes air drop and aeromedical evacuations, which could be beneficial during future contingency or humanitarian operations.

The U.S. Army parachute riggers, Cameroon Defense Force, Burundi Air Force and the Republic of Congo Army personnel were collaborating on ideas regarding the aerial delivery of supplies within hours of the start of instruction.

The Kaiserslautern, Germany, based riggers are U.S. Army Europe's only asset for aerial delivery support. Its members assume theater-wide responsibility garnering vast experiences, which has been instrumental to the success of the exercise, although the unit is relatively small in numbers.

"We were able to demonstrate the low-cost, low-altitude system with our African partners, getting us all prepared for the eventual air-drop during Central Accord," said U.S. Army Spc. Brian Trautt.

Republic of Congo Army 1st Lt. Parfait Innocent Louika, recognizes the information he has gathered could be instrumental in how air drop operations might be conducted in his country.

"It is very important because our parachute units could use these techniques in my country," Louika said. "We have large paratrooper units and sometimes, to accomplish our mission, we have to resupply by air. That is why the cooperation with the United States and African partner nations is so important."

The exercise participants, following a demonstration, received hands-on experience they needed, adding skid boards, honey-comb weight dispensing material, supplies, and eventually the parachute to construct the systems.

"The partner nation members easily grasped the concept, with the language barrier playing a minimal part ... It was a really fun experience," Trautt said.

Participating air crews were working together to discuss airlift considerations while cargo specialists and riggers were sharing ideas on air drop solutions. Air advisors from the 818th MSAS and Cameroon Air Force personnel shared ideas regarding aerial delivery system considerations, air crew coordination, calculated air release point and airdrop safety box considerations.

"We shared ideas on low-cost, low-altitude (aerial delivery) using the C-130," said Maj. Timothy Feltis, MSAS mission commander.

"I think an enduring characteristic of aviation are the similarities among the partner nations. It was a collaborative effort to share ideas on how to conduct an LCLA airdrop for this exercise."

Feltis added that his African partners are proficient



U.S. Army Staff Sgt. Nick Pence, 580th Battlefield Surveillance Brigade pathfinder member, prepares to assist Cameroon Defense Force members with setting up an aerial-delivery drop-zone marker prior to a Cameroon Air Force C-130 Hercules low-cost, low-altitude bundle airdrop during Central Accord 2013, at Cameroon Defense Forces Engineer Base, Douala, Cameroon, Feb. 27, 2013. Central Accord is a 10-day joint aerial supply and medical readiness exercise aimed to enhance the Cameroon military and other neighboring Central African partner countries' logistical and re-supply capabilities. (U.S. Air Force photo by Master Sgt. Stan Parker/Released)

at conducting personnel airdrop safely, and he enjoys sharing his experiences conducting aerial-delivery methods using the aircraft ramp and door.

"We worked together in crew-resource management and in many circumstances

identified we already have the ability, but this exercise will give us the practice we need to build our confidence," said Cameroon Air Force Col. Yamba Guillaume, a C-130 Hercules pilot.

"It has been a great effort to work together,"

Feltis shared similar sentiments, highlighting the importance of cooperation. "Working side-by-side with our partners here in Africa has been mutually beneficial," Feltis said. "What we demonstrated is how important partnerships are, which

is instrumental in fostering a stable and secure Africa."

U.S. Airmen, Soldiers and Sailors will continue to collaborate through the course of the next week with their African partners and use their experiences to foster key relationships and enhance capabilities.

There are more than 700 military members participating in the exercise, most are from the Cameroon military with about 160 participants from the Army, Air Force and Navy. Nineteen additional participants from neighboring African countries of Burundi, Democratic Republic of Congo, Republic of Congo, Democratic Republic of Congo, Sao Tome e Principe and Gabonese Republic also joined the exercise in Cameroon.

Central Accord is a U.S. Army Africa annually sponsored exercise that brings together U.S. military personnel with counterparts from militaries throughout the African continent to enhance military interoperability, providing an opportunity for the sharing of common goals and foster security cooperation. This year the scope was broadened to include medical readiness and aerial-delivery capacity

Cathedral of Love Community Church
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FELLOWSHIP
 ACTION
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 TEACHING
 HEALING

Memorial service honors Four Chaplains

By Lawrence Lyford
NAVAIR Lakehurst Public Affairs Office

Joint base chaplains opened the Cathedral of the Air for the New Jersey American Veterans National Service Foundation (AMVETS) March 6, 2013, for the annual Four Chaplains Memorial Service here.

The service commemorates the actions of four chaplains who gave their lives to save four soldiers on a torpedoed troopship in the North Atlantic in 1943. Two Legion of Honor Medals were also awarded to two AMVETS members for life-saving recognition.

"The base has supported our use of the Cathedral of the Air for over 30 years," said James Spreng, AMVETS Department of New Jersey commander. "All the commanders have given us the best place to honor the Four Chaplains in a dignified manner and the Cathedral even has a stained glass window commemorating them."

Fred Vineyard, AMVETS Department of New Jersey first vice commander and National District One commander greeted the 50 AMVET members and guests attending. The post-9/11 honor guard posted the colors afterward. Samuel Hayes led in the Pledge of Allegiance and William Mead, AMVETS Department of New Jersey executive director, sang the National Anthem. Chaplain (Capt.) Doug Hess JB MDL staff

chaplain gave the commanding officer's welcome and benediction. Joint base community members attended in addition to one member who was 103 years old.

A well-choreographed candle lighting ceremony was conducted as Edward Bednarek, AMVETS Department of New Jersey chaplain, spoke. AMVET officials made comments about each deceased chaplain following the candle lighting. (Catholic) Father John Washington, (Dutch Reformed) Reverend Clark Poling, Rabbi Alexander Goode and the (Methodist) Rev. George Fox were the four chaplains remembered. They gave their lives early in the morning Feb. 3, 1943, on the U.S. Army Transport ship, Dorchester, 150 miles from Greenland, so that four young soldiers without life jackets could live.

The AMVETS Department of New Jersey posthumously awarded all four chaplains the Distinguished Service Cross, the nation's second highest military award, and the Purple Heart. They were also awarded a unique Four Chaplain's Medal, an award designed never to be awarded again, in 1960.

Two AMVET members received the AMVET Legion of Honor Award for life saving at the conclusion of the memorial service.

Lou Rosso of Egg Harbor, NJ, 71, dove into the Atlantic Ocean to rescue two children, 30 yards from shore, who were caught



A stain glass window in the Joint Base McGuire-Dix-Lakehurst Cathedral of the Air memorializes the four chaplains who gave up their life jackets and lives to save four young soldiers on the sinking Army transport ship Dorchester in the icy North Atlantic in World War II. (U.S. Air Force courtesy photo/Released)

in an undertow after lifeguards closed the beach.

"As soon as I saw the little girl flailing in the water, she seemed to look right at me, like she was screaming at me begging for help. Getting my arms around them, I thought I have a life in each hand," said Rosso.

Marcia A. Thubault of Mount Holly, N.J., heard shots outside her local supermarket and ran past those scurrying for cover to an armored-truck guard who was shot four times. She administered immediate first aid without regard for her safety. Local police credit her with saving the man's life. She was a first responder with a local EMT for 15 years and volunteer with a local fire company for 25 years.

Joint base community welcomes retirees, shares insight



Retired Lt. Col. Raymond Russell, Lakes and Pines Chapter Military Officers Association of America legislative chairman, briefs attendees during the Retiree Appreciation Day event March 8, 2013, at Tommy B's Community Activities Center on Joint Base McGuire-Dix-Lakehurst, N.J. Russell briefed the retirees on benefits and financial hardships hitting veterans and retirees due to proposed legislation. (U.S. Air Force photo by Staff Sgt. David Carbajal/Released)

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Freedom wing announces 2012 award recipients

By Master Sgt. Donna T. Jeffries
514th Air Mobility Wing Public Affairs

The 514th Air Mobility Wing named its 2012 award recipients during the annual awards banquet held March 9, 2013, at the Tommy B's Community Activities Center here.

Award recipients were:
Airman of the Year: Senior Airman Sean Barrett, 514th Civil Engineer Squadron

NCO of the Year: Master Sgt. Shawn Jones, 514th Air Mobility Wing

Senior NCO of the Year: Senior Master Sgt. Constantine Karamargin, 714th Aircraft Maintenance Squadron

First Sergeant of the Year: Master Sgt. Joseph Gentile, 76th Air Refueling Squadron

Company Grade Officer of the Year: Capt. Christopher Mazzeo, 35th Aerial Port Squadron

Outstanding Civilian of the Year: Category I, Ms. Linda Cherubini, 514th Force Support Squadron

Outstanding Civilian of the Year: Category II, Ms. Kasandra Keitt, 514th Air Mobility Wing

Freedom wing award recipients were:
The 514th Maintenance Group earned the group award.

The 78th Air Refueling Squadron earned the unit award.

Three special awards were also presented to:
Col. Paulette Schank, 514th Aerospace Medicine Squadron, who received the Joseph A. McNeil Award for exemplifying citizenship and service to others.

Chief Master Sgt. Chryl Ruff, 514th AMDS, received the Chief Master Sgt. Antoinette Kolesnikov/Mentoring Award for displaying the spirit of mentorship Kolesnikov displayed during his time of service.

Lt. Col. Samuel Irvin, 514th Operations Support Squadron, received the John Purroy Mitchel Cup for outstanding leadership and advocacy of the Air Force Reserve culture.

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305th AMW pauses for Mission Focus Day



Col. Richard Williamson, 305th Air Mobility Wing commander, and retired Brig. Gen. Rhonda Cornum, U.S. Army Comprehensive Soldier Fitness director, attend the 305th Air Mobility Wing's Mission Focus Day March 5, 2013, at a hangar on Joint Base McGuire-Dix-Lakehurst, N.J. Mission Focus Day focuses on strengthening a set of beliefs, principles or values that sustain people beyond family, institutional and societal sources of strength. (U.S. Air Force photo by Russ Meseroll/Released)

Joint base congratulates colonel selects

The Joint Base McGuire-Dix-Lakehurst community would like to congratulate the following lieutenant colonels who were selected for colonel:



- Steven Cabosky, 87th Force Support Squadron
- Michael Ternus, United States Air Force Mobility Operations School

The boards selected 529 out of 3,986 lieutenant colonels considered for promotion to the next grade.

Alina E. Lyons, D.M.D.

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DAVID JEWELRY JEWELRY EVENT
Monday March 11th - 10 am
All ages

SEARS FRIENDS AND FAMILY EVENT
Sunday March 17th - 9 am
Open to all ages

BATH AND BODY WORKS SPRING MANAGER PARTY
Monday March 18th - 9 am

DAYLIGHT SAVING TIME BEGINS
Sunday March 17th
Call Sears for more details

HAYES BUNNY ARRIVAL
Saturday March 16th - 11 am
Come Get It!

HAPPY ST. PATRICK'S DAY
Monday March 18th

FIRST GOLF OF SPRING
Wednesday March 20th

DAVID JEWELRY JEWELRY LUNCH AT THE LASTER BUNNY
Saturday March 23rd - 11 am - 1 pm
Open to all ages

HAPPY EASTER
Sunday March 24th
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Email Tina at tdedeo@mlgpllc.com or call 609-387-8300

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Joint Base Intramural Sports Standings

2013 Intramural Basketball JB McCuire-Dix

Team	Win	Loss	GB
87th SFS	13	1	0.0
NWS Earle	12	3	1.5
Wildcats	12	3	1.5
305th OGS	12	4	2.0
NCOA	11	4	2.5
87th FSS / 87th CS	10	5	3.5
87th CES	10	6	4.0
305th APS-A	9	7	5.0
3-314th EA	8	8	6.0
605 AMXS	7	8	6.5
621st CRW-A	1	3	7.0
77th Bde.	0	2	7.0
BCL-Heat	0	2	.0
621st CRW-B	0	3	7.5
305th AMXS	3	8	8.5
87th LRS	5	11	9.0
244 AVN BDE	4	10	9.0
305th MDS	1	9	10.0
MAC-49	3	11	10.0
6th AS/621st CRW	1	14	12.5

2013 Over 30 Basketball McCuire-Dix

Team	Win	Loss	GB
NCOA-2	7	0	0.0
305th OGS	6	1	1.0
Wildcats	4	3	3.0
305th MDS	0	1	4.0
174th Inf. Bde.	0	2	4.5
87th FSS	2	5	5.0

87th SFS	2	5	5.0
621st CRW	2	5	5.0
87th CES	1	6	6.0

CB-Games Back

2012-13 Intramural Racquetball

Team	Win	Loss	PCT
Joint Base McCuire-Dix-Lakehurst			
305th MDS-A	13	0	1.000
87th MDC	10	4	0.714
305th OGS	8	4	0.667
621st CRW	2	2	0.500
VR-64	5	8	0.385
87 CONNS	2	5	0.286
Lakehurst-Gunners	1	5	0.167
305th MDS-B	1	14	0.067

PCT = Winning percentage

2013 Intramural Volleyball McCuire-Dix

Team	Win	Loss	PCT
314th RCS	8	0	1.000
87th MDC	7	0	1.000
87th CES	6	0	1.000
87th CS-A	6	0	1.000
621st CRW	4	2	0.667
87th CONNS	4	2	0.667
605th AMXS	4	3	0.571
305th MDS	4	3	0.571
AMC TES	4	3	0.571
VR-64 Condors	4	3	0.571
99th RSC	3	4	0.429
87th FSS	3	4	0.429

87th CS-B	3	5	0.375
87th LRS	2	4	0.333
87th WSA	2	5	0.286
305th OGS	2	5	0.286
WMSE-A	1	6	0.143
305th MDC	0	4	0.000
7217 MSU	0	7	0.000
WMSE-B	0	7	0.000

Game schedule

Week 6

March 18	MFC	5:15 p.m.	87th MDC vs. 87th FSS
	MFC	6:15 p.m.	WMSE-A vs. 87th CONNS
	MFC	7:15 p.m.	605th AMXS vs. 99th RSC
	MFC	8:15 p.m.	621st CRW vs. AMC TES
March 19	MFC	5:15 p.m.	87th WSA vs. VR-64 Condors
	MFC	6:15 p.m.	99th RSC vs. 87th FSS
	MFC	7:15 p.m.	305th OGS vs. 87th CS-B
	MFC	8:15 p.m.	305th MDS vs. AMC TES
March 20	CFH	5:15 p.m.	87th FSS vs. 305th CES
	MFC	5:15 p.m.	87th CONNS vs. 87th LRS
	CFH	6:15 p.m.	314th RCS vs. 305th MDS
	MFC	6:15 p.m.	87th CES vs. WMSE-B
	CFH	7:15 p.m.	87th MDC vs. WMSE-A
	MFC	7:15 p.m.	7217 MSU vs. 87th CS-A
	CFH	8:15 p.m.	621st CRW vs. 87th CS-B
March 21	MFC	5:15 p.m.	87th CS-A vs. 87th CES
	MFC	6:15 p.m.	314th RCS vs. 87th MDC
	MFC	7:15 p.m.	WMSE-B vs. 87th WSA
	MFC	8:15 p.m.	217 MSU vs. 605th AMXS

CFH = Griffith Field House MFC = McCuire Fitness Center
Current as of March 11.

Legal office releases justice files

From Joint Base McCuire-Dix-Lakehurst Legal Office

The Air Force processed four non-judicial punishment actions, three administrative discharge actions and two courts-martial during February.

Punishment for the same or similar offenses may differ depending on the nature of the offense(s), the record of the service member and the prejudice to good order and discipline.

Court Martial

Airman Edwin M. Ordonez, 605th Aircraft Maintenance Squadron, pled guilty to one specification of absent without leave for more than 30 days in violation of Article 86 of the Uniform Code of Military Justice and three specifications of making a false official statement in violation of Article 107, Feb. 7, 2013. A military judge found him guilty of all charges and specifications. Ordonez was absent from his

unit Dec. 12, 2012 through Jan. 21, 2013. Ordonez repeatedly lied to his unit about his whereabouts during his absence. He was sentenced to 75 days confinement, forfeiture of \$1,000 pay per month for three months and reduction in grade to airman basic.

Airman Weisler Dutes, 714th Aircraft Maintenance Squadron, pled not guilty to one specification of abusive sexual contact, one specification of wrongful sexual contact in violation of Article 120 of the Uniform Code of Military Justice, one specification of housebreaking in violation of Article 130, one specification of unlawful entry in violation of Article 134, Feb. 26, 2013. Dutes elected to be tried by officer and enlisted members. Dutes' peers found him not guilty of the charges and specifications on Feb. 27, 2013.

Article 15 Actions

A staff sergeant received a suspended forfeiture of \$1,353

pay per month for two months, seven days extra duty and a reprimand for willfully failing to perform his fitness

See JUSTICE, Page 10

Construction Corner

By 87th Civil Engineer Squadron

McGuire Power Plant Demolition Project
Demolition of the McGuire Power Plant and associated facilities will continue through June 2013. Additional truck and construction vehicle traffic can be expected in the area.

Road closures
Repairs and paving to existing Naval Air Systems Command access roadway will continue to enhance smooth driving and safety. A roadside drainage ditch will be constructed in addition to regulatory signs, striping and guardrails. Partial road closures may occur as the work progresses.

Removal and replacement of manhole tops, frames, covers and interiors will continue through March 2013, on Lexington Avenue between Silver Lane and Gettysburg Avenue. Obstruction to traffic should be expected along Lexington Avenue as crews work on the manholes which are located adjacent to the roadway.

Repeating of Hancock Road is currently scheduled for completion by mid-March. Traffic will be reduced to one way with flaggers during paving operation. Portions of Hancock Road and Seven Circle may be closed due to low traffic volume and availability of detour routes. Watch for workers striping roads.

Replacement of the sanitary sewer main that runs under Brody Run on the southbound right turn from Texas Avenue to Brody Road is currently scheduled for completion by mid-March. Right turns from southbound Texas Avenue onto Brody Road may be restricted

during the construction. Alternate routes to access of Brody Road between Delaware and Texas Avenues via Delaware Avenue, or proceed south on Texas Avenue to Airfield Road, then north on Delaware Avenue to Brody Road.

Water Line Replacement
Water line replacement work is currently scheduled in the 5500 and 5600 area, between Willow Pond and the U.S. Air Force Expeditionary Center, and between Doughboy Loop and Texas Avenue on Dbc. Access to the sidewalk along Texas Avenue will be impacted during construction. During work in the shoulder of 8th Street, traffic may be restricted by construction crews in the area. Construction equipment and activities may limit access to interior roadways and parking lots intermittently during the work. No road closures are anticipated.

Electrical Shutdown
Installation of a new primary switch to bring redundancy service into the 2600 and 2900 area on McGuire Boulevard is scheduled from 9:30 p.m. March 17 through 4:30 a.m. March 18, 2013. Power will be disconnected to multiple facilities to include the McGuire Express.

87th ABW Lobby Renovation
The lobby to the 87th Air Base Wing headquarters located at 2001 Falcon Lane will be closed intermittently during renovation work through March 29, 2013. Visitor and personnel seeking access to the building must use the side or back entrances.

NEWSNOTES

This movie is rated R. Tickets will be available at the Exchange food court.

This movie is rated R. Tickets will be available at the Exchange food court.

Lunch and Learn Concussions

The Wilson Medical Support Element is set to host a "Lunch and Learn: Concussions" event noon to 1 p.m. March 18, 2013, at 5613 Doughboy Loop in Classroom 2. Call 562-5904 for more information.

Leisure and Travel Show

The 87th Force Support Squadron is set to host a two-day Leisure and Travel Show and Traveling Book and Gift Fair March 19 and 20, 2013. The first day of the fair will be held in the Lakehurst Fitness and Sports Center and will feature the Traveling Book and Gift Fair from 10 a.m. to 2 p.m., and the Leisure and Travel Show will run from 11 a.m. to 1:30 p.m. March 19, at 123 Severyns Road. Call (732) 323-1362 or 2405 for more information. The second day of the fair will be held from 11 a.m. to 1:30 p.m. March 20, 2013, at Pudgy's Sport Pub, located at 2508 East Third St. Call 562-6667 for more information. The events are free and open to all Department of Defense ID card holders.

JB MDL Job Fair

The Military and Family Support Center is set to host the Joint Base McGuire-Dix-Lakehurst Job Fair from 10 a.m. to 2 p.m. March 21, 2013, at Tommy B's Community Activities Center, located at 2705 East Arnold Ave. This event is open to all Department of Defense ID cardholders and veterans. Attendees are encouraged to bring copies of their resume. Call 754-3154 for more information.

International Spouses Group Cultural Attire Expo

The International Spouses Group is set to host a Cultural Attire Expo from 1:30-2:30 p.m. March 22, 2013, at Librarian and Resource Commons, located at 2603 Tuskegee Airmen Ave. The Expo explores the different cultures of women. Clothing representing different cultures will be worn or displayed. Call 754-0882 for more information.

Joint Base Easter Egg Hunt

Joint Base McGuire-Dix-Lakehurst is set to host an Easter Egg Hunt 10 a.m. March 23, 2013, at Wacky World. Activities include bounce house, prizes and giveaways. Sign up is required. Call 754-2830 for more information.

Women's Health Fair

A Women's Health Fair is scheduled from 11 a.m. to 1 p.m. March 25, 2013, at the Dix Chapel, located at 5240 Eighth St. The health fair is sponsored by Lourdes Hospital and will feature informational booths on women's health. Call 754-4847 or 754-9163 for more information.

McGuire Chiefs' Group Pancake Breakfast

The McGuire Chiefs' Group is set to host a Pancake Breakfast from 6-9 a.m. March 29, 2013, at Tommy B's Community Activities Center, located at 2705 East Arnold Ave. The cost is \$5 and the menu includes: two pancakes, sausage, orange juice and coffee. Service members should contact their unit's chief for tickets.

JB MDL Thrift Shops

McGuire
The McGuire Officers Spouses Club Thrift Shop is open from 10 a.m. to 2 p.m. Wednesdays through Fridays and the first Saturday of each month. The shop accepts gently used donations. The MOCSC Thrift Shop accepts consignments from 10 a.m. to noon Wednesdays through Fridays. Proceeds benefit joint Base McGuire-Dix-Lakehurst, local, and national organizations. Volunteers are welcome. The MOCSC Thrift Shop is located at 3446 Brody Road. Call 754-2368 for more information.

Dix
The Dix Thrift Shop hours are Tuesdays and Thursdays from 10 a.m. to 2 p.m.; the first and third Saturdays of the month from 10 a.m. to 2 p.m.; and the first Wednesday of each month from 3-7 p.m. Consignments are accepted from 10 a.m. to 12:30 p.m. Tuesdays and Thursdays. Donations can be dropped off during business hours or placed in the shed after hours.

The shop is looking for volunteers. High school students can accumulate community service hours by volunteering. Proceeds help fund scholarships sponsored by the Dix Spouses and Civilians Club. Email fortdixthrift@gmail.com for details or suggestions on how the shop can better serve the JB MDL community. The Dix Thrift Shop is located next to the museum on Pennsylvania Ave.

Lakehurst
The Navy Marine Corps Relief Society Thrift Store is open every Tuesday, Wednesday and Saturday 9 a.m. to noon and Thursday 1-5 p.m. at 158 Berry Road. The thrift shop sales income is returned to the Sailors, Marines and their families in the form of emergency financial relief

Joint Base McGuire-Dix-Lakehurst Chapel
Easter Schedule 2013

<p>Protestant Services for Lent & Holy Week</p> <p>March 24, Palm Sunday Regularly scheduled services: 9 a.m. Traditional Service - Dix Chapel 9:45 a.m. Contemporary Service - North Chapel 11 a.m. Liturgical Service - Cathedral of the Air 11:30 a.m. Gospel Service - McGuire Chapel</p> <p>March 28, Maundy Thursday 11:30 a.m. - Soldier's Chapel</p> <p>March 29, Good Friday 11:30 a.m. - McGuire Chapel</p> <p>March 31, Easter Sunday 7 a.m. Easter Sunrise Service - Doughboy Field Event followed by breakfast at Dix Chapel Regularly scheduled services: 9 a.m. Traditional Service - Dix Chapel 9:45 a.m. Contemporary Service - North Chapel 11 a.m. Liturgical Service - Cathedral of the Air 11:30 a.m. Gospel Service - McGuire Chapel</p>	<p>Catholic Services for Lent & Holy Week</p> <p>Fridays during Lent (March 8, 15, and 22) 5 p.m. Adoration - Dix Chapel 5:45 p.m. Stations of the Cross - Dix Chapel Event followed by soup supper</p> <p>March 19, Communal Penance Service 7 p.m. - Dix Chapel</p> <p>March 28, Holy Thursday Mass 7 p.m. - Dix Chapel 8-10 p.m. Adoration of the Blessed Sacrament - Dix Chapel</p> <p>March 29, Good Friday 8 p.m. Celebration of the Lord's Passion - Dix Chapel</p> <p>March 30, Holy Saturday/Easter Vigil 8 p.m. - Dix Chapel</p> <p>March 31, Easter Sunday Mass 10:30 a.m. - Dix Chapel</p>
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Joint Base McGuire-Dix-Lakehurst Chapel

Chapel Locations

McGuire Chapel - 2503 East Arnold Avenue
North Chapel - 3827 School House Road
Dix Chapel - 5240 New Jersey Avenue
Soldier's Chapel - 1950 Church Street
Cathedral of the Air - 264 Hope Chapel Road, Lakehurst N.J. 08527

<p>Worship Hours</p> <p>Catholic Wednesday - 11:30 a.m. McGuire Chapel Saturday - 5 p.m. McGuire Chapel Sunday - 10:30 a.m. Dix Chapel</p> <p>Protestant Sunday - 9 a.m. Traditional - Dix Chapel Sunday - 9:45 a.m. Contemporary - North Chapel Sunday - 11 a.m. Liturgical - Cathedral of the Air Sunday - 11:30 a.m. Gospel - McGuire Chapel</p> <p>Army Support Activity Sunday - 7:30 a.m. LDS - Dix Chapel Sunday - 7:30 a.m. Catholic - Dix Chapel Sunday - 7:30 a.m. Protestant - Soldier's Chapel</p> <p>For programs, faith groups, or special language needs not listed, please contact the Chapel at 609-754-4673.</p>	<p>Contacting A Chaplain</p> <p>When should I call a Chaplain?</p> <p>Chaplains are available for spiritual, relationship and grief counseling. They provide worship services, baptisms, weddings and memorials.</p> <p>Your conversation with a chaplain can not be disclosed without your permission. No exceptions.</p> <p>To speak with a Chaplain during duty hours (Monday through Friday 7:30 a.m. - 4:30 p.m.) call 609-754-HOPE (4673).</p> <p>For assistance after duty hours, call the Command Post at 609-754-3935 or 3936.</p>
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Glorifying God, Serving Warfighters, Pursuing Excellence for the Joint Base

BOXED BLUES

Justice

Continued from Page 8

assessment test for more than six months, despite being directed to complete it on numerous occasions.

A technical sergeant received a reduction in grade to staff sergeant and a reprimand for wrongfully signing an enlistment document as another person.

A senior airman received a suspended reduction to airman first class, forfeiture of \$300 pay per month for two months and a reprimand for failing to go to work on multiple occasions.

An airman first class received a suspended reduction to airman, suspended forfeiture of \$849 pay, 14 days extra duty and a reprimand for failing to attend a mandatory dorm clean up. Administrative

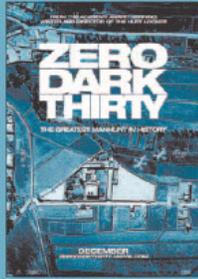
Discharges

A senior airman was discharged with an honorable discharge of Misconduct: Drug Abuse. The individual used oxydodone.

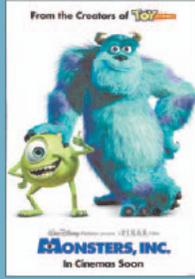
A senior airman was discharged with an under-honorable-conditions (general) discharge for Misconduct: Minor Disciplinary Infractions. The individual received four letters of counseling and two letters of reprimand and was placed on a control roster. The misconduct included multiple instances of unprofessionalism, failure to perform assigned duties and failure to report for work.

A captain was discharged with an under-honorable-conditions (general) discharge for commission of a serious offense.

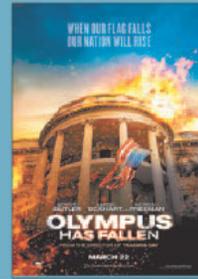
Joint Base Theater Movie Schedule



Friday:
7 p.m.
Zero Dark Thirty (PG)



Saturday:
2 p.m.
Monsters, Inc. (PG)



Saturday:
7 p.m.
studio
appreciation
advance screening
— free admission
Olympus Has
Fallen (R)

MOSC's 3rd Annual

TRIVIA NIGHT

6:00 PM
START DECORATING YOUR TABLE
WIN THE "BEST DECORATED TABLE" AWARD
TRIVIA STARTS @ 7:00 PM
GATHER YOUR SMARTEST FRIENDS
FOR 8 ROUNDS OF 12 TRIVIA QUESTIONS
EACH TABLE COMPETES AS A TEAM
BE THE 1st, 2nd, 3rd PLACE WINNER!
SILENT & DESSERT AUCTION INCLUDED

• Reserve your table by calling Beth at 254-839-1963.
• For questions, please email mosc3rd@jbrm.com.
• Proceeds support MOSC Scholarships awarded to military dependents.
• Advance Reservations: \$12 per person or whole table of 8 for \$80 (non-refundable)
• At the Door: \$12.50 per person or \$80 per table
• Bring your own food. No crockpots. Alcohol must be purchased on-site.
• Optional: A card for the best decorated table (choose your own theme). Please no glitter or confetti.
• Open to the entire Joint Base Community (8 yrs & above)



MARCH 22, 2013
FRIDAY
TOWNSHIP 85 COMMUNITY CENTER
3705 EAST ARLING AVE. JBMDE, NJ

New

Continued from Page 1

the facility.
"Colocation and consolidation will ensure that the vital security and humanitarian missions of the New Jersey Guard continue to be performed with world-class excellence," Smith said. "Today, the work begins on the Army Aviation Support Facility resulting in new construction jobs for a struggling local economy and, when completed, a substantially better place for Army Guard Aviation to perform its critical missions."
Runyan said the facility would be used by Soldiers who have demonstrated their

value.
"The men and women of the 1st Bn, 150th Aviation Reg, have proven their capabilities and commitment to service both at home and abroad," said Runyan.
New Jersey Army National Guard Soldiers have flown their fleet of UH-60 Blackhawk helicopters on combat missions in Iraq and in support of humanitarian relief operations in Panama and Kosovo. The Soldiers have flown dignitaries from Vice President Joe Biden to the federal agents who investigated the 9/11 terrorist attacks. The Soldiers have battled forest fires and were the first aircraft launched for search and rescue operations following hurricanes Floyd, Irene and Sandy.

Get to know JB MDL!



Can you guess what this week's close-up photo is? Submit your guess online at www.facebook.com/jbmdl. Don't forget to check back next week when the full-size photo is revealed!



Did you guess last week's close-up photo? It's the Arts and Crafts Center on Dix. The Arts and Crafts Center offers a wide variety of creative outlets. The base hosts a variety of facilities that cater to the morale of service members and their families.

Metal

Continued from Page 1

Center in Cherry Point, N.C., or a depot team would have been dispatched here for repairs, said Master Sgt. Robert Lavery, Fabrication Flight assistant chief.
Non-destructive-inspection Airmen find structural damage to ensure the integrity of the aircraft structure after repair.
"One of the most unique things we do is remove a damaged part of an aircraft and recreate the part using raw materials," said Chapman. "We can fabricate any structural piece of the aircraft. Our Airmen are capable of making plastic, fiberglass, Kevlar and carbon fiber composite materials in addition to cable and piping."
Every repair is different. The Airmen use technical orders every time they perform repairs because damage can be anywhere or on anything. That's what makes this job so interesting, said Chapman.
"For repairing a structural part on an aircraft or in the shop, we first evaluate the damage and determine the repair methods, and materials and the estimated time of completion," said Chapman. "We then remove the damaged part and start our repair processes. Finally we repair the part or structure and apply corrosion preventative compounds as the technical order dictates."
The maintainers can paint the aircraft parts once repairs or fabrication is complete.
"We remove coatings off the part (using either plastic-media blasting, chemical paint stripper, or abrasive sanding) to begin the painting process," said Chapman. "Afterward, we wipe the part down, mask off

all areas that are not getting painted, prime it, paint it and apply decals/stencils to finish."
Advanced composites are extremely specific to each job, and therefore have no general, step-by-step process, added Chapman.
The flight's Airmen can produce any structural aircraft part that does not require machining.
"We've received requests for parts from downrange shops without the capabilities we have," said Tech Sgt. John Doer, Fabrication Flight structural aircraft maintainer. "They send us parts drawings, we fabricate those parts to their specifications and then shipped those parts to the shops."
The flight operates 24/7 due to the on-going nature of maintenance. Airmen are assigned to one of three eight-hour shifts.
"Our day in the shop begins with roll call, followed by job distribution for the day," said Airman 1st Class Aaron Rivera, Fabrication Flight structural aircraft maintainer. "We knock out inspections and repair damaged parts after assignments. We will get an aircraft on Monday and finish maintenance on Thursday. Fridays are typically slow days but having this big maintainer family helps. I also know how important my job is; the aircraft don't fly without us."
Most Fabrication Flight Airmen say they don't take their job lightly. The Airmen believe they play a key role in contributing to the 305th Air Mobility Wing mission.
"We are the surgeons of mobility aircraft," said Chapman. "This is the only job that can't be passed off to another shop. We make our own parts and fix a ton of mistakes."

Brain

Continued from Page 2

your bike or motorcycle, participate in winter sports (skiing, snowmobiling, snowboarding, etc.), play contact sports (football, ice hockey, boxing, etc.), use in-line skates, scooters, skateboards or ride horses.
- Always buckle your child into a child safety seat, booster seat or seat belt (depending on the child's height, weight and age) in the vehicle. Also, review local laws for these requirements.
- Use a step stool to reach objects on high shelves.
- Install handrails, window guards and safety gates at home to prevent

falls.
- Remove tripping hazards, use non-slip mats in the bathtub and on shower floors and put grab bars next to the toilet and in the tub or shower if needed.
- Store unloaded firearms in a locked cabinet or safe. Store bullets in a separate secure location.
Educate your workplace and educate your family. Lead by example every time, not some of the time. The Brain Injury Association of America's theme is "anytime, anywhere, anyone, brain injuries do not discriminate." March is Brain Injury Awareness Month, but awareness in March is not enough. Prevent head injuries and protect life.
Resource: www.dvbc.org, <http://www.blausa.org/>



Time to get Healthy!

The Health and Wellness Center offers numerous weight-loss and healthy-eating classes to get you in the best shape of your life. Call 754-2462 for more info.