



# AIR, LAND & SEA TIMES

PUBLISHED FOR THE JOINT BASE MCGUIRE-DIX- LAKEHURST, N.J. COMMUNITY

Vol. 4 No. 4

FEBRUARY 1, 2013

## NEWSNOTES

\*\*\*Dates and times are subject to change. Check with the event coordinator prior to the event.\*\*\*

### New 87th Medical Group Urgent Care Guidance

The 87th Medical Group has implemented new guidance with the closure of the Lourdes Medical Associates After-Hours Family Practice Clinic last year.

To schedule an appointment or to reach the after-hours on-call provider (option 3), call the 87th MDG appointment line at (866) 377-2778. The on-call provider can authorize after-hours urgent care in addition to providing advice and follow-up care in the 87th MDG. Call 877-TRICARE if you are unable to reach the 87th MDG on-call provider. TRICARE can also authorize urgent care.

### 75-day leave carryover extended

Airmen with more than 60 days of leave at the beginning of next fiscal year may be able to carry it into the next fiscal year thanks to a provision in the FY 2013 National Defense Authorization Act. The provision extends the maximum leave carryover of 75 days through Sept. 30, 2015.

### Dial '562' For Service

Starting today, phone users will need to dial '562' when placing phone calls to other phone users on Dix. Phone users will no longer be able to reach other Dix-area users by dialing 2-####. This change is being implemented to standardize and improve caller information sent to emergency 911 databases. Call 754-5454 for more information.

### Valentine's Day Pottery Painting Workshop

The 87th Force Support Squadron is set to host a Valentine's Day Pottery Painting Workshop from 10:30 a.m. to noon Feb. 2, 2013, in the Arts and Crafts Center located at 6039 Philadelphia St. Lovingly painted a heart shaped pottery item and receive 10 percent off while learning new ceramic painting techniques. Call 562-5691 for more information.

### Children's Pottery Class

The 87th Force Support Squadron is set to host a pottery class for children ages six and up from 10:30 a.m. to noon Saturdays Feb. 2 through 23, 2013, at 6039 Philadelphia St. The class runs for four weeks and the cost is \$40. Call 562-5691 for more information.

### Photography Class

The 87th Force Support Squadron is set to host a four-week 'Turn your snapshots to great shots' course Saturdays from noon to 2 p.m. starting Feb. 2 through 23, 2013 in the Arts and Crafts Center located at 6039 Philadelphia St. The cost is \$40. Call 562-5691 for more information.

### Children's Drawing Class

The 87th Force Support Squadron is set to host a children drawing class for children ages six and up from 1 to 2:30 p.m., Saturdays starting Feb. 2 through 23, 2013, at 6039 Philadelphia St. The class runs for four weeks and the cost is \$40. Call 562-5691 for more information.

### Framing Qualification Class

The 87th Force Support Squadron is set to host a framing qualification class from 10 to noon Feb. 2, 2013, at the Arts and Crafts Center located at 6039 Philadelphia St. Participants will complete one piece as they learn to operate the framing equipment. Preregistration fee of \$10 is required prior to class. Call 562-5691 for more information.

### Air Force Assistance Fund

The 2013 Joint Base McGuire-Dix-Lakehurst Air Force Assistance Fund starts Feb. 4. Unit representatives will begin contacting service members soon. Go to [www.afassistancefund.org](http://www.afassistancefund.org) for more information.

### JB MDL Monthly Installation Update

The monthly installation update meeting is scheduled for 10 a.m., Feb. 6, 2013, at the Joint Base Theater. All military, civilian, contractors, spouses and retirees are welcome to attend. Call the JB MDL Public Affairs Office at 754-2104 for more information.

### Introductory Pottery Class

The 87th Force Support Squadron is set to host a six-week introductory pottery class, Wednesdays from 6 to 8:30 p.m. starting Jan. 9 through Feb. 13, 2013, at 6039 Philadelphia St. The class will focus on wheel throwing techniques as well as hand-building skills. The cost is \$75. Call 562-4286 for more information.

### Resume Writing Class

The Military and Family Support Center is set to host a federal resume writing class from 11 a.m. to noon Feb. 8, 2013, at 488-2 Walsh Drive. The class is meant to give a clear understanding of the federal application process. Preregistration is required. Call (732) 323-1248 for more information.

See more NEWSNOTES on Page 12



Senior Airman Jocelyn Loite-Jackson, 87th Force Support Squadron fitness specialist, listens to a work group participant's concerns during the Military Family Action Plan Conference Jan. 23, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J. The MFAP Conference is conducted annually and provides military personnel, family members, retirees and civilians with the opportunity to address quality-of-life concerns. (U.S. Air Force photo by Russ Meseroll/Released)

## Community members brainstorm for better base

By Airman Sean M. Crowe  
Joint Base McGuire-Dix-Lakehurst Public Affairs

Joint base community members gathered for the Military Family Action Plan conference Jan. 23 and 24, 2013, at the Timmermann Center here.

The MFAP conference is an annual event in which delegates from all facets of the joint base are given the opportunity to address grassroots issues at a local, service-wide and Department of Defense level and bring them to the base leadership's attention.

"The community has smart and capable ideas which need to be addressed," said Col. John Wood, Joint Base McGuire-Dix-Lakehurst commander. "There are better ways to do things and the ideas often come from our families. We had great success last year and I look forward to making progress this year."

Lisa Williams, 87th Force Support Squadron event planner, began the conference by expressing her positive views on the MFAP conference and listing ways it can, and has, helped JB MDL. Some local success stories she spoke of include: high school graduation standardization requirements for military children, immigration and on-base naturalization services foundation, Soldier

and Family Assistance Center parking lot lighting establishment and Facebook page creation for teen activities.

The MFAP foundation is built on establishing relevant focus groups. The groups are created based on issue categories. Members comprise MFAP participants and subject matter experts relative to respective categories. The turnout of community members consisted of 53 work group participants and 21 SME's.

"An issue is anything that impacts unit morale or readiness," said Williams.

The family support group decided a lack of a tracking system for volunteers for the whole DOD is an issue. They expressed the potential value of tracking the skills and hours service members put into volunteer work. The group proposed a DOD-wide system which mirrors the current Army volunteer hours tracking system.

The facilities and transportation group addressed the lack of shuttle stops at the All-American Inn and the Military and Family Support Center. They said this issue poses a safety hazard to those who have to walk across busy traffic areas from existing stops. The group proposed to put those stops in the shuttle's route.

The benefits and entitlements group suggested

creating a dedicated organization to assist service members with finding reputable housing near base.

The comprehensive group addressed difficulties with the child and youth programs registration issue. They suggested an online repository to store the information used to register children.

The last group, installation, was concerned with the windshield repair contractor's misrepresentation at the gas stations on base. Some contractors promise their windshield repairs will be covered by insurance even if it is untrue. The group proposed making true information more readily available to customers.

The issues addressed in the outbrief are just a few of the total 54 issues brought up throughout the MFAP conference. The other issues not included in the out brief were also recorded and will be submitted for review. Wood spoke after the out-brief regarding the issues brought to his attention during the conference and assured the participants that he would give his attention to the suggestions.

Individuals interested in giving feedback or a solicitation form to MFAP should call 562-3898 or email [lisa.williams.22@us.af.mil](mailto:lisa.williams.22@us.af.mil).

## US aircraft deliver French troops to Mali

By Staff Sgt. Nathanael Callon  
United States Air Forces in Europe/Air Forces Africa Public Affairs

ISTRES, France — The United States Air Force began transporting French soldiers and military equipment Jan. 21 from Istres, France to Bamako, Mali, in support of French military operations in Mali.

C-17 Globemaster III aircraft, operating under the control of U.S. Africa Command, are moving a French mechanized infantry battalion. The ongoing operation is expected to last for at least two weeks.

The first C-17 Globemaster III from Dover Air Force Base, Del., took off from Istres and landed in Bamako Monday afternoon and delivered more than 80,000 pounds of equipment and dozens of French soldiers.

France deployed its armed forces to the African country Jan. 11 and requested assistance from other nations to transport armored regiments and troops. In response, the U.S. deployed Airmen from the 621st Contingency Response Wing from Joint Base McGuire-Dix-Lakehurst, N.J., and multiple C-17 aircrews to Istres-Le Tubé Air Base in southern France.

Since beginning the air transportation missions from France to Bamako, the French and American militaries have worked closely together to prepare and load equipment on the C-17s.

Cargo and equipment are prepared by the French and load plans are given to the U.S. aircraft commander for review, said French air force Maj. Eric Chabaud, who is the chief of aircraft services in Istres.

"It's a good thing for us to work together on things like this, because we want to be an asset to the operation, not a hindrance," said Chabaud. "We have a very good relationship with the Americans here right now and we



French soldier, Marjorie Moreaux, looks out of a window while en route to Mali in a U.S. Air Force C-17 Globemaster III. The United States has agreed to help France airlift troops and equipment into Mali. (U.S. Air Force photo/Senior Airman James Richardson)

See FRENCH, Page 13

## 695th AMXS breaks ice

The 605th Aircraft Maintenance Squadron works through less-than-ideal weather conditions to ensure the 305th Air Mobility Wing's mobility mission continues.



4

## Pittsburgh unit mobilizes at JB MDL

A mobilization ceremony means to a lot for these men and women of the 303rd as it brought not only family members and friends, but also the Pittsburgh community closer to the unit.



5

## Speed mentors

The concept of "speed mentoring" comes from "speed dating" where two potential partners meet for a few minutes to exchange likes, dislikes and thoughts before moving on to the next potential partner to engage in a few more minutes of similar banter.



6

## The Weekend Weather

Today High 33/Low 18 Furries	
Saturday High 34/Low 15 Partly Sunny	
Sunday High 38/Low 24 Furries	

# 'Y'all don't know us!'

By Tech. Sgt. Conor Gray  
373rd Training Squadron

When you are sitting at a 305th Air Mobility Wing award ceremony and each squadron is doing their "rally cry" and the profiler calls out "373rd TRS/DET 301," you will hear a small group of noncommissioned officers defiantly yell: "Y'all don't know us!"

Not many people on Joint Base McGuire-Dix-Lakehurst know who we are or what we do. We provide Community College of the Air Force accredited, full-spectrum aerospace maintenance training to the American warfighter and international partners and specialize in KC-10 Extender and C-17 Globemaster III aircraft. That translates to 42 different aircraft maintenance- and faculty-development courses; taught to military, civilian and international students.

To the 982nd Training Group and the 373rd Training Squadron at Sheppard Air Force Base, Texas, we are Detachment 301. We refer to ourselves as Det 1 because "number 1 by choice" is our motto. We have been operating on McGuire since the late 1950's and for the first time in our history, we won Detachment of the Year out of

48 Det. Det 301 is comprised of 25 instructors, two Military Training Leaders, and quite possibly the best executive assistant on JB MDL. You would be hard pressed to find 25 people in any unit with their CCAF Out of our 27 detachment personnel, 25 have at least two CCAF degrees, and two are within one class of earning theirs. In 2012, Det 301 taught an amazing 20,397 hours, graduating 412 students through 138 classes. This is a record breaking number of hours taught by Det 1 in its 50 year history. This was a one of contributing factors to winning the 982nd Training Group's Detachment of the Year for 2012.

The road to Detachment of the Year started with Det 301 winning the 373rd TRS Detachment of the Quarter for the third quarter for 2012. Our C-17 instructor trained personnel from Memphis Air National Guard and Stewart ANG from scratch on the C-17 aircraft. We volunteered more than 100 hours in the local community doing park cleanups and assisting at local food banks. Our members won three squadron, three group, two wing, four associate unit awards in 2012. Senior Master Sgt. John

McCoy, leader of the Detachment, had this to say about the accomplishments:

"We earned Det of the Year because we collectively reached outside of our traditional norms and seized bigger and better opportunities. Plus we have a hand-selected group of motivated maintainers/professionals that never rest and embrace vision and continual improvement. Our ability to introduce international/NATO students to Team McGuire. In relation to other C-17 bases, McGuire's fleet is considered small. Our reputation and aggressiveness was key to seizing "big" C-17 base opportunities. This is a case where the underdog won. Also, we own one of two KC-10 Air Force Source Code awarding courses. We deliver maintenance-ready Airmen who are fit-to-fight, and 100 percent prepared for the challenges of today's Air Force."

You might not be familiar with 373rd TRS, and maybe even slightly irritated with dealing with geographically separated personnel and all the exceptions they might create, but when you hear "Y'all don't know us!" you'll be hearing some of the best Air Education and Training Command instructors the Air Force has to offer.

## Opening combat positions for women essential to diversity, future AF

By Don Branum  
U.S. Air Force Academy  
Public Affairs

U.S. AIR FORCE ACADEMY, Colo. — Defense Secretary Leon Panetta's Jan. 24 announcement he would lift restrictions on women in combat positions has stirred up quite a bit of discussion.

Anyone who wants a stronger U.S. military should welcome the lifting of combat restrictions and what that change means for readiness and diversity within the armed forces.

It's important to note a couple of key facts: First, women have been involved in combat since well before the Sept. 11, 2001, al-Qaida attacks. Second, Panetta has made clear he does not expect the services to change the physical requirements for demanding jobs such as Air Force pararescue, Navy SEALs, Army Green Berets or other special operations programs.

One name comes immediately to my mind when I think of women who have seen combat: 1st Lt. Roslyn Schulte, a 2006 Air Force Academy graduate who was killed in action while deployed to Afghanistan in May 2005.

Less recent names of note take a bit more digging, but they're not hard to find.

— Retired Col. Martha McSally, a 1988 Academy graduate who flew in support of Operations Southern Watch and Enduring Freedom;

— Lt. Col. Nicole Malachowski, a 1996 graduate who flew in



Maj. Nicole Malachowski is the first woman pilot on the U.S. Air Force Thunderbirds. (U.S. Air Force photo)

support of Operations Iraqi Freedom and Enduring Freedom;

— Lt. Col. Kim Campbell, a 1997 graduate who took part in air operations over Baghdad, Iraq, in April 2003.

While the physical requirements for pilots differ from those for many special operations career fields, flying in combat carries the significant risk of being shot down and either killed or captured.

More importantly, the strategy of asymmetric warfare popular with the Taliban and al-Qaida

doesn't recognize "combat roles" or front lines. Army Spc. Lori Plestewa, Army Spc.

Shoshana Johnson and Army Pk. Jessica Lynch were assigned to the Army Quartermaster Corps, but that didn't stop Iraqi army forces from ambushing their convoy in March 2003. Johnson and Lynch were taken prisoner and later rescued, while Plestewa was killed.

Still, Panetta's decision isn't without controversy. On the Air Force's official website, "Brandon" from Miami

writes, in part, "Men are naturally hardwired to protect women even if it is with our lives." Notwithstanding the fact that services members are trained to protect any of their fellow brothers or sisters in uniform, I've yet to see any scientific evidence to corroborate Brandon's assumption.

The decision could also help solve a long-term problem: the lack of diversity within the Pentagon's top ranks. According to a 2009 Defense Manpower Data Center

statistics, fewer than 10 percent of general officers across the services are women, even though women made up 16 percent of the active-duty officer corps.

It took nearly 65 years from the day Esther Blake joined the Air Force until Gen. Janet Wolfenbarger (a 1980 Academy graduate) became the Air Force's first four-star general. A big stumbling block has traditionally been a lack of combat experience, but you can't get combat experience if you're not allowed to serve — and lead — in combat roles.

That wasn't fair to women, so Panetta fixed it. As James Hill of Columbia, Tenn., wrote on the Air Force website, "As a 32-year veteran, all I have to say is, go for it. In my 79 years of life, I have learned that women can be tough as nails. I saw my son ... make a pararescueman, and I know his daughter is as tough as he is."

People are going to worry about unit cohesion anytime something happens to change a unit's composition. It was true for racial desegregation in 1948; it was true when Don't Ask, Don't Tell was repealed in 2011, and it's true now. People even get nervous about new unit commanders or permanent changes of station. It's easier to make up reasons for change-related anxiety than it is to admit you don't know what might happen. But if past experience is any indication, the armed forces will be just fine.

### COMMANDER'S ACTION LINE

**Col. John Wood**  
Commander, Joint Base McGuire-Dix-Lakehurst and 87th Air Base Wing

The Joint Base Commander's Action Line is an integral part of the base feedback network. Base personnel are urged to use the proper chain of command first to address their concerns.

If you are not satisfied with the response from your chain of command, or you are unable to resolve the problem or concern, please call 754-3247 or e-mail 87abw.actionline@mcguire.af.mil

Action lines may be made anonymously, however it is recommended you leave your name and number in case more information is needed to address your concern.

**AIR, LAND & SEA TIMES**  
Vol. 4 No. 4

The Air, Land and Sea Times is published by the Burlington County Times, a private firm in no way connected with Joint Base McGuire-Dix-Lakehurst, N.J., or the United States Military. This civilian enterprise newspaper is an authorized publication for members of the military services. Contents of the Air, Land and Sea Times are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense, or the U.S. Military.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the U.S. Military, or the publisher of the products or services offered.

Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

Editorial content is edited, prepared, and provided by the JB MDL Public Affairs Office. All photographs are U.S. Military photographs unless otherwise indicated.

### EDITORIAL STAFF

Commander, JB MDL and 87th ABW  
Col. John Wood  
Chief, Public Affairs  
Ms. Angel Lopez  
Internal Chief  
2nd Lt. David Murphy  
Editor  
Airman 1st Class Ryan Thoreberry  
Writers  
Mr. Pascual Flores  
Airman Sean Crowe

### NEWS ONLINE

Joint Base McGuire-Dix-Lakehurst  
Most articles and announcements published in the Air, Land & Sea Times are available online at the JB MDL public Web site.

For up-to-date joint base news & info visit:  
[www.jointbasemd.af.mil](http://www.jointbasemd.af.mil)



(Courtesy photo/Released)

## MAG-49 Marine earns group, wing-level awards

By Joint Base McGuire-Dix-Lakehurst Public Affairs  
Marine Cpl. Vincent Watlington, Marine Aircraft Group 49 aviation operation specialist, was selected as the 2012 Marine of the Year at the group and wing level with his unit at Joint Base McGuire-Dix-Lakehurst, N.J. The Jersey City, N.J., native is responsible for managing his commanding officer's flight records, reporting group-level-defense readiness, conducting Marine training and managing the unit's pay. Watlington is currently preparing to compete with six other Marines for the Marine Forces Reserve Marine of the Year. The winner will be announced Feb. 15, 2013.

**MyBaseGuide**  
Military Life Made Simple

Whether you're relocating or on the go — Everything you need to know about Joint Base McGuire-Dix-Lakehurst ...and the surrounding areas is at your fingertips!

Find it FAST

Outstanding application!



# AST, NSF support Presidential Inauguration

By U.S. Coast Guard  
- Atlantic Strike Team

The U.S. Coast Guard - Atlantic Strike Team, stationed here, worked behind the scenes of the parades and high profile public addresses that comprised the 57th Presidential Inauguration in Washington, D.C., Jan. 14 through 22, 2013, to ensure the event was a resounding success.

The AST is one of the three teams in the National Strike Force that exists to provide federal on-scene coordinators with timely and proficient assistance in oil, chemical, biological, radiological or nuclear response missions. Sector Baltimore requested the AST provide a 12-person response team and a liaison officer for the Incident Command Post.

The NSF team consisted of nine AST members, two Pacific Strike Team members and two Gulf Strike Team members and deployed along with the AST's 48-foot Hazardous Materials Response Trailer and 10-ton support truck. The team's mission was to augment Sector Baltimore's emergency response options and provide the Sector Commander with site safety, emergency stabilization, weapons of mass destruction sampling, chemical identification, air monitoring, technical decontamination, radiological isotope identification and Level A exclusion zone entry capabilities in case the

need for these specific skill sets arose. The AST conducted WMD sampling training and set up and recovered a technical decontamination line while staged at the Incident Command Post in preparation for possible chemical or radiological decontamination requests.

The HMRT garnered its share of attention. Many USCG members stopped by and asked for a quick tour of the trailer's interior. Petty officers demonstrated radiation gear capabilities and air monitoring equipment during their visit.

"It's always a good thing when no deliberate event triggers the need for strike team assistance during special activities like this," said Lt. Joel Ferguson, AST operations officer. "We were proud to play our part in support of Sector Baltimore during the inauguration."

Another AST twelve-person response team was on standby here to deploy in support of the U.S. Environmental Protection Agency while the AST led the deployed NSF team in D.C. The AST's liaison to the EPA's NCR Incident Command Post was its Executive Officer, Lt. Cmdr. David Reinhard, who stated, "The amount of expertise the EPA fielded was significant. The coordination and pre-positioning of relevant National Contingency Plan special teams ensured the Federal Government could effectively respond to all eventualities."

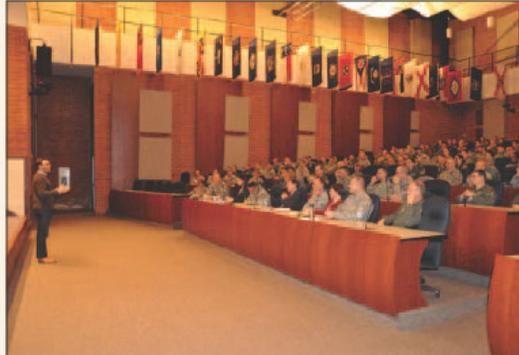


U.S. Coast Guard Atlantic Strike Team's Hazardous Material Response Trailer and support truck was used Jan. 19, 2013, as the AST operated behind the scenes during the parades and high profile public addresses that comprised the 57th Presidential Inauguration in Washington, D.C. The AST worked in conjunction with the National Strike Force to ensure the event was successful. (U.S. Coast Guard photo by Petty Officer 3rd Class Matthew Masaschi/Released)

## Simon Sinek visits USAF EC



Simon Sinek, a motivational speaker and published author, learns self-defense techniques from Tech. Sgt. Daniel May and Staff Sgt. Anthony Coppola, 421st Combat Training Squadron training instructors, during his visit to the U.S. Air Force Expeditionary Center, Jan. 25, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J. Sinek, toured the center before delivering remarks at an all call and an annual awards dinner. (U.S. Air Force photo by Capt. Sybil Taunton/Released)



Air Force officers gathered to hear remarks from Simon Sinek, motivational speaker and published author, at the U.S. Air Force Expeditionary Center, Jan. 25, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J. Sinek discussed ways in which leaders can collaborate more effectively with Airmen in order to solve problems. (U.S. Air Force photo by Capt. Sybil Taunton/Released)

## United Communities goes 'green' with solar energy

By Pascual Flores  
Joint Base McGuire-Dix-Lakehurst Public Affairs

Community members residing in the Falcon Courts North area have recently been swamped by working crews installing rails and solar panels on homes in an effort to provide a cleaner environment.

The United Communities project is expected to generate about 13.7 million kilowatt hours of renewable electric power annually.

Representatives for UC began looking into the idea of installing solar panels two years ago in an effort to bring clean energy to the joint base community. Trinity Solar, designer and integrator of solar electric systems in New Jersey, contacted UC with a proposal to install solar panels on the roofs of homes.

"Approximately 1,500 out of the 2,200 homes will get solar panels," said Matt Garron, UC property manager. "This is based on how much shade or tree coverage is in the area and the direction the home faces; houses in a southerly direction provide the maximum sunlight exposure."

The process began Jan. 2, 2013, with installation of the rails onto the roof followed by the first solar panels installed Jan. 17.

The project is expected to be completed around the middle or end of September as the crews move from one location to another as the work is completed. A group of 150 TS installers are broken down into 30 crews to meet the deadline.

"It is a huge benefit to the environment," said Garron. "We estimate a third of the electricity consumed on the UC property would be saved."

Three inspections are performed before a home can be brought online with solar panels. First, an inspection of the attic to assure the rails are properly attached to the homes rafters. Second, a rough inspection of the outside area around the house for the electrical hook-ups. Third, a final inspection by an independent contractor to assure all the electrical connections are properly tied in to the inverter before putting the house on the grid.

"Generally, it takes about five days from start to finish to complete one home," said Garron. "As of Jan. 24, we have 20 homes already up and running."

Solar panels have been appearing throughout many different areas of JB MDL.

The New Jersey National Guard has three substantial solar arrays on Dix. One system on top of the Joint Training and Training Development Center produces enough electricity to power upwards of 150 homes.

The latest solar installation was a parking canopy in front of the National Guard's New Jersey Joint Force Headquarters on



(Left) Kerry Fagan and James Echavarria, Trinity Solar employees, line up a solar panel for installation atop a home Jan. 18, 2013 in Falcon Courts North at Joint Base McGuire-Dix-Lakehurst, N.J. Fagan and Echavarria are part of the 150 installers contracted to provide solar panels to approximately 1,500 homes on JB MDL. (U.S. Air Force photo by Pascual Flores/Released)

Dix, completed in 2010.

"We like to be out front in installing solar on military facilities on the east coast," said Kryn Westhoven, New Jersey National Guard spokesperson.

Besides the joint base, the New Jersey Guard has solar systems producing power at the National Guard Training Center in Sea Girt, N.J., and the Homeland Security Center of Excellence in Lawrenceville, N.J.

"Our 'green' initiatives have already saved taxpayers thousands of dollars in annual utility expenses and will continue to do so in the future," said Westhoven.

More than 1,000 solar photovoltaic panels were unveiled in September 2009 atop of the 99th Regional Support Command Headquarters on Dix. The solar panels' energy output was estimated to produce approximately 310,000 kilowatt hours of energy per year while eliminating 2,177 tons of airborne toxins and saving more than \$160,000 annually according to an article published in 2009 by the

then Fort Dix Public Affairs office.

Other areas on McGuire utilizing solar panel energy are the 87th Civil Engineer Squadron, the Librarian and Resource Commons and the 87th Medical Group.

"The True Green Financial from Boston, Mass., is sponsoring the Trinity Solar panel project on JB MDL," said Garron. "All the homes will benefit from the solar panels because it is all going back into the same grid."

### Messiah Lutheran Church

530 Virginia Dr., Presidential Lakes  
Browns Mills, NJ 08015 • 609-893-1700  
Pastor Todd Anderson • www.MessiahLBC.com  
e-mail: messiahlbc@earthlink.net  
Sunday School 9:45 am • Sunday Worship 10 am  
All are welcome!

Looking for a church home? Then FRIENDSHIP AME CHURCH 711 Lakewood Road - Browns Mills NJ 08015 is the place for you

Rev. Gerald Bailey, Pastor  
Sunday - Worship Service: 10:00 AM  
Wednesday - Bible Study: 12:00 Noon to 7:00 PM  
Prayer, Healing and Deliverance Service  
Every 1st Friday of the Month at 7:00 PM  
Office - (609) 893-2221 vpr@friendship.net  
Search on facebook: Friendshipamechurch

### Jacobstown Baptist Church

49 Jacobstown Armetown Rd., Wrightstown 08562  
TEL: 609-758-8007 www.jbcchurch.org

Home of Jacobstown  
Counseling Ministries:  
A free service to our  
community.  
Only 8 minutes from  
Joint Base MDL

Our Services  
Sun. Worship 10:00 AM  
Sun. School 9:00 AM  
Sun. Youth Group 5:30 PM  
Wed. AWANA 7:00 PM  
Wed. Prayer Mtg 7:00 PM

Offering contemporary & traditional styles of worship.

### Calvary Baptist Church Where Ministry Happens

5 Scrapetown Rd., Pemberton, NJ  
609.894.8260  
cbcpemberton.org

Sunday Worship Services  
11 am - 6 pm  
Wednesday Prayer, Youth & Teen Mtgs.

# 605th AMXS breaks ice

By Airman Sean M. Crowe  
Joint Base McGuire-Dix-Lakehurst Public Affairs

The 605th Aircraft Maintenance Squadron works through less-than-ideal weather conditions to ensure the 305th Air Mobility Wing's mobility mission continues.

Aircraft deicing has come a long way in recent years said Master Sgt. Kenyon Blough, 605th Aircraft Maintenance Squadron lead production superintendent.

Aircraft maintainers historically would drive simple cherry pickers to the aircraft, and then spray them down with hoses from the bucket. Maintainers now use global deicing trucks which have an enclosed compartment to control the automated deicing nozzle, said Blough.

The 605th AMXS's service members ensure aircraft here are free of frost and ice shortly before takeoff during the winter.

"We hold a meeting regarding the snow a week or two before the first predicted snowfall," said Blough. "We schedule deicing teams and ensure the global deicing trucks are postured for use."

Deicing teams comprise three-man teams: a global deicing truck driver, a spotter on the ground and a bucket operator who controls the deicing nozzle.

The deicing nozzle is not a water gun. The deicing nozzle uses a combination of hot air and Type 1 deicing fluid to accomplish

the mission. "Deicing fluid is more efficient at melting ice and in turn more cost effective," said Blough. "It's even more effective when propelled by hot air making the device twice as efficient as past technology."

A team sets out to deice an aircraft in the one-hour window prior to takeoff. The deicing team is notified by the maintenance operating center anytime there is frozen precipitation on an aircraft. Staff Sgt. Steven Betz, 605th AMXS flying crew chief, described a typical deicing sequence.

"The operator begins spraying at the aircraft's nose and works his way to the tail," said Betz. "We let gravity help us on our mission spraying from the top and moving down. We focus on critical areas including the flight controls and hydraulic systems as these are crucial to flight. The spotter on the ground ensures the sprayer doesn't miss any areas he might not have the best view of. We then finish by coating the aircraft in Type 4 anti-icing fluid."

Type 4 anti-icing fluid is a liquid agent which prevents the plane from icing over again before takeoff, whereas Type 1 deicing fluid is solely used for the initial deicing.

"The aircrew then double checks the aircraft to ensure we did a thorough job," said Betz.

The 605th AMXS ensures 305th Air Mobility Wing aircraft



Members of the 605th Aircraft Maintenance Squadron work to deice a KC-10 Extender Jan. 23, 2013, on the McGuire airfield at Joint Base McGuire-Dix-Lakehurst, N.J. The snowstorm, the first of the year for JB MDL, brought 1.3 inches of snowfall to the area. (U.S. Air Force photo by 2nd Lt. David J. Murphy/Released)

readiness throughout the New Jersey winters here. Leadership credits their mission's success to the junior service members who work tirelessly in freezing temperatures to deice aircraft.

"It takes a great deal of coordination to accomplish the timely process, from the superintendents all the way down to the truck operators," said Betz.

# Army Reserve leader offers ethical enlightenment to military medical students

By Staff Sgt. Shawn Morris  
99th Regional Support Command

PHILADELPHIA—Maj. Gen. William D. Razz Waff conducted a special seminar on biomedical ethics at the Philadelphia College of Osteopathic Medicine Jan. 22, 2013, for nearly two-dozen medical students attending the college as part of the military's F. Edward Hebert Armed Forces Health Professions Scholarship Program.

Waff, 99th Regional Support Command commanding general, headquartered at Joint Base McGuire-Dix-Lakehurst, N.J., was invited to speak to the students at their Association of Military Osteopathic Physicians and Surgeons meeting.

"My intent was to raise the awareness of real-world issues they'll be wrestling with in medical ethics," explained Waff, who holds a doctorate in medical ethics and serves as the director of Pastoral Care, Ethics and Interpreter Services for Vista Health in Waukegan, Ill.

Waff received the invitation to speak at the students' AMOPS meeting from Army 2nd Lt. Laura Chachula, a second-year medical student and AMOPS member.

"As part of our curriculum, we have classes on medical ethics," explained Chachula. "We thought it would be good to integrate the medical ethics with what we do as physicians in the military. That's why we wanted Waff to come and give us that perspective on military medical ethics."

Waff spoke about several ethics issues the students may face in their civilian and military careers, to include living wills and powers of attorney, Do Not Resuscitate and Do Not Intubate orders and technological advances in medicine that may be outpacing their own ethical implementation.



Maj. Gen. William D. Razz Waff, 99th Regional Support Command commanding general, conducts a special seminar on biomedical ethics for nearly two-dozen medical students Jan. 22, 2013, at the Philadelphia College of Osteopathic Medicine, in Philadelphia, Pa. The seminar is a part of the military's F. Edward Hebert Armed Forces Health Professions Scholarship Program. Waff was invited to speak to the students during their Association of Military Osteopathic Physicians and Surgeons meeting. (U.S. Army photo by Staff Sgt. Shawn Morris/Released)

"With medical technology, we can do anything today," Waff said. "This doesn't necessarily mean we have to do everything." The American Medical Association offers guidance in the form

of its Code of Medical Ethics, which offers nine Principles of Medical Ethics and states, "As a member of this profession, a physician must recognize responsibility to patients first and foremost, as well as to society, to other health professionals, and to self."

The students may one day face unique ethical challenges on and off the battlefield such as: maintaining medical profiles at the unit level, certifying service members as fit for duty in a combat zone and administering proper care to prisoners of war.

"Having a balance between chain-of-command and the doctor/physician relationship might be a little bit of a gray area," said Army 2nd Lt. Sabrina Scabo, a second-year medical student and AMOPS member.

"Also, with HIPAA (Health Insurance Portability and Accountability Act) protecting Soldiers' privacy rights, the commander has a right to some of the information so he can carry out his duties with his Soldiers," Chachula added.

Participants in the program enter active-duty military service and upon graduation advance to the rank of captain as they begin to fulfill their military obligation, which can range up to several years depending on their medical specialty.

The students, as members of AMOPS, are also part of an association that was established in 1977 to serve and represent osteopathic physicians in the uniformed services. AMOPS promotes the advancement of osteopathic principles in military/federal practice and institutions, and conducts an annual Continuing Medical Education conference to support the maintenance of operational medicine for its members.

Visit [www.goarmy.com/amedd/education/hpss.html](http://www.goarmy.com/amedd/education/hpss.html) for information on the HPSandwww.amops.org/for information on AMOPS.

## JAG Corps announces law school program opportunities

By Joint Base McGuire-Dix-Lakehurst Base Legal Office

Applications for the Funded Legal Education Program and Excess Leave Program are being accepted until March 1, 2013. Individuals interested in the programs are encouraged to compete and will be selected based on the needs of the Air Force.

"Our Air Force missions are constantly changing and commanders deserve to have access to legal advisors with a broad background of military experiences," said Maj. Tamona L. Bright, Office of The Judge Advocate General Professional Development Directorate Accessions Branch chief. "The FLEP and ELP ensures we can continue to maintain a corps of officers whose military experience complements their legal training, providing commanders with the highest caliber of legal support."

Air Force JAGs do more than provide legal assistance, said Bright. JAG officers routinely participate in nearly every facet of the mission including developing and acquiring weapons systems, ensuring availability of airspace and ranges where those systems are tested and operated, consulting with commanders about how those systems are employed in armed conflict and assisting commanders in running military installations around the world.

"Every facet of every Air Force mission is bound by elements of the law," said Bright.

The FLEP is a paid legal studies program for active-duty Air Force commissioned officers and considered an assignment action. Participants receive full pay, allowances, and tuition. FLEP applicants must have between two and six years of active-duty service (enlisted or commissioned) and must be in the pay grade O-3 or below as of the day they begin law school. The FLEP is subject to tuition limitations. Positions may be limited due to overall funding availability.

The Air Force Institute of Technology establishes the tuition limit. The tuition limit for academic year 2012 was set at approximately \$16,000 per year, but this amount changes from year to year. The JAG Corps was unable to offer any FLEP seats in 2012 due to budgetary constraints. A handful of seats were secured for 2013 by the JAG Corps and are open to all eligible officers.

The ELP is an unpaid legal studies program for Air Force officers. Participants do not receive pay and allowances, but remain on active duty for retirement eligibility and benefits purposes. Applicants must have between two and 10 years active-duty service and must be in the pay grade O-3 or below as of the first day of law school.

The FLEP and ELP programs require attendance at an American Bar Association accredited law school. Candidates are eligible for designation as judge advocates upon graduation and admission to practice law in the highest court of any state, commonwealth or territory of the United States. Applicants must complete all application forms, apply (acceptance is not required at the time of application for FLEP or ELP) to at least one ABA accredited law school, receive their Law School Admissions Test results and interview with a Staff Judge Advocate by Feb. 15 to be considered for FLEP or ELP. Officers must provide a letter of conditional release from their current career field. Selection for both programs is competitive. Applications meet a selection board in early March, and selections are made based on a review of the application package using

the "whole person" concept. The total number of applicants selected for any academic year is based on the needs of the Air Force. Air Force Instruction 51-101, Judge Advocate Accession Program, chapters 2 and 3, discuss the FLEP and ELP. For more information and application materials, visit [www.airforce.com/jag](http://www.airforce.com/jag), or contact Capt. Sosa Thomas at the Base Legal Office at 754-2012.

**HANOVER DENTAL CENTER**

"Gentle Dental Care that will keep the Whole Family Smiling"

**609-723-9800**

- ★ Most Insurance Welcome
- ★ Amerigroup, Healthnet, VHP Accepted
- ★ Military Insurance Accepted
- ★ Fillings, Extractions, Root Canals
- ★ Dentures, Implants, Children's Dentistry
- ★ Some Saturday and Evening Hours

Located Minutes from Joint Base McGuire-Dix-Lakehurst  
In the Ames Shopping Plaza

**2LB Lobster \$28.99<sup>99</sup>**  
Dinner

- Best Prime Rib and Steaks
- Fresh Seafood
  - Oysters
  - Clams
  - Mussels
- Best BBQ Ribs
- Fish Fry Fridays

Military Discounts  
Just 15 minutes from Joint Base MDL

Est. 1972

• Lunch • Dinner • Cocktails • Banquet and Meeting Rooms  
[www.charleysotherbrother.com](http://www.charleysotherbrother.com)

1383 Moonshot Rd. (Rt. 537) at Smithville Rd., Eastampton Twp., NJ

\*All dinners include salad.  
No promotions with 2lb. Lobster Dinner

609-261-1555 Award-Winning Wine List Not a chef's

personalized education.  
affordable tuition.

Yellow Ribbon

Dedicated to those who serve.

Wilmington University is a private, nonprofit institution committed to providing service members and veterans with the opportunity to earn a degree. At WU, you'll have access to career-oriented degree programs with 100% online options that let you earn your degree whenever—and wherever—it's most convenient for you. You can even transfer up to 75 credits toward a bachelor's degree.

Learn more about WU's programs at [JointBaseMcGuire-Dix-Lakehurst](http://JointBaseMcGuire-Dix-Lakehurst). Visit [wilmington.edu](http://wilmington.edu)

Wilmington University at Joint Base McGuire-Dix-Lakehurst Education Center | Building 300A, Room 302 | Smithville Rd. | JBMdl, NJ 08041

Academic Programs Available:  
B.S. in Computer and Network Security  
Master of Business Administration (MBA)  
M.S. in Administration of Justice  
M.S. in Information Systems Technology\*

\*Programs available 2014 only

1-877-456-7005 | [wilmington.edu](http://wilmington.edu)

Wilmington University is a private, nonprofit institution and member of the Delaware Association of Nonprofit Agencies (DANA).



Sgt. Matthew Parson, 303rd Tactical Psychological Operation Company pay op sergeant, hugs his loved one during the Mobilization Ceremony Jan. 27, 2013, outside the McGarity U.S. Army Reserve Center, Pa. These Army Reserve Soldiers will provide military information support operation with the Marines in various locations in Afghanistan. (U.S. Army photo by Sgt. 1st Class Andy Yoshimura/Released)

### Pittsburgh area reserve unit mobilizes through JB MDL

By Sgt. 1st Class Andy Yoshimura  
U.S. Army Civil Affairs and Psychological Operations Command

CORAOPOLIS, Pa. – Soldiers from the 303rd Tactical Psychological Operation Company and their families braved the 25-degree temperature with warm hugs and kisses before boarding the two buses outside the McGarity U.S. Army Reserve Center, Pa., that took them to Joint Base McGuire-Dix-Lakehurst, N.J., Jan. 27, 2013, for mobilization training before deploying to Afghanistan this spring.

The Army Reserve Soldiers will provide military information support operation with the Marines in various locations in Afghanistan. Months of preparation are needed to make sure these Soldiers are trained and family members are informed on struggles they might face while their loved one is deployed.

“As part of a leadership team, it is our job to make sure that they are trained properly for their mission,” said 1st Sgt. Nicholas Moore. “And also that they are communicating back home and make sure that their families are taken care of.”

A Yellow Ribbon event, which helps family members with resources needed before, during and after a deployment, was held three days prior. Spc. Christie Chester, a Yellow Ribbon representative for the 303rd, said her ultimate goal is to have the families better prepared.

“We need the family to have all of the information they need and to know what resources they have out there so they can take care of themselves,” said Chester. “Family readiness plus Soldier readiness equals mission readiness.”

This will be their first mobilization for approximately 20 percent of the Soldiers mobilizing. The busy combination of a Yellow Ribbon event and a mobilization ceremony during the same week has helped the first-timers.

Spc. Robert Fabyanic, a sales manager for Radio Shack and a psychological operations specialist, joined the Army Reserve for his two daughters.

“With this being my first deployment, it’s a bag of mixed feelings,” said Fabyanic. “I’m excited to go out and finally get to go and do my job but at the same time, I am definitely going to miss my family. It’s a new experience for me, it’s a new experience for them.”

A mobilization ceremony means a lot for these men and women of the 303rd as it brought not only family members and friends, but also the Pittsburgh community closer to the unit.

“My father, who served two tours in Vietnam, didn’t get anything like this when he left or came home,” said Staff Sgt. Tobe Hutchins, a 303rd psy op sergeant.

Hutchins, a mother of four and a grandmother of two, appreciated today’s events.

“Out of all of my family, it is hitting my dad the most because I am the only one out of 14 kids to have joined the military,” said Hutchins. “This mobilization ceremony means a lot for our family and it shows that we have the (community) support behind us.”

Soldiers of the 303rd will train in various tactical and technical exercises for the next month at JB MDL that will prepare them for many missions in Afghanistan. There is only one long-term goal for most of the soldiers.

“We want everybody that goes with us to come back with us safely,” added Chester.

## TRICARE releases new copays for some pharmacy customers

By TRICARE

FALLS CHURCH, Va. – New copayments for prescription drugs covered by TRICARE went into effect Feb. 1, 2013. The Fiscal Year 2013 National Defense Authorization Act requires TRICARE to increase copays on brand name and non-formulary medications that are not filled at military clinics or hospitals. There is no increase to copays for generic medications.

TRICARE Pharmacy copays vary based on the class of drug and where beneficiaries choose to fill their prescriptions. The copay for generic medications stays at \$5 when a prescription is filled at a network pharmacy. There is no co-pay when generic prescriptions are filled through TRICARE Home Delivery. The new copay for a 30-day supply of a brand name medication purchased at a retail network pharmacy will be \$17, up from the current \$12.

Beneficiaries using TRICARE Home Delivery will pay \$13 for brand name drugs, up from \$9. However, the Home Delivery price is for a 90-day supply.

The greatest change in copays applies to non-formulary medications. The \$25 copay for these drugs increases to \$44 at retail pharmacies and \$43 through Home Delivery. The TRICARE Uniform Formulary is a list of all the medications TRICARE covers.

The new law directs that copays increase annually by the same percentage as retiree cost-of-living adjustments for fiscal 2014 and beyond. It will be delayed a year and combined with the next adjustment so increases will always be \$1 or more in years when a COLA increase would total less than a dollar.

Pharmacies at military hospitals and clinics will continue to provide medications with no copays. Visit [www.TRICARE.mil/pharmacycosts](http://www.TRICARE.mil/pharmacycosts) for more details.

# BANK ON CONVENIENCE

Online. On your phone.  
And so much more.

- > Mobile Banking\* and free Bill Pay
- > 24/7 Account Access
- > Scan/Mobile Deposits\*
- > Over 220 branches worldwide
- > Over 50,000 free ATMs in our CO-OP and MoneyPass® networks



**Law Offices of Lynda L. Hinkle, L.L.C.**  
Attorneys at Law

*It's our honor to serve the men and women who serve our country.*

**Burlington County Office:**  
1 Eves Drive, Suite 169  
Marton, NJ 08053  
(856) 983-0406

Family Law:  
Military and Civilian  
Divorce/Prenuptial Agreements,  
Child Support,  
Spousal Support, Custody,  
Elder Law

Also offices in Camden and Gloucester County...  
Call 856-227-7888 for a free, confidential consult in any office.

[www.lyndahinkle.com](http://www.lyndahinkle.com)

**NAVY FEDERAL Credit Union** | **ARMY MARINE CORPS NAVY AIR FORCE DoD**

Pine Grove Plaza Shopping Center  
18-R Broadway Street  
Browns Mills, NJ

[navyfederal.org](http://navyfederal.org) 1.888.842.6328

Federally insured by NCUA. \*Member and data rates may apply. Android™ is a trademark of Google Inc., iPhone™ is a registered trademark of Apple Inc. App Store™ is a service mark of Apple Inc. © 2013 Navy Federal Credit Union



# CE paves way for JB MDL

By Airman Sean Crowe  
Joint Base McGuire-Dix-Lakehurst Public Affairs

The 87th Civil Engineer Squadron Snow Control members worked around the clock to clear the layer of snow on McGuire Field and the roads Jan. 25, 2013, here.

Snow Control used an array of equipment, including plows and blowers, to ensure the base's mission carried on despite a layer of snow left by the snow storm that hit the base Jan. 15, 2013. Leadership requested "tier 1" Airmen, the largest tier, report to snow control for 12-hour shifts comprised

of plowing, shoveling and readying equipment.

"An 87th Operations Support Squadron weather forecaster will inform Snow Control of any projected snowfall to allow us preparation time," said Tech. Sgt. Martin C. Faulkner, 87th CES assistant-noncommissioned officer in charge. "The snow officer, or SNOF, then identifies the areas of priority to be plowed. The mobility mission demands the highest priority, so we end up plowing the runways and ramps first."

Aircraft have to be staged prior to the snowfall due to the precedence of the mission; but, other

areas on the base, including the roadways, are also a priority to ensure mission effectiveness.

The streets are cleared immediately after the flightline is completely plowed, said Faulkner.

Snow Control is responsible for ensuring everybody is able to get around base. "This makes the shop a very high demand for personnel and manpower."

"My shop, Horizontal Repair, works 24 hours a day to clear the snow," Faulkner said. "We will continue working until the snow is cleared. Today is a warm day which means clearing the snow will

only take about two days. Melting snow is much easier to move than frozen snow."

The snow removal is quite the process, although the Snow Control troops say they are remaining resilient through the task.

"We spend more days being productive than not," said Senior Airman Patrick Burleson, 87th CES heavy equipment operator. "Our whole purpose here is to ensure mission continuity. We owe a lot of our success to the leadership of Lt. Col. Matt Benivegna, 87th CES commander. We don't fail; we succeed."



Mentors and mentees meet to discuss career development topics during the speed mentoring day Jan. 23, 2013 at Joint Base McGuire-Dix-Lakehurst, N.J. The event gave young Navy civilian employees a chance to receive honest advice and guidance on what to expect from a civilian career with the Navy. (U.S. Navy photo by Tom Worsdale/Released)

## Lakehurst employees participate in 'speed mentoring' day

By Tom Worsdale  
NAVAIR Public Affairs

Navy civilian employees here at Lakehurst took part in a "speed mentoring" day Jan. 23, 2013.

The concept of "speed mentoring" comes from "speed dating" where two potential partners meet for a few minutes to exchange likes, dislikes and thoughts before moving on to the next potential partner to engage in a few more minutes of similar banter. The end goal is to find a mutual attraction and

set a "date" to further explore a potential relationship.

Marie Pizzella and Michael Nguyen recently, human resource specialists for the Total Force Strategy and Management Department at Naval Air Warfare Center Aircraft Division Lakehurst, recently adapted the new concept. Pizzella and Nguyen held the speed-mentoring day in January in observance of National Mentoring Month.

"Recent employees to NAWCAD, all with less than three years experience, were teamed

with senior Navy leaders to ask questions about balancing career and home life, exploring career options and the varied programs offered within the command and to garner other bits of advice to take with them throughout their careers," said Pizzella.

A team of ten senior managers, led by Kathleen Donnelly, senior executive service director of support equipment and aircraft launch and recovery equipment there, spent the morning with the young engineers, scientists and contract specialists in a relaxed

atmosphere that allowed the mentees to talk one-on-one with the senior leaders. The mentors offered to answer questions about career paths and discussed personal development tips.

The first-time event allowed for a personal connection

between the participating mentors and mentees that might not normally occur in the day-to-day workplace. Mentees met with leaders from other NAWCAD divisions and received advice and guidance on what to expect from a civilian career with the Navy.

Pizzella and Nguyen said they look forward to future career-development programs to support the joint base workforce with the success of this "speed mentoring" event and last year's mentoring workshop.

## JB MDL congratulates 305th AMW award winners



The Joint Base McGuire-Dix-Lakehurst community would like to congratulate the following service members who received awards during the 305th Air Mobility Wing Annual Awards Banquet:

Airman of the Year: Senior Airman Vincent Camacho - 6th Airlift Squadron

NCO of the Year: Tech. Sgt. Charles Stillinger - 6th Airlift Squadron

Senior NCO of the Year: Senior Master Sgt. William Horay - 605th Aircraft Maintenance Squadron

First Sergeant of the Year: Master Sgt. Donald Pedro - 305th Maintenance Squadron

Junior Company-Grade Officer of the Year: 2nd Lt. Kathryn Yates - 305th Maintenance Squadron

Senior Company-Grade Officer of the Year: Capt. Anthony Cannone - 32nd Aerial Refueling Squadron

Civilian of the Year Category I: Costonia Taylor - 305th Aerial Port Squadron

Civilian of the Year Category

II: Timothy Sims - 305th Aerial Port Squadron

Key Spouse of the Year: Karyn Horay - 605th Aircraft Maintenance Squadron

Blue Jacket Sailor of the Year: Petty Officer 2nd Class David

Reed - 305th Operations Support Squadron

Master Sgts. Don Pedro, 305th Maintenance Squadron first sergeant, and wife Leida. Pedro was selected as first sergeant of the year. Pedro was nominated for best first sergeant of the year and was announced the winner of the category later in the evening. Visit bit.ly/1eCtha to view more photos from the event. (U.S. Air Force photo by Airman Sean Crowe/Released)

### advocare Burlington County Obstetrics & Gynecology

Miko T. Belazi, MD  
David S. Halbert, MD, FACOG  
Paul L. Schell, MD, FACOG  
Francine M. Siegel, MD, FACOG  
Michael T. Snyder, MD, FACOG  
Michael I. Zaklin, MD

Dolores C. Fee, RN, APN - C  
Lori M. Grisko, RN, APN - C  
Tyrone R. Jones, RN, APN - C  
Jennifer J. Shroff, RN, APN - C

Lancaster II  
210 Ark Road, Suite 216  
Mount Laurel, NJ 08054  
856.778.2000

Rancocas Medical Center  
1000 Salem Road, Suite B  
Willingboro, NJ 08046  
609.871.2000

Delran Professional Centre  
8008 Rt. 130 N., Suite 320  
Delran, NJ 08075  
856.764.0002

Columbus Office  
45B Homestead Drive  
Columbus, NJ 08022  
609.324.7474

advocareBCOBYGN.com

Obstetrics • Gynecology • Infertility  
High-Risk Pregnancy • Adolescent Gynecology • Menopause  
Urogynecology • Robotic Surgery

All babies delivered at Virtua Hospital

**Optical  
CENTER**

Exchange Concessionaire

EYEGLASSES

BUY ONE GET ONE

**50%  
OFF**



**AAFES Complex on Joint Base MDL  
609-723-5495**

Eye Exams Available by  
**Dr. FREDERICK YOUNG**  
Independent Doctor of Optometry

• TRICARE accepted. • Appointments are available. • Walk-ins are welcome.

BUY CONTACT LENSES ONLINE AT [www.MILITARYCONTACTS.net](http://www.MILITARYCONTACTS.net)

\*50% off 2nd pair must be of equal or lesser value as the first pair purchased. Purchase of one complete pair of eyeglasses required. Second pair must be purchased with the first pair and at the same date and time for the same person. Contact lenses ordered with any other discount, coupon or insurance plan. No competing low. All eyeglass purchases require a current, valid prescription. Offer expires 02/28/13. ©2013 National Vision, Inc.

# First snow of year blankets JB MDL



Senior Airman Julian Andes, 87th Civil Engineer Squadron structural apprentice, sets up an impact drill for snow-blade removal on the snow-plow attachment of a multi-purpose snow-removal unit Jan. 25, 2013, in the snow barn, at Joint Base McGuire-Dix-Lakehurst, N.J. The snow blade helps pick the snow up off the pavement and push it through the plow so the Snow Control team can clear the roads and airfield. Andes hails from Quezon City, Philippines. (U.S. Air Force photo by 2nd Lt. David J. Murphy/Released)



Members of the 87th Civil Engineer Squadron clear the snow from McGuire Field with multi-purpose snow-removal units Jan. 25, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J. The removal of snow from the airfield enabled joint base partners to maintain operations in support of our nation's defense.



Staff Sgt. Justin Foreman, 87th Security Forces Squadron military working dog handler, conducts a patrol Jan. 26, 2013, here, with Bagira, his military working dog. Security forces members work 24/7 to ensure the safety of the joint base's 42,000 acres in all weather conditions. Cold weather affects military working dogs primarily by increasing the chances of them getting frostbite on their paws. To counteract this, the dogs receive frequent warming breaks. (U.S. Air Force photo by 2nd Lt. David J. Murphy/Released)



**READ THIS...**  
**TRICARE PRIME® SERVICE IS BEING ELIMINATED IN VARIOUS SERVICE AREAS**  
(TRICAREMIL 11/2012)  
**DON'T BE AFFECTED BY THIS CHANGE!**

**THE RECENT REPORTED REDUCTIONS IN TRICARE PRIME® SERVICE AREAS DO NOT APPLY TO US FAMILY HEALTH PLAN. OUR MEMBERS BENEFITS ARE PROTECTED AND WILL NOT BE IMPACTED BY THESE CHANGES.**

**OUR MEMBERS CAN REST ASSURED. THEY WILL CONTINUE TO HAVE ACCESS TO HIGH QUALITY CARE.**

**STRONG STABLE GUARANTEED!**  
 FOR INFORMATION ON HOW TO ENROLL CALL US @ 1.800.241.4848 OR VISIT US @ USFHP.NET



**US FAMILY HEALTH PLAN**

**SERVING THE FAMILIES THAT SERVE OURS**



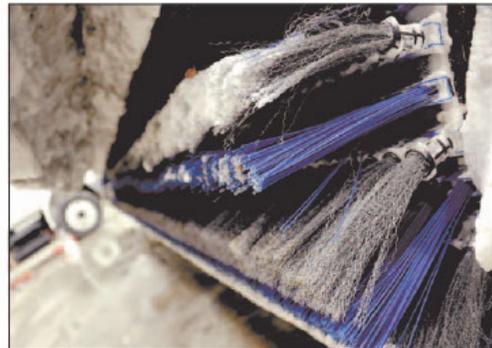
(TRICAREMIL 11/2012) TRICARE® is a registered trademark of the TRICARE® Management Activity. All rights reserved.



Senior Airman Jerrod Smith, 305th Operations Support Squadron Weather Flight forecaster, uses a Kestrel portable weather sensor to obtain a wind reading Jan. 25, 2013, here. The Kestrel is one of many tools the weather flight uses to forecast the weather to ensure the mobility mission continues safely. (U.S. Air Force photo by Airman 1st Class Ryan Throneberry/Released)



Senior Airman Razeq Khalifeh, 87th Civil Engineer Squadron heavy equipment operator clears snow from McGuire Field during a snowstorm Jan. 25, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J. Khalifeh, who hails from Ridgecrest, Calif., is part of the Snow Control team who work around the clock to ensure the airfield and roads around base are clear of snow and ice.



The snow broom attachment on the multi-purpose snow-removal unit sits in the snow barn, building 3210, ready to be serviced by the pit crew Jan. 25, 2013, at Joint Base McGuire-Dix-Lakehurst, N.J. The snow broom requires maintenance when the bristles get down to four to six inches in length, at which point each bristle segment is replaced by hand. Proper maintenance of the snow-removal units and their attachments ensures the Snow Control team can complete their mission and enable the airfield to continue to operate. (U.S. Air Force photo by 2nd Lt. David J. Murphy/Released)

**BRAND-NEW RENTALS  
IN EASTAMPTON**



**2 Bedroom  
Condos from  
\$1,525 per month**



- 2 bedroom condominiums with laundry rooms
- Balconies with storage space
- Elevator access in each building
- Eastampton school district
- Eastampton's only new condo community
- 8 miles to Joint Base McGuire-Dix-Lakehurst

**Special for  
active military:  
Save \$50/month!**



**EASTAMPTON VILLAGE CENTER**  
**(609) 265-1130**

Directions: From the NJ Turnpike - Take Exit 55 toward Burlington/Mount Holly. Make a right onto Rte. 541 South Burlington/Mount Holly Rd. Turn left onto Woodbine Rd. Continue for approx. 3 miles. The Sales Office will be ahead on your left hand side.  
From I-296 - Take Exit 47A to Rte. 541 South Burlington/Mount Holly Rd and continue as above.  
From Rte. 206 - Take the 130S South into Burlington and merge onto Rte. 206 South. Continue for approx. 10 miles. Turn right onto Woodbine Rd. The Sales Office will be ahead on your right hand side. Prices subject to change.

Sales Office open Wed - Saturday 12-5pm or by appointment.

SHARBELL DEVELOPMENT CORP. **sharbell.com**

**Hot WINTER nights**

- ★ SEE THE HOTTEST NEW BIKES FROM YAMAHA AND STAR MOTORCYCLES
- ★ JOIN US FOR FOOD, FUN AND PRIZES
- ★ BUY NOW AND GET A FREE SIX-MONTH YAMAHA EXTENDED SERVICE CONTRACT ON SELECT MODELS ★

**ATTN: All Riders!!!**  
**Spring is Coming! Visit Us & Get That Special Valentine's Day Gift**  
**Friday, February 1st to Saturday, February 9th.**

**Mt. Holly POWERSPORTS**

1799 Rt. 38 | Lumberton, NJ 08048 | Phone: (609) 267-2123 | Toll Free: (800) 660-2123  
Fax: (609) 267-2059 | mthollypowersports.com




Professional riders depicted on a closed course. ©2012 Yamaha Motor Corporation, U.S.A. - All rights reserved.



# NEWSNOTES

**Photography Class**  
The 87th Force Support Squadron is set to host a four-week 'Turn your snapshots to great shots' course Saturdays from noon to 2 p.m. starting Feb. 2 through 23, in the Arts and Crafts Center located at 6039 Philadelphia Ave. The cost is \$40. Call 754-5691 for more information.

**Pre-season Motorcycle Briefs**  
The Joint Base Safety Office will be hosting several pre-season motorcycle briefings in February and March 2013. Times and dates for the one-hour briefings are: 10 a.m. and 2 p.m., Feb. 12 and 13; March 6 and 7, and 9 a.m. March 9, 2013 at the Timmermann Center, located at 5441 Pennsylvania Ave. The pre-season briefings are open to all Joint Base McGuire-Dix-Lakehurst motorcycle riders. Riders will receive information on the upcoming 2013 course schedule, motorcycle safety and review of JB MDL motorcycle policy. This brief satisfies the annual and pre-season motorcycle riders' briefing requirement for Air Force riders. Call 562-3082 or (732) 323-2525 for more information.

**Passenger Terminal Grand Opening and Ribbon Cutting Ceremony**  
The 306th Aerial Port Squadron is set to host a grand opening and ribbon cutting ceremony for the newly renovated Family Lounge and Teen Rooms at 1 p.m. Feb. 12, 2013, at the McGuire Passenger Terminal located at 1706 Vandenberg Ave. Call 754-8836 for more information.

**EFMP Winter Bowling and Pizza Party**  
The Military and Family Support Center Exceptional Family Member Program is set to host a Winter Bowling and Pizza Party from 3 to 5 p.m. Feb. 15, 2013, at 6054 Doughboy Loop. Pizza and soda will be served. Preregistration is required. Call 754-3154 for more information.

**Presidents Day Meal**  
The 87th Force Support Squadron is set to host a Presidents Day Meal from 11 a.m. to 1 p.m. Feb. 18, 2013, at the Halverson Hall Dining Facility. The holiday meal is open to all active duty, guard, reserves, retirees and family members. Call 754-3252 for more information.

**CCAF graduation cut off**  
The Community College of the Air Force Spring 2013 graduation cut off is set for Feb. 22, 2013. CCAF must receive the transcripts on or before the cut off date to be nominated for April 2013 graduating class. CCAF is now accepting electronic transcripts from three electronic transcript delivery vendors - eSCRIP-SAFE, Parchment/Docufile and AVOW Systems, Inc. Applicants will need to request their school to send an official copy of their transcript to: CCAF/DFRS 100 S. Turner Blvd. Gunter Annex-Maxwell AFB, AL 36114. Questions on how to request an electronic transcript should be addressed to your schools' registrar, not CCAF. Note: Normal transcripts processing is 30 days upon CCAF receipt of your transcripts. CCAF Progress report can be monitored on the Air Force Virtual Education Center web site www.my.af.mil.

**Hearts Apart Seminar**  
The Military and Family Support Center is scheduled to host a Hearts Apart Seminar from 5:30 to 6:30 p.m. Feb. 22, 2013, at 3811 South Bolling St. The seminar is designed for spouses, children and loved ones of military members currently deployed or on an extended temporary duty assignment. Call 754-3154 for more information.

**JB MDL Thrift Shops**  
**McGuire**  
The McGuire Officers' Spouses' Club Thrift Shop is open from 10 a.m. to 2 p.m. Wednesdays through Fridays and the first Saturday of each month. The shop accepts gently used donations. The MOSC Thrift Shop accepts consignments from 10 a.m. to noon Wednesdays through Fridays. Proceeds benefit JB MDL, local, and national organizations. Volunteers are welcome. The MOSC Thrift Shop is located at 3446 Brody Road. Call 754-2368 for more information.

**Dix**  
The Dix Thrift Shop hours are Tuesdays and Thursdays from 10 a.m. to 2 p.m.; the first and third Saturdays of the month from 10 a.m. to 2 p.m.; and the first Wednesday of each month from 3 to 7 p.m. Consignments are accepted from 10 a.m. to 12:30 p.m. Tuesdays and Thursdays. Donations can be dropped off during business hours or placed in the shed after hours.

The shop is looking for volunteers. High school students can accumulate community service hours by volunteering. Proceeds help fund scholarships sponsored by the Dix Spouses' and Civilians' Club. Email [foreldxthrift@gmail.com](mailto:foreldxthrift@gmail.com) for details or suggestions on how the shop can better serve the JB MDL community. The Dix Thrift Shop is located next to the museum on Pennsylvania Ave.

**Lakehurst**  
The Navy Marine Corps Relief Society Thrift Store is open every Tuesday, Wednesday and Saturday 9 a.m. to noon and Thursday 1 to 5 p.m. at 158 Berry Road. The sales income received from thrift shops is returned to the Sailors, Marines and their families in the form of emergency financial relief services. Donations after hours may be placed in the donation locker located by the front door. Opportunities are available for volunteers to sort merchandise, arrange displays and work as cashiers. Call (732) 323-2362 or visit for more information.

**87 LRS Customer Service and Equipment Accountability Service**  
Individuals with inquiries regarding supply customer service, stock control and overpricing program assistance should call 754-3306/1281. Walk-in hours are 9 a.m. to 3 p.m. Monday through Friday at 1757 West Arnold Ave., Room 166 on McGuire. Call 754-5154/4454 for supply parts issue requests/aircraft parts store requests. Call 754-2678/4010 for the equipment accountability office and custodian's assistance. Visit [www.drms.dla.mil](http://www.drms.dla.mil) for DRMO procedures.

**Neighborhood Community Watch Meetings**  
The joint base community is set to hold a meeting for the neighborhood community watch program from 7 to 8 p.m. every second Tuesday of the month in Falcons Court North. The meeting is intended to inform community members on how they can help protect the community by taking part in neighborhood watches and patrols. Call 723-6563 for more information.

**The Attic**  
The Attic is open Mondays, Wednesdays and Fridays from 10 a.m. to 2 p.m., as well as Tuesdays and Thursdays from 5 to 8 p.m. Donations are accepted during normal hours of operation. The Attic staff asks no one leave donations outside of the building. Call 754-8703 for more information.

**Firehouse Movie Night**  
A movie night is scheduled for 8 p.m. every second Friday of the month at The Airmen's Firehouse on McGuire. This event is open to all E-1s through E-4s. Free popcorn and beverages will be available. Call 754-2233 for more information.

**87th MDG Training Hours**  
The 87th Medical Group will close for readiness training at noon the first Thursday of each month.

**Crafty Birthday Parties**  
The Arts and Crafts center offers a chance for community members to host birthday parties at the center. Parties include two hours of party room use and one craft project with an instructor and all materials. Choose from a ceramic painting or plush animals parties. Call 562-5691 for more information.

**Palace Chase and Palace Front Briefings**  
The joint base recruiter for the Air Force Reserves is set to host a briefing at 9 a.m. Wednesdays in Room 22 at 2916 Falcon Lane on McGuire. The Palace Front allows service members the opportunity to seamlessly transfer directly from active duty without a break in service. Call 754-2918 for more information.

**Home School Art Class**  
The Arts and Crafts Center offers a 10-week mixed media course for ages six and up. Five sessions of pottery and five sessions of fine arts are included. Call 562-5691 for more information.

**Beginning Crochet Workshop**  
A beginner's crochet class is set from 10 to 11 a.m. the first and third Saturdays of each month at the Arts and Crafts Center. Call 562-5691 for more information or to register.

**Financial Readiness Program**  
The Financial Readiness Program assists service members and their families in improving personal financial status and their ability to perform as informed consumers. The program focuses on improving credit reliability and reducing debt. Available services include: complaint resolution, individual counseling, training classes, resource library, debt liquidation, budget development and planning. Call the Military and Family Support Center at 562-2767 for more information.

**Education and Training ABCs of College Briefing**  
An ABCs of College information session is set to be held every third Thursday of the month at 9 a.m. in the Education Center, 3809 School House Road, Falcon Courts North housing area Room 206. The briefing will provide information on how to choose a school and major, determine payment methods, plan for career success, register for upcoming classes and gain information about degree types. Email [gaylor.simone@us.af.mil](mailto:gaylor.simone@us.af.mil) to register or for more information.

**MPS Passport Appointments**  
The Military Personnel Section passport office will accept appointments only for official passport processing. Appointments are available from 7:30 a.m. to 6 p.m. Mondays through Thursdays and 7:30 a.m. to 4:30 p.m. Fridays. Call 754-3826 to schedule an appointment. Tourist passports are not available at this location. Visit [www.cb.burlington.nj.us/pages/pages.aspx?cid=23](http://www.cb.burlington.nj.us/pages/pages.aspx?cid=23) for tourist passport locations.

Passport pick-ups will continue to be handled on a walk-in basis during normal MPS customer service hours. As a reminder, customers assigned to the 6th Airlift Squadron, 621st Contingency Response Wing, 21st Expeditionary Mobility Task Force and the U.S. Army have separate passport agents in their units who are able to service their passport/Visa needs. Call 754-1592 for more details.

**Library Events**  
Children's Story Time will be at 10 a.m. Thursdays.

## Construction Corner

By 87th Civil Engineer Squadron

**McGuire Power Plant Demolition Project**  
Demolition of the McGuire power plant and associated facilities will continue through June 2013. Additional truck and construction vehicle traffic can be expected in the area.

**Road closures**  
Repairs and paving to existing Naval Air Systems Command access roadway will continue to enhance rideability and safety. A roadside drainage ditch will be constructed in addition to regulatory signs, striping and guardrails. Partial road closures may occur as this work progresses.

Replacement of the sanitary sewer main that runs under Brody Run on the West side of the intersection with Texas Ave is scheduled Feb. 19 through 20, 2013. The turn lane from Texas Avenue South onto Brody Road Eastbound will be closed. Construction activity in the intersection may impact traffic flow during work hours.

TV inspections and survey of the sanitary sewer system will continue through Mar. 3, 2013, in the 2100, 3100 through 3600 areas. Minimal disruption to traffic and access to the roads is anticipated.

Removal and replacement of manhole tops, frames and covers is scheduled from Feb. 4 through 15, 2013, on Lexington Avenue, between Silver Lane and Gettysburg Avenue. Some obstruction to traffic along Lexington Avenue is anticipated.

**Vicinity indoor pool**  
Relocation of power poles and replacement of a sanitary sewer main located on the North side of the indoor pool are scheduled March 11 through 21, 2013. Power to the indoor pool will be off for as many as two days with some impacts on access to the indoor pool due to construction traffic during the noted period.

**Tentative Electrical Shutdown**  
Installation of a new primary switch to bring redundancy service into the area is scheduled Feb. 17 9:30 p.m. through 18, 2013, 4:30 a.m. for the 2600 area on McGuire Boulevard. Power will be disconnected the following facilities: Bldg. 2603, 2610, 2619, 2620, 2621, 2622, 2623, 2624 and 2636.

## Joint Base McGuire-Dix-Lakehurst Chapels

**Chapel Locations**

McGuire Chapel - 2503 East Arnold Avenue  
North Chapel - 3827 School House Road  
Dix Chapel - 5240 New Jersey Avenue  
Soldier's Chapel - 5950 Church Street  
Cathedral of the Air - 204 Hope Chapel Road, Lakehurst NJ 08527

**Worship Hours**

**Catholic**  
Tuesday through Thursday - 11:35 a.m. McGuire Chapel  
Saturday - 5 p.m. McGuire Chapel  
Sunday - 10:30 a.m. Soldier's Chapel

**Protestant**  
Sunday - 8:45 a.m. Traditional - Soldier's Chapel  
Sunday - 9:45 a.m. Contemporary - North Chapel  
Sunday - 11 a.m. Liturgical - Cathedral of the Air  
Sunday - 11:30 a.m. Gospel - McGuire Chapel

**Army Support Activity**  
Sunday - 7:30 a.m. LDS - Dix Chapel  
Sunday - 7:30 a.m. Catholic - Dix Chapel  
Sunday - 7:30 a.m. Protestant - Soldier's Chapel

For programs, faith groups, or special language needs not listed, please contact the Chapel at 609-754-4673.

**Contacting A Chaplain**

**When should I call a Chaplain?**

Chaplains are available for spiritual, relationship and grief counseling. They provide worship services, baptisms, weddings and memorials.

Your conversation with a chaplain can not be disclosed without your permission. No exceptions.

To speak with a Chaplain during duty hours (Monday through Friday 7:30 a.m. - 4:30 p.m.), call 609-754-HOPE (4673).

For assistance after duty hours call the command post at 609-754-3935 or 3936.

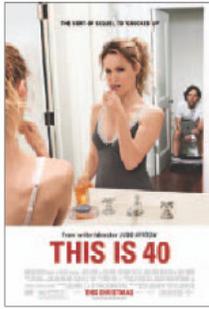
**Glorifying God, Serving Warfighters, Pursuing Excellence for the Joint Base**

## SQUARE D SCRIBBLES

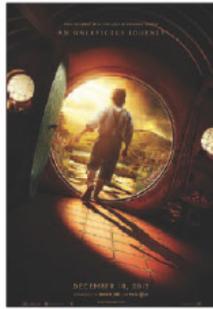
BY STAFF SGT. JUSTIN M. HAY

[HTTP://WWW.MLDENHALL.AF.MIL](http://www.mldenhall.af.mil)

**JB MDL Base Theater Movie Schedule**



**Tonight:**  
This is 40  
(R) 7 p.m.



**Saturday:**  
The Hobbit: An Unexpected Journey  
(PG-13) 7 p.m.

**Recipe Roundtable**

Got a favorite recipe that's a time-saving miracle, a gourmet masterpiece or just really yummy? E-Mail the recipe and a photo to the Air, Land & Sea Times staff at [87.abw.pas@us.af.mil](mailto:87.abw.pas@us.af.mil) to share it with the joint base community. Be sure to include "Recipe Roundtable" in the subject line.

**Sticky Pork Spare Ribs**

In this recipe the pork ribs are simmered first to remove some of the fat and tenderise the meat, before being roasted in a deliciously sticky orange and mustard glaze. When buying the ingredients, choose the meatiest ribs you can find. Serves 4.

- Ingredients**
- 12 pork spare ribs, roughly 1 kg
  - 3 tablespoons red wine vinegar
  - 2 teaspoons sunflower oil
  - large strip of orange zest
  - 1 tablespoon of tomato puree
  - 2 tablespoons of Worcestershire sauce
  - 2 tablespoons of dark sugar
  - 1 tablespoon Dijon mustard
  - 150 ml of freshly squeezed orange juice
  - 1 teaspoon of chilli powder

**Cooking Instructions**  
Heat the oven to 390° F (200° C). Trim some of the fat off the spare ribs if possible. Place the ribs in a saucepan with 2 tablespoons of the red wine vinegar and cover



with cold water. Bring to the boil then simmer for 20 minutes. Skim the fat from the surface regularly. While the ribs are simmering, mix 1 tablespoon of red wine vinegar, the oil, tomato puree, orange juice and zest, brown sugar, Worcestershire sauce, mustard and chilli powder in a small saucepan and bring to the boil. Simmer for 5 minutes to reduce the mixture. Drain the ribs and lay them out in a single layer in a large roasting tin. Pour the orange juice mixture over them, turning the ribs to coat them evenly. Loosely cover the ribs with foil and roast for 20-25 minutes. Remove the foil and roast for a further 20 minutes, turning and pasting them occasionally until the ribs are dark brown and sticky. Transfer to a serving plate and serve immediately.  
*Recipes found at freerecipes.org*

**Get to know JB MDL!**



Can you guess what this week's close-up photo is? Submit your guess online at [www.facebook.com/jbmdl](http://www.facebook.com/jbmdl). Don't forget to check back next week when the full-size photo is revealed!



Did you guess this week's close-up photo? It's the McGuire Chapel. Services and many other community activities are held here throughout the week. The mission of the joint base chapels is to provide supportive and ministry services to all joint base members in pursuit of their individual spiritual goals. The chaplains are dedicated professionals who can be called upon at any time for support and guidance.

**Twenty four civilians joined the Army Contracting Command**



Twenty four civilians joined the Army Contracting Command New Jersey Jan. 14, 2013, as part of the Army's Career Intern Program. The program provides participants with a combination of standardized formal and informal education and on-the-job training. Participants develop the fundamental skills and knowledge needed through all stages of career development and progression throughout the training program. (U.S. Army courtesy photo/Released)

Please join us for the Joint Base McGuire-Dix-Lakehurst  
**2013 National Prayer Breakfast**  
**"Our Legacy Of Religious Freedom"**  
*Honorary Guest*  
**Maj. Gen. Howard D. Stendahl**  
*Air Force Chief of Chaplains*  
Date/Time: March 5, 2013, 8 a.m.  
Location: Tommy B's Community Activities Center  
Ticket cost: \$5  
Tickets are available from unit first sergeants and the Base Chapel  
Please contact the Chapel for further information: (609) 754-HOPE

**French**

*Continued from Page 1*

help them any time we can."

While the 621st can singlehandedly deploy, establish and airfield and manage air mobility operations, in this case the planners are here to coordinate air support for the French military movements and load the U.S. Air Force cargo aircraft.  
U.S. Air Force Maj. David Gaulin, a contingency

response element commander from the 621st, was one of the first on the ground to assess the airfield and determine requirements for operating out of Istres.

"We were able to show up here, set up communications with the (Chain of Command)

and provided an initial assessment of what capabilities the French had and what capabilities we could bring to the operation within an hour of landing," said Gaulin.

"It's good that we're able to use the logistics ability we have - aircraft, our personnel and equipment - to help them."



**Time to get Healthy!**

The Health and Wellness Center offers numerous weight-loss and healthy-eating classes to get you in the best shape of your life. Call 754-2462 for more info.