



Delaware MPs train on JB MDL for Afghan mission

By Army Capt. Antonia Greene
174th Infantry Brigade Public Affairs

The 153rd Military Police Company, more than 120 Delaware Army National Guard Soldiers headquartered in Delaware City, Del., mobilized recently at Joint Base McGuire-Dix-Lakehurst, N.J.

The unit, the first of several police mentorship training assets to deploy in support of overseas contingency operations in Afghanistan, spent four days of classroom training learning the fundamentals of cultural advising.

"Building effective rapport starts with understanding the culture and environment you are operating in," said Army Sgt. 1st Class Brian King, trainer and mentor with the 162nd Infantry Brigade. "Identifying patterns in cultures and recognizing differences help us identify ways to establish a common bond."

"My first two deployments, I didn't work with local nationals," said Army Sgt. Israel Santiago, a 16-year Army veteran from Wilmington, Del. "This time I'll be working hand-in-hand, one-on-one."

Trainer mentors assigned to the 174th Inf. Bde., First Army Division East, assisted by instructors from the 162nd Inf. Bde., out of Fort Polk, La., focused the unit's training on their deployment mission: the advising and mentoring of Afghan security forces.

"Green on blue is a real threat and learning how to avoid miscommunication—to not offend your Afghan counterpart and establish a good working relationship—is key to coming home safe," said Army Sgt. Israel Santiago, a 16-year Army veteran from Wilmington, Del. "I have experience in the military and in law enforcement, but this is my first leadership position, and I want my team to excel."

The 153rd MP Company deployed in 2007 to Baghdad and Kalsu where many of the Soldiers and leaders worked with Iraqi Security Forces. Santiago and nine others from his company provided personal security for the then United States Forces—Iraq Commanding General, Gen. Raymond Odierno.

"My first deployment, I did gate security at the base entry control point and my second deployment, I got to see a lot of places other soldiers don't get to, but this time is the first time I'm deploying with dependents at home,"



Soldiers of the 153rd Military Police Company headquartered in Delaware City, Del., train on the basics of cultural advising in a classroom setting Jan. 17, 2013, prior to their collective field exercises at Joint Base McGuire-Dix-Lakehurst, N.J. The 174th Infantry Brigade stationed at JB MDL and the 162nd Inf. Bde., from Fort Polk, La., teamed up to provide the unit police mentorship training to employ downrange soon. (U.S. Army photo by Sgt. 1st Class Stan Macszczak/Released)

shared Santiago, a new father of a five-month-old baby girl.

Another 153rd MP Co. Soldier, Spc. Kristine Deboda, an emergency medical technician in Newark, Del., said she looks forward to gaining new experiences.

"As a medic, there will be challenges of trauma with limited supplies and resources, but I look forward to the aid station experience and assisting with the Afghan training," shared Deboda who plans on going to medical school when she returns from her mission overseas.

"Knowing the Afghan people are a collective, interdependent society where group decision-making is common, affects the way we operate, train and advise," said King. "Social systems—family, religion and sometimes government—influence various regions in different ways. Understanding where power lies within a community makes advising a lot more effective."

Police mentorship training at the joint base

consists of cultural advisor classroom instruction followed up by insider threat training and a series of field problems where the Soldiers put what they've learned to the test. Mission-specific training accounts for more than two-thirds of the 153rd MP's time at the JB MDL Mobilization Force Generating Installation.

In addition to their police mentorship training, the 153rd also validated their traditional military police combat survival skills training. Learning how to counter Improvised Explosive Devices, executing small arms marksmanship drills and patrol tactics are vital training tasks for all service members preparing for similar missions in Afghanistan.

"It's a push for independence, focusing on advising and training the Afghans rather than U.S. forces coming in and taking the lead," said Santiago. "It's part of sustaining what we've helped fight for the past decade plus."

NEWSNOTES

Dates and times are subject to change. Check with the event coordinator prior to the event.

New 87th Medical Group Urgent Care Guidance

The 87th Medical Group has implemented new guidance with the closure of the Lourdes Medical Associates After-Hours Family Practice Clinic last year.

To schedule an appointment or to reach the after-hours on-call provider (option 3), call the 87th MDG appointment line at (866) 377-2778. The on-call provider can authorize after-hours urgent care in addition to providing advice and follow-up care in the 87th MDG. Call 877-TRICARE if you are unable to reach the 87th MDG on-call provider. TRICARE can also authorize urgent care.

75-day leave carryover extended

Airmen with more than 60 days of leave at the beginning of next fiscal year may be able to carry it into the next fiscal year thanks to a provision in the FY 2013 National Defense Authorization Act. The provision extends the maximum leave carryover of 75 days through Sept. 30, 2015.

Claims against the estate of Sgt. Maj. Darron D. Beatty

All persons having claims against Sgt. Maj. Darron D. Beatty, need to present such claims to Maj. Walter Laskowski, the Summary Court Officer, at 562-0697. An example of a claim would be any debt, obligation or other money owed to the claimant by Sgt. Maj. Beatty.

SOC seeks volunteers

Joint Base Special Observance Committee
The Joint Base Special Observance Committee is set to host its initial planning meeting at 1 p.m. today, at 2906 Tuskegee Airmen Ave. The committee is seeking volunteers from the Joint Base McGuire-Dix-Lakehurst community to assist in organizing and staging upcoming special observance events. Call 754-2657 for more information.

Hears Apart Seminar

The Military and Family Support Center is scheduled to host a Hears Apart Seminar from 5:30 to 6:30 p.m. today, at 3811 South Bolling St. The seminar is designed for spouses, children and loved ones of military members currently deployed or on an extended temporary duty assignment. Call 754-3154 for more information.

Children's Pottery Class

The 87th Force Support Squadron is set to host a children's pottery class for children ages 6 through 12 from 10:30 a.m. to noon every Saturday in January starting Jan. 5 through Feb. 2 through 24, 2013, at the Arts and Crafts center located at 6039 Philadelphia St. The fee is \$40. Preregistration is required. Call 562-5691 for more information.

Children's Paper Crafts Class

The 87th Force Support Squadron is set to host a three-week children's paper crafts class for children ages 6 and up from 1 to 2:30 p.m. Jan. 5, 12 and 26, 2013, at the Arts and Crafts center located at 6039 Philadelphia St. The fee is \$30. Call 562-5691 for more information.

Introductory Pottery Class

The 87th Force Support Squadron is set to host a six-week introductory pottery class, Wednesdays from 6 to 8:30 p.m. starting Jan. 9 through Feb. 13, 2013, at the Arts and Crafts center located at 6039 Philadelphia St. The class will focus on wheel throwing techniques as well as hand-building skills. The cost is \$75. Call 562-4285 for more information.

COVE Training

The JB MDL public affairs team is scheduled to host a training session for Community Outreach Volunteer Experience from 2 to 4 p.m. Jan. 30, 2013, in the Liberty Room at Tommy B's Community Activities Center. COVE is a program designed to integrate joint base service members and civilians with members of the local community. Volunteers will serve as speakers tour guides and community event participants. Call 754-2104 for more information.

Resume Writing Class

The Military and Family Support Center is set to host a federal resume writing class from 9 to 11 a.m. Jan. 30, 2013, at 3435 Broxly Road. The class is meant to give a clear understanding of the federal application process. Preregistration is required. Call 754-3154 for more information.

Valentine's Day Pottery Painting Workshop

The 87th Force Support Squadron is set to host a Valentine's Day Pottery Painting Workshop from 10:30 a.m. to noon Feb. 2, 2013, in the Arts and Crafts Center located at 6039 Philadelphia Ave. Lovingly paint a heart shaped pottery item and receive 10 percent off while learning new ceramic painting techniques. Call 562-5691 for more information.

See more NEWSNOTES on Page 12

JB MDL Tax Center to provide free assistance

By Airman Sean M. Crowe
Joint Base McGuire-Dix-Lakehurst Public Affairs

The Joint Base McGuire-Dix-Lakehurst Tax Center is set to open for business Feb. 8, 2013, here.

The tax center staff provides free tax assistance to all qualifying active-duty servicemembers, retirees and military dependents. Active-duty service members and dependents have priority at the Tax Center; Retirees and dependents will be taken on a space-available basis.

Attorneys and volunteers will provide assistance filing current and prior-year individual income tax returns throughout the year, according to Air Force Instruction 51-504.1.4.14, "Taxes."

"The goal of the Tax Center is to provide a convenient place for our community members to save fees they would incur filing taxes with a commercial accountant," said Air Force Staff Sgt. Jackie Stater, Joint Base McGuire-Dix-Lakehurst Legal Office paralegal and Tax Center non-commissioned officer in charge.

The Tax Center currently has more than 40 volunteers and is accepting more.

"Volunteering to prepare taxes is an opportunity to provide a valuable service to our military community and to learn a life-long skill set," said Air Force Capt. Sosa Thomas, JB MDL Legal Office chief of preventive law.

"Preparing taxes is also a chance to meet new people and possibly gain some tax law insight."

Volunteers must be certified through the Volunteer Income Tax Assistance Program to provide customers with tax assistance. The VITA program prepares volunteers to address military-specific tax issues.

The Tax Center is located at 2907 Tuskegee Airmen Ave. and will be open for appointments Mondays, Tuesdays and Wednesdays from 8:30 a.m. to 4 p.m. and Fridays from 8:30 a.m. to 3 p.m. until mid-April. Walk-in appointments are also available Thursdays from 8:30 a.m. to 4 p.m.

To have tax returns prepared on a walk-in basis, community members must:

- File as single or married filing jointly.
- Be under 65 years of age and not blind at the end of 2011, unless the person is only asking the standard deduction.
- Not claim dependents.
- Not receive any advanced Earned Income Credit payments.
- Only have wages, salary, tips, taxable scholarships or fellowship grants, unemployment compensation or Alaska permanent fund dividends.
- Not have taxable interest exceeding \$1,500.



(U.S. Marine Corps photo illustration by Lance Cpl. Victor Barrera/Released)

- Not claim any adjustments to income.
 - Only claim EIC.
- Joint base community members should receive their tax returns in approximately two to three weeks after filing their taxes here.
- Community members must bring the following paperwork to file their 2012 tax return:
- A filled out Form 13614-C, "Intake/Interview Quality Review Sheet," one day prior to a scheduled appointment (it may be dropped off or emailed to JBMDLTaxCenter@gmail.com).
 - Military ID.
 - Social Security cards for themselves, spouses and children.
 - All W-2's.
 - Form 1099.
 - Routing and accounting numbers.
- Clients can find a digital copy of Form 13614-C at www.irs.gov/pub/irs-pdf/f13614c.pdf.
- Servicemembers and civilians within the joint base community interested in VITA training, becoming a volunteer tax assistant or setting up an appointment should call the Joint Base Legal Office at 754-2010.

Army cuts back

In advance of possible extreme budget cuts that could arrive in March, Army leadership has called for an immediate hiring freeze and spelled out other pre-emptive measures meant to help the service prepare for a fiscal cliff.



4

SECNAV discusses cliff

Secretary of the Navy Ray Mabus rolled out his new "Four Ps" during a speech at the 25th Annual Surface Navy Association Symposium in Arlington, Va. Jan. 17.



5

AF leaders deliver guidance

Air Force leaders delivered guidance to the force recently, telling them to begin planning for the uncertain budget environment ahead, Secretary of the Air Force Michael Donley said Jan. 11 in a press briefing.



6

The Weekend Weather

Today
High 27/Low 19
PM Snow

Saturday
High 32/Low 15
Partly Sunny

Sunday
High 33/Low 25
Sunny

Leaders key to EO program success

By Steven C. Goldman
Joint Base McGuire-Dix-Lakehurst
Equal Opportunity

Equal opportunity and positive human relations are essential to maintaining mission readiness in today's armed forces. A negative EO climate, or EO infractions, can adversely affect people's ability to perform their duties. Commanders are ultimately the key to the success of the installation EO and treatment program, and are responsible for maintaining an environment free from discrimination for all personnel. It is also the supervisors', managers' and each individual's responsibility to ensure the EO climate is conducive for all.

What exactly are our responsibilities to the EO climate? All personnel must ensure they understand

and abide by the Joint Base McGuire-Dix-Lakehurst EO policies. The bottom line is there is a "zero tolerance" policy toward discrimination and sexual harassment. It is important all personnel from commanders down to the lowest ranks act immediately to determine if allegations of discrimination, including sexual harassment, are valid and encourage as well as ensure members who bring forward complaints and issues (formally or informally) are not subjected to reprisal.

Every individual holds a critical position in the EO climate of their units, especially since our Armed Forces are changing daily due to operations tempo and continued resizing of our forces. The impact of this can result in personnel having to continue to do more with less. If not handled properly, this can have

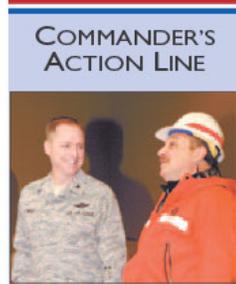
an adverse impact on the mission. Ultimately, stress levels could rise and possibly cause a hostile environment. We must be proactive and break down barriers to create a cohesive environment for everyone.

Leadership plays a key role in enforcing established EO programs among all supervisors and subordinates help minimize harassment and EO issues within organizations.

It is crucial everyone, regardless of rank, recognizes the viewpoints and capabilities of his or her diverse employees and work to consistently amplify mission effectiveness. Effective two-way communication is a vital link towards fostering a healthy work environment for all. Many issues arise as a result of poor communication. The sender and receiver should always seek clarification on issues being discussed. This

productive behavior could resolve an issue before it gets out of hand.

The EO program is a function for all of us based on fairness, equity and justice. In order to sustain a positive impact on the EO climate of the installation, supervisors at all levels must pave the way and set the example for others to emulate. The JB MDL Equal Opportunity and Alternative Dispute Resolution office is here to assist with this critical endeavor. We provide many services for active duty, dependents and retirees which include, team building, mediation and ADR, human relations education, unit climate assessments, out-and-about visits and complaint clarifications. Call 754-3267 or email 87ABW.EO@mcguire.af.mil for more information. Remember, "equal opportunity is for everyone."



COMMANDER'S ACTION LINE

Col. John Wood
Commander, Joint Base
McGuire-Dix-Lakehurst and
87th Air Base Wing

The Joint Base Commander's Action Line is an integral part of the base feedback network. Base personnel are urged to use the proper chain of command first to address their concerns.

If you are not satisfied with the response from your chain of command, or you are unable to resolve the problem or concern, please call 754-3247 or e-mail 87abw.actionline@mcguire.af.mil.

Action lines may be made anonymously, however it is recommended you leave your name and number in case more information is needed to address your concern.



AIR, LAND & SEA TIMES

Vol. 4 No. 3

The Air, Land and Sea Times is published by the Burlington County Times, a private firm in no way connected with Joint Base McGuire-Dix-Lakehurst, N.J., or the United States Military. This civilian enterprise newspaper is an authorized publication for members of the military services. Contents of the Air, Land and Sea Times are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense, or the U.S. Military.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the U.S. Military, or the publisher of the products or services offered.

Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

Editorial content is edited, prepared, and provided by the JB MDL Public Affairs Office. All photographs are U.S. Military photographs unless otherwise indicated.

A call to action — three ways to combat sexual assault

By Airman 1st Class Krystal Tomlin
Air Force Public Affairs Agency

JOINT BASE SAN ANTONIO - LACKLAND, Texas — While moderating the U.S. Air Force Facebook page recently, I came across a question I found personally difficult to answer. The question was asked by a concerned parent preparing to send a daughter to basic training in light of a widespread sexual assault investigation. She asked, "Will my daughter be safe?"

It's difficult to reassure parents about their child's safety knowing the threat of sexual assault exists even beyond basic training. I've heard too many stories of service members who have experienced sexual trauma.

There were 3,192 reports of sexual assault in the military during fiscal 2011, according to an annual report by the Department of Defense. An estimated 86 percent of sexual assaults go unreported, bringing the total to approximately 19,000 sexual assaults per year. Do the math... that's two assaults every hour in a population comparable to a single major U.S. city. Of those reporting, approximately 397 were men.

"Sexual assault has no place in this department. It is an affront to the basic American values we defend, and to the good honor of our service members and their families," said Defense Secretary Leon Panetta to the House and Senate Armed Services Committee April 13.

Top civilian and military leaders are working to define root causes for such widespread

atrocities and to provide solutions to correct the problem. Nonprofit organizations, news media and bloggers are holding them accountable. New training was implemented and changes were made in reporting and investigation processes, but there's still work to be done.

Changing policies and processes is an invaluable component to ensuring the safety of our troops. However, I propose every service member, regardless of rank or position in the chain of command, is duty-bound to perpetuate change toward a military culture free from sexual assault.

The nation is calling on us to end military sexual assault and violence. Are you ready to answer the call? Our weapons will be intellect, self-awareness and social activism. Here are three ways we can all join in the fight:

1. Educate ourselves about elements in society that promote the false notion of feminine being inferior to masculine. Let's put our search engines to work and learn about things like gender stereotypes, consent, victim-blaming, sexual objectification, rape culture and the impact they have on society.

We can use what we learn to raise self-awareness, challenge the effect media has on our perception of gender dichotomy and help others see common, harmful messages in pop culture and how certain comments or jokes contribute to the damages.

2. Volunteer at the base Sexual Assault Prevention and Response Office. There's always a

need for advocates, especially in deployed locations, to provide immediate support to men and women who have been assaulted or raped. This type of work isn't for everybody, so if you feel you aren't a good fit, you can find other ways to help like organizing an awareness event.

3. Speak up when we hear jokes or comments that are sexist, hateful or demeaning toward people who are lesbian, gay, bisexual or gender nonconforming. Tolerating these comments may unintentionally normalize a frame of mind that is consistent with rape and sexual assault. Most people aren't rapists, but we can't assume everybody within earshot understands we don't really mean what we say. These jokes can also give somebody experiencing harassment or assault the impression their unit will be unsupportive.

Believing the unit will be apologetic to the perpetrator, question a survivor's masculinity or use sexuality as "proof" that it must have been consensual may prevent somebody from seeking necessary help. We have to make it clear from the beginning that we'll be supportive.

I'm honored to work with men and women who uphold the ethical code citizens expect from our military. It's unfortunate a few bad seeds have infiltrated the military, but we don't have to give them room to grow. It's in our hands. This is not a mission for the faint of heart, but we are the U.S. military. Am I right?

Information from an American Forces Press Service news release was used in this commentary.

JB MDL Airmen lend hand in local area



"CINNAMINSON, N.J. — Senior Airman Terry Leggett, 305th Operations Support Squadron operations intelligence analyst, pencils a line to cut on a two-by-four piece of lumber Jan. 19, 2013, at the Habitat for Humanity's ReStore in Cinnaminson, N.J. Leggett and six other Airmen from Joint Base McGuire-Dix-Lakehurst, N.J., volunteered at the facility, where they assembled the framework for a house under construction. Leggett is a South Hill, Va., native. (U.S. Air Force photo by Staff Sgt. David Carbajal/Released)



MyBaseGuide

Military Life Made Simple

Whether you're relocating or on the go —
Everything you need to know about
Joint Base McGuire-Dix-Lakehurst
...and the surrounding areas
is at your fingertips!

FIND
it
FAST

Outstanding
application!



EDITORIAL STAFF

Commander, JB MDL and 87th ABW
Col. John Wood
Chief, Public Affairs
Ms. Angel Lopez
Internal Chief
2nd Lt. David Murphy
Editor
Airman 1st Class Ryan Throneberry
Writers
Mr. Pascual Flores
Airman Sean Crowe

NEWS ONLINE

Joint Base McGuire-Dix-Lakehurst Most articles and announcements published in the Air, Land & Sea Times are available online at the JB MDL public Web site.

For up-to-date joint base news & info visit:
www.jointbasemdl.af.mil



Mortar round excavated at Arthur MacArthur Army Reserve Center

By Staff Sgt. Shawn Morris
99th Regional Support Command Public Affairs

An 81-mm mortar round was excavated in the wooded area behind the Arthur MacArthur U.S. Army Reserve Center in Springfield, Mass., Dec. 14, 2012.

The discovery was made during the second phase of a remedial investigation that was suspended in October 2011 when another 81-mm mortar round was discovered in the same area.

The two-phased remedial investigation began in September 2010, starting with a geophysical survey of the site using magnetometers that detect anomalies up to several feet underground. These anomalies were then analyzed, and potential areas of buried debris were identified.

"We picked six pits from the geophysical survey to investigate," explained Laura Dell'Olio, a government contractor with Innovar Environmental Inc., employed as the installation restoration program coordinator for the Army Reserve's 99th Regional Support Command. "They were chosen because they showed a lot of metallic anomalies."

The second phase of the remedial investigation consisted of excavation of several of these test pits in October 2011, during which one of the pits yielded an 81-mm mortar round.

The second phase of the investigation was put on hold until a revised plan encompassing the remaining pit excavations and additional safety measures could be planned and funded. This new plan was approved and the second phase of the investigation was completed this past month.

"In the second field effort that just occurred, we investigated the last two pits," said Dell'Olio, who explained that the investigation results have been submitted to the DOD and Army Corps of Engineers to determine if any additional investigations are needed.

"They will make the determination if we have fully investigated, and they will also approve our future land-use controls for the property," she added.

The MacArthur ARC property has been slated for disposal by the Army Reserve per the 2005 Base Realignment and Closure commission. The planned reuse of the building is by the Town of Springfield as administrative space for its police department, but this transfer cannot happen until the potential risks to the future landowners is mitigated through the Army's investigation process.

The safety methods employed during the remedial investigation



A miniature open-front barricade is set up around an 81 mm mortar found behind the Arthur MacArthur U.S. Army Reserve Center Dec. 14, 2013, in Springfield, Mass. The discovery was made during the second phase of a remedial investigation that was suspended in October 2011. (U.S. Army courtesy photo/Released)

were approved by the Department of Defense's Ammunition and Explosive Safety Board. Extra safety measures were taken during the investigation due to the site's close proximity to civilian homes and included the use of a Miniature Open-Front Barricade, a three-foot-high, reinforced-aluminum canopy that can absorb the blast and shrapnel from a small explosion, thus protecting the homeowners

and their property should detonation have occurred.

The 99th RSC will continue to work with local and state agencies to ensure public safety remains a top priority.

The public is encouraged to contact Mr. Shawn Morris at shawn.h.morris.civ@mail.mil with any questions or comments and to visit the City of Springfield Central Library, 220 State Street,

ATC tower provides airfield overwatch



Staff Sgt. Kyle Margeason, air traffic controller watch supervisor, and Staff Sgt. Jose Rodriguez, air traffic controller apprentice, both of the 305th Operations Support Squadron, scan the runway for birds and debris to maintain situational awareness Jan. 11, 2013, at the air traffic control tower. The OSS provides the safe flow of arrivals and departures 24/7 to Joint Base McGuire-Dix-Lakehurst, N.J. Margeason hails from Carlisle, Pa. and Rodriguez hails from Philadelphia, Pa. (U.S. Air Force photo by Russ Meseroll/Released)



Airman 1st. Class Jonathan Drayer, 305th Operations Support Squadron air traffic controller, monitors the tower's air space and runways for local control Jan. 11, 2013, at the air traffic control tower at Joint Base McGuire-Dix-Lakehurst, N.J. The OSS provides the safe flow of arrivals and departures 24/7 to JB MDL. Drayer hails from Beaver Falls, Pa. (U.S. Air Force photo by Russ Meseroll/Released)

JB MDL safety office identifies hazards



Staff Sgt. Carlton Anthony, Joint Base McGuire-Dix-Lakehurst Safety Office ground safety specialist, performs a walk through inspection Jan. 9, 2013, at warehouse building 3137 JB MDL, N.J. The office conducts spot inspections for hazard identification and safety issues. Their main goal is for mishap prevention by detecting potential areas and educating the workforce of them. Anthony hails from Arlington, Va. (U.S. Air Force photo by Russ Meseroll/Released)



Master Sgt. Scott Keister, Joint Base McGuire-Dix-Lakehurst Safety Office non-commissioned officer in charge, performs a walk through inspection Jan. 9, 2013, at warehouse building 3137 JB MDL, N.J. The office conducts spot inspections for hazard identification and safety issues. Their main goal is for mishap prevention by detecting potential areas and educating the workforce of them. Keister hails from Lawrenceville, Pa. (U.S. Air Force photo by Russ Meseroll/Released)

Time to get Healthy!

The Health and Wellness Center offers numerous weight-loss and healthy-eating classes to get you in the best shape of your life. Call 754-2462 for more info.

Calvary Baptist Church
Where Ministry Happens

5 Scrapetown Rd., Pemberton, NJ
609.894.8260
cbc@pemberton.org

Sunday Worship Services
11 am - 6 pm

Close to Joint Base McGuire-Dix-Lakehurst
Wednesday Prayer, Youth & Teen Mtgs.

apell@detrick@comcast.net

Erwin D. Apell
Paul C. Detrick
Jeffrey S. Apell

LAW OFFICES
APPELL & DETRICK
ATTORNEYS AT LAW

Accident Cases • Divorce • Wills • Real Estate • Municipal Court • Bankruptcy

57 Julietstown Road
Browns Mills

893-1000

Adoptions, Child Support & Custody, Collections, Corporations, Criminal Defense, Divorce, Estate Plan, Elder Law, Estate Administration, Foreclosure Cases, Health Portfolios, Health Sales, Juvenile, Landlord/Client, Leases, Living Wills, Name Changes, New Businesses, Partnership, Personal Injury Claims, Plaintiff Motions, Planning Board Matters, Power of Attorney, Zoning Board

BROWNS MILLS DENTAL CENTER

"We Cater to Cowards!"

Now 2 Locations to Serve You!

Browns Mills Dental Center
55 Pemberton/Browns Mills Rd.
Browns Mills, NJ

Pleasant Valley Family Dentistry
301 Fellowship Rd.
Mt. Laurel, NJ
856-222-1100

We participate with Military United Concordia & Most Insurance Plans

24-Hour Emergency Service

• Laughing Gas • Caps • Cosmetic Bonding • Braces
• Root Canal • Dentures • Implants

We Accept All Major Credit Cards & Care Credit

Hours: Mon, Thurs, & Fri 8:30am to 5pm; Tues, 8:30am to 9pm; Wed, Sun to 5pm; Every other Sat. Sun to 1pm

609-893-5200

ASAD S. SADIQ, D.M.D. AND ASSOCIATES Se habla Espanol

Army freezes hiring, cuts base ops, reduces training

By C. Todd Lopez
Unit Army news Service

WASHINGTON — In advance of possible extreme budget cuts that could arrive in March, Army leadership has called for an immediate hiring freeze and spelled out other pre-emptive measures meant to help the service prepare for a fiscal cliff.

In a memo dated Jan. 16, Secretary of the Army John M. McHugh and Chief of Staff of the Army Gen. Ray Odierno laid out 15 "near-term" actions to help the Army "reduce our expenditure rate and mitigate budget execution risks in order to avoid even more serious future fiscal shortfalls."

"We expect commanders and supervisors at all levels to implement both the guidance contained in this memorandum and the detailed instructions to follow," wrote McHugh and Odierno. "The fiscal situation and outlook are serious."

What Happens Now
First among these actions is an immediate freeze on civilian hiring, though Army leaders have left commanders with some latitude in the policy for "humanitarian and mission-critical purposes." Also among employment-related measures spelled out in the memo is a termination of temporary employees when "consistent with mission requirements."

The memo also directs installation commanders to reduce base operations support for fiscal year 2013, which runs from Oct. 1, 2012 to Sept. 30, 2013, to levels that are about 70 percent of fiscal year 2012. Commanders have been asked to reduce support to community and recreational



In advance of possible extreme budget cuts that could arrive in March, Army leadership has called for an immediate hiring freeze and spelled out other pre-emptive measures meant to help the service prepare for a fiscal cliff. (Photo Credit: U.S. Army photo illustration by C. Todd Lopez/Released)

activities and to also reduce utilities consumption "to the maximum extent possible."

Non-mission-essential training activities are also up for reduction. In particular, training not related to maintaining "readiness for Operation Enduring Freedom, the Korean forward-deployed units, Homeland Defense and the Division Ready Brigade." Also targeted is conference attendance and professional training that is not mission essential.

The secretary and the chief have also directed installation commanders to cease facility sustainment activity that is not "directly connected to matters of life, health or safety," and to stop restoration and modernization projects.

Army senior leadership has also spelled out changes for Army acquisition, logistics and technology. All production contracts and research, development, testing and evaluation contracts that exceed \$500 million must be

reviewed by the under secretary of defense for acquisition, logistics and technology.

The assistant secretary of the Army for acquisition, logistics and technology must also assess the impacts of "budgetary uncertainty" on science and technology accounts.

The secretary and chief of staff state civilian furloughs could be a "last resort" possibility in fiscal year 2013. "Therefore, no action should be taken with regard to furloughs without the express approval of the secretary of the Army."

Any measures taken as a result of the Jan. 16 memo must be reversible, the document states. "At this point, the steps should focus on actions that are reversible if the budgetary situation improves and should minimize harm to readiness," McHugh and Odierno write.

The memo also notes that "funding related to wartime operations and Wounded Warrior programs" will not be affected.

Safety office warns of winter woe

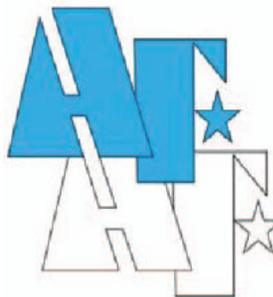
By Joint Base McGuire-Dix-Lakehurst Safety Office

"The impact of winter weather is more costly than any other season in the United States. A normal winter season ranges from \$3 billion in costs while an active winter season total approaches \$6 billion according to the National Weather Service."

Statistics indicate more people are injured or killed during the winter months. 70 percent of those injured during winter storms are in automobiles. Other causes of deaths and injuries include heart attacks from shoveling snow and hypothermia from prolonged exposure to the cold and frost bite, according to the National Weather Service.

Slipping and falling during winter causes more than 1,500 deaths and about 300,000 injuries per year, according to the National Safety Council.

Training in the recognition and treatment of symptoms is important. Supervisors, workers and co-workers should watch for signs of cold stress and allow workers to interrupt their work if they are extremely uncomfortable. Supervisors should also ensure work schedules allow appropriate rest periods and ensure liquids are available. Additionally, supervisors should use appropriate engineering controls, personal protective equipment and work practices to reduce the risk of cold stress.



The 2013 Joint Base McGuire-Dix-Lakehurst Air Force Assistance Fund starts Feb 4. Unit representatives will contact service members soon. Go to www.afassistancefund.org for more information.

Battaglia: leaders keep faith with troops, families

By Claudette Roulo
American Forces Press Service

NAVAL CONSTRUCTION BATTALION CENTER GULFPORT, Miss. — Service members should know that, despite ongoing fiscal challenges, their families are cared for, the senior enlisted advisor to the chairman of the Joint Chiefs of Staff told an audience of soldiers, sailors and airmen here today.

Marine Corps Sgt. Maj. Bryan B. Battaglia said Joint Chiefs Chairman Army Gen. Martin E. Dempsey's promise to keep faith with the military family gives him confidence that his family is taken care of, even while he is away from home.

Speaking at the home of the Atlantic Fleet Seabees and more than 45 tenant units, including several service schools, the sergeant major said taking care of families is just one part of the chairman's promises.

"There's another side to that as well — keeping faith with you, his uniformed family," he said. That includes making sure service members are properly trained and educated, he explained.

In return, Battaglia said, service members should periodically renew their commitment to the military profession, noting that he uses the oath of enlistment to remind himself of his military obligations.

"(It's) such a powerful paragraph," he said. "I'm so passionate about the oath of enlistment that I think every enlisted service member in the entire military should know the enlistment oath by heart."

Service members already have demonstrated the quality of their character by enlisting while the country was engaged in armed conflict, Battaglia said. They each may have joined for different reasons, but the oath serves as a common thread linking enlisted service members, regardless of branch, he added.

Linking services and their capabilities helps to make the joint force a multiplier, he said, adding that he includes coalition forces

as part of the joint force.

"I don't think we'll ever fight a solely conventional war again," Battaglia said. The first goal of the military is to prevent and deter, he added, and one way to do that is to build capacity in partner nations.

"We can expect to see ... continued joint training, from the combatant command level down to the individual service school level," he said.

The service branches are stronger when they work together, the sergeant major said. "The last thing we ever need to do is return to our four corners," he said. "That would be a setback to our military after all these years working together."

HANOVER DENTAL CENTER

"Gentle Dental Care that will keep the Whole Family Smiling!"
609-723-9800

- ★ Most Insurance Welcome
- ★ Amerigroup, Healthnet, VHP Accepted
- ★ Military Insurance Accepted
- ★ Fillings, Extractions, Root Canals
- ★ Dentures, Implants, Children's Dentistry
- ★ Some Saturday and Evening Hours

Located Minutes from Joint Base McGuire-Dix-Lakehurst
In the Ames Shopping Plaza



Law Offices of Lynda L. Hinkle, L.L.C. Attorneys at Law



Family Law:
Military and Civilian
Divorce/Prenuptial Agreements,
Child Support,
Spousal Support, Custody,
Elder Law

It's our honor to serve the men and women who serve our country.

Burlington County Office:
1 Eves Drive, Suite 169
Marlton, NJ 08053
(856) 983-0406

Also offices in Camden and Gloucester County...
Call 856-227-7888 for a free, confidential consult in any office.

www.lyndahinkle.com

Cosmetic Dentistry can change your life.



We don't just change smiles, we change lives.

Hamilton Dental Associates provides cosmetic dentistry with state of the art dental technology.

We have two convenient locations in Hamilton and participate with most major insurance plans. We provide complete oral care for a lifetime, from preventive and cosmetic dentistry to orthodontics and oral surgery. A little cosmetic dentistry makes a big difference.



Dr. Scott Chanin



Dr. Kevin Collins



Dr. Deolinda Reverendo

Pediatric Dentistry | Adult Dentistry | Orthodontics | Periodontics | Oral Surgery | Cosmetic Dentistry

Hamilton DENTAL ASSOCIATES

Dr. Sidney Whitman | Dr. Arthur Fields | Dr. Scott Chanin | Dr. Michael DeLuca
Dr. Kevin Collins | Dr. Irving Djeng | Dr. Deolinda Reverendo

Klockner Road Office
2929 Klockner Road, Hamilton Square, NJ 08690
(609) 586-6603 • www.HamiltonDental.com

SECNAV discusses focus areas

By Mass Communication Specialist 2nd Class
Alexandra Snyder,
Defense Media Activity — Navy

ARLINGTON, Va. — Secretary of the Navy Ray Mabus rolled out his new "Four Ps" during a speech at the 25th Annual Surface Navy Association Symposium in Arlington, Va. Jan. 17.

Mabus said the Four Ps of "People, Platforms, Power and Partnerships" are a way to bin key areas that are interrelated priorities for the Navy.

"A top priority of mine and of our Navy is people... taking care of our people," said Mabus. "Unlike most organizations, we push responsibility down... down in rank, down in age, and day-in, day-out we get the type of positive results we need and expect."

Mabus added that although the majority of Sailors are responsible and successful, leadership realized that there needed to be more attention paid to programs to ensure their mental, emotional and physical well-being. In response, the Navy introduced the 21st Century Sailor and Marine initiative to maintain or improve the resilience of the force.

Recognizing abuse of alcohol was a common factor in sexual abuse, domestic violence, suicide and other issues, breathalyzers were brought into commands to help prevent alcohol-related incidents.

"This is not intended to be punitive. But, if you pop positive when reporting for duty, we're going to get you into a program to help you," he said. "We don't want a career or life-threatening alcohol-related incident, and because of that we have to focus on health — physical, mental and emotional."

Mabus also noted that part of maintaining the health of the fleet means taking steps to help Sailors as they transition out of the Navy by ensuring they have access to education, training and employment opportunities. This is especially true for wounded warriors.

"Last year, we set a goal to hire one wounded warrior a day in the Navy," he said. "We tripled it... we hired over 1,000 wounded veterans."

The Navy is also helping those want to join the military, by reestablishing the Naval Reserve Officer

Secretary of the Navy Ray Mabus delivers remarks at the 25th annual Surface Navy Association Symposium, Jan. 17, 2013, in Arlington, Va. In his remarks, Mabus discussed the Four Ps of "People, Platforms, Power and Partnerships" as a way to highlight key areas that are interrelated priorities for the Navy. (U.S. Navy photo by Chief Mass Communication Specialist Sam Shavers/Released)



together for freedom

support our troops

MATHIS FUNERAL HOME
Kathy Mathis Gerber NJ Lic. No. 4188 Scott C. Larkin NJ Lic. No. 4447
Carl J. Hanson, Mgr. NJ Lic. No. 4180
"Our Family Serving Yours"
MATHIS FUNERAL HOME
58 North Main Street
Medford, New Jersey 08055
Phone: 609-654-2439 Fax: 609-654-1486
Email: info@mathisfuneralhome.com

Page
FUNERAL HOME INC.
302 East Union Street • Burlington, NJ 08016
T: 609-386-3700 • F: 609-386-8283
Gary Collins - Manager, NJ Lic. No. 2920
Richard Clauson, NJ Lic. No. 3440
William Slamm, Jr. NJ Lic. No. 4218
Brian Horne, NJ Lic. No. 4258
www.pagefuneralhome.com
pagefuneralhome@comcast.net

WEBER FUNERAL HOME, INC.
Thomas E. Weber
Senior Director/Manager • NJ Lic. No. 2605
Past President of Men's Auxiliary Post 3020
Thomas E. Weber, Jr. - Director • NJ Lic. No. 4379
Family Owned & Operated
Pre-Arranged & Pre-Funded Funeral Options Available
Handicap Accessible Facilities
(856) 829-2700
112 Broad Street • Riverton, NJ 08077
Serving All Faiths Since 1965

EST. 1927 (856) 461-0240
83 Years of Personalized Service
Chadwick Memorial Home
Pre-Arranged Pre-Funded
Donald J. Chadwick 154 Webster Street
Proprietor Riverside, N.J.
N.J. Lic. #2831 Handicap Facility

★ *Quality Auto Body* ★
★ Family Owned & Operated! ★
Since 1968 we have proudly served the Burlington County area.
We are committed to complete customer satisfaction.
First licensed shop in New Jersey: No. 06001A
609-386-6666
4510 Rt. 130 • BURLINGTON, NJ 08016
www.qualityautobodyburlington.com

LUCAS
Chrysler • Jeep • Dodge
Family
1624 E. Rt. 38, Mt Holly, NJ 09060
(609) 267-3400 www.lucasarcars.com

General & Cosmetic Dentistry For The Entire Family
Scott A. Blum, DMD
Florence Family Dental, PC
180 Delaware Avenue • Florence, NJ 08518
Office: 609-499-4915 • Fax: 609-499-4120

1402 Salem Road Office: 609-387-3649
Burlington, NJ 08016 Fax: 609-387-3229
Stephen J. Wenger
Attorney at Law
swenger@stevewengerlaw.com
Stephenwengerlaw.com
Assisting veterans and their families

Repici's Auto Repair Shop
Quality Work
Towing
1613 Columbus Road
Burlington, NJ 08016
Phone: 609-387-0924
Hours: Mon - Sat 8AM - 7PM

TILGHMAN FUNERAL HOME INC.
Providing Sincere Services Since 1960
Family Owned & Operated
Nearest Funeral Home To
NJ Veterans Memorial
In Arnetown
In Arnetown
We Offer:
• Pre-Need & Pre-Paid Funerals
• Traditional Funerals & Cremations
• Veteran's Services
www.tilghmanfh.com
52 Main St.
New Egypt, NJ 08533
609-758-8500
Dennis B. Tilghman
Manager
NJ Lic. No. 4230

To advertise in this directory, please call Nancy Smith at 609-871-8103 email nsmith@phillyburbs.com

Air Force leaders deliver budget guidance to force



(U.S. Air Force graphic, photo/Scott Ash)

WASHINGTON — Air Force leaders delivered guidance to the force recently, telling them to begin planning for the uncertain budget environment ahead, Secretary of the Air Force Michael Donley said Jan. 11 in a press briefing.

"Even though we're not presuming this worst case will occur, prudent planning for the third and fourth quarters is required," Donley said.

Secretary of Defense Leon Panetta issued guidance to the services to begin planning to help mitigate budget risks, to ensure planning measures are reversible and recoverable, and to the extent feasible, minimize any harmful effects on readiness.

"I've asked the military services and the other components to immediately begin implementing prudent measures that will help mitigate our budget risk," said Panetta Jan. 10. "For now, I've made clear that these actions must be reversible to the extent feasible and must minimize harmful effects on readiness. But we really have no choice but to prepare for the worst."

Impacts to the Air Force include curtailing non-readiness or

mission-essential flying and travel; curtailing or stopping minor purchases such as furniture and information technology refresh; deferring non-emergency facility sustainment, restoration and modernization; and implementing a civilian hiring freeze as well as release of non-mission critical temporary employees.

"To be clear, these near-term actions cannot fully mitigate the impacts of sequestration should that occur," Donley said. "If we do not have resolution by March, sequestration will have immediate and negative impacts on Air Force readiness, specifically flying hours and maintenance."

Once implementation plans for these near-term actions have been finalized, the details will be shared.

Regardless of the outcome, Air Force leaders said the priority is to avoid the hollow military of the late 1970s and early 1980s.

A hollow military looks good on paper, Donley said, "but has more units and equipment than it can support (and) lacks the resources to adequately man, train and maintain them, or to keep up with advancing technologies."

87th MDG offers resiliency enhancement visits

By Staff Sgt. Amber Morefield
87th Medical Group

Active-duty service members may be eligible for a program which offers four visits "off-the-record" at the 87th Medical Group Mental Health Clinic.

The program, called resiliency enhancement visits, was recently implemented by the U.S. Air Force. It encourages active-duty service members who are hesitant to seek mental health services to get the help they may need.

REVs are intended to provide support and education to members experiencing temporary reactions to stressors (i.e. adjustment reactions, grief, relationship and occupational problems). REVs are

off-the-record meaning no mental health record will be established and no documentation in the electronic medical record will be made. REVs are completely voluntary, meaning commanders and supervisors cannot direct people to participate.

A mental health clinic staff member will ask screening questions prior to the visit. If the service member is eligible, the REV will commence.

To be eligible for REV, service members must:

- self-refer.
 - be on active-duty orders.
- People who are ineligible include those who:
- have a current mental health, substance abuse or family advocacy record.

• have an active or recent (within the last two years) mental health diagnosis.

• are at risk for or are reporting suicidal/homicidal behavior or ideation, or domestic violence.

• are currently taking psychotropic medications even if prescribed by a primary care manager

The REV program would not be appropriate for individuals who meet one or more of the four ineligible criteria listed. These people will be referred for a routine mental health assessment and treatment as necessary.

Call the mental health clinic at 754-9324 for more information or to schedule a resiliency enhancement visit.

Ostrat assumes operations group command

By Shawn J. Jones
514th Air Mobility Wing public affairs

Lt. Col. Ken Ostrat took the guidon for the 514th Operations Group from Col. Michael Underkoffler, 514th Air Mobility Wing commander, Jan. 12, 2013, here at an assumption-of-command ceremony at the community center.

Ostrat recently served as the 908th Operations Group director of operations at Maxwell Air Force Base, Ala.

"It's going to be great to work with Ken again," Underkoffler said in an article by Tech. Sgt. Jay Ponder, 908th Airlift Wing public affairs. "With his tactical and operations experience, he's going to add to the overall mission."

Ostrat said he looks forward to the new experiences of living in the Northeast and working with KC-10 Extenders and C-17 Globemaster III.

"These will be a different airframe, though I love the C-130, and the tactical airlift mission, something new and different is always fun," he said. "My family has never lived in that part of the U.S. before, so it will be an opportunity to show the kids new things."



Lt. Col. Ken Ostrat takes the guidon for the 514th Operations Group from Col. Michael Underkoffler, 514th Air Mobility Wing commander, at an assumption-of-command Jan. 12, 2013, here. He served as the 908th Operations Group director of operations at Maxwell Air Force Base, Ala. (U.S. Air Force photo by Shawn J. Jones/Released)

Mine was earned in Vietnam. By my dad.

Barbara Q., USAA member

USAA Auto Insurance. Earned once. Cherished from generation to generation.

At USAA, our commitment to serve the financial needs of military members, veterans who have honorably served and their families is without equal. In fact, families regard USAA Auto Insurance so highly, 95% of USAA members plan to remain with USAA for life.¹

Begin your legacy. Get a quote.

usaa.com/insurance | 800-531-3550

Insurance Banking Investments Retirement Advice



We know what it means to serve[®]

¹Based on 2011 Member Communications Trend Survey.
Use of the term "member" does not convey any legal, ownership or eligibility rights for property and casualty insurance products. Ownership rights are limited to eligible policyholders of United Services Automobile Association. The term "honorably served" applies to officers and enlisted personnel who served on active duty, in the Selected Reserve or in the National Guard and have a discharge type of "Honorable." Eligibility may change based on factors such as marital status, rank or military status. Contact us to update your records. Adult children of USAA members are eligible to purchase auto or property insurance if their eligible parent purchases USAA auto or property insurance. Automobile insurance provided by United Services Automobile Association, USAA Casualty Insurance Company, USAA General Indemnity Company, Centineo Property and Casualty Insurance Company, USAA County Mutual Insurance Company, San Antonio, TX, and is available only to persons eligible for P&C group membership. Each company has sole financial responsibility for its own products. © 2012 USAA. 133265-0712

NEWSNOTES

Photography Class

The 87th Force Support Squadron is set to host a four-week 'Turn your snapshots to great shots' course Saturdays from noon to 2 p.m. starting Feb. 2 through 23, in the Arts and Crafts Center located at 6039 Philadelphia Ave. The cost is \$40. Call 562-5691 for more information.

Framing Qualification Class

The 87th Force Support Squadron is set to host a framing qualification class from 10 to noon Feb. 2, 2013, at the Arts and Crafts Center located at 6039 Philadelphia St. Participants will complete one piece as they learn to operate the framing equipment. Preregistration fee of \$10 is required prior to class. Call 562-5691 for more information.

Air Force Assistance Fund

The 2013 Joint Base McGuire-Dix-Lakehurst Air Force Assistance Fund starts Feb. 4. Unit representatives will begin contacting service members soon. Go to www.aasistancefund.org for more information.

JB MDL Monthly Installation Update

The monthly installation update meeting is scheduled for 10 a.m., Feb. 6, 2013, at the Joint Base Theater. All military, civilian, contractors, spouses and retirees are welcome to attend. Call the JB MDL Public Affairs Office at 754-2104 for more information.

Grand opening and ribbon cutting at Passenger Terminal

The 305th Aerial Port Squadron is set to host a grand opening and ribbon cutting ceremony of the newly renovated Family Lounge and Teen Rooms at 1 p.m. Feb. 12, 2013, at the McGuire Passenger Terminal located at 1706 Vandenberg Ave. Call 754-8836 for more information.

Pre-season motorcycle briefings

The Joint Base Safety Office will be hosting several pre-season motorcycle briefings in February and March 2013. Times and dates for the one-hour briefings are: 10 a.m. and 2 p.m. Feb. 12 and 13, Mar. 6 and 7, and 9 a.m. Mar. 9, 2013, at the Timmermann Center located at 5441 Pennsylvania Ave. The pre-season briefings are open to all Joint Base McGuire-Dix-Lakehurst motorcycle riders. Riders will receive information on the upcoming 2013 course schedule, motorcycle safety and review of JB MDL motorcycle policy. This brief satisfies the annual and pre-season motorcycle riders' briefing requirement for Air Force riders. Call 562-3082 or (732) 323-2525 for more information.

EFMP Winter Bowling and Pizza Party

The Military and Family Support Center Exceptional Family Member Program is set to host a Winter Bowling and Pizza Party from 3 to 5 p.m. Feb. 15, 2013, in the Bowling Center located at 6054 Doughboy Loop. Pizza and soda will be served. Preregistration is required. Call 754-3154 for more information.

Presidents Day Meal

The 87th Force Support Squadron is set to host a Presidents Day Meal from 11 a.m. to 1 p.m. Feb. 18, 2013, at the Halverson Hall Dining Facility. The holiday meal is open to all active duty, guard, reserves, retirees and family members. Call 754-3252 for more information.

CCAF graduation cut off

The Community College of the Air Force Spring 2013 graduation cut off is set for Feb. 22, 2013. CCAF must receive the transcripts on or before the cut off date to be nominated for April 2013 graduating

class. CCAF is now accepting electronic transcripts from three electronic transcript delivery vendors - eSCRIP-SAFE, Parchment/Docuside and AVOW Systems, Inc. Applicants will need to request their school to send an official copy of their transcripts to CCAF/DERS 100 S. Turner Blvd. Gunter Annex, Maxwell AFB, AL 36114. Questions on how to request an electronic transcript should be addressed to your schools' registrar, not CCAF. Note: Normal transcripts processing is 30 days upon CCAF receipt of your transcripts. CCAF Progress report can be monitored on the Air Force Virtual Education Center web site www.myaf.mil.

Armed Forces Wrestling Championship

The 87th Force Support Squadron is set to host the 2013 Armed Forces Wrestling Championship from 8 a.m. to 4 p.m. Mar. 16, and from 9 a.m. to 1 p.m. Mar. 17, 2013, at the Griffith Field House located at 6053 Doughboy Loop. The event will feature both Greco-Roman and Freestyle wrestling meets. Call 562-3330 for more information.

JB MDL Thrift Shops

McGuire

The McGuire Officers' Spouses' Club Thrift Shop is open from 10 a.m. to 2 p.m. Wednesdays through Fridays and the first Saturday of each month. The shop accepts gently used donations. The MOSC Thrift Shop accepts consignments from 10 a.m. to noon Wednesdays through Fridays. Proceeds benefit JB MDL, local, and national organizations. Volunteers are welcome. The MOSC Thrift Shop is located at 3446 Broidy Road. Call 754-2368 for more information.

Dix

The Dix Thrift Shop hours are Tuesdays and Thursdays from 10 a.m. to 2 p.m., the first and third Saturdays of the month from 10 a.m. to 2 p.m., and the first Wednesday of each month from 3 to 7 p.m. Consignments are accepted from 10 a.m. to 12:30 p.m. Tuesdays and Thursdays. Donations can be dropped off during business hours or placed in the shed after hours.

The shop is looking for volunteers. High school students can accumulate community service hours by volunteering. Proceeds help fund scholarships sponsored by the Dix Spouses' and Civilians' Club. Email fordixthrift@gmail.com for details or suggestions on how the shop can better serve the JB MDL community. The Dix Thrift Shop is located next to the museum on Pennsylvania Ave.

Lakehurst

The Navy Marine Corps Relief Society Thrift Shop is open every Tuesday, Wednesday and Saturday 9 a.m. to noon and Thursday 1 to 5 p.m. at 158 Berry Road. The sales income received from thrift shops is returned to the Sailors, Marines and their families in the form of emergency financial relief services. Donations after hours may be placed in the donation locker located by the front door. Opportunities are available for volunteers to sort merchandise, arrange displays and work as cashiers. Call (732) 323-2362 or visit for more information.

87 LRS Customer Service and Equipment Accountability Service

Individuals with inquiries regarding supply customer service, stock control and overpricing program assistance should call 754-3306/1381. Walk-in hours are 9 a.m. to 3 p.m. Monday through Friday at 1757 West Arnold Ave., Room 166 on McGuire. Call 754-5154/4454 for supply parts issue requests/aircraft parts store requests. Call 754-2678/4010 for the equipment accountability office and custodian's assistance. Visit www.drms.dla.mil for DRMO procedures.

Neighborhood Community Watch Meetings

The joint base community is set to hold a meeting for the neighborhood community watch program from 7 to 8 p.m. every second Tuesday of the month in Falcons Court North. The meeting is intended to inform community members on how they can help protect the community by taking part in neighborhood watches and patrols. Call 723-6663 for more information.

The Attic

The Attic is open Mondays, Wednesdays and Fridays from 10 a.m. to 2 p.m. as well as Tuesdays and Thursdays from 5 to 8 p.m. Donations are accepted during normal hours of operation. The Attic staff asks no one leave donations outside of the building. Call 754-8703 for more information.

Firehouse Movie Night

A movie night is scheduled for 8 p.m. every second Friday of the month at The Airmen's Firehouse on McGuire. This event is open to all E-1s through E-4s. Free popcorn and beverages will be available. Call 754-2233 for more information.

87th MDG Training Hours

The 87th Medical Group will dose for readiness training at noon the first Thursday of each month.

Crafty Birthday Parties

The Arts and Crafts center offers a chance for community members to host birthday parties at the center. Parties include two hours of party room use and one craft project with an instructor and all materials. Choose from a ceramic painting or plush animals parties. Call 562-5691 for more information.

Palace Chase and Palace Front Briefings

The joint base recruiter for the Air Force Reserves is set to host a briefing at 9 a.m. Wednesdays in Room 22 at 2916 Falcon Lane on McGuire. The Palace Front allows service members the opportunity to seamlessly transfer directly from active duty without a break in service. Call 754-2918 for more information.

Home School Art Class

The Arts and Crafts Center offers a 10-week mixed media course for ages six and up. Five sessions of pottery and five sessions of fine arts are included. Call 562-5691 for more information.

International Spouses' Group

The International Spouses' Group assists foreign-born spouses with cultural adaptation. The group serves as the first stop, as well as ongoing support, for multicultural families. The group meets the last Friday of each month from 11:45 a.m. to 1:30 p.m. for planned social and educational activities. Call 562-2767 for more information.

Beginning Crochet Workshop

A beginner's crochet class is set from 10 to 11 a.m. the first and third Saturdays of each month at the Arts and Crafts Center. Call 562-5691 for more information or to register.

Financial Readiness Program

The Financial Readiness Program assists service members and their families in improving personal financial status and their ability to perform as informed consumers. The program focuses on improving credit reliability and reducing debt. Available services include: complaint resolution, individual counseling, training classes, resource library, debt liquidation, budget development and planning. Call the Military and Family Support Center at 562-2767 for more information.

Education and Training ABCs of College Briefing

An ABCs of College information session is set to be held every third Thursday of the month at 9 a.m. in the Education Center, 3829 School House Road, Falcon Courts North housing area Room 206. The briefing will provide information on how to choose a school and major, determine payment methods, plan for career success, register for upcoming classes and gain information about degree types. Email gaylor.simons@us.af.mil to register or for more information.

MPS Passport Appointments

The Military Personnel Section passport office will accept appointments only for official passport processing. Appointments are available from 7:30 a.m. to 6 p.m. Mondays through Thursdays and 7:30 a.m. to 4:30 p.m. Fridays. Call 754-3806 to schedule an appointment. Tourist passports are not available at this location. Visit www.co.burlington.nj.us/pages/pages.aspx?cid=23 for tourist passport locations.

Passport pick-ups will continue to be handled on a walk-in basis during normal MPS customer service hours. As a reminder, customers assigned to the 6th Airlift Squadron, 621st Contingency Response Wing, 21st Expeditionary Mobility Task Force and the U.S. Army have separate passport agents in their units who are able to service their passport/visa needs. Call 754-1592 for more details.

Library Events

Children's Story Time will be at 10 a.m. Thursdays.

Tuskegee Airmen Meetings

The Hannibal M. "Killer" Cox chapter of the Tuskegee Airmen Incorporation is set to host its monthly meeting at 5 p.m. on the fourth Tuesday of every month at the Firehouse Club on McGuire. Visit www.tuskegeearmen.org for more information.

History Tours at Lakehurst

The Navy Lakehurst Historical Society offers tours of historic Hangar One and the Hindenburg crash site at 10 a.m. every Wednesday and every second and fourth Saturday of the month. Call (732) 818-7520 for more information.

Alcoholics Anonymous meeting

The Alcoholics Anonymous meeting is set to be held from 7:30 to 8:30 p.m. every Tuesday at Range Control Headquarters on Dix. Alcoholics Anonymous is a 12-step support group whose only requirement is the desire to stop drinking. This meeting is an open meeting available to anyone who wants or needs to better understand alcoholism and its effects. There are no dues or fees, only the desire to live a life free from alcohol. Call 562-4011 for more information.

Joint Base McGuire-Dix-Lakehurst Chapels

Chapel Locations

McGuire Chapel - 2503 East Arnold Avenue
North Chapel - 3827 School House Road
Dix Chapel - 5240 New Jersey Avenue
Soldier's Chapel - 5950 Church Street
Cathedral of the Air - 204 Hope Chapel Road, Lakehurst NJ 08527

Worship Hours

Catholic
Tuesday through Thursday - 11:35 a.m. McGuire Chapel
Saturday - 5 p.m. McGuire Chapel
Sunday - 10:30 a.m. Soldier's Chapel

Protestant
Sunday - 8:45 a.m. Traditional - Soldier's Chapel
Sunday - 9:45 a.m. Contemporary - North Chapel
Sunday - 11 a.m. Liturgical - Cathedral of the Air
Sunday - 11:30 a.m. Gospel - McGuire Chapel

Army Support Activity
Sunday - 7:30 a.m. LDS - Dix Chapel
Sunday - 7:30 a.m. Catholic - Dix Chapel
Sunday - 7:30 a.m. Protestant - Soldier's Chapel

For programs, faith groups, or special language needs not listed, please contact the Chapel at 609-754-4673.

Contacting A Chaplain

When should I call a Chaplain?

Chaplains are available for spiritual, relationship and grief counseling. They provide worship services, baptisms, weddings and memorials.

Your conversation with a chaplain can not be disclosed without your permission. No exceptions.

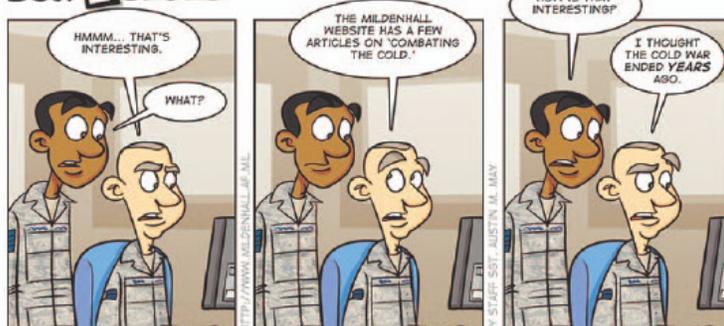
To speak with a Chaplain during duty hours (Monday through Friday 7:30 a.m. - 4:30 p.m.), call 609-754-HOPE (4673).

For assistance after duty hours call the command post at 609-754-3935 or 3936.



Glorifying God, Serving Warfighters, Pursuing Excellence for the Joint Base

BOX OF BLUES



Pentagon to lift rule excluding women from combat

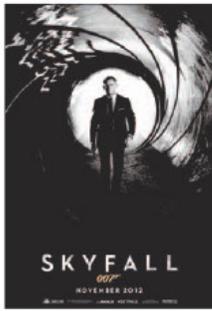
American Forces Press Service

WASHINGTON — Defense Secretary Leon E. Panetta and Army Gen. Martin E. Dempsey, chairman of the Joint Chiefs of Staff, are expected to announce the lifting of the direct combat exclusion rule for women in the military, a senior defense official said today.

The policy change will begin a process in which the services will develop plans to implement the decision, which was made by Panetta upon the recommendation of the Joint Chiefs of Staff, the official said.

The official provided no further details and did not indicate when the announcement might take place.

JB MDL Base Theater Movie Schedule



Tonight:
Skyfall
(PG-13) 7 p.m.



Saturday:
Playing For Keeps
(PG-13) 7 p.m.

Recipe Roundtable

Got a favorite recipe that's a time-saving miracle, a gourmet masterpiece or just really yummy? E-Mail the recipe and a photo to the Air, Land & Sea Times staff at 87.abw.pa@us.af.mil to share it with the joint base community. Be sure to include "Recipe Roundtable" in the subject line.

Creamy Herb & Potato Soup

Creamy potato soup with lots of herbs. Serves five.

- Ingredients:**
- 2 potatoes, peeled and cubed
 - 2 cups water
 - 1 large onion, diced
 - 1/4 cup butter, cut
 - 1/4 cup all purpose flour
 - 1 teaspoon salt
 - 1/2 teaspoon thyme, dried and crushed
 - 1/4 teaspoon rosemary, dried and crushed
 - 1/4 teaspoon pepper
 - 1 1/2 cups milk
- Instructions:**
1. Bring the two cups of water to a boil, cook cubed potatoes until soft.
 2. In another saucepan, grill diced onion in butter. Then add the flour, salt, herbs and spices. Slowly stir in the milk. Bring to a boil; cook while stirring for 3 minutes. Add in the cooked potatoes with this mixture; heat all together.
- Recipes found at freerecipes.org*



Get to know JB MDL!



Can you guess what this week's close-up photo is? Submit your guess online at www.facebook.com/jbmdl. Don't forget to check back next week when the full-size photo is revealed!

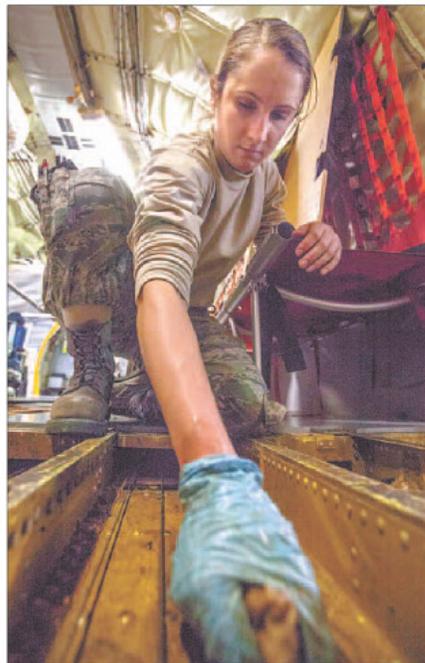


Did you guess last week's close-up photo? It's fuel pump overhang at the Shoppette on McGuire. The Shoppette is a convenience store and gas station committed to serving the JB MDL community.

108th Wing attends to Stratotankers

SECNAV

Continued from Page 5



Senior Airman Ashley V. King, 108th Wing aircraft fuel systems journeyman, lubricates flight control cables on a KC-135R Stratotanker in for maintenance at the 108th's phase dock at Joint Base McGuire-Dix-Lakehurst, N.J., Jan. 12, 2013. (Air National Guard photo by Master Sgt. Mark C. Olsen)

Training Corps in universities such as Harvard, Yale and Columbia, and implementing it for the first time at other colleges like Arizona State University.

"No one should be denied the honor of serving this country," said Mabus.

The second P, platforms, refers to the ships, aircraft, submarines, unmanned vehicles and hardware the Navy buys and builds. For the Surface Navy Association audience, Mabus focused on shipbuilding programs as a strategic priority for the Navy today and in the future.

"I think that we have made great strides in ship building," said Mabus. "We're getting the ships we need, the mix we need and the numbers we need while being good stewards of the taxpayer's money. I'm proud where we are."

"We owe the shipbuilding industry transparency... I feel we're giving them that," he said. "In turn, they owe us that every ship built without major design changes, should cost us less than the one before it. This is happening, and we currently have 288 ships."

Additionally, Mabus noted that the Navy has 42 ships currently under contract and is making steady progress toward building a fleet of 300 ships by the end of the decade.

The third P, power, focuses on Mabus' five energy goals which include pursuing energy efficiencies and alternative sources of energy.

"The U.S. military is the largest single consumer of fossil fuels in the world," he said. "Every time a barrel of oil goes up one dollar, it costs the Navy 30 million dollars."

Mabus illustrated that additional cost in terms of steaming days, saying it was roughly the equivalent of 142 steaming days for LHDs or 293 days of combat operations for an Arleigh Burke class destroyer.

Last year the Navy demonstrated the Great Green Fleet in Hawaii, as part of RIMPAC. The Great Green Fleet included a nuclear-powered aircraft carrier, aircraft and ships operating on 50/50 blends of traditional and advanced biofuels, and several firms such as underway and air-to-air refueling using biofuels.

"Something truly remarkable happened when we demonstrated the Great Green Fleet," said Mabus. "Nothing. Not a single engine or process had to be changed. They simply did not know the difference," continued Mabus. "I don't want to fly less, steam less or deploy less. And I don't think we have to, but we have to make this move."

Partnerships may be the last P, but they're a top priority according to Mabus who links it back to our new Defense Strategy and its focus on innovative, small footprint engagements around the world.

"The Navy is America's away team," he said. "When we're working, we're usually a long way from home. Because of that we need to build partnerships, build capacity around the world. Our presence around the world, working with our friends and allies, is important, and the demand will continue to increase."

Mabus concluded by telling the audience the Navy and Marine Corps team, America's Away Team, stands ready to answer all bells.

"We are and will continue to be the finest fighting force the world has ever known," said Mabus.

Department of Defense releases 2013 BAH Rates

By Department of Defense

WASHINGTON – The Department of Defense released today the 2013 Basic Allowance for Housing rates, which take effect Jan. 1, 2013. Overall rates will increase an average of 3.8 percent this year.

For members with dependents, average increases in BAH are approximately \$60 per month. A typical E-6 with dependents, for example, will find his/her BAH about \$60 per month higher than last year, while an O-3 with dependents will receive about \$55 more than last year.

In areas where rates will decrease, the decrease will only apply to members newly reporting to those locations. Members are protected by individual rate protection which ensures that those already assigned to a given location will not see their BAH rate decrease, however, they will receive the increase if the rate goes up. This assures that members who have made long-term commitments in the form of a lease or contract are not penalized if the area's housing costs decrease.

Three components are included in the BAH computation: median current market rent; average utilities (including electricity, heat, and water/sewer) and average renter's insurance.

Total housing costs are calculated for six housing profiles (based on dwelling type and number of bedrooms) in each military housing area. Basic Allowance for Housing rates are then calculated for each pay grade, both with and without dependents. An estimated \$20 billion will be paid to more than 1 million service members in 2013.

Visit <https://www.defensetravel.dod.mil/site/bah.cfm> for more information on BAH.